

# BA IN LIBERAL STUDIES

Units required for Major: 98 - 101

Total units required for BA: 120

## Program Description

The Liberal Studies program is an interdisciplinary major, which encompasses a wide variety of areas of knowledge in a multidisciplinary curriculum. The program provides a broad academic program that encourages academic excellence, diversity and inclusive excellence, community, and collaboration. It is a major designed for students who either (i) intend on becoming elementary or special education teachers in California, or (ii) who have an interest in an interdisciplinary course of study. The core of the major is comprised of courses in reading, language and literature, mathematics, natural science, history and social sciences, visual and performing arts, physical education, human development, health and field experience.

The Liberal Studies major is a California Commission on Teacher Credentialing-approved subject matter program that provides teachers with a strong grounding in a wide range of academic disciplines needed to become effective teachers. Beyond careers in teaching, the Liberal Studies major provides excellent preparation for careers in government service, public administration, business, management, community service, counseling, law, librarianship, public health, as well as professional or graduate school.

The Liberal Studies major is a complex program requiring early and continuing contact with an advisor. Students meet with an advisor at least once each semester to provide a hands-on approach to learning. Students must complete 120 units and meet the University foreign language requirement in order to earn a Bachelor of Arts degree. Students are urged to obtain advice as early as possible to avoid delays in the completion of these requirements. The Liberal Studies program director and faculty and staff advisors are located in Lassen Hall 2008, (916) 278-6342.

## Minimum Grade Requirement

A minimum grade of "C-" is required in all courses applied to the Liberal Studies major.

## Requirements for Areas of Emphasis

The Liberal Studies major requires that students complete an Area of Emphasis. All Areas of Emphasis require a minimum of 12 units, 3 of which may overlap with the core course requirements. Students may not combine courses from different areas of emphasis.

Minors may be used in lieu of an Area of Emphasis. Students interested in pursuing a Minor should discuss this option with their Liberal Studies advisor and with an advisor from the Minor program.

## Program Requirements

Code	Title	Units
<b>Core Requirements (89 Units) <sup>1</sup></b>		
<i>Reading, Language and Literature</i>		
COMS 5	The Communication Experience	3
or COMS 4	Introduction to Public Speaking	
ENGL 5	Accelerated Academic Literacies	3
or ENGL 5M	Accelerated Academic Literacies - Multilingual	

or ENGL 11	Academic Literacies II	
or ENGL 11M	Academic Literacies II-Multilingual	
ENGL 16	Structure Of English	3
ENGL 20	College Composition II	3
or ENGL 20M	College Composition II for Multilingual Students	
ENGL 116A	Studies in Applied Linguistics	3
ENGL 116B	Children's Literary Classics	3
<i>Mathematics</i>		
MATH 17	An Introduction to Exploration, Conjecture, and Proof in Mathematics	3
MATH 107A	Fundamental Mathematical Concepts	3
MATH 107B	Fundamental Mathematical Concepts	3
<i>Natural Science</i>		
BIO 7	Introduction to the Science of Biology	4
CHEM 106	Chemical Concepts	3
GEOL 8	Earth Science	3
GEOL 8T	Earth Science Lab for Teachers	1
PHYS 107	Conceptual Physics and Scientific Inquiry	4
<i>Social Science and Humanities</i>		
ECON 1A	Introduction to Macroeconomic Analysis	3
or HIST 187	Topics in United States History 1600-1900	
GEOG 100	Themes In World Geography	3
HIST 17A	United States History, 1607-1877 🌐	3
HIST 50	World History I: to 1500	3
HIST 132	Topics In World History	3
LBST 110	California Studies	3
POLS 1	Essentials Of Government	3
<i>Visual and Performing Arts</i>		
ART 133	Art Education for Children	3
MUSC 101	Experiences In Music	3
THEA 118	Children's Theatre	3
<i>Physical Education</i>		
KINS 172	Movement Education	3
<i>Health Science</i>		
PUBH 136	School Health Education	2
<i>Human Development</i>		
CHAD 35	Child and Adolescent Development	3
<i>Integrative Study</i>		
Choose one of the following:		
EDUC 121	Multicultural Children's Literature 🌐🌐	
EDUC 160	Urban Education 🌐🌐	
EDUC 165	Sex Role Stereotyping in American Education 🌐🌐	
EDUC 170	Introduction to Bilingual Education: Policies, Principles, Programs, and Practices	
HIST 161	The American Vision	
HIST 169	Hollywood and America	
HRS 162	American Space and Identity	
HRS 168	Images Of America 🌐🌐	
WGS 136	Gender, Race, and Class 🌐🌐	
<i>Field Experience</i>		
CHAD 35F	Human Development and Elementary Field Experience	3

Select one of the following:	3
EDUC 124A Tutoring Children in Mathematics & EDUC 124B Tutoring Children in Mathematics: Practicum	
EDUC 125A Tutoring Children in Reading & EDUC 125B Tutoring Children in Reading Practicum	
EDUC 127A Field Experience in After School STEM Programs & EDUC 127B Field Experience in After School STEM Programs: Practicum	

The Liberal Studies Pre-Credential Program is in compliance with California Commission on Teacher Credentialing standards, and students who complete this major are waived from taking the California Subject Matter Examination (CSET).

### Requirements for Area of Emphasis (12 Units) <sup>2</sup>

Select one of the following areas. Areas MAY NOT be combined.	12
Art	
Human Development	
Linguistics	
Literature	
Mathematics	
Multicultural Studies	
Music	
Natural Science	
Physical Education	
Theatre	
United States History	
World History	

**Total Units** 101

<sup>1</sup> The Core Requirements for the General program are similar to the Core Requirements for the Pre-Credential program except there are a number of substitutions that can be made. Please see an adviser for more information.

<sup>2</sup> Units may range from 98 - 101 depending on the Area of Emphasis a student chooses due to overlapping courses. Areas of Emphasis that have some overlapping courses with core requirements courses: Art, Human Development, Linguistics, Literature, Music, Natural Science, Physical Education, Theatre, United States History, and World History.

## Art

Code	Title	Units
Required Courses (6 units):		
ART 133	Art Education for Children (Required Courses (3 units)) <sup>1</sup>	3
Choose one of the following (3 units):		
ART 135	Overview of Secondary Art Education	
ART 137	Art for Exceptional Children	
ART 148	Barrio Art for Ethnic Groups	
Select two of the following (6 units):		
ART 1A	Art, Religions, and Power before 1400	
ART 1B	Art, Empires, and Cross-Cultural Exchange, 1400-1800	
ART 1C	Global Modern and Contemporary Art	
ART 2	History of Islamic Art	
ART 3A	Traditional Asian Art	
ART 3B	Modern and Contemporary Asian Art	

ART 4	European Visual Traditions
ART 5	Art of the Americas
ART 7	Introduction to Art and Visual Culture
ART 20A	Beginning Drawing
ART 27	Beginning Color
ART 40B	Basic Printmaking: Etching
ART 40D	Basic Printmaking: Relief
ART 40E	Basic Printmaking: Silkscreen
ART 50	Beginning Ceramics
ART 53	Beginning Hand-Built Ceramics
ART 80	Materials Methods
ART 86	Clay Sculpture
ART 88	Beginning Sculpture
ART 97	Beginning Electronic Art

**Total Units** 12

## Human Development

Code	Title	Units
Required Courses (6 units):		
CHAD 35	Child and Adolescent Development <sup>1</sup>	3
FSHD 50	The Family and Social Issues 🗳️	3
Choose two of the following (6 units):		
CHAD 128	Combined Research Methods in Human Development	
CHAD 135	Culture and Human Development	
CHAD 142	Development of Learning and Memory	
CHAD 143	Mind and Brain in Developmental Context	
CHAD 145	Controversial Issues in Childhood Development, Education, and Social Policy 🗳️🗳️	
CHAD 146	Fostering Healthy Youth Development	
FSHD 150	Family Stress and Coping: Multicultural Focus 🗳️🗳️	
FSHD 152	Adolescent Development	
SOC 156	Delinquency	
SOC 166	The Family	
SOC 169	Changing American Family	
SOC 170	Sociology of Children and Adolescents	
SOC 185	Bullying as a Social Experience	
SWRK 136	Poverty and Homelessness in America	
SWRK 137	The Child and the Law	
SWRK 138	Violence In The Family	
SWRK 144	Working with LGBTQ+ Publics	
SWRK 150	Welfare In America	
SWRK 153	Child Welfare Services	

**Total Units** 12

## Linguistics

Code	Title	Units
ENGL 116A	Studies in Applied Linguistics <sup>1</sup>	3
ENGL 110P	Second Language Learning and Teaching	3
Select one of the following:		
ENGL 110J	Traditional Grammar and Standard Usage	3
ENGL 110Q	English Grammar for ESL Teachers	

Select one of the following:	3
ENGL 125E Academic Reading and Writing for Second Language Students	
ENGL 125F Teaching Oral Skills	
<b>Total Units</b>	<b>12</b>






## Literature




Code	Title	Units
ENGL 116B	Children's Literary Classics <sup>1</sup>	3
Select three of the following:	9	
ENGL 40A	Introduction to British Literature I	
ENGL 40B	Introduction to British Literature II	
ENGL 50A	Introduction to American Literature I	
ENGL 50B	Introduction to American Literature II	
ENGL 65	Introduction to World Literatures in English	
<b>Total Units</b>		<b>12</b>

## Mathematics



Code	Title	Units
MATH 107C	Elementary Mathematics and the Learning Process	3
STAT 1	Introduction to Statistics	3
Two additional courses in Mathematics (MATH) or Statistics (STAT) selected with a Liberal Studies major advisor, excluding MATH 10 and MATH 12.	6	
<b>Total Units</b>		<b>12</b>

## Multicultural Studies




Code	Title	Units
EDUC 170	Introduction to Bilingual Education: Policies, Principles, Programs, and Practices	3
ETHN 11 or ETHN 100	Introduction to Ethnic Studies Ethnic America  	3
Select two from any of the following categories or one from each of two categories:	6	
<i>Chicano/Latino Emphasis</i>		
ANTH 106	Culture and Personality of the Chicano Child	
ETHN 30	Introduction to Chicano/Latino Studies	
ETHN 130	Chicano/Mexican-American Experience	
ETHN 131	La Raza Studies 	
ETHN 132	La Mujer Chicana	
HIST 178	Mexican-American History 	
<i>Asian American Emphasis</i>		
ETHN 110	The Asian American Experience	
ETHN 111	Southeast Asians in the US	
<i>African American Emphasis</i>		
ETHN 170	Pan African Studies	
HIST 177	The African-American Experience, 1603-Present 	
<i>Native American Emphasis</i>		
ETHN 140	Native American Experience	
<i>Women's Studies Emphasis</i>		
HIST 167	History of American Women	

WGS 85	Introduction to Women's & Gender Studies	
WGS 136	Gender, Race, and Class  	
WGS 137	Women Of Color 	
<b>Total Units</b>		<b>12</b>

## Music

Code	Title	Units
Required courses:		
MUSC 8	Basic Music	3
MUSC 101	Experiences In Music <sup>1</sup>	3
Select two of the following:	6	
MUSC 9	Music In World Cultures	
MUSC 10A	Survey of Music Literature I	
MUSC 10B	Survey of Music Literature II	
MUSC 10C	Survey of Music Literature III	
MUSC 18	Music Appreciation	
MUSC 118B	American Popular Music: Jazz History	
MUSC 118C	History of Rock Music	
MUSC 118D	Hip-Hop in Urban America	
MUSC 119A	World Music: Asia	
MUSC 119B	World Music: Africa	
MUSC 119C	World Music: Latin America	
MUSC 127	The American Musical Theater 	
MUSC 129	American Society and Its Music 	
<b>Total Units</b>		<b>12</b>

## Natural Science

Code	Title	Units
CHEM 106	Chemical Concepts <sup>1</sup>	3
Select three of the following:	9	
ASTR 4A	Introduction to the Solar System	
ASTR 4B	Introduction to Stars, Galaxies, and Cosmology	
ASTR 131	The Solar System and Space Exploration 	
ASTR 132	Stars, Galaxies and Cosmology 	
ASTR 180	Through Space and Time in the Planetarium	
BIO 103	Plants and Civilization	
BIO 105	Life in the Ocean	
BIO 109	Biology of Dinosaurs	
CHEM 6A	Introduction to General Chemistry	
CHEM 6B	Introduction to Organic and Biological Chemistry	
GEOL 115	Volcanoes: An Introduction	
GEOL 121	Geology of California	
GEOL 130	Oceanography	
GEOL 140	Geology and the Environment 	
GEOL 170	Age of Dinosaurs	
NSM 86A	STEM Learning Practices for Future Teachers	
PHYS 30	Science and Pseudoscience	
PHYS 186	Musical Acoustics: Science and Sound	
<b>Total Units</b>		<b>12</b>

## Physical Education

Code	Title	Units
<b>REQUIRED COURSES (6 Units)</b>		
KINS 138	Sport Pedagogy	3
KINS 172	Movement Education <sup>1</sup>	3
<b>ELECTIVE COURSES (6 Units)</b>		
Select two from the following:		6
KINS 141	PRO ACT I - Dual Sports	
KINS 142	Professional Activities II - Creative Movement and Dance	
KINS 145	Pro Act III - Team Sports	
KINS 148	ProAct V - Nontraditional Games and Sports	
KINS 149	Professional Activities of Health and Skill Related Fitness	
KINS 177	Introduction to Adapted Physical Education	
<b>Total Units</b>		<b>12</b>

## Theatre

Code	Title	Units
Select four of the following:		12
THEA 1	Introduction To Theatre	
or THEA 9	Appreciation Of Acting	
THEA 115	Puppetry	
or THEA 115A	Multicultural Puppetry 🌐	
THEA 118	Children's Theatre <sup>1</sup>	
THEA 174	Multicultural Perspectives in American Theatre 🌐	
<b>Total Units</b>		<b>12</b>

## United States History

Code	Title	Units
<b>REQUIRED COURSES</b>		
		<b>6</b>
HIST 17A	United States History, 1607-1877 🌐 <sup>1</sup>	
HIST 17B	United States History, 1877-Present 🌐	
<b>ELECTIVE COURSES</b>		
Select two of the following:		<b>6</b>
HIST 150	Colonial America	
HIST 151	The Age of the American Revolution	
HIST 152	Young Republic, 1790-1840	
HIST 153	Civil War and Reconstruction, 1840-1890	
HIST 154	20th Century United States, 1890-1940	
HIST 155	20th Century United States, 1941-Present	
HIST 156	The Sixties: Years of Hope, Days of Rage	
HIST 157	History of International Relations in the 20th Century	
HIST 158	Military History of the United States	
HIST 159	History of US Foreign Relations	
HIST 160	The United States in Vietnam, 1940-1975	
HIST 161	The American Vision	
HIST 162	Social History of the United States	
HIST 163	The City in US History	
HIST 164	History of American Capitalism	

HIST 165	American Environmental History	
HIST 166	Popular Culture	
HIST 167	History of American Women	
HIST 168	Images Of America 🖋️ 🌐	
HIST 169	Hollywood and America	
HIST 170A	Sports in American History	
HIST 171A	American Indian History to 1840	
HIST 171B	American Indian History since 1840	
HIST 173	The History of the Civil Rights Movement: From Reconstruction to Deconstruction, 1865-Present 🌐	
HIST 174A	History of Disability in the United States	
HIST 175A	Sex, Population, and Birth Control in America	
HIST 175B	Health, Death and Disease in America 🌐	
HIST 176		
HIST 177	The African-American Experience, 1603-Present 🌐	
HIST 178	Mexican-American History 🌐	
HIST 179	American Immigration History	
HIST 180	American Legal History	
HIST 181	Anarchists and Revolutionaries: Transnational Radicalism in America	
HIST 182	American West	
HIST 183A	California History, 1542-1860	
HIST 183B	California History, 1860-1970	
HIST 184	California Architecture and Urban History	
HIST 185	California Indian History	
HIST 186A	The California Gold Rush 🖋️	
HIST 186B	History of California Water	
HIST 186C	Sacramento History	
HIST 188	American Labor History	
HIST 189	California Dreamin': A Cultural History of California since 1840	
<b>Total Units</b>		<b>12</b>

## World History

Code	Title	Units
<b>REQUIRED COURSES (6 Units)</b>		
		<b>6</b>
HIST 50	World History I: to 1500 <sup>1</sup>	3
HIST 51	World History from 1500 to the Present.	3
<b>ELECTIVE COURSES</b>		
Select two from the following:		<b>6</b>
HIST 101A	Language and written culture in Ancient Greece	
HIST 102A	Culture and Language in Modern Greece, 1821-1909	
HIST 103	Mediterranean Europe: From the Renaissance to the European Union	
HIST 105	Great Ages and Issues in Modern European History 🖋️	
HIST 107	History of the Physical Sciences	
HIST 109	History of Modern Greece	
HIST 110	The Ancient Near East: A Cultural History	
HIST 111	Ancient Greece	
HIST 112	Ancient Rome	

HIST 113	Early Medieval Europe
HIST 114	Europe in the High Middle Ages
HIST 115	The Renaissance and Reformation in Europe
HIST 116	Europe, 1648-1815, The Age of Revolution
HIST 118A	World War I: Causes, Conduct, Consequences
HIST 119	Europe Since 1945
HIST 121	Democracy and Human Rights in the Era of the French Revolution and Napoleon
HIST 122A	History of Women in Western Civilization, Prehistory-Middle Ages ✍
HIST 123	The Crusades
HIST 124B	European Warfare from the French Revolution to the Present
HIST 126	Evolution of Christianity to the Reformation
HIST 127	Evolution of Christianity Since the Reformation
HIST 128B	Tudor and Stuart England, 1485-1714
HIST 128C	British History, 1714-Present
HIST 129A	Medieval Russia
HIST 129B	Imperial Russia
HIST 129C	Twentieth Century Russia
HIST 130	The Fall Of Communism
HIST 131	History of Sexuality in Comparative Perspective
HIST 133	Twentieth-Century World History
HIST 134	The Rise and Fall of European Colonial Empires
HIST 135A	History Of Mexico To 1910
HIST 135B	Revolutionary and Modern Mexico
HIST 136	Spanish Civil War
HIST 137A	Latin American Revolutions in the Twentieth Century ✍
HIST 137B	Latin American History in Film ✍
HIST 138A	Colonial Latin America
HIST 138B	Modern and Contemporary Latin America
HIST 140	Modern East Asian Cinema ✍
HIST 141	History of Africa Since 1800
HIST 142	History of Women in Africa
HIST 143A	Middle Eastern History to 1800
HIST 143B	The Modern Middle East
HIST 143C	Ottoman State and Society
HIST 144	Indonesia, 1965: Context, Causes, and Consequences of Cold War Mass Murder
HIST 145	South Asian History & Civilization
HIST 146A	Cultural History of Japan to 1800
HIST 146B	Modern Japan, 1800-present
HIST 146C	The History of Manga
HIST 147	History of Buddhism
HIST 148A	China: Antiquity to 1600 AD
HIST 148B	China, 1600 to Present
HIST 149	The Making of Modern Southeast Asia

**Total Units** **12**

<sup>1</sup> This course counts both toward the Area of Emphasis and major Core Course requirements. Students may overlap a maximum of 3 units toward both Core Course requirements and Area of Emphasis requirements. This is applicable towards these Areas of Emphasis: Art, Human Development, Linguistics, Literature, Music, Natural Science, Physical Education, Theatre, United States History and World History.

## General Education Requirements <sup>1</sup>

Code	Title	Units
<b>Area A: Basic Subjects (3 Units)</b>		
A1	Oral Communication	0
A2	Written Communication	0
A3	Critical Thinking	3
<b>Area B: Physical Universe and Its Life Forms</b>		
B1	Physical Science	0
B2	Life Forms	0
B3	Lab (Note: Lab experience to be taken with one of the following: B1, B2 or B5)	0
B4	Math Concepts	0
B5	Additional Course (Any B to reach 12 units) - Take upper-division course to complete Area & upper division requirements.	0
<b>Area C: Arts and Humanities</b>		
C1	Arts	0
C2	Humanities	0
C1/C2	Area C Course	0
C1/C2	Area C Course - Take upper-division course to complete Area & upper division requirements.	0
<b>Area D: The Individual and Society</b>		
Area D Course		0
Area D Course		0
Area D Course	- Take upper-division course to complete Area & upper division requirements.	0
<b>Area E: Understanding Personal Development</b>		
Area E Course		0
<b>Area F: Ethnic Studies (3 Units)</b>		
Area F Course		3
<b>Total Units</b>		<b>6</b>

<sup>1</sup> To help you complete your degree in a timely manner and not take more units than absolutely necessary, there are ways to use single courses to meet more than one requirement (overlap). For further information, please visit the General Education page (<http://catalog.csus.edu/colleges/academic-affairs/general-education/>). **Note:** There is no way to list all possible overlaps so please consult with a professional adviser. The Academic Advising Center can be visited online (<http://www.csus.edu/acad/>), by phone (916) 278-1000, or email ([advising@csus.edu](mailto:advising@csus.edu)).

## Graduation Requirements <sup>1</sup>

Code	Title	Units
<b>Graduation Requirements (required by CSU) (3 Units)</b>		
American Institutions: U.S. History <sup>2</sup>		0
American Institutions: U.S. Constitution & CA Government <sup>2</sup>		0
Writing Intensive (WI)		3

**Graduation Requirements (required by Sacramento State) (6 Units)**

English Composition II <sup>2</sup>	0
Race and Ethnicity in American Society (RE) <sup>2</sup>	0
Foreign Language Proficiency Requirement <sup>3</sup>	6

<sup>1</sup> To help you complete your degree in a timely manner and not take more units than absolutely necessary, there are ways to use single courses to meet more than one requirement (overlap). For further information, please visit the General Education page (<http://catalog.csus.edu/colleges/academic-affairs/general-education/>).

**Note:** There is no way to list all possible overlaps so please consult with a professional adviser. The Academic Advising Center can be visited online (<http://www.csus.edu/acad/>), by phone (916) 278-1000, or email ([advising@csus.edu](mailto:advising@csus.edu)).

<sup>2</sup> Required in Major; also satisfies Graduation Requirement.

<sup>3</sup> If not satisfied before entering Sacramento State, it may be satisfied in General Education Area C2 (Humanities). "C- or better required." The alternative methods for satisfying the Foreign Language Proficiency Requirement are described here: <https://www.csus.edu/college/arts-letters/world-languages-literatures/foreign-language-requirement.html> (<https://www.csus.edu/college/arts-letters/world-languages-literatures/foreign-language-requirement.html>)