MINOR IN COACHING

Units required for Minor: 19-20

Program Description

Kinesiology is an academic area of study concerned with the art and science of human movement.

Program Requirements

| Code | Title | Units |
|------------------------------------|---------------------------------------|-------|
| KINS 150 | Exercise and Sport Physiology | 3 |
| KINS 156 | Care Of Athletic Injuries | 3 |
| Select one of the following: | | 3 |
| KINS 110 | Women and Sport | |
| KINS 137 | Sociology Of Sport | |
| KINS 160 | Sport and Exercise Psychology | |
| ATIC Coaching Series Courses | | 4 |
| KINS Analysis Series Courses | | 2 - |
| | | 3 |
| Select 4 units from the following: | | 4 |
| KINS 156A | Emergency Response | |
| KINS 194D | Assigned Field Experience in Coaching | |
| Total Units | | 19-20 |

Note: Substitutions can be made with permission of Department Chair.