

BS IN NURSING (PRE-LICENSURE)

Units required for Pre-Clinical: 29

Units required for Major: 61

Total units required for BS: 120

Program Description

The School of Nursing prepares nurses to lead diverse individuals, families, and communities in achieving optimal health through nursing science, collaborative practice, advocacy, and service.

Admission Requirements

Admission to the Sacramento State baccalaureate Nursing program is a two-step process:

1. admission to the University and
2. admission to the Clinical Nursing program

Sacramento State does not admit directly into the BS Nursing (Pre-licensure).

Up to 80 traditional pre-licensure students are admitted to the *clinical* portion of the baccalaureate Nursing program each semester. A competitive selection process has been established since applications exceed program space in the traditional pre-licensure program. Newly admitted students are selected from among candidates who meet the prerequisite requirements and follow the supplemental application procedures described below. Continuing Sacramento State, transfer students, and second baccalaureate degree applicants are given equal consideration in the selection process for available new seats.

The clinical portion of the nursing program is open only to those who can satisfy the California residence requirements. Students who qualify for Deferred Action for Childhood Arrivals (DACA) status, AB 540 status, or military fee waiver are eligible.

Prospective first-time freshmen and transfer students, who will not complete certain Clinical Nursing prerequisites by the time they enroll, may apply for University admission at any time up to the regular application deadline. Prospective students are encouraged to apply to BS Health Science, BS Biology, BS Gerontology, BS Food and Nutrition, BS Recreation Therapy, etc.

Admission Advising

Group advising meetings are scheduled throughout the academic year. Times of these meetings and program publications are available at on the School of Nursing website (<http://www.csus.edu/hhs/nrs/>).

Application Procedures - Nursing Pre-Licensure BSN Program

Clinical Nursing Selection Criteria

- The GPA of the pre-clinical and corequisite courses completed at the time of application, the results of the ATI Test of Essential Academic Skills (TEAS), and the optional criteria, if selected by the student, will be used to determine program admission.
- Applicants who satisfy the minimum admission point total are selected from a rank ordering or total points assigned to different

GPA and TEAS result levels as well as points assigned to the optional criteria.

Prerequisites Requirements - Nursing Pre-Licensure BSN

The following prerequisites are to be met by time of enrollment unless otherwise stated.

- Completion of six of the eight specific courses listed under pre-clinical courses. One science and one non-science pre-clinical course may be in progress at the time of application. All eight pre-clinical courses must be completed in December when applying for a spring term; June for fall. When applying for a fall term, coursework completed in summer will not be considered or accepted. Pre-Clinical courses are acceptable regardless of date completed, but current knowledge is essential.
- Applicants are encouraged to complete the corequisite courses prior to admission. Introductory Psychology, Nutrition, and Life Span Human Development must be completed prior to the second semester of the nursing program. A societal-cultural patterns course must be completed prior to licensure and graduation.
- A minimum science GPA of 3.0 is required on the pre-clinical science courses completed at the time of application (anatomy, physiology, microbiology, and chemistry). One science course may be in progress at the time of application.
- A minimum GPA of 3.3 is required on the pre-clinical and corequisite courses completed at the time of application. Applicants may omit up to two grades from their GPA calculation providing they have a minimum of eight grades total, including 2 science grades. For example, an applicant applying with nine grades may omit one grade; an applicant with 10-12 grades may omit up to two grades. All pre-clinical and corequisite courses must be completed with a grade of "C-" or better. (see School of Nursing website for details).
- All GPAs will be calculated using standard weights, not varying institutional unit assignments. Science lab courses will be weighted four (4) units; all other coursework will be weighted three (3) units. Pluses and minuses are not considered.
- Only three (3) of the twelve (12) grades in the Nursing GPA calculation may be repeats; only one (1) of the three (3) repeats may be a science course. A third attempt will not be considered. Courses over seven (7) years old are acceptable, but not included in repeat count.
- Completion of the ATI, Test of Essential Academic Skills (TEAS). A minimum score of 75.0% is required. The test must be taken no later than March 1 for the following fall semester or October 1 for the following spring semester. The test may be taken three times within a five-year period preceding the Supplemental Nursing Application deadline. The highest score will be used. Points will be assigned based on the applicant's total score from the best testing. See School of Nursing website for current point details and amounts.
- A minimum admission point total is required. The total will be based on current applicant pool statistics and posted on the Nursing website.

Optional points for admission (see School of Nursing website for current point details and amounts) **are awarded in the following categories:**

Bilingual Skills in Spanish, Chinese, South East Asian Languages, Indian Languages (Hindi, Punjabi), Tagalog, Russian, Farsi, Arabic, or American Sign Language will be determined by:

- completion of an oral proficiency examination;
- transcript documenting instruction provided in approved language.

Health-Related Work Experience. Candidates may receive points for documentation of paid or volunteer work in acute, long term, clinical, or community settings which involves direct human-client/patient interactions. Hours may be combined from multiple locations. Points are awarded for the following increments of time:

- 50 hours – minimum possible points
- 75 hours
- 100 hours – maximum possible points

Background. Details can be found on the nursing website.

- **First-Generation College Student.** Neither parent graduated with an associate or higher degree.
- **Environmental Background:** (see School of Nursing website for details).

GPA Calculation: Candidates may receive points for having no course omits for total GPA calculation and/or not having a repeat of a pre- or co-requisite course. Details can be found on the nursing website.

Additional Information

Health Requirements

Students admitted to the Clinical Nursing program are required to have specified immunizations by the Student Health Center or a private physician prior to beginning nursing coursework. Drug and alcohol screening is required before beginning clinical nursing (see below for details). Health insurance is required. Complete information on health requirements for nursing students may be secured from the School of Nursing.

Technology Competence

To be successful in the curriculum, students must be able to demonstrate competency in computer technology, such as word processing, use of the Internet, e-mail, and database searches. Clinical nursing students are required to own a personal computer.

Professional Liability Insurance, Transportation and CPR Certification

All students enrolled in clinical laboratory courses in the nursing major must pay the University fee for professional liability insurance and have a means of transportation to extended campus facilities. Professional liability insurance is mandatory prior to beginning clinical experiences. CPR certification for medical professionals is required as a prerequisite to the program and recertification must be maintained according to the requirements of the American Heart Association.

Background Checks and Drug Screening

Nursing students must satisfactorily complete all clinical, community, and laboratory requirements in order to progress in courses, progress in the program, and to receive their degree. In order to make an initial determination as to whether there are any current barriers to admitted students qualifying for and/or participating in clinical programs, all admitted students must submit to a background check and drug screen under the direction of the nursing program **prior to enrollment** and as needed during the program if clinical agency requires recency of documentation at an additional cost to the student. Requirement for drug screening is consistent with the California Board of Registered Nursing guidelines for safe nursing practice. Results of background checks and drug screens will be provided to the nursing program's affiliating clinical agencies (partner agencies) which must approve the background checks and drug screens in order for students to qualify for participation in and fulfillment of the required clinical component. Students will be advised of

any identified issues impacting their eligibility for participation in required clinical and community placements prior to making their decision to enroll. The full policy concerning background checks and drug screening in the nursing program can be found on the School of Nursing website (<http://www.csus.edu/hhs/nrs/>). Students should also be aware that the State of California Board of Registered Nursing makes determinations for licensure based in part on background checks. Students who have concerns regarding their background checks should review the BRN website (<http://www.rn.ca.gov/enforcement/convictions.shtml/>) for information related to initial licensure before determining whether to apply and/or enroll in the nursing program.

Challenge by Examination

The School of Nursing offers the opportunity of petitioning certain nursing courses for credit by examination. Students who by reason of special study, experience or training, already possess the skills, knowledge, and attitudes which are the objectives of the given course, may petition for credit by examination. A maximum of 30 units may be challenged. Licensed Registered Nurses, Licensed Vocational Nurses, and Corpsmen are examples of students who may be eligible to challenge specific nursing courses. Additional information may be obtained by referring to "Credit by Examination" in this catalog or by contacting the School of Nursing.

Note: Students graduating with a Pre-Licensure BS Program in Nursing (traditional) will not be subject to the University's Foreign Language Graduation Requirement. Students who change major may be subject to the University's Foreign Language Graduation Requirement.

Program Requirements


Code	Title	Units
Required Pre-Clinical Courses (29 Units)		
Select a two-semester Anatomy and Physiology series with an in-class lab such as:		8
BIO 25	Human Anatomy and Physiology I	
& BIO 26	Human Anatomy and Physiology II	
Select a Microbiology course with an in-class lab such as:		4
BIO 39	Microbiology for Allied Health Students	
Select a Chemistry course; general, inorganic, organic, or integrated (with associated lab if required at the Institution where the course was taken) such as:		5
CHEM 6A	Introduction to General Chemistry	
Select an introductory college composition (any GE Area A2) course such as:		3
ENGL 5	Accelerated Academic Literacies ¹	
Select an Oral Communication (any GE Area A1) course such as:		3
COMS 4	Introduction to Public Speaking ¹	
Select a statistics (any GE Area B4) course such as:		3
STAT 1	Introduction to Statistics ¹	
Select a Critical Thinking (any GE Area A3) course such as:		3
COMS 2	Argumentation ¹	
or ANTH 4	Language, Culture, and Critical Thinking	
Required Clinical Nursing Courses (61 Units)		
<i>At any time prior to 2nd semester</i>		
PSYC 2	Introductory Psychology (or similar course in Introductory Psychology) ¹	3
CHAD 30	Human Development (or similar course in Life Span Human Development)	3

NUFD 10	Nutrition And Wellness (or similar course in Human Nutrition)	3
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First Semester Courses

NURS 111	Introduction to Professional Nursing	3
NURS 112	Nursing Care Of Adults	5
NURS 113	Professional Nursing Communication, Assessment and Skills	4

Second Semester Courses

NURS 120	Nursing Application of Research and Critical Analysis  ^{1,2}	3
NURS 123	Nursing Families in Complex Illness	6
NURS 129	Mental Health Nursing	5

Third Semester Courses

NURS 136	Nursing Laboratory for the Childbearing Family	1
NURS 137	Nursing the Childbearing Family	5
NURS 138	Nursing the Childrearing Family	5
NURS 139	Nursing Laboratory for the Childrearing Family	1

Fourth Semester Courses

NURS 143	Leadership and Management in Nursing Practice	3
NURS 144	Community Health Nursing	5
NURS 145	Clinical Leadership and Professional Role Development	6

Additional Graduation Requirements (3 Units)

Select a course in societal-cultural patterns at any time before graduation and prior to certification of eligibility for state licensure such as:

ANTH 2	Introduction to Cultural Anthropology ¹	
NURS 165	Hospice and Palliative Nursing Care  ¹	
NUFD 114	Cultural and Social Aspects of Food ¹	
ANTH 101	Cultural Diversity  ¹	
ANTH 144	Contemporary American Culture in Anthropological Perspective	
ANTH 186	Culture and Poverty   ¹	
ETHN 11	Introduction to Ethnic Studies ¹	
ETHN 100	Ethnic America   ¹	
HRS 161	Multicultural America  ¹	
SOC 1	Principles of Sociology ¹	

The following additional courses are recommended but not required:

NURS 160	Human Sexuality	
NURS 168	The Brain and Gender-Related Differences ^{1,2}	

Total Units **93**

¹ Course also satisfies General Education (GE)/Graduation Requirement.

² No more than nine units from courses bearing the same designation as student's major may be applied to General Education requirements (e.g., NURS). Freshman Seminar does not, in any case, count against the 9 unit overlap.

When possible, students are encouraged to apply their pre-clinical courses to General Education requirements.

Notes:

- Applicants with a prior baccalaureate degree are exempt from General Education requirements.

- In addition to the major in Nursing, students may also complete a minor in another discipline. There are numerous disciplines which would enrich the baccalaureate degree in Nursing (e.g., Gerontology). Information on minors can be obtained by contacting the department of interest.
- Satisfactory completion of the program requires a grade of "C" or better in every nursing course. The policy in the School of Nursing permits one repeat of only *one* failed course. However, opportunity to repeat a failed nursing course will depend upon the number of students enrolled in the course, the availability of clinical and community experiences (if applicable), and a successful petition to repeat from the School of Nursing. Course repeats are not permitted to increase grade.

General Education Requirements ¹

Code	Title	Units
Area A: Basic Subjects		
A1	Oral Communication ²	0
A2	Written Communication ²	0
A3	Critical Thinking ²	0
Area B: Physical Universe and Its Life Forms (3 Units)		
B1	Physical Science ²	0
B2	Life Forms	3
B3	Lab (Note: Lab experience to be taken with one of the following: B1, B2 or B5) ²	0
B4	Math Concepts ²	0
B5	Additional Course (Any B to reach 12 units) - Take upper-division course to complete Area & upper division requirements. ²	0
Area C: Arts and Humanities (12 Units)		
C1	Arts	3
C2	Humanities	3
C1/C2	Area C Course	3
C1/C2	Area C Course - Take upper-division course to complete Area & upper division requirements.	3
Area D: The Individual and Society (3-6 Units)		
Area D Course		3
Area D Course ²		0
Area D Course - Take upper-division course to complete Area & upper division requirements. ³		0 - 3
Area E: Understanding Personal Development		
Area E Course ²		0
Area F: Ethnic Studies (3 Units)		
Area F Course		3
Total Units		21-24

¹ To help you complete your degree in a timely manner and not take more units than absolutely necessary, there are ways to use single courses to meet more than one requirement (overlap). For further information, please visit the General Education page (<https://catalog.csus.edu/colleges/academic-affairs/general-education/>).

Note: There is no way to list all possible overlaps so please consult with a professional advisor. The Academic Advising Center can be visited online (<http://www.csus.edu/acad/>), by phone (916) 278-1000, or email (advising@csus.edu).

² Required in Major; also satisfies GE.

³ Department recommends ANTH 101, ANTH 186, or ETHN 100 to meet upper division Area D.

Graduation Requirements ¹

Code	Title	Units
Graduation Requirements (required by CSU) (6 Units)		
American Institutions: U.S. History		3
American Institutions: U.S. Constitution & CA Government		3
Writing Intensive (WI) ²		0
Graduation Requirements (required by Sacramento State) (6 Units)		
English Composition II		3
Race and Ethnicity in American Society (RE)		3
Foreign Language Proficiency Requirement ³		0

¹ To help you complete your degree in a timely manner and not take more units than absolutely necessary, there are ways to use single courses to meet more than one requirement (overlap). For further information, please visit the General Education page (<https://catalog.csus.edu/colleges/academic-affairs/general-education/>).

Note: There is no way to list all possible overlaps so please consult with a professional advisor. The Academic Advising Center can be visited online (<http://www.csus.edu/acad/>), by phone (916) 278-1000, or email (advising@csus.edu).

² Required in Major; also satisfies Graduation Requirement.

³ If not satisfied before entering Sacramento State, it may be satisfied in General Education Area C2 (Humanities). "C- or better required." The alternative methods for satisfying the Foreign Language Proficiency Requirement are described here: <https://www.csus.edu/college/arts-letters/world-languages-literatures/foreign-language-requirement.html> (<https://www.csus.edu/college/arts-letters/world-languages-literatures/foreign-language-requirement.html>)

The following roadmaps are sample planning resources. Please consult your academic advisor and Academic Catalog for graduation requirements as you develop your individualized academic plan.

Nursing (Pre-Licensure), BS: 4-Year Roadmap

Course	Title	Units
Year 1		
First Semester		
BIO 25	Human Anatomy and Physiology I	4
GE Area 1A - English Composition ²		3
GE Area 3A - Arts ²		3
GE Area 5B - Biological Science (BIO 10 recommended) ²		3
GE Area 6 - Ethnic Studies ²		3
Units		16
Second Semester		
BIO 26	Human Anatomy and Physiology II	4
COMS 2 or ANTH 4	Argumentation ³ or Language, Culture, and Critical Thinking	3
COMS 4	Introduction to Public Speaking	3
PSYC 2	Introductory Psychology	3
STAT 1	Introduction to Statistics	3
Units		16
Year 2		
First Semester		
CHAD 30	Human Development	3

CHEM 6A	Introduction to General Chemistry	5
ENGL 20	College Composition II	3
GR American Institutions (GOVT) ²		3
Units		14

Second Semester		
BIO 39	Microbiology for Allied Health Students	4
NUFD 10	Introduction to Nutrition	3
GE Area 3B - Humanities ²		3
Upper Division GE Area 4 - Social & Behavioral Sciences ²		3
GR American Institutions (US History) ²		3
Units		16

Year 3		
First Semester		
NURS 111	Introduction to Professional Nursing	3
NURS 112	Nursing Care Of Adults	5
NURS 113	Professional Nursing Communication, Assessment and Skills	4
Elective of Choice		3
Units		15

Second Semester		
NURS 120	Nursing Application of Research and Critical Analysis	3
NURS 123	Nursing Families in Complex Illness	6
NURS 129	Mental Health Nursing	5
Units		14

Year 4		
First Semester		
NURS 136	Nursing Laboratory for the Childbearing Family	1
NURS 137	Nursing the Childbearing Family	5
NURS 138	Nursing the Childrearing Family	5
NURS 139	Nursing Laboratory for the Childrearing Family	1
Upper Division GE Area 5 or 2 - Science or Mathematical Concepts/Quantitative Reasoning ²		3
Units		15

Second Semester		
NURS 143	Leadership and Management in Nursing Practice	3
NURS 144	Community Health Nursing	5
NURS 145	Clinical Leadership and Professional Role Development	6
Units		14
Total Units		120

Nursing (Pre-Licensure), BS: 2-Year Roadmap

Course	Title	Units
Year 1		
First Semester		
NURS 111	Introduction to Professional Nursing	3
NURS 112	Nursing Care Of Adults	5
NURS 113	Professional Nursing Communication, Assessment and Skills	4
Upper Division GE Area 4 - Social & Behavioral Sciences + American Institutions (GOVT) ²		3
Units		15

Second Semester

NURS 120	Nursing Application of Research and Critical Analysis	3
NURS 123	Nursing Families in Complex Illness	6
NURS 129	Mental Health Nursing	5
Units		14

Year 2**First Semester**

NURS 136	Nursing Laboratory for the Childbearing Family	1
NURS 137	Nursing the Childbearing Family	5
NURS 138	Nursing the Childrearing Family	5
NURS 139	Nursing Laboratory for the Childrearing Family	1
Upper Division GE Area 5 or 2 - Science or Mathematical Concepts/Quantitative Reasoning ²		3
Units		15

Second Semester

NURS 143	Leadership and Management in Nursing Practice	3
NURS 144	Community Health Nursing	5
NURS 145	Clinical Leadership and Professional Role Development	6
GR American Institutions (US History) ²		3
Units		17
Total Units		61

¹. Any course not completed in the first semester should be taken in the second or a later semester.

². Please see General Education/Graduation Requirement **course options** (<https://catalog.csus.edu/colleges/engineering-computer-science/engineering-civil/bs-in-civil-engineering/colleges/academic-affairs/general-education/>).

³. Please see an academic advisor for elective options.