EDUCATION - COUNSELOR EDUCATION (EDC)

EDC 205. Advanced Counseling Theory and Multicultural Systems Abroad. 3 Units
Prerequisite(s): EDC 216, EDC 280, EDC 210, EDUC 155, and EDUC 156
Term Typically Offered: Summer only

This course is designed to provide students with a foundation in the philosophy and practice of contemporary theories of counseling and psychotherapy. Course material is aimed at helping students develop basic skills necessary for effective counseling and communicating with clients. Students will engage in: (1) personal growth in counselor identity development, (2) counseling skills development utilizing multiple approaches, and (3) theory integration and multicultural systems. Students will be actively involved in their learning and invited to share knowledge.
Note: This course is a study abroad experience.

EDC 210. Advocacy, Social Justice, and Cultural Foundations in Counseling. 3 Units
Prerequisite(s): Classified and/or admitted student in MS Counseling program
Term Typically Offered: Fall only

Exploration of ethnic and cultural differences to develop or expand awareness, techniques, skills, theories, concepts, and to acquire information necessary to counsel effectively with clients of various cultural groups. Students examine their own attitudes, behaviors, perceptions, and biases, and are encouraged to develop their own multicultural approach to counseling.

EDC 212. Gender and Sexuality in Counseling. 3 Units
Term Typically Offered: Fall, Spring

An examination of various gender roles within society, including their impact on the individual, couple and family. An overview of information and methods for working in the field of human sexuality education and counseling. Addressing problems involving sexual disorders, sexually transmitted infection & HIV/AIDS. Preventing, assessing, reporting, and intervening in family violence. Obtaining and developing accurate information and awareness about current sources and methods to competently assist clients in their struggle toward a more meaningful and satisfying sense of self.

EDC 214. Dynamics of Human Development. 3 Units
Prerequisite(s): Classified or Admitted Student in MS Counseling program
Term Typically Offered: Spring only

Overview of theories and research pertaining to the dynamics of human development, including cultural, biological, social, and psychological factors. Particular emphasis will be placed on the relationship of these factors to the field of counseling. Lifespan coverage includes conception, pregnancy, birth, infancy-toddlerhood, early/middle childhood, adolescence, early/middle/late adulthood, as well as dying, death, and bereavement.

EDC 215. Foundations of Professional School Counseling. 3 Units
Prerequisite(s): Classified and/or admitted graduate student in MS Counseling program
Term Typically Offered: Fall, Spring

Understanding the roles, responsibilities, and functions of a professional school counselor is necessary to student and counselor success alike. Topics on school counseling services, practices, basic concepts related to the organization and operation of school counseling programs and socio-cultural, economic, and other societal influences on the educational process in TK-12 settings will be explored.

EDC 216. Counseling Theory. 3 Units
Prerequisite(s): Classified, or Admitted Student, in MS Counseling program
Corequisite(s): EDC 280. Please sign up for the same section of 216 and 280 as they are paired by section.
Term Typically Offered: Fall only

Examination of ten counseling philosophies, with emphasis on knowledge and practice. Requires the refinement of one's own counseling orientation. Designed to provide students with a foundation in the basic philosophy and practice of contemporary theories of counseling/psychotherapy. The requirements support three components of multiple measures of learning and outcomes: 1) personal growth, 2) counseling skills building utilizing multiple approaches, 3) professional development.

EDC 218. Assessment In Counseling. 3 Units
Prerequisite(s): Classified, or Admitted, Student in MS Counseling program
Term Typically Offered: Fall, Spring

Intended to acquaint the prospective counselor with an array of assessment instruments and appraisal techniques. Includes practical experience with tests as well as foundations of test development. Lecture three hours.

EDC 219. Group Processes in Counseling. 3 Units
Prerequisite(s): EDC 216 and EDC 280, classified student in the Counselor Education Program.
Term Typically Offered: Fall, Spring

Group Processes in Counseling is a course that introduces students to group process and theory, including group counseling skills and facilitation. Participation in a group experience is required as well as leading a group under supervision. The experience and material in this course are aimed at helping students develop group counseling skills necessary for effectively leading counseling and psychoeducational groups while integrating theory into practice.

EDC 220. The Spiritual Dimension in Counseling and Psychotherapy. 3 Units
Prerequisite(s): EDUC 155, EDUC 156, EDC 216, EDC 280; or instructor permission.
Term Typically Offered: Fall, Spring

Investigation into concerns and issues, modes, and methodologies surrounding exploration of the spiritual dimension in the counseling/therapy relationship. Experiential activities are included.

EDC 222. Clinical Stress Reduction. 3 Units
Term Typically Offered: Fall, Spring

Major concepts, theories, and approaches to effective stress reduction. Includes stress level assessment, planning and implementation of a stress reduction program. Practice of beneficial stress reduction techniques and application in clinical practice.
Note: Open to unclassified students with instructor permission.

EDC 230. Law and Ethics for Marriage, Family, and Child Counseling. 3 Units
Prerequisite(s): EDUC 155, EDUC 156, EDC 216, EDC 280 or instructor permission.
Term Typically Offered: Fall, Spring

Legal and ethical considerations in the practice of marriage, family, and child counseling. Current laws, responsibilities, restrictions, rights and privileges, licensing regulations, and ethical standards of major professional groups. Child abuse assessment and reporting requirements. Organization, administration, and management of independent practice. Lecture three hours.

EDC 231. Diagnosis and Treatment Planning. 3 Units
Prerequisite(s): EDC 216, EDC 218, EDC 280; classified student in the Counselor Education Program.
Term Typically Offered: Fall, Spring

This graduate level course provides students with an overview of adult and child psychopathology presented as a manifestation of multiple biological, psychological, sociocultural and other factors. It offers an advanced discussion of psychopathology with an emphasis on biopsychosocial assessment, differential diagnosis, use of the Diagnostic and Statistical Manual of Mental Disorders, and development of treatment plans. Lecture three hours.

EDC 232. Family Violence. 3 Units
Prerequisite(s): EDC 212, EDC 230, EDC 234; or instructor permission.
Term Typically Offered: Fall, Spring

Violence in the family includes spouse abuse, child abuse, incest, and sexual abuse. Myths about these areas will be replaced by empirically-based facts. There will be an emphasis on effective treatment methods; research findings on family violence, including etiology and family patterns; overlap with alcohol and other drugs, and maintenance factors. Students will gain techniques and skills in interviewing, assessment, and counseling when violence is a presenting issue.

EDC 233. Substance Use and Addiction Counseling. 3 Units
Prerequisite(s): EDC 231, classified student in the Counselor Education Program.
Term Typically Offered: Fall, Spring

Provides an overview of substance use disorders, addiction, and co-occurring disorders. Students will develop an understanding of Substance Use Disorders (SUD's); the physiological, psychological, behavioral, and social consequences on the user and family members; to facilitate the development of addiction counseling competencies that are associated with positive treatment outcomes, and to increase the student¿s level of confidence relative to providing substance use evaluation, education, and treatment services. Emphasis will be placed on developing and practicing substance use counseling skills.

EDC 234. Seminar: Marriage and Family Counseling. 3 Units
Prerequisite(s): EDC 216, EDC 280; classified student in the Counselor Education Program.
Term Typically Offered: Fall, Spring

Introduction to the basic concepts and principles of family therapy. Provides and lays the foundation on which all theories/schools of family therapy are based and covers the basic theories of family therapy. Issues include evaluation of families, diagnosis in a family context, interviewing strategies, redefining problems in a family systems context, and treatment principles. Lecture three hours.

EDC 236. Couples Counseling. 2 Units
Prerequisite(s): EDC 212; EDC 234.
Term Typically Offered: Fall, Spring

Focuses on applying major schools of couples and sex therapy to actual practice. Issues include evaluation of couples, interviewing strategies, power, diversity, ethical and legal considerations, treatment principles and practice, as well as outcome research in couples therapy. Lecture/discussion/practice.

EDC 238. Professional Issues in Marriage Couple and Family Counseling. 2 Units
Term Typically Offered: Fall, Spring

This course will provide MCFC students an advanced overview of current evidence-based practices, intervention techniques, and treatment strategies for diverse populations. This class will challenge students to conceptualize through a diverse therapeutic lens. Topics will include domestic violence, death and dying, substance use disorder, patients with HIV or AIDS, relational trauma, the foster care system, infidelity in marriage and couples counseling, caring for caregivers, family law, and practice/management considerations including HIPAA and third party reimbursement.

EDC 239. Foundations in Rehabilitation Counseling. 3 Units
Prerequisite(s): Classified student in the MS Counseling program
Term Typically Offered: Spring only

This foundation course is designed to introduce and orient students to the profession of rehabilitation counseling, the various setting in which services are performed, and federal laws that dictate delivery of rehabilitation services. Students will learn about the history and development of rehabilitation counseling and the current issues relevant to this specialization including historical and contemporary perspectives on disability, societal attitudes towards disability and its influence on individuals with disabilities.

EDC 240A. Medical Aspects of Disability. 3 Units
Prerequisite(s): Classified or Admitted Student in the MS Counseling program
Term Typically Offered: Fall, Spring

This course focuses on the medical aspects of various congenital, hereditary, and trauma-induced disabilities. The etiology, pathology, treatment, symptoms, prognosis, and limitations caused by various disabling medical conditions are covered. Implications of medical disabilities are explored inclusive of its relationship to vocational adjustment. Areas of exploration include motivation, self-concept, and personal and societal attitudes toward disability. This course will include a survey of psychosocial aspects of disability as it pertains to medical aspects of disability.

EDC 240B. Psychosocial Aspects of Disability. 3 Units
Prerequisite(s): Classified or Admitted Student in MS Counseling program
Term Typically Offered: Fall, Spring

The primary focus of this course will be on the psychosocial aspects of disability including the psychological genesis of and social implications affecting individuals with disabilities. Various psychological disabilities will be explored in concert with treatment considerations. This course builds on knowledge gained in the EDC 240A: Medical Aspects of Disability. The course will explore rehabilitation philosophy and processes from a holistic standpoint to enhance coping and skill development to aid in vocational adjustment.

EDC 241. Developmental Stages and Art Therapy Techniques. 3 Units
Prerequisite(s): EDUC 155 and EDUC 156.
Term Typically Offered: Fall, Spring

In-depth study of normal stages of development in art with special emphasis on the developmental stages as both diagnostic indicators and aids in devising art therapy treatment. Includes hands-on experience with a variety of art therapy techniques and discussion of their applicability to different client populations. Purchase of some basic art supplies is required. Lecture, discussion, three hours.

EDC 242. Play and Art in Therapy with Children. 3 Units
Prerequisite(s): EDC 216, EDC 280, classified student in the School Counseling Specialization. Other Counselor Education students may be permitted to enroll when space is available.
Term Typically Offered: Fall, Spring

Explores the ways children use fantasy, play, and art as means for communication, growth and healing. Emphasis is placed on clinical skills, therapeutic limit setting, counseling theory and developmentally appropriate interventions. Purchase of some basic art supplies is required.

EDC 244. Trauma and Crisis Counseling. 3 Units
Term Typically Offered: Fall, Spring

This course provides opportunities for both theory and skill development by examining crisis and trauma counseling, including crisis theory; multidisciplinary responses to crises, emergencies, or disasters; cognitive, affective, behavioral, and neurological effects associated with trauma; brief, intermediate and long-term approaches; assessment strategies for clients in crisis and principles of intervention for individuals with mental or emotional disorders during times of crisis, emergency, or disaster.

EDC 245. Advanced Play Therapy. 3 Units
Prerequisite(s): EDC 242
Term Typically Offered: Fall, Spring

EDC 245 is a 3-unit seminar course designed for the advanced study of play therapy and builds upon material taught in EDC 242. Students will have the opportunity to expand on their basic play therapy skills through actual play therapy experiences with children, and receive both instructor and peer feedback. Students will study the application of play therapy theories with diverse populations, as well as additional advanced topics, including trauma and play therapy and play therapy across the lifespan.

EDC 246. Filial and Group Play Therapy. 3 Units
Prerequisite(s): EDC 242
Term Typically Offered: Fall, Spring

EDC 246 is a 3-unit seminar course designed for the advanced study of play therapy and builds upon material taught in EDC 242. Students will study the theory, tenets, and implementation of filial therapy and group play therapy with diverse populations. Students will have the opportunity to apply group play therapy skills with children and adolescents, as well as practice an evidence-based filial therapy model, and receive both instructor and peer feedback.
Note: This course requires facilitating groups outside of class time.

EDC 250. Education Research. 3 Units
Prerequisite(s): Graduate status
Term Typically Offered: Fall, Spring

EDC 250 will provide the study of qualitative and quantitative methods used in the development of reliable knowledge in the field of education. It includes identification and formulation of research problems, research designs, and the presentation of reports representative of different research strategies. Scholars will be immersed in counseling discourse and a wide range of writing assignments in various genres. It is anticipated that this course will facilitate skills important to the evaluation of educational and psychological programs.

EDC 252. Legal and Ethical Issues in Professional Counseling. 3 Units
Term Typically Offered: Fall, Spring

Designed to provide students with basic knowledge and skills necessary to be legally and ethically competent in practice of counseling. Examines ethical and legal considerations pursuant to practice of counseling. Topics to be covered are ethics (CAMFT, AAMFT, ACA, ASCA, NCDA) related to counseling practice in private and public sectors, as well as laws regarding mandatory child and elder abuse assessment and reporting, confidentiality, privilege, liability, marriage, family, child and school ethics and law. Required for graduation with a degree in Counseling.

EDC 254. Counseling and Psychotropic Medicine. 3 Units
Prerequisite(s): EDC 231 and Classified or Admitted Student in the MS Counseling program
Term Typically Offered: Fall, Spring

Provides an introduction to psychopharmacology; the biological bases of behavior; basic classifications, indications, and contraindications of commonly prescribed psychopharmacological medications; and effective approaches to collaborating with clients, their families and other professionals so that appropriate referrals can be made for medication evaluations and so that the side effects of those medications can be identified. Meets the BBS licensure requirements for Professional Clinical Counselors and Marriage and Family Therapists.

EDC 260. Career Development. 3 Units
Prerequisite(s): Classified or Admitted Student in MS Counseling program
Term Typically Offered: Fall, Spring

Provides a basic introduction to career development and career counseling. Identification and assessment of issues common in career counseling settings are examined. Group and individual models of career development and counseling in schools, community agencies or private industry are also investigated and discussed. Lecture three hours.

EDC 261. Seminar in Counseling: Job Placement. 3 Units
Term Typically Offered: Fall, Spring

Analyzes and practice of job-seeking skills, employer information base, and job placement of the handicapped.

EDC 262. Career Counseling Process. 3 Units
Prerequisite(s): EDC 260; classified student in the Counselor Education Program.
Term Typically Offered: Fall, Spring

On-going learning of the processes needed to deliver career counseling services to a variety of clientele. Students will extend their theoretical knowledge base and will more clearly focus on the relationship between a person's life and the process of career development. Elements to be studied in more depth include career development theory, assessment techniques and strategies, goal setting, decision making, and integration of multicultural aspects and strategies. A practical experience in administering and interpreting selected test instruments extensively used in career counseling will be included. Lecture three hours; practical experience one hour.

EDC 263. Advanced Case Conceptualization in Clinical Rehabilitation. 3 Units
Prerequisite(s): EDC 239 and Classified or Admitted Student in the MS Counseling program
Term Typically Offered: Fall, Spring

This course provides an in -depth review and study of the clinical rehabilitation processes and continuum of care. This course will address effective clinical rehabilitation counseling assessments, interventions, and documentation. Students will apply principles, models, and use documentation formats of biopsychosocial case conceptualization and treatment planning. This course will review strategies for interfacing with medical and allied health professionals, including interdisciplinary treatment teams culminating in a case management and clinical file addressing a holistic intervention for clients and consumers.

EDC 264. Seminar in Counseling: Career Systems Development. 3 Units
Prerequisite(s): EDC 260; classified student in the Counselor Education Program.
Term Typically Offered: Fall, Spring

Specific emphasis is at the implementation level, with students learning the necessary skills for implementing, maintaining, and stimulating career development in schools, community agencies or private industry. Lecture three hours.

EDC 266. Seminar in Counseling: Career Program Development. 3 Units
Prerequisite(s): EDC 260; classified student in the Counselor Education Program.
Term Typically Offered: Fall, Spring

Specific emphasis is at the program development level, with students learning the necessary components for developing a career counseling program in schools, community agencies, or private industry. Lecture three hours.

EDC 268. Career and Job Search. 3 Units
Prerequisite(s): EDC 260 or instructor permission.
Term Typically Offered: Fall, Spring

Work is undergoing change with the advent of new technologies, an increasingly diverse workforce, and corporate restructuring. These conditions have led to more frequent occupational shifts and the loss of previously secure jobs, self-reliance replacing loyalty in relations between employers and employees, and fragmented careers becoming more common as family responsibilities and work opportunities became increasingly interwoven. Examines traditional and emerging approaches for assisting clients in a changing and evolving job market.

EDC 270. Organization and Administration of School Counseling Programs. 3 Units
Term Typically Offered: Fall, Spring

Principles and practices necessary to plan, initiate, administer, and evaluate school counseling programs, including related laws. Lecture, discussion three hours.

EDC 272. Counseling Children and Youth. 3 Units
Prerequisite(s): EDC 216, EDC 280, classified student in Counselor Education Program. School specialization: EDC 242.
Corequisite(s): School Counseling Specialization: EDC 475.
Term Typically Offered: Fall, Spring

Provides students with a theoretical foundation and working knowledge of contemporary issues and interventions for children and youth. A variety of presenting problems and treatment strategies are explored.

EDC 274. Advocacy and Systemic Change in School Counseling. 3 Units
Prerequisite(s): EDC 216, EDC 280, EDC 270; classified student in the Counselor Education Program.
Term Typically Offered: Fall, Spring

This course provides an overview of consultation, leadership, and advocacy models with emphasis on their use and application in school settings. The effective counselor must be able to employ consultation, advocacy, and leadership skills in order to meet the needs of students. Methods for analyzing data to design intentional and developmental school counseling interventions will be explored.

EDC 280. Counseling Skills Lab. 2 Units
Prerequisite(s): Classified Student in MS Counseling program
Corequisite(s): EDC 216 is taken the same semester
Term Typically Offered: Fall only

Supervised practice in acquiring and developing counseling micro-skills including the basic styles of communication, verbal and nonverbal, with additional focus on developing and practicing counseling micro-skills under supervision and observation. The material in this course is aimed at helping students develop basic counseling skills necessary for effectively counseling and communicating with clients while integrating theory into practice.
Note: Recommended to be taken within the first 6 units of study in the Counselor Education Program

Credit/No Credit

EDC 282. Practicum in Group Counseling. 2 Units
Prerequisite(s): EDC 219; classified student in the Counselor Education Program.
Term Typically Offered: Fall, Spring

Supervised practice in leadership of group counseling. Lecture one hour; laboratory three hours.
Credit/No Credit

EDC 294. Cooperative Education Experience. 3 Units
Prerequisite(s): Open only to upper division and graduate students; consent of Department Chair.
Term Typically Offered: Fall, Spring

Cooperative Education (Co-op) relates academic theory to professional practice by providing paid work experience in the student's major field of study and academic credit. Students receive supervised employment in school districts, state and community agencies, companies, and other appropriate settings. Requires attendance at weekly meetings, preparation of application packet, completion of field study assignment, and a written final report.
Note: Units may not be used to meet course work requirements. May be repeated once for credit.

Credit/No Credit

EDC 296P. Current Issues in Counseling: Meditation. 1 Unit
Term Typically Offered: Fall, Spring

An introductory experimental class in meditation which provides a basic foundation of basic meditative theories, the experience of meditative practices, and a basic knowledge of meditative techniques of benefit both personally and with clients. Research has demonstrated that meditation is helpful in a number of stress-related conditions and recent research indicates it is often more effective than psychotherapy in treatment of some problems.
Note: Instructor approval required. May be taken twice for credit.

Credit/No Credit

EDC 299. Special Problems. 1 - 3 Units
Term Typically Offered: Fall, Spring

Individual projects at graduate level designed especially for students capable of independent study.
Note: Admission by approval of the instructor with whom the student will be working directly and the Department Chair.

Credit/No Credit

EDC 475. Counseling Practicum. 3 Units
Prerequisite(s): EDC 219 and classified student in MS Counseling. Additional prerequisites by specialization: Career - EDC 260; MCFC - EDC 476; School - EDC 270; Rehabilitation - EDC 239.
Term Typically Offered: Fall, Spring

Supervised counseling practice in Center for Counseling and Diagnostic Services (CCDS) and/or school settings. Emphasis on application of counseling theories and the integration of one's own counseling philosophy into practical applications. Basic requirements: 100 clock hours with at least 40 client contact hours, 1 hour per week of individual/triadic supervision, and one and half hours per week of group supervision.
Note: Department petition is required the semester prior to enrollment. Must receive Credit for EDC 475 in order to move into EDC 480.

Credit/No Credit

EDC 476. Advanced Skills in Marriage and Family Counseling. 1 Unit
Prerequisite(s): Classified student in the MS Counseling program and marriage, couple, family counseling concentration
Term Typically Offered: Fall, Spring

Structured observation and supervised practice in marriage, couple, and family counseling. Application of material learned in EDC 234 to build on practice and use of systems theories and techniques. Emphasis on establishing relationships, interviewing techniques with multiple clients, assessment techniques, setting goals, developing theory based treatment plans using systems theories, and learning to think systemically. Laboratory two hours.
Credit/No Credit

EDC 477. Supervision in Play Therapy. 1 Unit
Prerequisite(s): EDC 242
Term Typically Offered: Fall, Spring

EDC 477 is a 1-unit advanced counseling course designed to provide students with specialized supervision in play therapy from a faculty member who possesses the RPT-S credential. This course is intended to be taken concurrently with practicum, internship, or while earning post-graduate hours in the field. Students will participate in a weekly one-hour supervision group, as well as receive tri-weekly individual supervision to fulfill the play therapy supervision requirement for the Registered Play Therapist and/or School Based-Registered Play Therapist credentials.
Note: EDC 277 should be taken alongside practicum, internship, or while earning post-graduate play therapy hours if a master's degree in counseling is already earned.

Credit/No Credit

EDC 480. Field Study In Counseling. 3 Units
Prerequisite(s): EDC 475 and department approval.
Term Typically Offered: Fall, Spring

Supervised counseling and field experiences arranged in community-based settings such schools, colleges and/or agencies. Students are to collect between 600-800 hours of field work experience in the form of direct and indirect counseling experiences as designated by specialty and aligned with CACREP, CTC, and BBS requirements. This course is designed to be taken third year in both fall and spring, collecting approximately 300 hours each semester and totaling 6 units.
Note: EDC 480 must be taken twice, over two separate semesters, in order to meet accreditation requirements. Department approval is required the semester prior to enrollment.

Credit/No Credit

EDC 500. Master's Culminating Experience. 1 Unit
Prerequisite(s): Advancement to Candidacy for the master's degree must be filed prior to enrollment in EDC 500: Culminating Experience which is taken in the last semester of course work; Classified student in the Counselor Education Program; Department petition, and Advancement to Candidacy, are required the semester prior to enrollment.
Term Typically Offered: Fall, Spring

Focuses on reviewing and synthesizing of student's knowledge of theory and practice. A review and examination of previous learning in the areas of: Professional Counseling Orientation & Ethical Practice; Social & Cultural Diversity; Human Growth & Development; Career Development; Counseling & Helping Relationships; Group Counseling & Group Work; Assessment & Testing; and Research & Program Evaluation, through the Counselor Preparation Comprehensive Examination (CPCE) comprehensive final exam. Students must pass the CPCE to demonstrate understanding of the 8 core content areas.
Note: Taken in preparation for the comprehensive examination

Credit/No Credit

EDC 551. Master's Project - Counseling - Plan B. 3 Units
Prerequisite(s): Advanced to candidacy. All course requirements in Counselor Education and EDC 505.
Term Typically Offered: Fall, Spring

Completion of a project approved for the Master's degree.
Note: Department petition is required the semester prior to enrollment.