

GENERAL EDUCATION

One of the principles on which a modern university rests is the assumption that there is an important difference between learning to make a living and building the foundation for a life. While the first goal is important, the second is fundamental.

In focusing on the students' development as whole or "educated" people, a university distinguishes itself from a trade school. The goal of a university education is not simply the acquisition and application of knowledge, but the creation of people who firmly grasp the worth of clear thinking and know how to do it; who understand and appreciate the differences between peoples and cultures as well as their similarities; who have a sense of history and social forces; who can express thought clearly and have quantitative ability; who know something about the arts as well as how to enjoy them; who can talk and think intelligently about the physical and life sciences, the humanities, and literature; and, above all, who have the desire and capability for learning. This goal is why a university degree is so highly valued by individuals, employers, and the community at large.

The Sacramento State General Education Program is designed to educate in this holistic sense. Thus, it is not simply a series of courses to complete or hoops for students to jump through as they complete the courses in their major. Rather, general education lies at the heart of what a university education is all about.

Therefore students should carefully select courses and actively seek subject areas that are new and may challenge their world views or cherished assumptions and offer new experiences, such as inquiry-based or community-based learning. In short, students should not take the easy way out. This is their opportunity to lay the foundation for the rest of their lives, and to define themselves as educated members of the human community. Their time at the university is precious and the General Education Program has been designed to help them begin the process of becoming truly educated people. In deciding to pursue a university degree, they have chosen well and should make the best use of the opportunities open to them.

Objectives

Upon completion of the General Education Program requirements, students will be expected to:

- read, write, and understand relatively complex and sophisticated English prose;
- construct a non-fallacious verbal argument, recognize fallacious arguments, and follow the verbal arguments of others;
- find and use common information resources, engage in specialized library research, use computers, and seek out appropriate expert opinion and advice;
- use mathematical ideas to accomplish a variety of tasks;
- gain a general understanding of current theory, concepts, knowledge, and scientific methods pertaining to the nature of the physical universe, ecosystems, and life on this planet;
- develop an acquaintance and understanding of cultures and major dynamic social institutions which affect one's life,
- possess a significant and useful understanding of peoples from a diversity of cultures and backgrounds, including women and ethnic and other minority groups who have been the objects of prejudice and adverse discrimination within our society.

In addition to these basic skills, courses in the sciences, arts, humanities, and social sciences have been selected to help students attain the university's baccalaureate learning goals and to satisfy particular GE Area Learning Outcomes. The Baccalaureate Learning Goals include:

- **Competence in the Disciplines:** The ability to demonstrate the competencies and values listed below in at least one major field of study and to demonstrate informed understandings of other fields, drawing on the knowledge and skills of disciplines outside the major.
- **Knowledge of Human Cultures and the Physical and Natural World** through study in the sciences and mathematics, social sciences, humanities, histories, languages, and the arts. Focused by engagement with big questions, contemporary and enduring.
- **Intellectual and Practical Skills, Including:** inquiry and analysis, critical, philosophical, and creative thinking, written and oral communication, quantitative literacy, information literacy, teamwork and problem solving, practiced extensively across the curriculum, in the context of progressively more challenging problems, projects, and standards for performance.
- **Personal and Social Responsibility, Including:** civic knowledge and engagement—local and global, intercultural knowledge and competence¹, ethical reasoning and action, foundations and skills for lifelong learning anchored through active involvement with diverse communities and real-world challenges.
- **Integrative Learning², Including:** synthesis and advanced accomplishment across general and specialized studies.

¹ Understanding of and respect for those who are different from oneself and the ability to work collaboratively with those who come from diverse cultural backgrounds.

² Interdisciplinary learning, learning communities, capstone or senior studies in the General Education program and/or in the major connecting learning goals with the content and practices of the educational programs including GE, departmental majors, the co-curriculum and assessments.

Sacramento State General Education courses are designed, selected, and approved by the faculty to meet these program objectives. Students will benefit from consultation with the Academic Advising Center or advisors in their major departments in planning their General Education course choices. Students may search the online Schedule of Classes by Area or other specification(s) for currently available GE courses.

Course Requirements

The following courses have been approved to meet the 48-unit General Education pattern required of Sacramento State students. At least **9 units must be in upper division GE courses (100-199)** taken after you complete 60 units of coursework. Enrollment in upper division GE courses is limited to students who have completed Areas A1, A2, A3, and have taken at least 45 units (not limited to GE classes). At least nine units of GE must be taken in residence (i.e., at Sacramento State). In addition, a second semester composition course and demonstration of proficiency in a foreign language are required for graduation.

General Education/Graduation Requirements Checklist

Download the checklist (http://csus.edu/acaf/ge/pdf%20files/ge_worksheet_summer2016-sac%20state.pdf)

General Education Requirements	Units
General Education requirements cover a breadth of areas spanning A. Basic Subjects, B. Physical Universe & Its Life Forms, C. Arts & Humanities, D. The Individual and Society, and E. Understanding Personal Development. For a list of courses that satisfy each Area and Requirement, please see the University Catalog.	
General Education Requirements: (9 48 units must be taken at Sacramento State)	
Lower Division: A total of 39 units of General Education Courses must be taken at the lower-division level (courses numbered 1-99) covering Areas A, B, C, D, and E.	39
Upper Division: A total of 9 units of General Education Courses must be taken at the upper-division level (courses numbered 100-199) from Areas B, C, D, or E. These units should be completed within the total unit requirements for Areas B, C, D, or E.	9
Basic Subjects	9
A1. Oral Communication "C- or better required"	3
A2. Written Communication "C- or better required"	3
A3. Critical Thinking "C- or better required"	3
Physical Universe & Its Life Forms	12
B1. Physical Science	3
B2. Life Forms	3
B3. Lab NOTE: Lab experience to be taken with one of the following: B1, B2 or B5.	
B4. Math Concepts "C- or better required"	3
B5. Additional Course (Any B to reach 12 units) - Note: Possible upper-division course to complete Area & upper-division requirements.	3
Arts & Humanities	12
C1. Arts	3
C2. Humanities	3
C1/C2. Any Area Course C. - Note: recommended (if needed): 6 units of the Foreign Language requirement in C2 which double-counts for the Foreign Language proficiency requirement.	3

C1/C2. Any Area C Course - Note: Possible upper-division course to complete Area & upper-division requirements.

*The Individual & Society - Minimum 12 of THREE disciplines (e.g. ANTH, ECON, ETHN, GOVT, HIST, RPTA, etc.) must be taken in Area D

D. Any Area D Course 3

D. Any Area D Course - Note: possible upper-division course to complete Area & upper-division requirements.

D. Any Area D Course - Note: Recommend a U.S. History course which double-counts for the American Institutions Graduation Requirement.

D. Any Area D Course - Note: Recommend a U.S. History course which double-counts for the American Institutions Graduation Requirement.

D. Any Area D Course - Note: Recommend a U.S. Constitution and CA Government course which double-counts for the American Institutions Graduation Requirement.

D. Any Area D Course - Note: Recommend a U.S. Constitution and CA Government course which double-counts for the American Institutions Graduation Requirement.

Understanding Personal Development 3

E. Any Area E course - Note: Possible upper-division course to complete Area & upper-division requirements.

E. Any Area E course - Note: Possible upper-division course to complete Area & upper-division requirements.

E. Any Area E course - Note: Possible upper-division course to complete Area & upper-division requirements.

Graduation Requirements Units

Minimum 2.0 GPA required for GE

Graduation Requirements (required by CSU)

American Institutions: U.S. History 3
- The following courses satisfy the **U.S. History** Graduation Requirement and Area D: HIST 17A, HIST 17B, HIST 159, HIST 161, HIST 162, HIST 167, HIST 177, ANTH 101

American Institutions: U.S. Constitution & CA Government 3
- The following satisfy the **U.S. Constitution & CA Government** graduation requirement Area D: GOVT 1, GOVT 113, GOVT 150

Writing Intensive (WI) - May satisfy Upper Division General Education or Major "C- or better required"

Graduation Requirements (required by CA State University, Sacramento)

English Composition II: ENGL 20 "C- or better required"

Race and Ethnicity in American Society (RE) - May double-count for unit requirements in General Education Areas C, D, or E

Foreign Language Proficiency Requirement - If not satisfied before entering Sacramento State, it may be satisfied in General Education Area C2 (Humanities). "C- or better required." The alternative methods for satisfying the Foreign Language Proficiency Requirement are described here: <http://www.csus.edu/wll/for-students/graduation-requirement.html>.

To help you complete your degree in a timely manner and not take more units than absolutely necessary, there are ways to use single courses to meet more than one requirement (overlap). There is no way to list all possible overlaps so please complete this checklist with a professional advisor. We can help you identify the best course of action. Academic Advising Center can be visited csus.edu/acad or please call: (916) 278-1000 or email at advising@csus.edu.

Students must choose their General Education classes from the Areas and classes listed below:

Area A: Basic Subjects (p.) (9 units)

These requirements must be completed before enrollment in upper division GE courses. A grade of "C-" or better is required in all courses taken in Area A.

A1: Oral Communication	3
Select one of the following:	
COMS 4 Introduction to Public Speaking	
COMS 5 The Communication Experience	
A2: Written Communication	3
Select one of the following:	
ENGL 5 Accelerated Academic Literacies	
ENGL 5M Accelerated Academic Literacies - Multilingual	
ENGL 11 Academic Literacies II	
ENGL 11M Academic Literacies II-Multilingual	
A3: Critical Thinking	3
Select one of the following:	
ANTH 4 Language, Culture, and Critical Thinking	
COMS 2 Argumentation	
EDUC 10 Critical Thinking and the Educated Person	
EDUC 10H Critical Thinking and the Educated Person: Honors	
ENVS 11 Environmental Issues and Critical Thinking	
JOUR 50 Mass Media and Critical Thinking	
PHIL 4 Critical Thinking	
PHYS 30 Science and Pseudoscience	
SOC 8 Sense and Nonsense in Social Issues and Research	
Total Units	9

Area B: The Physical Universe and Its Life Forms (p.) (12 Units)

At least 3 units must be taken in each of Areas B1, B2 and B4. At least one course with a laboratory component must be taken in Area B1 or B2.

AREA B1: PHYSICAL SCIENCE	3
Select one of the following:	
ASTR 4A Introduction to the Solar System	
ASTR 4B Introduction to Stars, Galaxies, and Cosmology	
ASTR 4C Introduction to Astrobiology	
ASTR 6 Astronomical Observation Laboratory	
CHEM 1A General Chemistry I	
CHEM 5 Chemistry for Nurses	
CHEM 6A Introduction to General Chemistry	
GEOG 1 Physical Geography: The Distribution of Natural Phenomena	
GEOG 5 Violent Weather/Changing Atmosphere	
GEOG 11 Laboratory in Physical Geography	
GEOL 5 Geology Of Mexico	
GEOL 7 Natural Disasters	
GEOL 8 Earth Science	
GEOL 8L Earth Science Lab	
GEOL 10 Physical Geology	
GEOL 10L Physical Geology Lab	
PHYS 5A General Physics: Mechanics, Heat, Sound	
PHYS 10 Physics In Our World	
PHYS 11A General Physics: Mechanics	
AREA B2: LIFE FORMS	3
Select one of the following:	
ANTH 1 Introduction to Biological Anthropology	
ANTH 1A Biological Anthropology Laboratory	
BIO 1 Biodiversity, Evolution and Ecology	
BIO 7 Introduction to the Science of Biology	
BIO 9 Our Living World: Evolution, Ecology and Behavior	
BIO 10 Basic Biological Concepts	
BIO 15L Laboratory Investigations in Biology	
BIO 20 Biology: A Human Perspective	
ENVS 10 Introduction to Environmental Science	
ENVS 10H Honors Environmental Science	
AREA B3: LAB	
Select a course from the following:	
ASTR 6 Astronomical Observation Laboratory	
ANTH 1A Biological Anthropology Laboratory	
BIO 1 Biodiversity, Evolution and Ecology	
BIO 15L Laboratory Investigations in Biology	
CHEM 1A General Chemistry I	
CHEM 1B General Chemistry II	
CHEM 5 Chemistry for Nurses	
CHEM 6A Introduction to General Chemistry	
CHEM 6B Introduction to Organic and Biological Chemistry	
GEOG 11 Laboratory in Physical Geography	
GEOL 5 Geology Of Mexico	
GEOL 8L Earth Science Lab	
GEOL 10L Physical Geology Lab	
KINS 150 Exercise and Sport Physiology	
PHYS 5A General Physics: Mechanics, Heat, Sound	
PHYS 11A General Physics: Mechanics	

AREA B4: MATHEMATICAL CONCEPTS AND QUANTITATIVE REASONING¹ 3

Select one of the following:

MATH 1	Mathematical Reasoning
MATH 15H	Honors Mathematical Reasoning
MATH 17	An Introduction to Exploration, Conjecture, and Proof in Mathematics
MATH 24	Modern Business Mathematics
MATH 26A	Calculus I for the Social and Life Sciences
MATH 26B	Calculus II for the Social and Life Sciences
MATH 29	Pre-Calculus Mathematics
MATH 30	Calculus I
MATH 31	Calculus II
MATH 35	Introduction to Linear Algebra
STAT 1	Introduction to Statistics
STAT 10A & STAT 10B	Introductory Statistics with Developmental Mathematics Introductory Statistics with Developmental Mathematics
STAT 50	Introduction to Probability and Statistics


AREA B5: FURTHER STUDIES IN PHYSICAL SCIENCE, LIFE FORMS, AND QUANTITATIVE REASONING² 3

Select one from the following two categories:

Lower Division

ANTH 15	World Prehistory and the Evolution of Modern Humanity
ANTH 17	Introduction to Forensic Anthropology
CHEM 1B	General Chemistry II
CHEM 6B	Introduction to Organic and Biological Chemistry
CSC 1	Introduction to Computer Science
CSC 10	Introduction to Programming Logic
EDUC 18	Mathematical Practices Across Cultures
GEOL 12	Historical Geology
PHIL 60	Deductive Logic I

Upper Division

ASTR 131	The Solar System and Space Exploration 
ASTR 132	Stars, Galaxies and Cosmology 
CHDV 143	Mind and Brain in Developmental Context 
FACS 112	Current Topics in Nutritional Sciences 
FACS 113	Nutrition And Metabolism
GEOG 111	Elements Of Meteorology
GEOG 113	Climate
GEOG 115	Biogeography
GEOG 116	Global Climate Change
GEOL 130	Oceanography
HIST/PHSC 107	History of the Physical Sciences
KINS 150	Exercise and Sport Physiology
NURS 168	The Brain and Gender-Related Differences
PHIL 125	Philosophy Of Science

Total Units

12

¹ Completion of the ELM (unless exempt) is a prerequisite for courses in this Area. In addition, passage of course-based diagnostic exams is required. A grade of "C-" or better is required in all courses taken in Area B4.

² Choose a course from this area or another from B1, B2, or B4 to total 12 units in Area B

Area C: The Arts and Humanities
(p.) (12 Units)

At least 3 units must be taken from Areas C1 (ARTS) and C2 (HUMANITIES).



AREA C1: ARTS3 -
9

Select 3-9 units from the following two divisions:

Lower Division

ART 1A	Art in the Western World: From Stone Age to End of Middle Ages
ART 1B	Art in the Western World: From Renaissance to Baroque
ART 1C	Modern and Contemporary Art: Rococo to the Present
ART 2	History of Islamic Art
ART 3A	Traditional Asian Art
ART 3B	Modern and Contemporary Asian Art
ART 5	Native American Art
ART 7	Introduction to Art and Visual Culture
ART 20A	Beginning Drawing
ART 22	Beginning Painting
ART 24	Beginning Watercolor
ART 70	Form, Space Vision
ART 74	Beginning Jewelry
ART 75	Beginning Metalsmithing
ART 86	Clay Sculpture
ART 88	Beginning Sculpture
GPHD 5	Introduction to Graphic Design
GPHD 20	History Of Graphic Design
INTD 15	Introduction to Interior Design
INTD 20	Design
MUSC 8	Basic Music
MUSC 9	Music In World Cultures
MUSC 10A	Survey of Music Literature I
MUSC 10B	Survey of Music Literature II
MUSC 18	Music Appreciation
PHOT 11	Digital Imaging
THEA 1	Introduction To Theatre
THEA 2	History of the Theatre: Ancient to Renaissance
THEA 3	Theatre History After 1660
THEA 5	Aesthetics of Theatre and Film
THEA 9	Appreciation Of Acting

Upper Division

ALS 151	The Studio: Explorations in Arts and Letters
ART 111	Latin American and Latino Art History 
ART 117A	Art of India and Southeast Asia 

ART 117B	Art of China and Japan
ASIA/HIST 140	Modern East Asian Cinema ✎
DNCE 130	Appreciation and History of Dance
DNCE 131	Dance Cultures Of America 🌐
DNCE 132	African-Caribbean Dance 🌐
ENGL 130M	Art of Autobiography ✎
ENGL 140M	Modern British Drama, 1889-Present ✎
ENGL 141A	The Essential Shakespeare ✎
ENGL 150J	Twentieth Century American Drama
ENGL 191A	Masterpieces of the Cinema
HRS 180	The Film
HRS 181	Contemporary Issues in Film
ITAL 104A	Introduction to Italian Cinema I
MUSC 118B	American Popular Music: Jazz History
MUSC 118C	History of Rock Music
MUSC 118D	Hip-Hop in Urban America
MUSC 119A	World Music: Asia
MUSC 119B	World Music: Africa
MUSC 119C	World Music: Latin America
MUSC 127	The American Musical Theater ✎
MUSC 129	American Society and Its Music ✎
PHIL 136	Philosophy Of Art
THEA 115A	Multicultural Puppetry 🌐
THEA 140	Black Drama in the African Diaspora
THEA/WOMS 144	Women and Theatre: Staging Diversity 🌐
THEA 170	African American Theatre and Culture ✎
THEA 173	Contemporary Chicano/Latino Theatre: Themes and Performance 1965-Present
THEA 174	Multicultural Perspectives in American Theatre 🌐
THEA 175	Multicultural Perspectives in American Film 🌐
WOMS 146	Women In Art

AREA C2: HUMANITIES 3 - 9

Select 3-9 units from the following two divisions

Lower Division

ANTH 13	Magic, Witchcraft and Religion
ANTH 16	Comparative Early Civilizations
CHIN 1B	Elementary Mandarin
DEAF 52	American Sign Language 2
ENGL 40A	Introduction to British Literature I
ENGL 40B	Introduction to British Literature II
ENGL 50A	Introduction to American Literature I
ENGL 50B	Introduction to American Literature II
ENGL 65	Introduction to World Literatures in English
ENGL 90A	Modern Short Plays
FREN 1B	Elementary French
FREN 2A	Intermediate French
GERM 1B	Elementary German
GOVT 10	The Meaning of Government: An Introduction to Political Ideas
HIST 4	Survey of Early Western Civilization

HIST 5	Survey of Modern Western Civilization
HIST 6	Asian Civilizations
HIST 7	History of African Civilizations
HIST 8	History of Islamic Civilizations
HIST 50	World Civilizations, Beginnings-1600
HIST 50H	Honors World Civilizations I: Beginnings to 1600
HIST 51	World Civilizations, 1600-Present
HIST 51H	Honors World Civilizations II: 1600 to Present
HRS 10	Arts and Ideas of the West: Ancient to Medieval
HRS 11	Arts and Ideas of the West: Renaissance to Modern
HRS 70	Arts and Ideas of Asia: Ancient to Medieval
HRS 71	Arts and Ideas of Asia: Medieval to Modern
ITAL 1B	Elementary Italian
JAPN 1B	Elementary Japanese
KORN 1B	Elementary Korean 1B
PHIL 2	Ethics
PHIL 6	Introduction to Philosophy: Knowledge, World and Self
PHIL 26	History of Philosophy
PHIL 27	History of Early Modern Philosophy
PUNJ 1B	Elementary Punjabi
RUSS 1B	Elementary Russian
SPAN 1B	Elementary Spanish
WLL 15	World Literatures in Film

Upper Division

ANTH 121	Archaeology of Mexico
ANTH 134	Japanese Culture and Society
ANTH 166	Rise of Religious Cults
ANTH/HRS 170	The Religious Landscape of the Sacramento Valley ✎
CHDV 141	History of Childhood: International and Interdisciplinary Perspectives
CHIN 120	Chinese Civilization
ECON 112	European Economic History
EDUC 121	Multicultural Children's Literature ✎ 🌐
ENGL 165D	Postcolonial Literature ✎
ENGL 170H	Introduction To Comedy ✎
ENGL 170I	Introduction To Tragedy ✎
ENGL/ETHN 180A	Forms of African-American Poetry ✎
ENGL/ETHN 180B	Forms of African-American Fiction ✎ 🌐
ENGL 180H	American Identities: In the Intersection of Race, Gender, and Ethnicity 🌐
ENGL 180J	Jewish American Literature
ENGL 180L	Chicano Literature ✎
ENGL 180M	Asian American Literature ✎ 🌐
ENGL 180Z	Topics in Multi-Ethnic Literatures
ENGL 185B	Twentieth Century Fiction by Women ✎
ETHN/WOMS 118	Asian American Women
ETHN 143	American Indians, Film and Popular Culture

ETHN 145	Native Voice, Memory, and Biography ✎	HRS 142	Introduction to Christianity
ETHN 150	Native American Oral Tradition and Storytelling	HRS 144	Introduction To Islam
ETHN 171	African Religions and Philosophies	HRS 145	Introduction to Islamic Cultures
FREN 120	French Civilization	HRS 148	African Arts and Cultures
GERM 140	Heroes, Dragons and Quests	HRS 151	World Mythology
GERM 141	German Mythology and Legend	HRS 152	Great Mystics of the World
GERM 142	German Folk Literature, Legend, and Lore	HRS 154	Food, Farming, and the Sacred
GERM 143	King Arthur and the Knights of the Round Table in Germany	HRS 155	Spirit and Nature
GERM 150	German Civilization: Beginning to 16th Century	HRS 161	Multicultural America 🌐
GERM 151	German Civilization: 17th Century to Present	HRS 162	American Space and Identity
HIST 103	Mediterranean Europe: From the Renaissance to the European Union	HRS 171	Introduction to the East Asian World
HIST 105	Great Ages and Issues in Modern European History ✎	HRS 172	The Classical Culture of China
HIST 106	Everyday Life and Society in Antiquity ✎	HRS 173	Chinese Philosophy and Religion
HIST 110	The Ancient Near East: A Cultural History	HRS 174	Modern Japanese Literature and Culture
HIST 111	Ancient Greece	HRS 175	Zen Buddhism and Daoism
HIST 112	Ancient Rome	HRS 178	Religions of India
HIST 113	Early Medieval Europe	HRS 178A	Religions of India I: The Formative Period
HIST 122A	History of Women in Western Civilization, Prehistory-Middle Ages ✎	HRS 179A	The Hindu Year: Fall
HIST 122B	History of Women in Western Civilization, Renaissance-Present ✎	HRS 179B	The Hindu Year: Spring
HIST/HRS 126	Evolution of Christianity to the Reformation	HRS 183	World Religions and Cultures in Cinema
HIST/HRS 127	Evolution of Christianity Since the Reformation	HRS 188	Fantasy and Romance
HIST 129A	Medieval Russia	ITAL 130	Italian Civilization: The Dialogue Form It's Origins and European Context
HIST 135A	History Of Mexico To 1910	KINS 118A	Martial Arts: Karate 🌐
HIST 142	History of Women in Africa	KINS 118B	Martial Arts: Tae Kwon Do 🌐
HIST 143A	Middle Eastern History to 1800	KINS 118C	Martial Arts: Tai Chi 🌐
HIST 146A	Cultural History of Japan to 1800	PHIL 102	Professional and Public Service Ethics
HIST 146C	The History of Manga	PHIL 112	History Of Ethics ✎
HIST/HRS 147	History of Buddhism	PHIL 115	Philosophy In Literature ✎
HIST 148A	China: Antiquity to 1600 AD	PHIL 117	Existentialism ✎
HIST/HRS 168	Images Of America ✎ 🌐	PHIL 122	Political Philosophy
HIST/HRS 169	Hollywood and America	PHIL 131	Philosophy Of Religion
HIST 170	History of Religion in the United States	PHIL 145A	Chinese Philosophy ✎
HRS 113	The Culture of Classical Greece	PHIL 145B	Philosophies Of India ✎
HRS 114	The Culture of Classical Rome	RUSS 120	Russian Civilization
HRS 117	Paganism in the Roman World	SOC 135	Sociology of Popular Culture
HRS 119	Classical Mythology	SOC 160	Asian Societies
HRS 120	Reason and Revelation: The Origins of Western Culture ✎	SOC 162	Middle Eastern Societies and Culture
HRS 121	Introduction to the Hebrew Bible/Old Testament	WOMS 121	Women Of The Middle East
HRS 122	Introduction to the New Testament	WOMS 145	Feminism and the Spirit
HRS 131	Medieval Culture		
HRS 132	Renaissance ✎		
HRS 134	Baroque and the Enlightenment		
HRS 135	Romanticism and Revolution		
HRS 136	Birth Of The Modern		
HRS 137	Global Crossings: Art and Culture 1945 to Present		
HRS 140	Exploring World Religions ✎		
HRS 141	Introduction To Judaism		

Total Units 6-18

Area D: The Individual and Society (p.) (12 Units)

Minimum of three disciplines (e.g. ANTH, ECON, ETHN, FACS, GOVT, HIST, RPTA, etc.) must be taken in Area D. The American Institutions graduation requirement may be satisfied in Area D with 3 units of US history courses and 3 units of US Constitution and CA government courses (see Graduation Requirements: American Institutions).

Select 12 units from the following two divisions 12

Lower Division

ANTH 2	Introduction to Cultural Anthropology	ETHN 100	Ethnic America 🗍🌐
ANTH 3	Introduction to Archaeology	ETHN 110	The Asian American Experience
CRJ 1	Introduction to Criminal Justice and Society	ETHN 112	Contemporary Asian American Issues
DEAF 60	Introduction to Deaf Studies	ETHN 113	Asian American Communities
ECON 1A	Introduction to Macroeconomic Analysis	ETHN 114	Asian Americans and Globalization
ECON 1B	Introduction to Microeconomic Analysis	ETHN 116	Asian American Politics and Public Policy
ETHN 10	Africa: Myths and Realities	ETHN 122	Sikh Americans and Globalization
ETHN 11	Introduction to Ethnic Studies 🌐	ETHN 130	Chicano/Mexican-American Experience
ETHN 11H	Introduction to Ethnic Studies (Honors) 🌐	ETHN 131	La Raza Studies 🌐
ETHN 14	Introduction to Asian American Studies	ETHN 136	US Mexican Border Relations
ETHN 30	Introduction to Chicano/Latino Studies 🌐	ETHN 137	Race and Ethnicity in Latin America and Caribbean
ETHN 53	Introduction to Native American Studies	ETHN 140	Native American Experience
ETHN 70	Introduction to Pan African Studies	ETHN/GOVT 141	Politics of the African Diaspora 🌐🌐
FACS 30	Fashion and Human Environment	ETHN 142	Native American Tribal Governments
FACS 50	The Family and Social Issues 🌐	ETHN 155	Genocide and Holocaust Studies
GEOG 2	Cultural Geography	ETHN 170	Pan African Studies
GOVT 1	Essentials Of Government	GEOG 145	Population Geography
GOVT 1H	Honors Government	GEOL 140	Geology and the Environment 🗍
GOVT 35	World Politics	GERO 100	Aging Issues in Contemporary America
HIST 15H	Major Problems in U.S. History 🌐	GOVT 113	American Political Thought
HIST 17A	United States History, 1607-1877 🌐	GOVT/JOUR 134	War, Peace and the Mass Media
HIST 17B	United States History, 1877-Present 🌐	GOVT 142	Government and Politics in Africa
NURS 10	Health Care: Issues and Delivery Systems	GOVT 143	Causes of War, Causes of Peace
PSYC 2	Introductory Psychology	GOVT 144	Government and Politics in Europe
RPTA 33	Race, Class Gender and Leisure	GOVT 147	Latin American Government and Politics
SOC 1	Principles of Sociology	GOVT 148	Governments and Politics in the Middle East
SOC 3	Social Problems	GOVT 150	American Governments
SOC 10	Issues in Crime and Social Control	GOVT 163	Introduction to Black Politics in the US 🌐
WOMS 50	Introduction to Gender Sexuality	GOVT 165	Politics of the Underrepresented 🗍🌐
Upper Division			
ANTH 101	Cultural Diversity 🌐	GOVT 169A	Science, Technology, and Politics
ANTH 102	The Nature of Culture 🗍	GOVT 180	California State and Local Government
ANTH 143	Culture and Society in Mexico	HIST 102A	Culture and Language in Modern Greece, 1821-1909
ANTH 147	Peoples of Southeast Asia	HIST 102B	Culture and Language in Modern Greece, 1909-Present
ANTH 149	Cultures of South Asia	HIST 119	Europe Since 1945
ANTH 183	Women Cross-Culturally	HIST 130	The Fall Of Communism
ANTH 186	Culture and Poverty 🗍🌐	HIST 135B	Revolutionary and Modern Mexico
CHDV 145	Controversial Issues in Childhood Development, Education, and Social Policy 🌐	HIST 138A	Colonial Latin America 🗍
COMS 152	Freedom Of Speech	HIST 138B	Modern and Contemporary Latin America 🗍
CRJ 111	Women and the Criminal Justice System	HIST 141	History of Africa Since 1800
CRJ 112	Gangs and Threat Groups in America	HIST 143B	The Modern Middle East
CRJ 114	Sexual Offenses and Offenders	HIST 146B	Modern Japan, 1800-present
CRJ 115	Violence and Terrorism	HIST 148B	China, 1600 to Present
CRJ 116	Restorative Justice and Conflict Resolution	HIST 159	History of US Foreign Relations
CRJ 117	American Criminal Justice and Minority Groups 🌐	HIST 161	The American Vision
CRJ 118	Drug Abuse and Criminal Behavior	HIST 162	Social History of the United States
ECON 181	Economics of Racism 🌐	HIST 163	The City in US History
EDUC 160	Urban Education 🗍🌐	HIST 167	History of American Women
ENGR 105	Sustainable Design and Construction		
ENVS/HIST 165	American Environmental History		

HIST 173	The History of the Civil Rights Movement: From Reconstruction to Deconstruction, 1865-Present 🗳️
HIST 175	Sex, Population, and Birth Control in America
HIST 177	The African-American Experience, 1603-Present 🗳️
HLSC 114	Human Ecology and Health
HRS 185	Women in Film and American Culture
INTD 125	Urban Design and Society
JOUR 172	Women in the Mass Media
LBRS 100/ SOC 176	Labor and the American Social Structure ✎
MGMT 117	Business, Ethics and Society ✎
PHIL 101	Ethics and Social Issues ✎
PHIL 103	Business and Computer Ethics
PHIL 104	Bioethics
PHIL 105	Science and Human Values ✎
SOC 106	Births, Deaths and Borders
SOC 118	Chicano Community 🗳️
SOC 120	Ethnic and Race Relations 🗳️
SOC 139	Animals in Society
SOC 155	Criminology
SOC 156	Delinquency
SOC 163	Conflict, Oil and Development in the Middle East
SOC 164	Sociology of Globalization
SWRK 102	Crosscultural Theory and Practice: Issues of Race, Gender and Class 🗳️
SWRK 126	Theories of Criminal Behavior ✎
SWRK 134	Crimes Without Victims
SWRK 136	Poverty and Homelessness in America
SWRK 150	Welfare In America
SWRK 151	Health Services and Systems
SWRK 191	Exploration of Veteran Studies: An Ethnographic Approach ✎
WOMS 110	Introduction to the Women's Movement in Contemporary Society
WOMS 115	Introduction to Women's Studies
WOMS 136	Gender, Race, and Class ✎ 🗳️
WOMS 137	Women Of Color 🗳️
WOMS 138	Women and Work ✎
WOMS 139	Violence Against Women
Total Units	12

Area E: Understanding Personal Development (p.) (3 Units)

Only a single one-unit KINS activity course may be applied to this area. A one-unit KINS course cannot be combined with a two-unit DNCE course to meet this requirement. KINS 99 may be taken concurrently with any 1 unit KINS activity course for a total of 3 units of Area E GE credit.

Select one from the following: 3

Lower Division	
ALS 21	First Year Seminar: Becoming an Educated Person
ANTH 21	Freshman Seminar: Becoming an Educated Person
EDUC 21	First Year Seminar: Becoming an Educated Person

CHDV 30	Human Development
CHDV 35	Child and Adolescent Development
COMS 21	First Year Seminar: Becoming an Educated Person
CRJ 21	First Year Seminar: Becoming an Educated Person
CSAD 21	First Year Seminar: Becoming an Educated Person
CSC 21	First Year Seminar: Becoming an Educated Person
DNCE 21	First Year Seminar: Becoming an Educated Person
ENGL 21	First Year Seminar: Becoming an Educated Person
ENVS 21	First Year Seminar: Becoming an Educated Person
ETHN 21	First Year Seminar: Becoming an Educated Person
FACS 10	Nutrition And Wellness
FACS 52	The Child In The Family
GERO 21	First Year Seminar: Becoming an Educated Person
GNST 21	First Year Seminar: Becoming an Educated Person
HIST 21	First Year Seminar: Becoming an Educated Person
HLSC 50	Healthy Lifestyles
HONR 1	First Year Seminar: Education, Self-Examination, and Living
HRS 21	First Year Seminar: Becoming an Educated Person
ID 21	First Year Seminar: Becoming an Educated Person
KINS 21	First Year Seminar: Becoming an Educated Person
MGMT 51	First Year Seminar: Becoming an Educated Person
MUSC 21	First Year Seminar: Becoming an Educated Person
NSM 21	First Year Seminar: Becoming an Educated Person
PHIL 21	First Year Seminar: Becoming an Educated Person
PHOT 20	The Photographic Self
RPTA 21	First Year Seminar: Becoming an Educated Person
RPTA 32	Leadership and Group Development
RPTA 34	The Outdoor Recreation Experience
THEA 21	First Year Seminar: Becoming an Educated Person
WLL 21	First Year Seminar: Becoming an Educated Person

Upper Division	
COMS 114	Communication and American Culture
EDUC 165	Sex Role Stereotyping in American Education ✎ 🗳️
ETHN 115	Biracial and Multiracial Identity in the US
ETHN 132	La Mujer Chicana
ETHN 133	Crosscultural Aging in America 🗳️
FACS 140	Family Resource Management
FACS 141	Family Finance
FACS 150	Family Stress and Coping: Multicultural Focus ✎ 🗳️
HIST 166	Popular Culture
HLSC 124	Consumer Health Education
HLSC 130	Alcohol and Other Drugs
HLSC 134	Understanding Human Sexuality
NURS 120	Nursing Application of Research and Critical Analysis ✎
NURS 160	Human Sexuality
PHIL 100	Ethics and Personal Values
PSYC 134	Psychology of Human Sexuality
PSYC 135	Psychology of Multicultural Groups
PSYC 137	Stress Management
PSYC 151	Psychological Aspects of Death and Dying

RPTA 100	Recreation and Leisure Lifestyle Development
RPTA 122	Perspectives On Leisure ✍
SOC 126	Sociology of Gender
SOC 127	Men, Masculinity and Society
SOC 158	Sociology of Deviance
SOC 168	Self and Society ✍
WOMS 120	Mother/Woman/Person
Total Units 3	

Upper Division GE Courses (Areas B, C, D, and E) (p.)

ALS 151	The Studio: Explorations in Arts and Letters
ANTH 101	Cultural Diversity 🌐
ANTH 102	The Nature of Culture ✍
ANTH 121	Archaeology of Mexico
ANTH 134	Japanese Culture and Society
ANTH 143	Culture and Society in Mexico
ANTH 147	Peoples of Southeast Asia
ANTH 149	Cultures of South Asia
ANTH 166	Rise of Religious Cults
ANTH/HRS 170	The Religious Landscape of the Sacramento Valley ✍
ANTH 183	Women Cross-Culturally
ANTH 186	Culture and Poverty ✍🌐
ART 111	Latin American and Latino Art History ✍
ART 117A	Art of India and Southeast Asia
ART 117B	Art of China and Japan
ASIA/HIST 140	Modern East Asian Cinema ✍ ⁵
ASTR 131	The Solar System and Space Exploration ✍
ASTR 132	Stars, Galaxies and Cosmology ✍
CHDV 141	History of Childhood: International and Interdisciplinary Perspectives
CHDV 143	Mind and Brain in Developmental Context ✍
CHDV 145	Controversial Issues in Childhood Development, Education, and Social Policy 🌐
CHIN 120	Chinese Civilization
COMS 114	Communication and American Culture
COMS 152	Freedom Of Speech
CRJ 111	Women and the Criminal Justice System
CRJ 112	Gangs and Threat Groups in America
CRJ 114	Sexual Offenses and Offenders
CRJ 115	Violence and Terrorism
CRJ 116	Restorative Justice and Conflict Resolution
CRJ 117	American Criminal Justice and Minority Groups 🌐
CRJ 118	Drug Abuse and Criminal Behavior
DNCE 130	Appreciation and History of Dance
DNCE 131	Dance Cultures Of America 🌐
DNCE 132	African-Caribbean Dance 🌐
ECON 112	European Economic History
ECON 181	Economics of Racism 🌐
EDUC 121	Multicultural Children's Literature ✍🌐

EDUC 160	Urban Education ✍🌐
EDUC 165	Sex Role Stereotyping in American Education ✍🌐
ENGL 130M	Art of Autobiography ✍
ENGL 140M	Modern British Drama, 1889-Present ✍
ENGL 141A	The Essential Shakespeare ✍
ENGL 150J	Twentieth Century American Drama
ENGL 165D	Postcolonial Literature ✍
ENGL 170H	Introduction To Comedy ✍
ENGL 170I	Introduction To Tragedy ✍
ENGL/ETHN 180A	Forms of African-American Poetry ✍
ENGL/ETHN 180B	Forms of African-American Fiction ✍🌐
ENGL 180H	American Identities: In the Intersection of Race, Gender, and Ethnicity 🌐
ENGL 180J	Jewish American Literature
ENGL 180L	Chicano Literature ✍
ENGL 180M	Asian American Literature ✍🌐
ENGL 180Z	Topics in Multi-Ethnic Literatures
ENGL 185B	Twentieth Century Fiction by Women ✍
ENGL 191A	Masterpieces of the Cinema
ENGR 105	Sustainable Design and Construction
ENVS/HIST 165	American Environmental History
ETHN 100	Ethnic America ✍🌐
ETHN 110	The Asian American Experience
ETHN 112	Contemporary Asian American Issues
ETHN 113	Asian American Communities
ETHN 114	Asian Americans and Globalization
ETHN 115	Biracial and Multiracial Identity in the US
ETHN 116	Asian American Politics and Public Policy
ETHN/WOMS 118	Asian American Women
ETHN 122	Sikh Americans and Globalization
ETHN 130	Chicano/Mexican-American Experience
ETHN 131	La Raza Studies 🌐
ETHN 132	La Mujer Chicana
ETHN 133	Crosscultural Aging in America 🌐
ETHN 136	US Mexican Border Relations
ETHN 137	Race and Ethnicity in Latin America and Caribbean
ETHN 140	Native American Experience
ETHN/GOVT 141	Politics of the African Diaspora 🌐
ETHN 142	Native American Tribal Governments
ETHN 143	American Indians, Film and Popular Culture
ETHN 145	Native Voice, Memory, and Biography ✍
ETHN 150	Native American Oral Tradition and Storytelling
ETHN 155	Genocide and Holocaust Studies
ETHN 170	Pan African Studies
ETHN 171	African Religions and Philosophies
ETHN/ENGL 180A	Forms of African-American Poetry ✍

ETHN/ENGL 180B	Forms African-Am Fiction ✍️🌐	HIST/HRS 126	Evolution of Christianity to the Reformation
FACS 112	Current Topics in Nutritional Sciences ✍️	HIST/HRS 127	Evolution of Christianity Since the Reformation
FACS 113	Nutrition And Metabolism	HIST 129A	Medieval Russia
FACS 140	Family Resource Management	HIST 130	The Fall Of Communism
FACS 141	Family Finance	HIST 135A	History Of Mexico To 1910
FACS 150	Family Stress and Coping: Multicultural Focus ✍️🌐	HIST 135B	Revolutionary and Modern Mexico
FREN 120	French Civilization	HIST 138A	Colonial Latin America ✍️
GEOG 111	Elements Of Meteorology	HIST 138B	Modern and Contemporary Latin America ✍️
GEOG 113	Climate	HIST/ASIA 140	Modern East Asian Cinema ✍️
GEOG 115	Biogeography	HIST 141	History of Africa Since 1800
GEOG 116	Global Climate Change	HIST 142	History of Women in Africa
GEOG 145	Population Geography	HIST 143A	Middle Eastern History to 1800
GEOL 130	Oceanography	HIST 143B	The Modern Middle East
GEOL 140	Geology and the Environment ✍️	HIST 146A	Cultural History of Japan to 1800
GERM 140	Heroes, Dragons and Quests	HIST 146B	Modern Japan, 1800-present
GERM 141	German Mythology and Legend	HIST 146C	The History of Manga
GERM 142	German Folk Literature, Legend, and Lore	HIST/HRS 147	History of Buddhism
GERM 143	King Arthur and the Knights of the Round Table in Germany	HIST 148A	China: Antiquity to 1600 AD
GERM 150	German Civilization: Beginning to 16th Century	HIST 148B	China, 1600 to Present
GERM 151	German Civilization: 17th Century to Present	HIST 159	History of US Foreign Relations
GERO 100	Aging Issues in Contemporary America	HIST 161	The American Vision
GOVT 113	American Political Thought	HIST 162	Social History of the United States
GOVT/JOUR 134	War, Peace and the Mass Media	HIST 163	The City in US History
GOVT/ETHN 141	Politics of the African Diaspora 🌐	HIST 165	American Environmental History
GOVT 142	Government and Politics in Africa	HIST 166	Popular Culture
GOVT 143	Causes of War, Causes of Peace	HIST 167	History of American Women
GOVT 144	Government and Politics in Europe	HIST/HRS 168	Images Of America ✍️🌐
GOVT 147	Latin American Government and Politics	HIST/HRS 169	Hollywood and America
GOVT 148	Governments and Politics in the Middle East	HIST 170	History of Religion in the United States
GOVT 150	American Governments	HIST 173	The History of the Civil Rights Movement: From Reconstruction to Deconstruction, 1865-Present 🌐
GOVT 163	Introduction to Black Politics in the US 🌐	HIST 175	Sex, Population, and Birth Control in America
GOVT 165	Politics of the Underrepresented ✍️🌐	HIST 177	The African-American Experience, 1603-Present 🌐
GOVT 169A	Science, Technology, and Politics	HLSC 114	Human Ecology and Health
GOVT 180	California State and Local Government	HLSC 124	Consumer Health Education
HIST 103	Mediterranean Europe: From the Renaissance to the European Union	HLSC 130	Alcohol and Other Drugs
HIST 105	Great Ages and Issues in Modern European History ✍️	HLSC 134	Understanding Human Sexuality
HIST 106	Everyday Life and Society in Antiquity ✍️	HRS 113	The Culture of Classical Greece
HIST 107	History of the Physical Sciences	HRS 114	The Culture of Classical Rome
HIST 110	The Ancient Near East: A Cultural History	HRS 117	Paganism in the Roman World
HIST 111	Ancient Greece	HRS 119	Classical Mythology
HIST 112	Ancient Rome	HRS 120	Reason and Revelation: The Origins of Western Culture ✍️
HIST 113	Early Medieval Europe	HRS 121	Introduction to the Hebrew Bible/Old Testament
HIST 119	Europe Since 1945	HRS 122	Introduction to the New Testament
HIST 122A	History of Women in Western Civilization, Prehistory-Middle Ages ✍️	HRS/HIST 126	History of Christianity to the Reformation
HIST 122B	History of Women in Western Civilization, Renaissance-Present ✍️	HRS/HIST 127	History of Christianity Since the Reformation
		HRS 131	Medieval Culture
		HRS 132	Renaissance ✍️
		HRS 134	Baroque and the Enlightenment
		HRS 135	Romanticism and Revolution
		HRS 136	Birth Of The Modern

HRS 137	Global Crossings: Art and Culture 1945 to Present	MUSC 129	American Society and Its Music ✎
HRS 140	Exploring World Religions ✎	NURS 120	Nursing Application of Research and Critical Analysis ✎
HRS 141	Introduction To Judaism	NURS 160	Human Sexuality
HRS 142	Introduction to Christianity	NURS 168	The Brain and Gender-Related Differences
HRS 144	Introduction To Islam	NURS 179	Professional Communication and Reasoning Development ✎
HRS 145	Introduction to Islamic Cultures	PHIL 100	Ethics and Personal Values
HRS/HIST 147	History of Buddhism	PHIL 101	Ethics and Social Issues ✎
HRS 148	African Arts and Cultures	PHIL 102	Professional and Public Service Ethics
HRS 151	World Mythology	PHIL 103	Business and Computer Ethics
HRS 152	Great Mystics of the World	PHIL 104	Bioethics
HRS 154	Food, Farming, and the Sacred	PHIL 105	Science and Human Values ✎
HRS 155	Spirit and Nature	PHIL 112	History Of Ethics ✎
HRS 161	Multicultural America 🌐	PHIL 115	Philosophy In Literature ✎
HRS 162	American Space and Identity	PHIL 117	Existentialism ✎
HRS/HIST 168	Images Of America ✎ 🌐	PHIL 122	Political Philosophy
HRS/HIST 169	Hollywood and America	PHIL 125	Philosophy Of Science
HRS/ANTH 170	The Religious Landscape of the Sacramento Valley ✎	PHIL 131	Philosophy Of Religion
HRS 171	Introduction to the East Asian World	PHIL 136	Philosophy Of Art
HRS 172	The Classical Culture of China	PHIL 145A	Chinese Philosophy ✎
HRS 173	Chinese Philosophy and Religion	PHIL 145B	Philosophies Of India ✎
HRS 174	Modern Japanese Literature and Culture	PHSC 107	History of the Physical Sciences
HRS 175	Zen Buddhism and Daoism	PSYC 134	Psychology of Human Sexuality
HRS 178A	Religions of India I: The Formative Period	PSYC 135	Psychology of Multicultural Groups
HRS 179A	The Hindu Year: Fall	PSYC 137	Stress Management
HRS 179B	The Hindu Year: Spring	PSYC 151	Psychological Aspects of Death and Dying
HRS 180	The Film	RPTA 100	Recreation and Leisure Lifestyle Development
HRS 181	Contemporary Issues in Film	RPTA 122	Perspectives On Leisure ✎
HRS 183	World Religions and Cultures in Cinema	RUSS 120	Russian Civilization
HRS 185	Women in Film and American Culture	SOC 106	Births, Deaths and Borders
HRS 188	Fantasy and Romance	SOC 118	Chicano Community 🌐
INTD 125	Urban Design and Society	SOC 120	Ethnic and Race Relations 🌐
ITAL 104A	Introduction to Italian Cinema I	SOC 126	Sociology of Gender
ITAL 130	Italian Civilization: The Dialogue Form It's Origins and European Context	SOC 127	Men, Masculinity and Society
JOUR/GOVT 134	War, Peace and the Mass Media	SOC 135	Sociology of Popular Culture
JOUR 172	Women in the Mass Media	SOC 139	Animals in Society
KINS 118A	Martial Arts: Karate 🌐	SOC 155	Criminology
KINS 118B	Martial Arts: Tae Kwon Do 🌐	SOC 156	Delinquency
KINS 118C	Martial Arts: Tai Chi 🌐	SOC 158	Sociology of Deviance
KINS 150	Exercise and Sport Physiology	SOC 160	Asian Societies
LBRS 100/ SOC 176	Labor and the American Social Structure ✎	SOC 162	Middle Eastern Societies and Culture
MGMT 117	Business, Ethics and Society ✎	SOC 163	Conflict, Oil and Development in the Middle East
MUSC 118B	American Popular Music: Jazz History	SOC 164	Sociology of Globalization
MUSC 118C	History of Rock Music	SOC 168	Self and Society ✎
MUSC 118D	Hip-Hop in Urban America	SOC 176	Labor and the American Social Structure ✎
MUSC 119A	World Music: Asia	SWRK 102	Crosscultural Theory and Practice: Issues of Race, Gender and Class 🌐
MUSC 119B	World Music: Africa	SWRK 126	Theories of Criminal Behavior ✎
MUSC 119C	World Music: Latin America	SWRK 134	Crimes Without Victims
MUSC 127	The American Musical Theater ✎	SWRK 136	Poverty and Homelessness in America
		SWRK 150	Welfare In America

SWRK 151	Health Services and Systems
SWRK 191	Exploration of Veteran Studies: An Ethnographic Approach ✍
THEA 115A	Multicultural Puppetry 🌐
THEA 140	Black Drama in the African Diaspora
THEA/WOMS 144	Women and Theatre: Staging Diversity 🌐
THEA 170	African American Theatre and Culture ✍
THEA 173	Contemporary Chicano/Latino Theatre: Themes and Performance 1965-Present
THEA 174	Multicultural Perspectives in American Theatre 🌐
THEA 175	Multicultural Perspectives in American Film 🌐
WOMS 110	Introduction to the Women's Movement in Contemporary Society
WOMS 115	Introduction to Women's Studies
WOMS/ETHN 118	Asian American Women
WOMS 120	Mother/Woman/Person
WOMS 121	Women Of The Middle East
WOMS 136	Gender, Race, and Class ✍🌐
WOMS 137	Women Of Color 🌐
WOMS 138	Women and Work ✍
WOMS 139	Violence Against Women
WOMS/THEA 144	Women and Theatre: Staging Diversity 🌐
WOMS 145	Feminism and the Spirit
WOMS 146	Women In Art

Additional Graduation Requirements (p.)

The 48-unit General Education requirement does not include the following two graduation requirements:

- Second semester composition (ENGL 20, ENGL 20M or an approved equivalent) must be completed with a grade of C- or better.
- Foreign language graduation requirement may be met by successfully completing appropriate coursework or passing proficiency exams. With a grade of "C-" or better, the following second semester or equivalent college-level language courses may satisfy both GE Area C2 units and the Foreign Language Requirement:

CHIN 1B	Elementary Mandarin	5
DEAF 52	American Sign Language 2	3
FREN 1B	Elementary French	4
FREN 2A	Intermediate French	4
GERM 1B	Elementary German	4
ITAL 1B	Elementary Italian	4
JAPN 1B	Elementary Japanese	5
KORN 1B	Elementary Korean 1B	5
PUNJ 1B	Elementary Punjabi	4
RUSS 1B	Elementary Russian	5
SPAN 1B	Elementary Spanish	4

American Institutions (p.)

This requirement may be fulfilled by completing one Government and one US History course from the following list. The courses below also satisfy Area D units. In addition, students have the option of taking challenges in US History, US Constitution and California State and Local Government. For details on challenges exam, see <http://www.csus.edu/ccr/Challenge%20Exams/>.

US History

ANTH 101	Cultural Diversity 🌐	3
HIST 15H	Major Problems in U.S. History 🌐	3
HIST 17A	United States History, 1607-1877 🌐	3
HIST 17B	United States History, 1877-Present 🌐	3
HIST 159	History of US Foreign Relations	3
HIST 161	The American Vision	3
HIST 162	Social History of the United States	3
HIST 167	History of American Women	3
HIST 177	The African-American Experience, 1603-Present 🌐	3

US Constitution and CA Government

GOVT 1	Essentials Of Government	3
GOVT 113	American Political Thought	3
GOVT 150	American Governments	3

CA Government (California State and Local Government does not meet the U.S. Constitution requirement included in other government courses listed above but may be used by students who have taken a U.S. Constitution course outside of California. It fulfills the state and local government requirement only).

GOVT 180	California State and Local Government	3
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Race & Ethnicity in American Society (p.) (3-unit Supervenient Requirement)

These courses also meet specific GE requirements in Areas C-E. One of these courses is required for students with catalog rights beginning Fall 1990 or later. The course may also be applied to the Area requirements.

Lower Division

ETHN 11	Introduction to Ethnic Studies 🌐	3
ETHN 11H	Introduction to Ethnic Studies (Honors) 🌐	3
ETHN 30	Introduction to Chicano/Latino Studies 🌐	3
FACS 50	The Family and Social Issues 🌐	3
HIST 15H	Major Problems in U.S. History 🌐	3
HIST 17A	United States History, 1607-1877 🌐	3
HIST 17B	United States History, 1877-Present 🌐	3

Upper Division

ANTH 101	Cultural Diversity 🌐	3
ANTH 186	Culture and Poverty ✍🌐	3
CHDV 145	Controversial Issues in Childhood Development, Education, and Social Policy 🌐	3
CRJ 117	American Criminal Justice and Minority Groups 🌐	3
DNCE 131	Dance Cultures Of America 🌐	3
DNCE 132	African-Caribbean Dance 🌐	3

ECON 181	Economics of Racism 🌐	3	ANTH/HRS 170	The Religious Landscape of the Sacramento Valley 🌐	3
EDUC 121	Multicultural Children's Literature 🌐🌐	3	ANTH 186	Culture and Poverty 🌐🌐	3
EDUC 160	Urban Education 🌐🌐	3	ART 111	Latin American and Latino Art History 🌐	3
EDUC 165	Sex Role Stereotyping in American Education 🌐🌐	3	ASIA/HIST 140	Modern East Asian Cinema 🌐	3
ENGL/ETHN 180B	Forms of African-American Fiction 🌐🌐	3	ASTR 131	The Solar System and Space Exploration 🌐	3
ENGL 180H	American Identities: In the Intersection of Race, Gender, and Ethnicity 🌐	3	ASTR 132	Stars, Galaxies and Cosmology 🌐	3
ENGL 180M	Asian American Literature 🌐🌐	3	CHDV 143	Mind and Brain in Developmental Context 🌐	3
ETHN 100	Ethnic America 🌐🌐	3	COMS 100B	Critical Analysis of Messages 🌐	3
ETHN 131	La Raza Studies 🌐	3	CRJ 190	Contemporary Issues in Criminal Justice 🌐	3
ETHN 133	Crosscultural Aging in America 🌐	3	EDUC 121	Multicultural Children's Literature 🌐🌐	3
ETHN/GOVT 141	Politics of the African Diaspora 🌐	3	EDUC 160	Urban Education 🌐🌐	3
FACS 150	Family Stress and Coping: Multicultural Focus 🌐🌐	3	EDUC 165	Sex Role Stereotyping in American Education 🌐🌐	3
GOVT 163	Introduction to Black Politics in the US 🌐	3	ENGL 120C	Topics in Composition 🌐	3
GOVT 165	Politics of the Underrepresented 🌐🌐	3	ENGL 120P	Professional Writing 🌐	3
HIST/HRS 168	Images Of America 🌐🌐	3	ENGL 120R	Topics in Rhetoric 🌐	3
HIST 173	The History of the Civil Rights Movement: From Reconstruction to Deconstruction, 1865-Present 🌐	3	ENGL 130M	Art of Autobiography 🌐	3
HIST 177	The African-American Experience, 1603-Present 🌐	3	ENGL 140M	Modern British Drama, 1889-Present 🌐	3
HRS 161	Multicultural America 🌐	3	ENGL 141A	The Essential Shakespeare 🌐	3
KINS 118A	Martial Arts: Karate 🌐	3	ENGL 150B	American Romanticism 🌐	3
KINS 118B	Martial Arts: Tae Kwon Do 🌐	3	ENGL 165D	Postcolonial Literature 🌐	3
KINS 118C	Martial Arts: Tai Chi 🌐	3	ENGL 170H	Introduction To Comedy 🌐	3
SOC 118	Chicano Community 🌐	3	ENGL 170I	Introduction To Tragedy 🌐	3
SOC 120	Ethnic and Race Relations 🌐	3	ENGL/ETHN 180A	Forms of African-American Poetry 🌐	3
SWRK 102	Crosscultural Theory and Practice: Issues of Race, Gender and Class 🌐	3	ENGL/ETHN 180B	Forms of African-American Fiction 🌐🌐	3
THEA 115A	Multicultural Puppetry 🌐	3	ENGL 180L	Chicano Literature 🌐	3
THEA/WOMS 144	Women and Theatre: Staging Diversity 🌐	3	ENGL 180M	Asian American Literature 🌐🌐	3
THEA 174	Multicultural Perspectives in American Theatre 🌐	3	ENGL 185B	Twentieth Century Fiction by Women 🌐	3
THEA 175	Multicultural Perspectives in American Film 🌐	3	ENVS 112	International Environmental Problems 🌐	3
WOMS 136	Gender, Race, and Class 🌐🌐	3	ETHN 100	Ethnic America 🌐🌐	3
WOMS 137	Women Of Color 🌐	3	ENGL 100Z	Topics in Literary Theory and Criticism 🌐	3
			ETHN 145	Native Voice, Memory, and Biography 🌐	3
			FACS 112	Current Topics in Nutritional Sciences 🌐	3
			FACS 150	Family Stress and Coping: Multicultural Focus 🌐🌐	3
			GEOG 190	Senior Research Seminar in Geography 🌐	3
			GEOL 140	Geology and the Environment 🌐	3
			GOVT 165	Politics of the Underrepresented 🌐🌐	3
			HIST 105	Great Ages and Issues in Modern European History 🌐	3
			HIST 106	Everyday Life and Society in Antiquity 🌐	3
			HIST 122A	History of Women in Western Civilization, Prehistory-Middle Ages 🌐	3
			HIST 122B	History of Women in Western Civilization, Renaissance-Present 🌐	3
			HIST 138A	Colonial Latin America 🌐	3
			HIST 138B	Modern and Contemporary Latin America 🌐	3
			HIST/HRS 168	Images Of America 🌐🌐	3
ANTH 102	The Nature of Culture 🌐	3	HRS 120	Reason and Revelation: The Origins of Western Culture 🌐	3

Writing Intensive (p.) (3-unit Supervenient Requirement)

One Writing Intensive course, i.e., a course with comprehensive writing assignments (minimum 5,000 words) is required. This requirement may be met either with a specifically marked GE courses or, in certain majors, with a course required for the major. (Writing Intensive courses taken to meet major requirements do not apply to the nine-unit upper division requirement in GE.) Prerequisite: Completion of GE Areas A2, A3, second semester composition (ENGL 20), junior standing, and ENGL 109M/ ENGL 109W. Students who take the WPJ instead of initially taking ENGL 109M/ ENGL 109W must score 70, 71, or 80. Students with a lower WPJ score will have to complete other prerequisites determined by their score. Successful completion of the writing intensive course with a grade of C- or better certifies the Graduation Writing Assessment Requirement (GWAR).

HRS 132	Renaissance ✍	3
HRS 140	Exploring World Religions ✍	3
JOUR 135	Public Affairs Reporting ✍	3
KINS 133	Integration of Concepts ✍	3
LBRS 100/ SOC 176	Labor and the American Social Structure ✍	3
MGMT 117	Business, Ethics and Society ✍	3
MUSC 110	Research in Music History ✍	3
MUSC 127	The American Musical Theater ✍	3
MUSC 129	American Society and Its Music ✍	3
NURS 120	Nursing Application of Research and Critical Analysis ✍	3
NURS 179	Professional Communication and Reasoning Development ✍	3
PHIL 101	Ethics and Social Issues ✍	3
PHIL 105	Science and Human Values ✍	3
PHIL 112	History Of Ethics ✍	3
PHIL 115	Philosophy In Literature ✍	3
PHIL 117	Existentialism ✍	3
PHIL 145A	Chinese Philosophy ✍	3
PHIL 145B	Philosophies Of India ✍	3
RPTA 122	Perspectives On Leisure ✍	3
SOC 133	Sport in a Global Perspective ✍	3
SOC 168	Self and Society ✍	3
SWRK 126	Theories of Criminal Behavior ✍	3
SWRK 191	Exploration of Veteran Studies: An Ethnographic Approach ✍	3
THEA 170	African American Theatre and Culture ✍	3
WOMS 136	Gender, Race, and Class ✍🌐	3
WOMS 138	Women and Work ✍	3

Certificate—Global and Multicultural Perspectives

Total Units: 12 units minimum—9 of which must be upper division.
All courses in Section A and B are also approved for General Education

Global and Multicultural Perspectives on Contemporary Society (3-6 Units)

Select 3-6 upper division units from the following: 3 - 6

From Area B5:

GEOG 116 Global Climate Change

From Area D:

ANTH 101 Cultural Diversity 🌐

ANTH 102 The Nature of Culture ✍

ANTH 143 Culture and Society in Mexico

ANTH 147 Peoples of Southeast Asia

ANTH 149 Cultures of South Asia

ANTH 183 Women Cross-Culturally

ANTH 186 Culture and Poverty ✍🌐

ETHN 136 US Mexican Border Relations

ETHN 137 Race and Ethnicity in Latin America and Caribbean

ETHN/GOVT 141 Politics of the African Diaspora 🌐

ETHN 142 Native American Tribal Governments

ETHN 155 Genocide and Holocaust Studies

ETHN 170 Pan African Studies

GEOG 145 Population Geography

GEOL 140 Geology and the Environment ✍

GOVT/JOUR 134 War, Peace and the Mass Media

GOVT 142 Government and Politics in Africa

GOVT 143 Causes of War, Causes of Peace

GOVT 144 Government and Politics in Europe

GOVT 147 Latin American Government and Politics

GOVT 148 Governments and Politics in the Middle East

HIST 119 Europe Since 1945

HIST 130 The Fall Of Communism

HIST 135B Revolutionary and Modern Mexico

HIST 138A Colonial Latin America ✍

HIST 138B Modern and Contemporary Latin America ✍

HIST 143B The Modern Middle East

HIST 146B Modern Japan, 1800-present

SOC 163 Conflict, Oil and Development in the Middle East

SOC 164 Sociology of Globalization

SWRK 102 Crosscultural Theory and Practice: Issues of Race, Gender and Class 🌐

WOMS 110 Introduction to the Women's Movement in Contemporary Society

From GE Honors:

HONR 101 Science and the Public Good

HONR 103 Civic Engagement, Service Learning: Pursuing the Public Good

Global and Multicultural Perspectives on Arts and Humanities (3-6 Units)

Select 3-6 units from the following: 3 - 6

From Area C1 (Arts):

ART 111 Latin American and Latino Art History ✍

ART 117A Art of India and Southeast Asia

ART 117B Art of China and Japan

ASIA/HIST 140 Modern East Asian Cinema ✍

DNCE 130 Appreciation and History of Dance

DNCE 131 Dance Cultures Of America 🌐

DNCE 132 African-Caribbean Dance 🌐

ENGL 191A Masterpieces of the Cinema

HRS 180 The Film

HRS 181 Contemporary Issues in Film

ITAL 104A Introduction to Italian Cinema I

MUSC 119A World Music: Asia

MUSC 119B World Music: Africa

MUSC 119C World Music: Latin America

THEA 115A Multicultural Puppetry 🌐

THEA 140 Black Drama in the African Diaspora

THEA/WOMS 144	Women and Theatre: Staging Diversity 🌐
<i>From Area C2 (Humanities):</i>	
ANTH 121	Archaeology of Mexico
ANTH 134	Japanese Culture and Society
CHDV 141	History of Childhood: International and Interdisciplinary Perspectives
CHIN 120	Chinese Civilization
ECON 112	European Economic History
EDUC 121	Multicultural Children's Literature ✍️🌐
ENGL 165D	Postcolonial Literature ✍️
ENGL 180Z	Topics in Multi-Ethnic Literatures
ENGL 185B	Twentieth Century Fiction by Women ✍️
ETHN 171	African Religions and Philosophies
FREN 120	French Civilization
GERM 140	Heroes, Dragons and Quests
GERM 141	German Mythology and Legend
GERM 142	German Folk Literature, Legend, and Lore
GERM 143	King Arthur and the Knights of the Round Table in Germany
GERM 150	German Civilization: Beginning to 16th Century
GERM 151	German Civilization: 17th Century to Present
HIST 103	Mediterranean Europe: From the Renaissance to the European Union
HIST 105	Great Ages and Issues in Modern European History ✍️
HIST 106	Everyday Life and Society in Antiquity ✍️
HIST 110	The Ancient Near East: A Cultural History
HIST 111	Ancient Greece
HIST 112	Ancient Rome
HIST 113	Early Medieval Europe
HIST 122A	History of Women in Western Civilization, Prehistory-Middle Ages ✍️
HIST 122B	History of Women in Western Civilization, Renaissance-Present ✍️
HIST 142	History of Women in Africa
HIST 143A	Middle Eastern History to 1800
HIST 146A	Cultural History of Japan to 1800
HIST 146C	The History of Manga
HIST/HRS 147	History of Buddhism
HIST 148A	China: Antiquity to 1600 AD
HRS 136	Birth Of The Modern
HRS 137	Global Crossings: Art and Culture 1945 to Present
HRS 140	Exploring World Religions ✍️
HRS 145	Introduction to Islamic Cultures
HRS 148	African Arts and Cultures
HRS 151	World Mythology
HRS 152	Great Mystics of the World
HRS 171	Introduction to the East Asian World
HRS 172	The Classical Culture of China
HRS 173	Chinese Philosophy and Religion
HRS 174	Modern Japanese Literature and Culture
HRS 183	World Religions and Cultures in Cinema

HRS 188	Fantasy and Romance
ITAL 130	Italian Civilization: The Dialogue Form It's Origins and European Context
PHIL 145A	Chinese Philosophy ✍️
PHIL 145B	Philosophies Of India ✍️
RUSS 120	Russian Civilization
SOC 135	Sociology of Popular Culture
SOC 160	Asian Societies
SOC 162	Middle Eastern Societies and Culture
WOMS 121	Women Of The Middle East

From GE Honors:

HONR 102	The Public Good Through the Visual and Performing Arts ✍️
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Global and Multicultural Perspectives in the Discipline (3 Units)

Select 3 units ¹	3
Total Units	9-15

¹ 3 units may be lower or upper division. Courses to be selected in consultation with major advisor

All courses and petitions for substitution will be approved by the Office of Undergraduate Studies and will reflect the criteria and learning outcomes of the Certificate Program.

General Education Policies

- All upper division GE courses require at least second semester sophomore standing (45 units) and completion of all GE Area A courses as prerequisites.
- At least 9 units must be chosen from upper division GE courses (100-199) and at least 9 units must be taken in residence at Sacramento State (these units may overlap).
- Each course taken to satisfy the Area A Basic Subjects and Area B4 Quantitative Reasoning must be completed with a grade of "C-" or higher.
- A 2.0 cumulative GPA is required in General Education.

Overlap Between General Education and Majors/Minors (Fall 1992 - Spring 2013)

General Education requirements include five areas (A-E) in which you must take courses (area requirements), a nine-unit upper division requirement, a Race and Ethnicity requirement, and a Writing Intensive requirement. The overlap possibilities among these four aspects of General Education are outlined below. Students needing help applying these overlap policies are encouraged to see an advisor in the Academic Advising Center, Lassen Hall 1012.

1. A maximum of nine units of coursework from your major department may also be applied to the General Education requirements.
2. The Race and Ethnicity requirement can be met with an upper or lower division course from a student's major or major department. Example: A Social Work major can use SWRK 102 to meet the Race and Ethnicity requirement.
3. The Writing Intensive requirement can be met with a course from the major or major department in specified majors, but not in all majors.
4. There is no restriction on the overlap of courses between GE and minor requirements*

Note: For Business Administration majors, substitute “College of Business” for “major department.” For Social Science majors, substitute “History” for “major department.”

Overlap Between General Education and Majors/Minors (Fall 2013 and Later)

General Education requirements include five areas (A-E) in which you must take courses (area requirements), a nine-unit upper division requirement, a Race and Ethnicity requirement, and a Writing Intensive requirement. The overlap possibilities among these four aspects of General Education are outlined below. Students needing help applying these overlap policies are encouraged to see an advisor in the Academic Advising Center, Lassen Hall 1012.

1. There is no university restriction on the overlap of courses between GE and coursework approved for GE from your major department.
2. The Race and Ethnicity requirement can be met with an upper or lower division course from a student's major or major department. Example: A Social Work major can use SWRK 102 to meet the Race and Ethnicity requirement.
3. The Writing Intensive requirement can be met with a course from the major or major department in specified majors, but not in all majors.
4. There is no restriction on the overlap of courses between GE and minor requirements

Transfer Students

Transfer students who have completed lower division General Education requirements at a California Community College, including those certified under the Intersegmental General Education Transfer Core Curriculum (IGETC), and/or those in receipt of an Associate Degree for Transfer (ADT), are required to complete 9 units of upper division GE at Sacramento State, meet the foreign language proficiency graduation requirement, meet the state “code” requirements in U.S. History, American and California Government, and the writing intensive requirement. These 9 units may or may not include the writing intensive requirement, depending on the policy of the student’s major department. Students who have not completed an approved course for the “Race and Ethnicity in American Society” category at a community college must take a course in this category at Sacramento State. In addition, all transfer students, except those fully certified as having completed the IGETC core curriculum, must complete the required second semester writing course or an approved course at a community college.

Note: Foreign Language Proficiency Requirement - If not satisfied before entering Sacramento State, it may be satisfied in General Education Area C2 (Humanities). “C- or higher required.” The alternative methods for satisfying the Foreign Language Proficiency Requirement are described here: <http://www.csus.edu/wll/for-students/graduation-requirement.html>

For more information about IGETC requirements and/or Associate Degrees for Transfer, contact your community college counselor.