

BA IN HUMANITIES

Units required for Major: 39
Total units required for BA: 120

Program Description

The Department of Humanities and Religious Studies offers an integrated approach to the study of world cultures from ancient times to the present. In our courses, students undertake interdisciplinary study of core ideas, ideals, and values. The Humanities – known by Renaissance thinkers as *studia humanitatis* (“studies of humanity”) – explore such subjects as literature, history, philosophy, religion, the visual arts, music, drama, and film. Religious Studies focuses on beliefs and practices of the world’s religions in their historical and cultural contexts. Employing the methods and insights of disciplines such as history, anthropology, sociology, psychology, and philosophy, Religious Studies approaches its subject matter with empathy while avoiding assumptions or judgments about religious truth claims.

The BA in Humanities provides a strong interdisciplinary foundation in world cultures while also allowing students the opportunity to focus their studies on a specific era – such as the ancient, medieval, or modern eras – or on culture in a particular region.

Students in all five available programs acquire concrete skills in critical thinking, analysis, research, writing, and organization that lead to attractive careers throughout the job market. Many of our students prepare for careers in teaching at the elementary level (as part of a Liberal Studies major program) or secondary level (as part of a single subject credential program in English/Humanities). Others pursue postgraduate study in the Humanities, History, Theology, and related fields in preparation for careers in teaching at the community college and university levels or in library, museum, or curatorial work. Humanities majors are also well-prepared for careers in government and fields such as law and counseling, which require interaction with people from diverse cultural backgrounds.

Program Requirements

Code	Title	Units
Required Lower Division Courses (12 Units)		
HRS 10	Arts and Ideas of the West: Ancient to Medieval ¹	3
HRS 11	Arts and Ideas of the West: Renaissance to Modern ¹	3
HRS 70	Arts and Ideas of Asia: Ancient to Medieval ¹	3
HRS 71	Arts and Ideas of Asia: Medieval to Modern ¹	3
Required Upper Division Courses (9 Units)		
HRS 105	Approaches to the Humanities	3
One course in the HRS 190 Seminar in Humanities and Religious Studies series		3
HRS 195	Seminar in Humanities	3
Required Areas of Study (9 Units)		
Select at least one from each of the categories A, B, and C:		9 - 18
A. Ancient - Renaissance		
HRS 113	The Culture of Classical Greece ¹	
HRS 114	The Culture of Classical Rome ¹	
HRS 131	Medieval Culture ¹	

HRS 132	Renaissance ¹	
B. Enlightenment - Postmodern		
HRS 134	Baroque and the Enlightenment ¹	
HRS 135	Romanticism and Revolution ¹	
HRS 136	Birth Of The Modern ¹	
HRS 137	Global Crossings: Art and Culture 1945 to Present ¹	
HRS/HIST 168	Images Of America ¹	
C. Global/Non - Western		
HRS 145	Introduction to Islamic Cultures ¹	
HRS 171	Introduction to the East Asian World ¹	
HRS 172	The Classical Culture of China ¹	
HRS 174	Modern Japanese Literature and Culture ¹	
Supporting Courses (9 Units)		
Select up to three of the following with approval of HRS faculty advisor:		0 - 9
HRS 108	Approaches to Religious Studies	
HRS 119	Classical Mythology ¹	
HRS 151	World Mythology ¹	
HRS 161	Multicultural America ¹	
HRS 162	American Space and Identity ¹	
HRS/HIST 169	Hollywood and America ¹	
HRS 180	The Film ¹	
HRS 181	Contemporary Issues in Film ¹	
HRS 185	Women in Film and American Culture ¹	
HRS 188	Fantasy and Romance ¹	
HRS 196	Experimental Offerings in Humanities and Religious Studies	
HRS 199	Special Problems	
Total Units		39

¹ Course also satisfies General Education (GE)/Graduation Requirement.

Note: With approval of HRS faculty advisor, a student may select up to **two** courses from the following departments: Art, English, Foreign Languages, History, Philosophy, or Theatre and Dance.

General Education Requirements ¹

Code	Title	Units
Area A: Basic Subjects (9 Units)		
A1	Oral Communication	3
A2	Written Communication	3
A3	Critical Thinking	3
Area B: Physical Universe and Its Life Forms (13 Units)		
B1	Physical Science	3
B2	Life Forms	3
B3	Lab (Note: Lab experience to be taken with one of the following: B1, B2 or B5)	1
B4	Math Concepts	3
B5	Additional Course (Any B to reach 12 units) - Take upper-division course to complete Area & upper division requirements.	3
Area C: Arts and Humanities (3 Units)		
C1	Arts	3

C2 - Humanities ²	0
C1/C2 - Area C Course ²	0
C1/C2 - Area C Course - Take upper-division course to complete Area & upper division requirements. ²	0
Area D: The Individual and Society (6-9 Units)	
Area D Course	3
Area D Course	3
Area D Course - Take upper-division course to complete Area & upper division requirements. ³	0-3
Area E: Understanding Personal Development (3 Units)	
Area E Course	3
Area F: Ethnic Studies (3 Units)	
Area F Course	3
Total Units	37-40

¹ To help you complete your degree in a timely manner and not take more units than absolutely necessary, there are ways to use single courses to meet more than one requirement (overlap). For further information, please visit the General Education page (<https://catalog.csus.edu/colleges/academic-affairs/general-education/>).

Note: There is no way to list all possible overlaps so please consult with a professional advisor. The Academic Advising Center can be visited online (<http://www.csus.edu/acad/>), by phone (916) 278-1000, or email (advising@csus.edu).

² Required in Major; also satisfies GE.

³ Department offers students a "select form the following" option:

- If student chooses to take HRS 185, they will meet upper division Area D.

Graduation Requirements¹

Code	Title	Units
Graduation Requirements (required by CSU) (6-9 Units)		
American Institutions: U.S. History		3
American Institutions: U.S. Constitution & CA Government		3
Writing Intensive (WI) ²		0-3
Graduation Requirements (required by Sacramento State) (9-12 Units)		
English Composition II		3
Race and Ethnicity in American Society (RE) ³		0-3
Foreign Language Proficiency Requirement ⁴		6

¹ To help you complete your degree in a timely manner and not take more units than absolutely necessary, there are ways to use single courses to meet more than one requirement (overlap). For further information, please visit the General Education page (<https://catalog.csus.edu/colleges/academic-affairs/general-education/>).

Note: There is no way to list all possible overlaps so please consult with a professional advisor. The Academic Advising Center can be visited online (<http://www.csus.edu/acad/>), by phone (916) 278-1000, or email (advising@csus.edu).

² Department offers students a "select form the following" option:

- If student chooses to take HRS 132 or HRS 168/HIST 168, they will meet the Writing Intensive (WI) graduation requirement.

³ Department offers students a "select form the following" option:

- If student chooses to take HRS 161 or HRS 168/HIST 168, they will meet the Race and Ethnicity (RE) graduation requirement.

⁴ If not satisfied before entering Sacramento State, it may be satisfied in General Education Area C2 (Humanities). "C- or better required." The alternative methods for satisfying the Foreign Language Proficiency Requirement are described here: <https://www.csus.edu/college/arts-letters/world-languages-literatures/foreign-language-requirement.html> (<https://www.csus.edu/college/arts-letters/world-languages-literatures/foreign-language-requirement.html>)

The following roadmaps are sample planning resources. Please consult your academic advisor and Academic Catalog for graduation requirements as you develop your individualized academic plan.

Humanities, BA: 4-Year Roadmap

Course	Title	Units
Year 1		
First Semester		
HRS 10 or HRS 11 or HRS 70 or HRS 71	Arts and Ideas of the West: Ancient to Medieval ³ or Arts and Ideas of the West: Renaissance to Modern or Arts and Ideas of Asia: Ancient to Medieval or Arts and Ideas of Asia: Medieval to Modern	3
HRS 11 or HRS 10 or HRS 70 or HRS 71	Arts and Ideas of the West: Renaissance to Modern ³ or Arts and Ideas of the West: Ancient to Medieval or Arts and Ideas of Asia: Ancient to Medieval or Arts and Ideas of Asia: Medieval to Modern	3
HRS 21	First Year Seminar: Becoming an Educated Person	3
GE Area 1A - English Composition ²		3
GE Area 1C - Oral Communication ²		3
Units		15
Second Semester		
HRS 70 or HRS 10 or HRS 11 or HRS 71	Arts and Ideas of Asia: Ancient to Medieval ³ or Arts and Ideas of the West: Ancient to Medieval or Arts and Ideas of the West: Renaissance to Modern or Arts and Ideas of Asia: Medieval to Modern	3
HRS 71 or HRS 10 or HRS 11 or HRS 70	Arts and Ideas of Asia: Medieval to Modern ³ or Arts and Ideas of the West: Ancient to Medieval or Arts and Ideas of the West: Renaissance to Modern or Arts and Ideas of Asia: Ancient to Medieval	3
GE Area 1B - Critical Thinking (HRS 60 recommended) ²		3
GE Area 2 - Mathematical Concepts & Quantitative Reasoning ²		3
GR American Institutions (US History) ²		3
Units		15
Year 2		
First Semester		
HRS 105	Approaches to the Humanities	3

ENGL 20	College Composition II	3
GE Area 3A - Arts ²		3
GE Area 5A - Physical Science ²		3
Elective of Choice		3
Units		15
Second Semester		
Humanities Areas of Study, Group A - Ancient-Renaissance ³		3
GE Area 5B - Biological Science ²		3
GE Area 5C - Laboratory ²		1
GE Area 6 - Ethnic Studies ²		3
GR American Institutions (GOVT) ²		3
Elective of Choice		3
Units		16
Year 3		
First Semester		
Humanities Areas of Study, Group B - Enlightenment-Postmodern ³		3
Upper Division Humanities Elective ³		3
Upper Division GE Area 5 or 2 - Science or Mathematical Concepts/Quantitative Reasoning ²		3
GE Area 4 - Social & Behavioral Sciences ²		3
Foreign Language Semester 1 ²		4
Units		16
Second Semester		
Humanities Areas of Study, Group C - Global/Non-Western ³		3
Upper Division Humanities Elective ³		3
Writing Intensive (HRS 168 recommended) ³		3
Foreign Language Semester 2 ²		4
Elective of Choice		3
Units		16
Year 4		
First Semester		
HRS 190 Seminar in Humanities ³		3
Upper Division Humanities Elective ³		3
Upper Division Humanities Elective ³		3
Upper Division GE Area 4 - Social & Behavioral Sciences ²		3
Elective of Choice		3
Units		15
Second Semester		
HRS 195	Seminar in Humanities	3
Upper Division Humanities Elective ³		3
Upper Division GE Area 3 - Arts or Humanities ²		3
GE Area 3B - Humanities ²		3
Elective of Choice		3
Units		15
Total Units		123

Humanities, BA: 2-Year Roadmap

Course	Title	Units
Year 1		
First Semester		
HRS 105	Approaches to the Humanities	3
Humanities Areas of Study, Group A - Ancient-Renaissance ³		3
Upper Division Humanities Elective ³		3
Upper Division GE Area 5 or 2 - Science or Mathematical Concepts/Quantitative Reasoning		3
Foreign Language Semester 1 ²		4
Units		16
Second Semester		
Humanities Areas of Study, Group B - Enlightenment-Postmodern ³		3
Upper Division Humanities Elective ³		3

Writing Intensive (HRS 168 recommended) ³		3
Foreign Language Semester 2 ²		4
Elective of Choice		3
Units		16
Year 2		
First Semester		
Humanities Areas of Study, Group C - Global/Non-Western ³		3
HRS 190 Seminar in Humanities ³		3
Upper Division Humanities Elective ³		3
Upper Division GE Area 3 - Arts or Humanities ²		3
GR American Institutions (GOVT) ²		3
Units		15
Second Semester		
HRS 195	Seminar in Humanities	3
Upper Division Humanities Elective ³		3
Upper Division Humanities Elective ³		3
Upper Division GE Area 4 - Social & Behavioral Sciences ²		3
GR American Institutions (US History) ²		3
Units		15
Total Units		62

¹. Any course not completed in the first semester should be taken in the second or a later semester.

². Please see General Education/Graduation Requirement **course options** (<https://catalog.csus.edu/colleges/academic-affairs/general-education/>).

³. Please see an academic advisor for elective options.