

# ARTS AND LETTERS (ALS)

**ALS 21. First Year Seminar: Becoming an Educated Person. 3 Units**  
**General Education Area/Graduation Requirement:** Understanding Personal Development (E)

Introduction to the nature and possible meanings of higher education, and the functions and resources of the University. Designed to help students develop and exercise fundamental academic success strategies and to improve their basic learning skills. Exploring majors in Arts and Letters and the careers they can lead to for freshmen considering a major in one of these disciplines. Provides students with the opportunity to interact with fellow students and the seminar leader and to build a community of academic and personal support.

**ALS 39A. Special Problems for EOP Students. 1 - 3 Units**  
 Individually directed projects or tutorial instruction in a skill development area or in any subject matter to develop a specific academic skill (i.e., essay writing).  
 Credit/No Credit

**ALS 52A. Acad Strategies-ALS: History 6. 1 Unit**  
 Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.  
**Note:** May be repeated for credit.

Credit/No Credit

**ALS 52B. Academic Strategies-ALS: History 17A. 1 Unit**  
 Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.  
**Note:** May be repeated for credit.

Credit/No Credit

**ALS 52C. Academic Strategies-ALS: History 17B. 1 Unit**  
 Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.  
**Note:** May be repeated for credit.

Credit/No Credit

**ALS 52D. Academic Strategies-ALS: History 50. 1 Unit**  
 Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.  
**Note:** May be repeated for credit.

Credit/No Credit

**ALS 52E. Academic Strategies-ALS: History 51. 1 Unit**  
 Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.  
**Note:** May be repeated for credit.

Credit/No Credit

**ALS 52F. Academic Strategies-ALS: Philosophy 4. 1 Unit**  
 Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.  
**Note:** May be repeated for credit.

Credit/No Credit

**ALS 52G. Academic Strategies - ALS: English 40A. 1 Unit**  
 Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.  
**Note:** May be repeated for credit.

Credit/No Credit

**ALS 52H. Academic Strategies - ALS: History 7. 1 Unit**  
 Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.  
**Note:** May be repeated for credit.

Credit/No Credit

**ALS 52J. Academic Strategies - ALS: English 40B. 1 Unit**  
 Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.  
**Note:** May be repeated for credit.

Credit/No Credit

**ALS 52K. Academic Strategies - ALS: English 50A. 1 Unit**  
 Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.  
**Note:** May be repeated for credit.

Credit/No Credit

**ALS 52L. Academic Strategies - ALS: English 50B. 1 Unit**  
 Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.  
**Note:** May be repeated for credit.

Credit/No Credit

**ALS 52M. Academic Strategies - ALS: COMS 4. 1 Unit**  
 Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.  
**Note:** May be repeated for credit.

Credit/No Credit

**ALS 53A. Academic Strategies-CBA: Accountancy 1. 1 Unit**  
 Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.  
**Note:** May be repeated for credit.

Credit/No Credit

**ALS 53B. Academic Strategies-CBA: Accountancy 2. 1 Unit**  
 Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.  
**Note:** May be repeated for credit.

Credit/No Credit

**ALS 53C. Academic Strategies-CBA: Decision Science 101. 1 Unit**

Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.

**Note:** May be repeated for credit.

Credit/No Credit

**ALS 54A. Academic Strategies-ECS: Computer Science 15. 1 Unit**

Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.

**Note:** May be repeated for credit.

Credit/No Credit

**ALS 54B. Academic Strategies-ECS: Computer Science 20. 1 Unit**

Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.

**Note:** May be repeated for credit.

Credit/No Credit

**ALS 55A. Academic Strategies-HHS: Criminal Justice 1. 1 Unit**

Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is currently enrolled.

**Note:** May be repeated for credit.

Credit/No Credit

**ALS 56A. Academic Strategies-NSM: ASTR 4B. 1 Unit**

Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is currently enrolled.

**Note:** May be repeated for credit.

Credit/No Credit

**ALS 56B. Academic Strategies-NSM: Biology 22. 1 Unit**

Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.

**Note:** May be repeated for credit.

Credit/No Credit

**ALS 56C. Academic Strategies-NSM: Chemistry 4. 1 Unit**

Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.

**Note:** May be repeated for credit.

Credit/No Credit

**ALS 56D. Academic Strategies-NSM: Chemistry 1A. 1 Unit**

Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.

**Note:** May be repeated for credit.

Credit/No Credit

**ALS 56E. Academic Strategies-NSM: Chemistry 1B. 1 Unit**

Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.

**Note:** May be repeated for credit.

Credit/No Credit

**ALS 56F. Academic Strategies-NSM: Chemistry 24. 1 Unit**

Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.

**Note:** May be repeated for credit.

Credit/No Credit

**ALS 56G. Academic Strategies-NSM: Chemistry 124. 1 Unit**

Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.

**Note:** May be repeated for credit.

Credit/No Credit

**ALS 56H. Academic Strategies-NSM: Chemistry 161. 1 Unit**

Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.

**Note:** May be repeated for credit.

Credit/No Credit

**ALS 56J. Academic Strategies-NSM: Environmental Science 10. 1 Unit**

Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.

**Note:** May be repeated for credit.

Credit/No Credit

**ALS 56K. Academic Strategies-NSM: Geology 7. 1 Unit**

Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.

**Note:** May be repeated for credit.

Credit/No Credit

**ALS 56L. Academic Strategies-NSM: Geology 8. 1 Unit**

Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.

**Note:** May be repeated for credit.

Credit/No Credit

**ALS 56M. Academic Strategies-NSM: Physics 5A. 1 Unit**

Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.

**Note:** May be repeated for credit.

Credit/No Credit

<p><b>ALS 56N. Academic Strategies-NSM: Physics 5B. 1 Unit</b> Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled. <b>Note:</b> May be repeated for credit.</p>	<p><b>ALS 57D. Academic Strategies-SSIS: Psychology 2. 1 Unit</b> Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled. <b>Note:</b> May be repeated for credit.</p>
Credit/No Credit	Credit/No Credit
<p><b>ALS 56P. Academic Strategies-NSM: Biology 1. 1 Unit</b> Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled. <b>Note:</b> May be repeated for credit.</p>	<p><b>ALS 57E. Academic Strategies-SSIS: FACS 10. 1 Unit</b> <b>Corequisite(s):</b> FACS 10 Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled. <b>Note:</b> May be repeated for credit.</p>
Credit/No Credit	Credit/No Credit
<p><b>ALS 56Q. Academic Strategies - NSM: Biology 10. 1 Unit</b> <b>Corequisite(s):</b> BIO 10 Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled. <b>Note:</b> May be repeated for credit.</p>	<p><b>ALS 57F. Academic Strategies-SSIS: PSYC 101. 1 Unit</b> Study skills adjuncts/SI classes for selected General Education courses. Effective learning strategies for the academic course (PSYC 101) in which the student is concurrently enrolled. <b>Note:</b> May be repeated for credit; Instructor approval required.</p>
Credit/No Credit	Credit/No Credit
<p><b>ALS 56R. Academic Strategies - NSM: Biology 20. 1 Unit</b> <b>Corequisite(s):</b> BIO 20 Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is currently enrolled. <b>Note:</b> May be repeated for credit.</p>	<p><b>ALS 57G. Academic Strategies-SSIS: Anthropology 2. 1 Unit</b> <b>Corequisite(s):</b> ANTH 2 Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course which the student is concurrently enrolled. <b>Note:</b> May be repeated for credit</p>
Credit/No Credit	Credit/No Credit
<p><b>ALS 56S. Academic Strategies - NSM: Geography 1. 1 Unit</b> Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled. <b>Note:</b> May be repeated for credit.</p>	<p><b>ALS 57H. Academic Strategies - SSIS: Economics 100A. 1 Unit</b> Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled. <b>Note:</b> May be repeated for credit.</p>
Credit/No Credit	Credit/No Credit
<p><b>ALS 57A. Academic Strategies-SSIS: Economics 1A. 1 Unit</b> Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled. <b>Note:</b> May be repeated for credit.</p>	<p><b>ALS 70A. Strategies of Learning for EOP Students. 1 Unit</b> This course is designed to provide individual approaches to self knowledge, motivation, educational philosophy and skills necessary to give the student a firm foundation for a productive educational program during his/her college and post-college career. The basic intent is to help the student perceive his/her position in the educational process, understand the necessity for succeeding, and learn how to succeed in college.</p>
Credit/No Credit	Credit/No Credit
<p><b>ALS 57B. Academic Strategies-SSIS: Economics 1B. 1 Unit</b> Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled. <b>Note:</b> May be repeated for credit.</p>	<p><b>ALS 79A. Developing Student Leadership EOP. 1 - 3 Units</b> The course is designed to provide students an opportunity to develop leadership skills that will serve them throughout their college career. They will become familiar with the opportunities for leadership and growth at Sacramento State. Skills developed will include public speaking, team building, delegation, communication, and others.</p>
Credit/No Credit	Credit/No Credit
<p><b>ALS 57C. Academic Strategies-SSIS: Government 1. 1 Unit</b> Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled. <b>Note:</b> May be repeated for credit.</p>	<p><b>ALS 96. Academic Strategies: Experimental. 1 Unit</b> Study skills supplemental instruction for selected General Education courses or major courses. Effective learning strategies for the academic course in which the student is concurrently enrolled. <b>Note:</b> May be repeated for credit.</p>
Credit/No Credit	Credit/No Credit

**ALS 101. Texts Over Time. 3 Units**

Drawing on selected texts from across at least two historical periods or cultural settings, students will refine their skills of textual appreciation and analysis with an eye toward enhanced understanding of the texts in their historical and cultural contexts.

**ALS 102. Individual, Community, and Citizenship. 3 Units**

This course examines the relationship between the individual and the community across at least two historical periods or cultural settings. Students will examine how perceptions of this relationship contribute to an understanding of belonging to or exclusion from political and social life.

**ALS 103. Creativity, Meaning, and Criticism. 3 Units**

This course examines the theoretical and practical bases that sustain the creative process, especially as it is engaged in the production and interpretation of meaning in the arts and literatures, as well as the foundation for their criticism.

**ALS 104. Happiness, Well-Being and the Good Life. 3 Units**

This course will examine the conditions and characteristics of living a good life, how happiness and well-being contribute to it, and its value as expressed in a range of human activities. Students will examine happiness, well-being and the good life in at least two historical periods or cultural settings.

**ALS 151. The Studio: Explorations in Arts and Letters. 3 Units**

**General Education Area/Graduation Requirement:** Arts (Area C1)

This course provides students with an opportunity to become informed and engaged participants in the cultural, artistic and literary dimensions of their communities. Students will explore the ways our experience of and appreciation for cultural products is informed by exposure to theory and practice in each of the Arts and Letters disciplines.

**ALS 195. Internship in Arts and Letters. 1 - 3 Units**

**Prerequisite(s):** Faculty approval required; Upper division status; Overall Sacramento GPA 2.3

Directed work experience in the internship program. Instructional staff and the cooperating agency provide supervision.

Credit/No Credit

**ALS 199. Special Problems. 1 - 3 Units**

Individual projects or directed study.

**Note:** Petition and faculty approval required; may be repeated for credit.

Credit/No Credit