ACADEMIC SUPPORT SERVICES

Advising
General Education Advising
Lassen Hall 1013
(916) 278-1000
www.csus.edu/acad (http://www.csus.edu/acad)

Effective intentional academic advising is essential to accomplishing the University’s instructional mission. Through collaboration and academic guidance, the Academic Advising Center fosters a developmental process of assisting undergraduate students in clarifying and achieving their personal, professional, and educational goals. Students are encouraged, and in some circumstances, required to meet with a professional or faculty advisor at least once a semester.

Advisors help students:

• Understand the value of the University’s General Education program, and the relationship of this program to individual interests and career objectives;
• Interpret and apply University policies;
• Ensure they are taking the courses for timely progress to degree; and
• Explore educational and career objectives compatible with their interests and abilities.

The ultimate responsibility for academic success rests with the student, who is expected to:

• Be aware of and comply with the University’s academic policies, procedures, and deadlines;
• Be familiar with the My Sac State Student Center including the KEYS to Degree toolbox;
• Meet regularly, at least once each semester, with an advisor in the major and an advisor in the Academic Advising Center; and
• Declare/Change their major when appropriate. The form is available online at http://www.csus.edu/registrar/forms/.

Because of the relationship between proactive advising and academic success, first year and transfer students are required to attend New Student Orientation. In addition, first year students are required to complete advising during their first two semesters at Sacramento State. It is recommended that students also meet with advisors in their major. All students on academic probation are required to meet with an advisor in their department and all second year students on probation are required to meet with the Academic Advising Center. Undeclared and Expressed Interest majors must officially declare a major before earning 60 units.

A complete list of the Academic Advising Center’s programs and services can be found at www.csus.edu/acad (http://www.csus.edu/acad)

Faculty Advisor
Advisors in the academic departments help students select appropriate major courses each semester and are also helpful in exploring career options specific to their major or concentration.

New Student Orientation
www.csus.edu/orientation (http://www.csus.edu/orientation)

Orientation is required for all new first year and transfer students. The program is designed to help students make a successful transition from their previous college or high school to Sac State. During Orientation, student orientation leaders meet with small groups of new students to discuss academic requirements, advising tools and offer helpful tips regarding campus resources and student life. In addition, new students meet with their major department advisors and register for courses. New fall students attend Orientation during the summer, while new spring students attend Orientation in January. Program details (including the Parent/Guest program) are located on the New Student Orientation website.

Specific Advisors
Student-Athlete Resource Center
Lassen Hall 3002
www.csus.edu/sarc (http://www.csus.edu/sarc)
(916) 278-5431; (916) 278-7796

The Student-Athlete Resource Center (SARC) is designed to enhance the academic and overall life development experience for NCAA Division I student athletes at Sacramento State. The SARC assists student-athletes in pursuing and successfully completing a college degree while also preparing them for challenges and experiences after college. The Center provides Sacramento State student-athletes with a very comprehensive academic support system.

The SARC provides student-athletes with a variety of academic support and services from the outset of their academic careers at Sacramento State. It provides the student-athletes with opportunities to develop and improve their academic skills, as well as to receive exceptional advising on University policies and procedures, coursework, and career choices. In addition, the Center’s staff monitors the progress of each student-athlete towards completion of their degree in compliance with the academic bylaws mandated by the National Collegiate Athletic Association (NCAA). The SARC provides student-athletes with additional academic support in the forms of computer labs, individual tutoring, and specialized retention advising for student-athletes with additional academic needs. The Center also coordinates all of the activities associated with the NCAA/CHAMPS Life Skills Program. This nationwide program focuses on helping student athletes achieve in all areas of personal, academic, community, career, and athletic development.

The SARC Office and academic computer lab is open Monday through Friday from 7:30 a.m. - 4:30 p.m.

Undergraduate Business Advising Center
Tahoe Hall 1030
(916) 278-BIZZ (2499)
www.csus.edu/cba/ubac (http://www.csus.edu/cba/ubac)

The Undergraduate Business Advising Center (UBAC) is part of the Office of Student Engagement in the College of Business Administration. UBAC assists undergraduate business administration majors, expressed interest in business, and minors with program advising, graduation evaluations, and petitions relating to the major and/or minor.

Teaching Credentials Advising
Eureka Hall 437
(916) 278-6403
www.csus.edu/coe/offices-services/aero/advising (http://www.csus.edu/coe/offices-services/aero/advising.html)

The Advising, Recruitment, Retention, and Outreach (AERO) Services assists students who are interested in pursuing a career as an elementary, middle/junior high, high school, or special education teacher. The AERO advisors work with students on issues related to state and university requirements for credential programs, support for taking required exams, and information about scholarships and other sources of financial support available to teacher candidates. Students considering teaching as a career should visit this office during their first semester.

Student Service Center
Lassen Hall 1000
(916) 278-1000
www.csus.edu/ssc (http://www.csus.edu/ssc)

The Student Service Center (SSC) at Sacramento State is a student's one stop toward success. The Center provides multi-faceted assistance to students, alumni, faculty and staff. SSC staff are able to provide assistance in a variety of areas including financial aid, scholarships, tuition payment options, major and graduation requirements, and registering for courses. The Center also helps students access a myriad of other campus resources.

Our mission is to provide a welcoming and accessible environment that is dedicated to educating, supporting and developing student success by providing accurate, efficient and holistic information to the Sacramento State campus community.

The Student Service Center is open Monday – Friday from 8:00 AM – 5:00 PM.

Admission and Academic Support Programs
First Year Experience Programs
ARC 4002
(916) 278-2804
www.csus.edu/fye (http://www.csus.edu/fye)

The First Year Experience Program
The mission of the First Year Experience Program (FYE) at Sacramento State is to improve the retention and graduation rates of native students, a goal that is directly aligned with the CSU system wide Graduation Initiative. FYE consists of:

1. the **First Year Seminar course** and **University Learning Community course "clusters"**
2. **co-curricular activities** embedded in the courses, that are designed to increase student engagement with the campus, community, faculty, and peers
3. **Peer Mentors** who attend courses with first year students, and provide personal, academic, and advising support
4. **The FYE Space - #LIB3520** provides a space for first year college students to study, work in groups, meet their peer mentor, and find support. Students get support from peer mentors called the Go To Crew in the FYE Space

Enrollment in the **University Learning Community Program (LCOM)** and/or **First Year Seminar Courses (FYS)** occurs during New Student Orientation (http://www.csus.edu/orientation/First%20Year%20Orientation) and during spring registration.

**First Year Seminars**
First Year Seminars provide students with an introduction to the nature and meaning of higher education and to the functions and resources of the University. Students in the class gain insights and develop tools that allow them to get the most out of their university education at Sacramento State. The seminars also provide students with the opportunity to interact with fellow students and the seminar leader, building a community of academic and personal support. Students who have taken the course do better academically than the general student population.

This introductory course satisfies the Area E General Education requirement. The course is listed under individual department names with the added designation of 21. For example, COMS 21 (Communication Studies) is a First Year Seminar, with specific information relevant to each major covered in more detail. Some of the First Year Seminars are stand-alone courses while others are part of a learning community.

The First Year Seminar is a 3 unit General Education (GE) Area E course where students explore the requirements and responsibilities of becoming a university educated person. Most FYS were paired with another course in the Learning Community, while the rest of FYS were “stand alone” (i.e. not paired with another course in a learning community).

Each First Year Seminar course shares the following characteristics:

- Small class sizes (capped at 30; lower cap for certain sections) to meet the needs of incoming first year students
- Use of the campus One Book for a common intellectual experience, common course description and learning goals, common class activities, assignments, and assessments aligned with Baccalaureate Learning Goals and GE Area E requirement
- Support for faculty to implement effective curricular activities (assignment descriptions, guest speaker lists, assessments, rubrics, all available online on SacCT/Blackboard)
- Opportunities for faculty professional development around teaching, learning and FYE programmatic research through an annual Convocation, annual curriculum workshop, and periodic faculty interest groups
- Support for embedding co-curricular activities (funding, coordination), including High Impact Practices
- Taught by both faculty and student affairs professionals, indicating the collaborative cross-departmental nature of the program
- Students learn how to access academic & personal support resources

**The FYE Library Space**
A designated academic location in Library 3520 (3rd floor) that is available primarily for first time college students called “The FYE Space.” Events are often held in the Space to introduce information to students, as well as celebrate achievements ("May One is Done.") Students visit the Space to study, connect with faculty, meet with the FYE librarian, check-in with a Go To Crew peer mentor, or get support between classes. Workshops on writing, leadership, and major advising are offered throughout the semester. It was established to develop a space where First Year students could always connect with a community on campus.
Learning Communities
The Learning Communities program establishes connections between courses in different subject areas with General Education curricula. Each Learning Community consists of two to three classes, with faculty who try to link course topics, coordinating readings and assignments. Students who join a Learning Community are linked to other students enrolled in the same classes, helping students form connections with professors and other students that strengthen their networks of social and academic support. Learning Communities may also have a peer mentor to help students navigate the transition from high school to college.

Students admitted to Sacramento State do not need to meet any other admission criteria to join a Learning Community. New communities are formed each fall, and information about the semester’s Learning Community offerings is shared at summer First Year Student Orientation. More information is available on the First Year Experience website at http://www.csus.edu/fye

Honors Program
ARC 4002
(916) 278-2804

The General Education Honors Program at California State University, Sacramento offers qualified and highly motivated students an opportunity to have a challenging, innovative, and stimulating learning experience. Through small class sizes (around 25 students), students experience intimate classroom settings which promote discussion, integrative learning and a global perspective. The Program is open to incoming freshmen. We do not accept transfer students.

The Honors Program academic experience is composed of 45 units of Honors courses (36 lower division and 9 upper division). Honors students take at least 12 units per semester. During their freshman and sophomore years, Honors students will take three Honors courses per semester and the remaining course(s) can be filled with other courses required in their major or pre-major. Three upper division courses taken during their junior and senior year conclude the Honors experience. Completion of all Honors courses will fulfill Sacramento State General Education requirements for graduation with the exception of the lab science and freshman composition.

The core of the lower division curriculum is a three-semester Honors seminar in which students read some of the great books of world civilizations, analyze the writings of world thinkers and writers, and improve their skills in critical thinking and writing. The three upper division Honors courses are organized around the theme of learning and acting for the public good.

Honors students at Sacramento State experience individualized attention from dedicated professors, special seminars in their academic programs, extracurricular activities in the form of cultural events, various Honors Colloquia and interaction with faculty members and their fellow Honors students in and out of class. Students are strongly encouraged to study abroad through either short term programs developed specifically for the Honors Program, or semester or year long programs created for Sacramento State, and the CSU. They are also encouraged to complete an internship and an undergraduate research experience. A variety of Scholarships are available to support study abroad and other academic pursuits.

For further information and application instructions, visit the Honors Web site at www.csus.edu/honorsprogram (http://www.csus.edu/honorsprogram).

Graduate Preparation Academy (GPA)
River Front Center 203
(916) 278-3834
E-mail: graddiversity@csus.edu
http://www.csus.edu/graddiv/

The Graduate Preparation Academy (GPA) is designed to prepare undergraduate students for admission and study at the graduate level. The GPA provides undergraduate students interested in pursuing a graduate degree with intensive graduate school preparation. Students selected to participate in the graduate school preparation academy will be provided with information and resources about participating in academic research, engaging with faculty mentors, preparing academically for graduate school, assistance with scholarship and fellowship opportunities, and graduate education entrance examinations through interactive speakers, panels, and workshops.

We offer a rigorous academic program that prepares students for the opportunities and challenges that face them in post-baccalaureate education. Participants are connected with a faculty member who will offer mentoring throughout the graduate school application process, feedback on essays, and other application materials. Participants are encouraged to participate in regional and national academic conferences to present their academic research.

McNair Scholars Program
River Front Center 203
(916) 278-5118
E-mail: Mcnair@csus.edu (mcnair@csus.edu)
www.csus.edu/mcnair (http://www.csus.edu/mcnair)

The Ronald E. McNair Postbaccalaureate Achievement Program is a federally funded program designed to prepare selected Sacramento State undergraduate students for admission and study at the doctoral level. Each year, 24 McNair Scholars participate in both academic year and summer activities.

Students who have obtained 45 units or more, have a GPA of 2.8 or higher and are low income and first in their family to attend college, or students who are considered underrepresented in their major (as defined by federal regulations) can gain research skills, knowledge, and information needed to complete doctoral degrees in their fields of study.

The academic components include: a three-unit research methodology course, meetings with the McNair Program staff and the faculty mentors to assess personal needs and review academic progress, and preparation for a summer research project. For students who have completed 60 units or more, the summer component includes enrolling in a one unit supervised research course and travel to select McNair Symposia where students have the opportunity to present their research findings. Scholars receive additional guidance from the McNair Faculty Coordinator and a faculty mentor in completing a published research article. Senior McNair scholars complete a 3-unit senior seminar which provides assistance with selecting, applying, and financing graduate studies.

Stipends for travel to doctoral institutions and research conferences to present research papers are granted to students who complete their research projects. McNair scholars also receive a stipend as part of
their participation in the summer research experience. Scholars are encouraged to participate in statewide and national conferences to present their research findings.

**Business Based Educational Equity Program (BEEP)**

Tahoe Hall 1006  
(916) 278-5875  
http://csus.edu/cba/biz/index.html

The Business Educational Equity Program (BEEP) encourages and supports all students who major in business. BEEP, also known as the Business Tutoring & Study Center, provides peer-assisted tutoring and a place to study where one-on-one and group assistance is available for business students seeking academic support in numerous lower and upper division business courses. Tutoring is provided on a drop-in basis for business students, and at no charge. All business students interested in the program should contact the College of Business Administration, Office of Student Engagement at (916) 278-5875 or visit the office in Tahoe Hall 1030.

**Cooper-Woodson College**

Enhancement Program (CWC)  
Amador Hall 460  
Director: Dr. Boatamo Mosupyeo  
(916) 278-5363  
www.csus.edu/cooper (http://www.csus.edu/cooper)

Cooper-Woodson College Enhancement Program (CWC) emphasizes scholarship, leadership, and service by creating a supportive and nurturing learning environment that is responsive to the needs of students. Although the program is patterned after traditional relationships between students and faculty at historically Black colleges and universities, it serves students from all backgrounds. Faculty, staff, and community members assume the responsibility for shaping and guiding students through the college experience. Key objectives of CWC are the retention of students and the development of leaders.

CWC scholars, staff, faculty, and members of the community organize and participate in the following activities/events: Faculty/Staff Mentoring Program, African-American History Month rally and lectures, the annual Anna J. Cooper and Carter G. Wood lectures, and the annual African-American graduation celebration ceremony.

**MESA Engineering Program (MEP)**

Santa Clara Hall 1213  
(916) 278-6699

Participation in the MESA Engineering (MEP) increases the probability that students will be successful in their engineering college studies. Focusing on the recruitment, retention, and graduation of highly motivated students from educationally disadvantaged backgrounds, MEP emphasizes participation by students from communities with low rates of enrollment in engineering majors.

The MEP program provides an on-campus home for its members with a large 24 hours-a-day study center that encourages study groups. MEP provides professional development, a freshman orientation course, and personal-academic advising. It assists in the coordination of tutoring services for all students in the College of Engineering.

**Science Educational Equity (SEE)**

Sequoia Hall 315  
(916) 278-6519

www.csus.edu/nsm/see (http://www.csus.edu/nsm/see)

The Science Educational Equity (SEE) program is a comprehensive academic support program designed for students who face social, economic, or educational barriers that limit access to careers in the sciences and health professions. Students are encouraged to form study groups for both lower and upper division coursework. Science faculty provide academic and pre-professional advising for each student and are available for career guidance and assistance with course material. Students attend professional conferences, participate in academic workshops and seminars, and are encouraged to attend summer enrichment programs at other universities and laboratories. The program provides assistance with applications to graduate programs, health professional schools, and summer enrichment programs. SEE also provides students the opportunity to meet and interact with faculty, community members, and other students.

All students interested in becoming a part of the SEE program are expected to demonstrate a commitment to the community through service to SEE, the University, and/or the Sacramento community. Upon entry to the program, each student is required to meet with an academic/major advisor to develop a comprehensive academic plan; it is the student’s responsibility to schedule an advising appointment each semester thereafter to update the academic plan.

**Center for College and Career Readiness (CCR)**

Joy Salvetti, Director  
Library 4023  
(916) 278-2603  
http://www.csus.edu/ccr

The Center for College & Career Readiness (CCR), a division of Academic Affairs, is the principle campus resource for everything “College and Career Ready.” Our success comes from building and developing intersegmental educational partnerships throughout the greater Sacramento Region. Using a collective impact infrastructure, CCR focuses on establishing a continuous pipeline from preschool to bachelor’s degree; ensures that high school graduates enter Sacramento State better academically prepared to succeed at the university level; and, provides readily available resources and timely interventions for current and future students.

Programs within the Center for College and Career Readiness include:

- The Early Assessment Program (EAP) serves as an ‘early readiness signal’ allowing for the placement of students in corresponding K-12 courses to fortify the academic and metacognitive skills needed for transition success. The EAP is responsible for the development of intersegmental curriculum in mathematics and English, as well as teacher professional development.
- The EAP Senior Year Mathematics (ESM) Course is the result of a regional partnership involving teams of mathematics faculty from higher education, high school teachers, and county offices of education. This course is designed to strengthen students’ mathematical foundation, and deepen their conceptual understanding of mathematical theory, skills and strategies.
- The Expository Reading and Writing Course (ERWC) prepares college-bound seniors for the literacy demands of higher education. Students in this yearlong, rhetoric-based course develop advanced proficiencies in expository, analytical, and argumentative reading and writing. Students will be expected to increase their awareness
of the rhetorical strategies employed by authors, and to apply those strategies in their own writing.

The CCR works closely with local middle schools, high schools, and community colleges to create opportunities for students to gain the life and academic skills necessary for college success and future career aspirations. We strive to engage with each of the 215 high schools in our service area. Our programs include:

- **Middle School Outreach**: provides sixth, seventh, and eighth grade students the opportunity for early self-identification as a college student or career professional.
- **CCR Summer Boot Camp**: provides incoming high school juniors the opportunity to explore college and career readiness skill sets from both a metacognitive and academic perspective.
- **CCR High School Outreach**: provides onsite workshops, presentations, and campus visits for high school students, informing them of the importance of using their junior and senior years proactively, tips for choosing a college and a major, and how to avoid remediation.
- **Transition to Success Program (TSP)**: assists incoming freshman in making a smooth transition to Sacramento State by providing customized mentoring, social emotional support, and a ‘home base’ until graduation.
- **TSP Peer Coaches**: provide current TSP students with the opportunity to serve as peer coaches to high school sophomores; coaches receive a stipend and professional development.

**Centers for Student Support**

**Student Academic Success and Educational Equity Programs (SASEEP)**

The Student Academic Success and Educational Equity Programs are committed to fostering diversity and equity while promoting a campus learning environment that encourages and supports all students in persisting toward their educational goal by increasing their retention and graduation rates. This is accomplished through the unified effort of the following programs: College Assistance Migrant Program (CAMP), College Based Educational Equity Programs (CBEEP), the Dedicated to Educating, Graduating, and Retaining Educational Equity Students (DEGREES) Project, the Dreamer Resource Center, Educational Opportunity Program (EOP), the Executive Trainers Program (ETP), Faculty Student Mentor Program (FSMP), the Guardian Scholars Program (GSP), the Martin Luther King, Jr. Scholars Program (MLK), the Male Empowerment Collaborative (MEC), the Parents and Families Program (P&F), the Paving Excellence, Retention, and Success in Student Trajectories (PERSIST) Program, the Peer and Academic Resource Center (PARC), and the Serna Center. These programs and services are designed to build upon the dreams and aspirations of our campus community – our students, faculty, and staff, our alumni, and the people of our region.

The Student Academic Success and Educational Equity Programs are guided by the following primary goals:

1. **Access and Equity**
   To provide underrepresented students with access to a higher education and supportive services that are designed to enable them to persist through the college experience.

2. **Recruitment and Transition**
   To aid students in their transition to college life through pre-college equity services and assistance in navigating the higher education experience.

3. **Retention and Graduation**
   To provide a comprehensive range of retention and progress to degree services (e.g., academic advising, tutoring, mentoring, counseling, etc.) to underrepresented students in the Unit to facilitate their graduation.

**The Parents & Families Program**

Lassen 2205
Haley.Myers@csus.edu; parentsfamilies@csus.edu
916-278-4353
Family Helpline: 916-278-3399

The Parents & Families Program supports the ongoing needs of students and their parents and family members, as well as students-with-children to help students stay in school and graduate. Although the needs of these two populations are quite different, we serve them in similar ways: we promote information to empower, host events to create community and interactive roles within the campus community and beyond, and provide customer service to navigate the University and work on complex problems. These strategies support student success and generate support and goodwill for the campus community and beyond.

Highlights of the program include the Parent Ambassadors, a group of highly involved and trained parent volunteers; expanded support services for students-with-children including advising specifically for student-parents, extended hours study care via partnership with the ASI Children's Center, and a grant to get 10 diaper changing stations installed across campus. See www.csus.edu/parents (http://www.csus.edu/parents) for more information.

**College Assistance Migrant Program (CAMP)**

River Front Center 1
(916) 278-7241
www.csus.edu/camp (http://www.csus.edu/camp)

CAMP is a unique educational program that helps students from migrant and seasonal farm worker backgrounds succeed at Sacramento State. CAMP facilitates transition from high school to college and offers first-year support services to develop the skills necessary to persist and graduate from college. CAMP strives to be "a home away from home" for its students.

CAMP offers:

* Special admission and pre-admission services;
* Assistance with financial aid, housing, and University services;
* Academic advising;
* Career exploration & referrals to career-related job and internship opportunities;
* Personal counseling;
* Tutoring in a variety of subject area courses;
* A home-like environment

In order to be eligible for CAMP, students must reflect an agricultural background, meaning them or their parent(s) or guardian(s) must have engaged in migrant or seasonal farm work labor within the last 24 months. A student must enroll full time and be in need of academic support services and financial assistance.
The mission of the Serna Center is to promote, foster, and enhance self-advocacy, empowerment and leadership among ChicanaX/LatinX students and students from other under-represented backgrounds at Sacramento State. Additionally, integrated into all programming are efforts that raise awareness of the social, political, economic, historical and cultural realities of ChicanaX/LatinX populations. The center establishes a strong foundation that enriches cultural identity and develops a sense of familia within the campus.

Dreamer Resource Center (DRC)
River Front Center 1022
http://www.csus.edu/sernacenter

The mission of the Dreamer Resource Center is to make the dream of a college degree a reality for undocumented students and students with mixed-status family members at Sacramento State. The goals of the DRC are to: (1) provide access to higher education opportunities to undocumented high school, transfer, and graduate students, and those with mixed-status families; (2) provide support to help alleviate the uncertainty that comes from a lack of immigration status for undocumented students and students with mixed-status families; (3) create a campus culture of knowledge and sensitivity to the issues faced by undocumented students and students with mixed-status families; (4) and increase the retention and graduation of undocumented students and students with mixed-status families.

The High School Equivalency Program (HEP)
River Front Center 1022
(916) 278-7241
Director: Andres Enriquez

The High School Equivalency Program (HEP) is a federally funded program that helps migrant and seasonal farmworkers who are 17 years of age or older and not currently enrolled in school to obtain the equivalent to a high school diploma (HSE) and gain employment, go to an institution of higher education, the military, other postsecondary education or vocational training. HEP provides:

- Courses in reading, writing, math, science, and social studies
- Instructors and tutors to help participants make progress in the classroom and prepare them to pass the HSE exam
- Career professionals to assist participants in finding opportunities, post-HSE, to improve their quality of life
- Courses offered in Spanish

Migrant Student Leadership Institute (MSLI)
River Front Center 1027
(916) 278-7241
Director: Dr. Viridiana Diaz

The Migrant Student Leadership Institute (MSLI) is a residential two-week program for migrant high school students from various regions throughout the state of California. The MSLI is designed to provide students with the information and tools necessary to become college-ready and competitive candidates for admission to a four-year institution. The institute is geared towards leadership development, self-empowerment while emphasizing the importance of civic engagement and careers in Science, Technology, Engineering, the Arts and Mathematics (STEAM).

Male Empowerment Collaborative (MEC)
Lassen Hall 2205
(916) 278-6183
Coordinator. Jerry Blake
http://www.csus.edu/saseep/mec

"The Male Empowerment Collaborative" (MEC) is committed to addressing the gap between the academic successes of males compared to females. It is committed to the intellectual, spiritual, and economic development of young men in higher education. Like many other universities across the country, retention and graduation rates of males are significantly lower than females. Sacramento State through the MEC has worked for several years to increase the successful passage of males in higher education.

Using a program of support services including events, workshops, and personal advising, the Male Empowerment Collaborative at Sacramento State provides:

- Academic Advocacy
- Educational Empowerment
- Leadership Cultivation
The Educational Opportunity Program (EOP), is one of the primary vehicles implemented by the CSU system to increase the access, academic success and retention of educationally and economically disadvantaged students. EOP strives to provide the necessary economic and educational resources to help students realize their academic potential. Students must apply to the program on-line via Cal State Apply.

Freshmen -First Year Experience - The first year of university life is critical to student learning and success. The EOP First Year Experience (FYE) is designed to provide all EOP freshmen with the skills and support networks necessary to ensure academic success. A team comprised of faculty, student development professionals, students, and other campus representatives is involved in all facets of the program. The program is comprised of a six-week (July – August) Summer Bridge Academy1, which is mandatory for all EOP freshmen, extensive academic advising, personal counseling, course grouping through our Learning Communities, educational workshops, social/cultural programing, and tutoring. In addition, students who qualify for financial aid may be eligible to receive the EOP grant up to a fifth year. The grant is determined by the Financial Aid office and awarded based on student need and funding. Students must file the FAFSA to be eligible.

General and continuing services to all freshmen and transfer applicants include:

- Assistance with the application process
- Outreach presentations to schools, communities and individuals
- Strategic advising at all class levels; freshmen through senior
- Career and personal counseling services
- Financial aid advising
- Academic success workshops
- Learning and study strategies workshops
- Learning Community; by major and class level
- Student retention ambassadors
- Provide recommendations/referrals to other programs and services.

1 See Admission and General Support Programs/Summer Bridge Academy below.

Summer Bridge Academy (pre-college program)

The Summer Bridge Academy is an educational equity project administered through the Educational Opportunity Program. Summer Bridge is a mandatory six-week intensive academic preparation and college orientation program designed strictly for incoming EOP freshmen. There is no cost to students. EOP serves economically disadvantaged, first-generation college students.

College level GE classes are offered in the six-week Academy. Students may complete up to three college courses, including an in-depth College Success/Leadership course.

Successful completion of the courses earns students 3-8 units of credit. To be considered for the Summer Bridge Academy, students must be admitted to Sacramento State and to EOP. Prospective students are strongly encouraged to apply to the EOP program, via Cal State Apply, during the CSU Application cycle (Oct. 1st–Nov. 30th). Students must meet all applicable deadlines, as established by the Admissions & Outreach Office to successfully gain admission to EOP and the Summer Bridge Academy. Summer Bridge meets Early Start requirements.

Note: EOP also provides Summer Bridge programming for upper-class level students including sophomores through seniors.

To learn more about the Summer Bridge Academy, visit or call the EOP office, or visit the Academy website at csus.edu/eop (http://www.csus.edu/eop/freshman/sba.html)

Faculty/Student Mentor Program (FSMP)

The Faculty Student Mentor Program (FSMP) is an educational equity program designed to offer academic and personal support to students from traditionally low-income communities and selected students who have requested services due to challenges experienced in their education. The Faculty Student Mentor Program's goals are to increase the retention rates of students by helping them develop the knowledge, skills, and

Guardian Scholars Program (GSP)

The Guardian Scholars Program is a student support service for current and former foster youth. The program office was established in 2006 to assist students in their pursuit of academic and career success. Program components consist of one-on-one advising, counseling, financial assistance, workshops, social events, professional mentoring, priority registration, and direct referrals to other programs on-campus.

GSP is open to all Sacramento State students who have been in foster care, kinship care, or homeless situations and are considered “independent” by federal financial aid guidelines. We review applications throughout the year, so there is no deadline to apply. Our staff is committed to helping Guardian Scholars succeed and overcome obstacles to graduating.

All eligible students are encouraged to learn more about and apply to the Guardian Scholars Program by contacting our staff or visiting the Guardian Scholars website at www.csus.edu/gs (http://www.csus.edu/gs).

Academic Support Services

The Guardian Scholars Program is a student support service for current and former foster youth. The program office was established in 2006 to assist students in their pursuit of academic and career success. Program components consist of one-on-one advising, counseling, financial assistance, workshops, social events, professional mentoring, priority registration, and direct referrals to other programs on-campus.

GSP is open to all Sacramento State students who have been in foster care, kinship care, or homeless situations and are considered “independent” by federal financial aid guidelines. We review applications throughout the year, so there is no deadline to apply. Our staff is committed to helping Guardian Scholars succeed and overcome obstacles to graduating.

All eligible students are encouraged to learn more about and apply to the Guardian Scholars Program by contacting our staff or visiting the Guardian Scholars website at www.csus.edu/gs (http://www.csus.edu/gs).

Summer Bridge Academy (pre-college program)

The Summer Bridge Academy is an educational equity project administered through the Educational Opportunity Program. Summer Bridge is a mandatory six-week intensive academic preparation and college orientation program designed strictly for incoming EOP freshmen. There is no cost to students. EOP serves economically disadvantaged, first-generation college students.

College level GE classes are offered in the six-week Academy. Students may complete up to three college courses, including an in-depth College Success/Leadership course.

Successful completion of the courses earns students 3-8 units of credit. To be considered for the Summer Bridge Academy, students must be admitted to Sacramento State and to EOP. Prospective students are strongly encouraged to apply to the EOP program, via Cal State Apply, during the CSU Application cycle (Oct. 1st–Nov. 30th). Students must meet all applicable deadlines, as established by the Admissions & Outreach Office to successfully gain admission to EOP and the Summer Bridge Academy. Summer Bridge meets Early Start requirements.

Note: EOP also provides Summer Bridge programming for upper-class level students including sophomores through seniors.

To learn more about the Summer Bridge Academy, visit or call the EOP office, or visit the Academy website at csus.edu/eop (http://www.csus.edu/eop/freshman/sba.html)

Faculty/Student Mentor Program (FSMP)

The Faculty Student Mentor Program (FSMP) is an educational equity program designed to offer academic and personal support to students from traditionally low-income communities and selected students who have requested services due to challenges experienced in their education. The Faculty Student Mentor Program's goals are to increase the retention rates of students by helping them develop the knowledge, skills, and

Guardian Scholars Program (GSP)

The Guardian Scholars Program is a student support service for current and former foster youth. The program office was established in 2006 to assist students in their pursuit of academic and career success. Program components consist of one-on-one advising, counseling, financial assistance, workshops, social events, professional mentoring, priority registration, and direct referrals to other programs on-campus.

GSP is open to all Sacramento State students who have been in foster care, kinship care, or homeless situations and are considered “independent” by federal financial aid guidelines. We review applications throughout the year, so there is no deadline to apply. Our staff is committed to helping Guardian Scholars succeed and overcome obstacles to graduating.

All eligible students are encouraged to learn more about and apply to the Guardian Scholars Program by contacting our staff or visiting the Guardian Scholars website at www.csus.edu/gs (http://www.csus.edu/gs).

Academic Support Services

The Guardian Scholars Program is a student support service for current and former foster youth. The program office was established in 2006 to assist students in their pursuit of academic and career success. Program components consist of one-on-one advising, counseling, financial assistance, workshops, social events, professional mentoring, priority registration, and direct referrals to other programs on-campus.

GSP is open to all Sacramento State students who have been in foster care, kinship care, or homeless situations and are considered “independent” by federal financial aid guidelines. We review applications throughout the year, so there is no deadline to apply. Our staff is committed to helping Guardian Scholars succeed and overcome obstacles to graduating.

All eligible students are encouraged to learn more about and apply to the Guardian Scholars Program by contacting our staff or visiting the Guardian Scholars website at www.csus.edu/gs (http://www.csus.edu/gs).

Summer Bridge Academy (pre-college program)

The Summer Bridge Academy is an educational equity project administered through the Educational Opportunity Program. Summer Bridge is a mandatory six-week intensive academic preparation and college orientation program designed strictly for incoming EOP freshmen. There is no cost to students. EOP serves economically disadvantaged, first-generation college students.

College level GE classes are offered in the six-week Academy. Students may complete up to three college courses, including an in-depth College Success/Leadership course.

Successful completion of the courses earns students 3-8 units of credit. To be considered for the Summer Bridge Academy, students must be admitted to Sacramento State and to EOP. Prospective students are strongly encouraged to apply to the EOP program, via Cal State Apply, during the CSU Application cycle (Oct. 1st–Nov. 30th). Students must meet all applicable deadlines, as established by the Admissions & Outreach Office to successfully gain admission to EOP and the Summer Bridge Academy. Summer Bridge meets Early Start requirements.

Note: EOP also provides Summer Bridge programming for upper-class level students including sophomores through seniors.

To learn more about the Summer Bridge Academy, visit or call the EOP office, or visit the Academy website at csus.edu/eop (http://www.csus.edu/eop/freshman/sba.html)

Faculty/Student Mentor Program (FSMP)

The Faculty Student Mentor Program (FSMP) is an educational equity program designed to offer academic and personal support to students from traditionally low-income communities and selected students who have requested services due to challenges experienced in their education. The Faculty Student Mentor Program's goals are to increase the retention rates of students by helping them develop the knowledge, skills, and

Guardian Scholars Program (GSP)

The Guardian Scholars Program is a student support service for current and former foster youth. The program office was established in 2006 to assist students in their pursuit of academic and career success. Program components consist of one-on-one advising, counseling, financial assistance, workshops, social events, professional mentoring, priority registration, and direct referrals to other programs on-campus.

GSP is open to all Sacramento State students who have been in foster care, kinship care, or homeless situations and are considered “independent” by federal financial aid guidelines. We review applications throughout the year, so there is no deadline to apply. Our staff is committed to helping Guardian Scholars succeed and overcome obstacles to graduating.

All eligible students are encouraged to learn more about and apply to the Guardian Scholars Program by contacting our staff or visiting the Guardian Scholars website at www.csus.edu/gs (http://www.csus.edu/gs).
attitudes necessary to complete their academic goals, introduce the students to a discipline, build communities, and promote excellence.

Faculty and Peer Mentors are key elements to goal attainment. Program participants’ integration into campus life is facilitated by the development of discipline-based faculty and peer mentor teams. The FSMP matches the faculty peer mentor teams with program participants. These teams may organize study sessions, workshops and tutorials in the seven colleges. In addition, the mentors give personal, career and academic advice, and provide referrals to advisors within the departments and other on-campus resources. The teams also plan activities supportive of the students’ interests and needs.

For more information, please call or visit our office.

**Peer and Academic Resource Center (PARC)**
Lassen Hall 2200
(916) 278-6010
[www.csus.edu/parc](http://www.csus.edu/parc)

The Peer and Academic Resource Center (PARC) is a centralized academic support hub where students are united for common goals of excellence and student success through peer-led and student-driven services. The mission of PARC is to promote the scholastic achievements of students through enriched and supportive peer-learning opportunities that aid students along the pathway to degree attainment. We offer four programs: Supplemental Instruction (SI), Supplemental Instruction (SI) Plus, the Peer-Led Advising for College Experience (PLACE) Program, and the Workshops & Individual Tutorials (WIT) Program.

* Supplemental Instruction (SI) is an academic support program for students who are enrolled in historically-challenging general education (GE) courses. SI provides students credit (1 unit) to learn how to implement transferable academic learning strategies to increase grades in difficult university courses.

* Supplemental Instruction (SI) Plus provides free academic review and test preparation sessions for all students. These sessions are connected to the SI classes offered by PARC, however, they are open to all students, not just those enrolled in the SI program.

* Led by students who are familiar with campus life and resources, Peer-Led Advising for College Experience (PLACE) provides peer-led supplemental advising services for all students on campus. One of the well-known student-advising programs, the Government Odyssey Advising Program, is also housed in the PARC.

* Workshops & Individual Tutorials (WIT) is a free tutoring service (group and individual tutorials) open to all students on campus. The tutorials are taught by trained tutors who are familiar with materials in historically-difficult courses. In addition to helping students develop academic strategies to better understand challenging course materials, WIT has also successfully presented many Academic Support workshops in collaboration with the Academic Advising Center and Career Center. Some workshop topics included Time Management, Study Skills, Self Care, among other topics.

All of these programs assist students in collaboratively learning about how to be a successful student and how to successfully navigate the demands of the academic community. Our motto embodies who we are as a Center: Successful students promoting student success!

**First-Generation Institute**
Lassen Hall 2205
appropriate academic adjustments discussed between the student and the Counselor.

SSWD serves all matriculated Sacramento State students, regardless of identity or status. All SSWD students are served under the CSU Policy for the Provision of Accommodations and Support Services to Students with Disabilities.

SSWD services are located in three different locations. The Assistive Technology Lab is located in AIRS, the Testing Center is in the basement of the Library, and the Counseling and TRIO services are located in Lassen.

Assistive Technology Lab (ATL)

The Assistive Technology Lab insures Services to Students with Disabilities (SSWD) students, with print disabilities, have equal access to all media instructional materials. All SSWD students are encouraged to use the computer lab, where assistive hardware and software is available.

Testing Center

Lower Level Library, Room 14
(916) 278-6296
www.csus.edu/testing

The Testing Center provides testing accommodations for students registered with the Office of Services to Students with Disabilities (SSWD). Tests are administered in lower-distraction classrooms, and have available adjustable height tables, and essential assistive technology.

The Testing Center also administers campus-specific exams (such as the Writing Placement for Juniors [WPJ] exam and the Writing Placement for Graduate Students [WPG] exam), as well as state and national standardized tests (such as the California Basic Educational Skills Test [CBEST] and the Graduate Record Exam [GRE] Subject Tests) to current and prospective students.

The Testing Center offers make-up test services for a fee. Students, with their instructor's permission, can schedule appointments to take paper-based classroom exams, exams with class conflicts, or exams for distance education courses. The Testing Center also provides proctoring services for a fee for anyone needing to take a paper-based test for another university, college or agency.

TRIO

The federally funded “TRIO” Student Support Services (SSS) Project offers supplemental retention services to students with disabilities who meet the federal qualifications for eligibility, and require additional academic support. The project offers limited tutoring, grants, financial literacy support, career assistance, peer mentors; as well as sponsored academic, cultural and social activities to strengthen academic skills, retention, and ultimately graduation. Interested students must submit a TRIO SSS application, meet federal and program eligibility criteria, be U.S. Citizens or Permanent Residents, and be committed to participating in SSS program requirements at Sacramento State.

Crisis Assistance and Resource Education Support (CARES) Office

C.A.R.E.S. Office suite is located in University Union Suite1260

(916) 278-7511
https://www.csus.edu/student/casemanager/

The Sacramento State C.A.R.E.S Office provide assistance to students who are in crisis or experiencing unique challenges to their education.

CARES Case Managers can coordinate referrals to campus and community resources, and offer follow-up support to address a variety of issues including, but not limited to:

- Housing displacement
- Transportation barriers
- Financial Emergencies
- Food insecurity
- Mental health and wellness
- Physical health and wellness
- Transition back to campus following a hospitalization

Additional Services and Support:

- Assistance with CalFresh applications
- Student Emergency Housing on campus
- Student Emergency Fund
- Advocacy (for accessing resources)
- Faculty and staff workshops on working with students in distress

Basic Needs Initiative

Division of Student Affairs
(916) 278-6060
http://csus.edu/basicneeds/

The Basic Needs Initiative provides a variety of resources to meet the housing, food, and financial needs of students. Basic Needs are the minimum necessary elements that people need in order to succeed in their goals; these include food, clothing, shelter, safety. If you are experiencing challenges with food access, housing, or finances, Sacramento State wants to ensure you have resources available to you in your time of need.

We know that Basic Needs security is essential to academic success. We encourage you to leverage your resources and utilize the options on the Basic Needs Website.

Throughout the website, you will see tips on how to use these resources in order to address Basic Needs Challenges. We hope that you leverage all your resources creatively and in a way that works for you, we know that there are many ways to be a student (full-time vs. part-time, students with children, students with disabilities, students without parental support, students without FAFSA aid, etc.) so, creating a plan unique to your needs is important.

If you have any questions or need assistance creating your Basic Needs Support plan, please contact our C.A.R.E.S Case Manager, Danielle Munoz at danielle.munoz@csus.edu or (916) 278-7511.

Project Rebound

Division of Student Affairs
(916) 278-6794
http://www.csus.edu/student/projectrebound

In 1967 Professor John Irwin created Project Rebound as a way to matriculate students into San Francisco State University (SFSU) directly
from the criminal justice system. The focus of Project Rebound is "education as an alternative to incarceration" and "turning former prisoners to scholars." Since the program’s inception, hundreds of formerly incarcerated people have obtained four year degrees and beyond. In 2016, Project Rebound moved beyond the confines of SFSU onto seven other California State University (CSU) campuses, including Sacramento State; currently Project Rebound can be found on 10 CSU campuses, with several other campuses development programs.

Project Rebound is a program to help formerly incarcerated students to prepare for, apply to, enroll in and graduate with a high quality degree from Sacramento State. Project Rebound provides support for each student to ensure their optimal success at the University. The program offers academic and financial counseling and referral, peer mentoring and tutoring, and career development. The program helps students with their basic needs enabling them to focus on their studies and achieve educational and personal empowerment.