

GENERAL EDUCATION (FALL 2021 TO SPRING 2025)

Click here for General Education Requirements prior to Fall 2018. (<https://catalog.csus.edu/colleges/academic-affairs/general-education/prior-to-fall-2018/>)

Click here for General Education Requirements from Fall 2018 to Spring 2021.

One of the principles on which a modern university rests is the assumption that there is an important difference between learning to make a living and building the foundation for a life. While the first goal is important, the second is fundamental.

In focusing on the students' development as whole or "educated" people, a university distinguishes itself from a trade school. The goal of a university education is not simply the acquisition and application of knowledge, but the creation of people who firmly grasp the worth of clear thinking and know how to do it; who understand and appreciate the differences between peoples and cultures as well as their similarities; who have a sense of history and social forces; who can express thought clearly and have quantitative ability; who know something about the arts as well as how to enjoy them; who can talk and think intelligently about the physical and life sciences, the humanities, and literature; and, above all, who have the desire and capability for learning. This goal is why a university degree is so highly valued by individuals, employers, and the community at large.

The Sacramento State General Education Program is designed to educate in this holistic sense. Thus, it is not simply a series of courses to complete or hoops for students to jump through as they complete the courses in their major. Rather, general education lies at the heart of what a university education is all about.

Therefore students should carefully select courses and actively seek subject areas that are new and may challenge their world views or cherished assumptions and offer new experiences, such as inquiry-based or community-based learning. In short, students should not take the easy way out. This is their opportunity to lay the foundation for the rest of their lives, and to define themselves as educated members of the human community. Their time at the university is precious and the General Education Program has been designed to help them begin the process of becoming truly educated people. In deciding to pursue a university degree, they have chosen well and should make the best use of the opportunities open to them.

Objectives

Upon completion of the General Education Program requirements, students will be expected to:

- read, write, and understand relatively complex and sophisticated English prose;
- construct a non-fallacious verbal argument, recognize fallacious arguments, and follow the verbal arguments of others;
- find and use common information resources, engage in specialized library research, use computers, and seek out appropriate expert opinion and advice;
- use mathematical ideas to accomplish a variety of tasks;

- gain a general understanding of current theory, concepts, knowledge, and scientific methods pertaining to the nature of the physical universe, ecosystems, and life on this planet;
- develop an acquaintance and understanding of cultures and major dynamic social institutions which affect one's life,
- possess a significant and useful understanding of peoples from a diversity of cultures and backgrounds, including women and ethnic and other minority groups who have been the objects of prejudice and adverse discrimination within our society.

In addition to these basic skills, courses in the sciences, arts, humanities, and social sciences have been selected to help students attain the university's baccalaureate learning goals and to satisfy particular GE Area Learning Outcomes. The Baccalaureate Learning Goals include:

- **Competence in the Disciplines:** The ability to demonstrate the competencies and values listed below in at least one major field of study and to demonstrate informed understandings of other fields, drawing on the knowledge and skills of disciplines outside the major.
- **Knowledge of Human Cultures and the Physical and Natural World** through study in the sciences and mathematics, social sciences, humanities, histories, languages, and the arts. Focused by engagement with big questions, contemporary and enduring.
- **Intellectual and Practical Skills, Including:** inquiry and analysis, critical, philosophical, and creative thinking, written and oral communication, quantitative literacy, information literacy, teamwork and problem solving, practiced extensively across the curriculum, in the context of progressively more challenging problems, projects, and standards for performance.
- **Personal and Social Responsibility, Including:** civic knowledge and engagement—local and global, intercultural knowledge and competence¹, ethical reasoning and action, foundations and skills for lifelong learning anchored through active involvement with diverse communities and real-world challenges.
- **Integrative Learning², Including:** synthesis and advanced accomplishment across general and specialized studies.

¹ Understanding of and respect for those who are different from oneself and the ability to work collaboratively with those who come from diverse cultural backgrounds.

² Interdisciplinary learning, learning communities, capstone or senior studies in the General Education program and/or in the major connecting learning goals with the content and practices of the educational programs including GE, departmental majors, the co-curriculum and assessments.

Sacramento State General Education courses are designed, selected, and approved by the faculty to meet these program objectives. Students will benefit from consultation with the Academic Advising Center or advisors in their major departments in planning their General Education course choices. Students may search the online Schedule of Classes by Area or other specification(s) for currently available GE courses.

Course Requirements

The following courses have been approved to meet the 48-unit General Education pattern required of Sacramento State students. At least **9 units must be in upper division GE courses (100-199) from Areas B, C, and D** taken after you complete 45 units of coursework. Enrollment in upper division General Education courses is limited to students who have

completed Areas A1, A2, A3. Upper division General Education courses must be completed in residence with the CSU.

General Education/Graduation Requirements Checklist

A checklist is available to download here (https://www.csus.edu/academic-affairs/curriculum-workflow/_internal/_documents/ge_worksheet_sac-state.pdf).

Students must choose their General Education classes from the Areas and classes listed below:

Area A: Basic Subjects (p. 2) (9 units)

These requirements must be completed before enrollment in upper division GE courses. A grade of "C-" or better is required in all courses taken in Area A.

Code	Title	Units
A1: Oral Communication		3
Select one of the following:		
COMS 4	Introduction to Public Speaking	
COMS 4H	Honors Public Speaking	
COMS 5	The Communication Experience	
A2: Written Communication		3
Select one of the following:		
ENGL 5	Accelerated Academic Literacies	
ENGL 5M	Accelerated Academic Literacies - Multilingual	
ENGL 11	Academic Literacies II	
ENGL 11M	Academic Literacies II-Multilingual	
HONR 5	Academic Writing Through World History	
A3: Critical Thinking		3
Select one of the following:		
ANTH 4	Language, Culture, and Critical Thinking	
COMS 2	Argumentation	
EDUC 10	Critical Thinking and the Educated Person	
EDUC 10H	Critical Thinking and the Educated Person: Honors	
ENVS 11	Environmental Issues and Critical Thinking	
FASH 33	Fashion Sustainability, Global Impact, and Critical Thinking	
HIST 10	History's Mysteries: Thinking Critically about the Past	
HRS 60	Popular Culture: Thinking Critically About the World Around Us	
JOUR 50	Media Literacy and Critical Thinking	
NURS 9	Reasoning and Critical Thinking on Health Topics	
PHIL 4	Critical Thinking	
PHYS 30	Science and Pseudoscience	
RPTA 54	Critical Thinking in Tourism	
SOC 8	Sense and Nonsense in Social Issues and Research	
WGS 25	Introduction to Gender & Sexuality	

Area B: The Physical Universe and Its Life Forms (p. 2) (12 Units)

At least 3 units must be taken in each of Areas B1, B2 and B4 and B5. At least one course with a laboratory component (B3) must be taken in conjunction with Area B1 or B2.

Code	Title	Units
AREA B1: PHYSICAL SCIENCE		3
Select one of the following:		
ASTR 4A	Introduction to the Solar System	
ASTR 4B	Introduction to Stars, Galaxies, and Cosmology	
ASTR 4C	Introduction to Astrobiology	
ASTR 6	Astronomical Observation Laboratory	
CHEM 1A	General Chemistry I	
CHEM 6A	Introduction to General Chemistry	
FASH 31	Textile Science: Fibers and Fabrics	
GEOG 1	Atmosphere, Landscapes & Life: Intro to Physical Geography	
GEOG 5	Violent Weather/Changing Atmosphere	
GEOG 11	Laboratory in Physical Geography	
GEOL 5	Geology Of Mexico	
GEOL 7	Natural Disasters	
GEOL 8	Earth Science	
GEOL 8L	Earth Science Lab	
GEOL 10	Physical Geology	
GEOL 10L	Physical Geology Lab	
NUFD 5	Science of Food	
PHYS 5A	General Physics: Mechanics, Heat, Sound	
PHYS 10	Physics In Our World	
PHYS 11A	General Physics: Mechanics	
AREA B2: LIFE FORMS		3
Select one of the following:		
ANTH 1	Introduction to Biological Anthropology	
ANTH 1A	Biological Anthropology Laboratory	
BIO 1	Biodiversity, Evolution and Ecology	
BIO 7	Introduction to the Science of Biology	
BIO 9	Our Living World: Evolution, Ecology and Behavior	
BIO 10	Basic Biological Concepts	
BIO 20	Biology: A Human Perspective	
ENVS 10	Introduction to Environmental Science	
ENVS 10H	Honors Environmental Science	
AREA B3: LAB		
Select a course from the following:		
ASTR 6	Astronomical Observation Laboratory	
ANTH 1A	Biological Anthropology Laboratory	
BIO 1	Biodiversity, Evolution and Ecology	
BIO 7	Introduction to the Science of Biology	
BIO 15L	Laboratory Investigations in Biology	
CHEM 1A	General Chemistry I	
CHEM 6A	Introduction to General Chemistry	
GEOG 11	Laboratory in Physical Geography	
GEOL 5	Geology Of Mexico	

GEOL 8L	Earth Science Lab
GEOL 10L	Physical Geology Lab
KINS 150	Exercise and Sport Physiology
PHYS 5A	General Physics: Mechanics, Heat, Sound
PHYS 11A	General Physics: Mechanics



AREA B4: MATHEMATICAL CONCEPTS AND QUANTITATIVE REASONING¹ **3**

Select one of the following:

CHAD 33	Quantitative Reasoning in Human Development
EDUC 18	Mathematical Practices Across Cultures
FIN 10	Personal Finance
MATH 1	Mathematical Reasoning
MATH 15H	Honors Mathematical Reasoning
MATH 17	An Introduction to Exploration, Conjecture, and Proof in Mathematics
MATH 24	Modern Business Mathematics
MATH 26A	Calculus I for the Social and Life Sciences
MATH 26B	Calculus II for the Social and Life Sciences
MATH 29	Pre-Calculus Mathematics
MATH 30	Calculus I
MATH 31	Calculus II
MATH 35	Introduction to Linear Algebra
PHIL 60	Deductive Logic I
PHIL 61	Inductive Logic I
STAT 1	Introduction to Statistics
STAT 50	Introduction to Probability and Statistics
STAT 10B	Introductory Statistics with Developmental Mathematics

AREA B5: FURTHER STUDIES IN PHYSICAL SCIENCE, LIFE FORMS, AND QUANTITATIVE REASONING **3**

Select one from the following:

ANTH 117	World Prehistory and the Evolution of Modern Humanity
ANTH 118	The Anthropocene: Human Impacts on Ancient Environments
ANTH 132	Health, Culture, Power. Topics in Medical Anthropology
ANTH 133	Life of Primates
ANTH 159	Forensic Anthropology
ASTR 131	The Solar System and Space Exploration 
ASTR 132	Stars, Galaxies and Cosmology 
ASTR 180	Through Space and Time in the Planetarium
BIO 100	Introduction to Scientific Analysis
BIO 105	Life in the Ocean
BIO 109	Biology of Dinosaurs
CE 160	Introduction to Structural Analysis
CHAD 143	Mind and Brain in Developmental Context
CHEM 101	Science in the Public Debate
CHEM 106	Chemical Concepts
CHEM 125	Advanced Organic Chemistry Laboratory
CM 135	Soils and Foundations
EEE 192A	Electrical Power Design Project I
EEE 192B	Electrical Power Design Project II

EEE 193A	Product Design Project I
EEE 193B	Product Design Project II
ENGR 106	Energy and Modern Life 
ENVS 163	Ethnoecology
GEOG 111	Elements Of Meteorology
GEOG 113	Climate
GEOG 115	Biogeography
GEOG 116	Global Climate Change
GEOG 119	Visualizing Global Environments
GEOL 115	Volcanoes: An Introduction
GEOL 130	Oceanography
GEOL 170	Age of Dinosaurs
GEOL 180	Water Planet
GERO 123	Research on Aging & the Life Course
HIST 104A	Ancient Science
HIST/PHSC 107	History of the Physical Sciences
HIST 120B	The History of Darwinism
HIST 139A	Global Environmental History in the Age of Imperialism, 1450-Present Day
HIST 174B	History of Madness in the United States
HONR 101	Science and the Public Good
JOUR 116	Data Visualization
KINS 150	Exercise and Sport Physiology
ME 190	Project Engineering I
NUFD 112	Current Topics in Nutritional Sciences 
NUFD 113	Nutrition And Metabolism
NURS 168	The Brain and Gender-Related Differences
NURS 181	Research as the Foundation for Evidence-Based Nursing Practice
PHIL 125	Philosophy Of Science
PHYS 181	Modern Physics for Everyone
PHYS 182	Physics of Sports
PHYS 186	Musical Acoustics: Science and Sound
PHYS 187	Seeing the Light
POLS 102	Quantitative Reasoning in Political Science
PSYC 165	Evolutionary Psychology
RPTA 124	The Science of Nature Engagement and Human Health & Wellbeing
RPTA 126	The Science of Play
RPTA 169	Traumatology: An Introduction to Posttraumatic Growth
WGS 133	Gender & Health

Total Units **12**

¹ See the Math Department website: <https://www.csus.edu/college/natural-sciences-mathematics/math-placement-exam/> A grade of "C-" or better is required in all courses taken in Area B4.

Area C: The Arts and Humanities (p. 3) (12 Units)

At least 3 lower division units must be completed in Area C1: ARTS and at least 3 lower division units must be completed in C2: HUMANITIES. At

least 3 additional lower division units and 3 upper division units must be completed in either of the C1: Arts or C2: Humanities

Code	Title	Units
AREA C1: ARTS		3 - 9
Select 3-9 units from the following two divisions:		
<i>Lower Division: Select 3-6 Units</i>		
ARCH/INTD 1A	History of Architecture: Prehistory to 1800	
ARCH/INTD 1B	History of Architecture: 1800 to Today	
ART 1A	Art, Religions, and Power before 1400	
ART 1B	Art, Empires, and Cross-Cultural Exchange, 1400-1800	
ART 1C	Global Modern and Contemporary Art	
ART 2	History of Islamic Art	
ART 3A	Traditional Asian Art	
ART 3B	Modern and Contemporary Asian Art	
ART 4	European Visual Traditions	
ART 5	Art of the Americas	
ART 7	Introduction to Art and Visual Culture	
ART 20A	Beginning Drawing	
ART 70	Form, Space Vision	
ART 86	Clay Sculpture	
ART 88	Beginning Sculpture	
GPHD 5	Introduction to Graphic Design	
GPHD 20	History Of Graphic Design	
HRS 80	Introduction to Film	
INTD/ARCH 1A	History of Architecture: Prehistory to 1800	
INTD/ARCH 1B	History of Architecture: 1800 to Today	
INTD 15	Introduction to Interior Design	
INTD 20	Design	
MUSC 8	Basic Music	
MUSC 9	Music In World Cultures	
MUSC 10A	Survey of Music Literature I	
MUSC 10B	Survey of Music Literature II	
MUSC 18	Music Appreciation	
PHOT 11	Digital Photography I	
THEA 1	Introduction To Theatre	
THEA 2	History of the Theatre: Ancient to Renaissance	
THEA 3	Theatre History After 1660	
THEA 5	Aesthetics of Theatre and Film	
THEA 9	Appreciation Of Acting	
<i>Upper Division: Select 0-3 Units</i>		
ALS 151	The Studio: Explorations in Arts and Letters	
ART 102	Themes in World Art and Visual Culture ✎	
ART 110	US and Caribbean Art: Race and Representation 🌐	
ART 111	Latin American and Latino Art History ✎	
ART 117A	Art of India and Southeast Asia	
ART 117B	Art of China and Japan	
ART 118C	Public Art in the Americas	
ART 172	African American Art and Visual Culture 🌐	
ART 190	Global Animation History	
ASIA/HIST 140	Modern East Asian Cinema ✎	

DNCE 130	Appreciation and History of Dance	
DNCE 131	Dance Cultures Of America 🌐	
DNCE 132	African-Caribbean Dance 🌐	
ENGL 191A	Masterpieces of the Cinema	
ETHN 125	Advanced Topics Race & Intersectionality in Film	
FASH 130	History Of Western Fashion	
HIST 129D	Socialist Popular Culture	
HIST 140	Modern East Asian Cinema ✎	
HIST 146D	A History of Anime	
HRS 181	Contemporary Issues in Film	
ITAL 104A	Introduction to Italian Cinema I	
MUSC 118B	American Popular Music: Jazz History	
MUSC 118C	History of Rock Music	
MUSC 118D	Hip-Hop in Urban America	
MUSC 119A	World Music: Asia	
MUSC 119B	World Music: Africa	
MUSC 119C	World Music: Latin America	
MUSC 127	The American Musical Theater ✎	
MUSC 129	American Society and Its Music ✎	
PHIL 136	Philosophy Of Art	
THEA 115A	Multicultural Puppetry 🌐	
THEA 140	Black Drama in the African Diaspora	
THEA/WGS 144	Women and Theatre: Staging Diversity 🌐	
THEA 170	African American Theatre and Culture ✎	
THEA 173	Contemporary Chicano/Latino Theatre: Themes and Performance 1965-Present	
THEA 174	Multicultural Perspectives in American Theatre 🌐	
THEA 175	Multicultural Perspectives in American Film 🌐	
WGS 144	Women and Theatre: Staging Diversity 🌐	
WGS 146	Women In Art	
AREA C2: HUMANITIES		3 - 9
Select 3-9 units from the following two divisions		
<i>Lower Division: Select 3-6 Units</i>		
ANTH 13	Magic, Witchcraft and Religion	
ANTH 16	Comparative Early Civilizations	
CHIN 1B	Elementary Mandarin	
DEAF 52	American Sign Language 2	
ENGL 40A	Introduction to British Literature I	
ENGL 40B	Introduction to British Literature II	
ENGL 50A	Introduction to American Literature I	
ENGL 50B	Introduction to American Literature II	
ENGL 65	Introduction to World Literatures in English	
ENGL 90A	Modern Short Plays	
FREN 1B	Elementary French	
FREN 2A	Intermediate French	
GERM 1B	Elementary German	
HIST 4	Survey of Early Western Civilization	
HIST 5	Survey of Modern Western Civilization	
HIST 6	Asian Civilizations	
HIST 7	History of African Civilizations	

HIST 8	Islam and the West	ETHN/WGS 118	Asian American Women
HIST 50	World History I: to 1500	ETHN 143	American Indians, Film and Popular Culture
HIST 9	What We Ate: A Global History of Food	ETHN 123	Asian Americans in Media and Popular Culture
HIST 50H	World History I: to 1500	ETHN 145	Native Voice, Memory, and Biography ✎
HIST 51	World History from 1500 to the Present.	ETHN 150	Native American Oral Tradition and Storytelling
HIST 51H	World History from 1500 to the Present	ETHN 171	African Religions and Philosophies
HONR 2	Foundations and Legacies of Arts and Ideas of Premodern Global Cultures	FREN 120	French Civilization
HONR 3	Foundations and Legacies of Arts and Ideas of Modern Global Cultures	FREN 130	Culture Wars: From Knighthood to Revolution
HRS 4	Exploring World Religions	GERM 140	Heroes, Dragons and Quests
HRS 10	Arts and Ideas of the West: Ancient to Medieval	GERM 141	German Mythology and Legend
HRS 11	Arts and Ideas of the West: Renaissance to Modern	GERM 142	German Folk Literature, Legend, and Lore
HRS 70	Arts and Ideas of Asia: Ancient to Medieval	GERM 143	King Arthur and the Knights of the Round Table in Germany
HRS 71	Arts and Ideas of Asia: Medieval to Modern	GERM 150	German Civilization: Beginning to 16th Century
ITAL 1B	Elementary Italian	GERM 151	German Civilization: 17th Century to Present
JAPN 1B	Elementary Japanese	HIST 103	Mediterranean Europe: From the Renaissance to the European Union
KORN 1B	Elementary Korean 1B	HIST 105	Great Ages and Issues in Modern European History ✎
PHIL 2	Ethics	HIST 106	Everyday Life and Society in Antiquity ✎
PHIL 6	Introduction to Philosophy: Knowledge, World and Self	HIST 109	History of Modern Greece
PHIL 26	History of Philosophy	HIST 110	The Ancient Near East: A Cultural History
PHIL 27	History of Early Modern Philosophy	HIST 111	Ancient Greece
POLS 10	The Meaning of Government: An Introduction to Political Ideas	HIST 112	Ancient Rome
PUNJ 1B	Elementary Punjabi	HIST 113	Early Medieval Europe
RUSS 1B	Elementary Russian	HIST 116	Europe, 1648-1815, The Age of Revolution
SPAN 1B	Elementary Spanish	HIST 122A	History of Women in Western Civilization, Prehistory-Middle Ages ✎
WLL 15	World Literatures in Film	HIST 122B	History of Women in Western Civilization, Renaissance-Present ✎
<i>Upper Division: Select 0-3 Units</i>			
ANTH 121	Archaeology of Mexico	HIST 122C	Women's Global Activism in the 20th Century
ANTH 134	Japanese Culture and Society	HIST/HRS 126	Evolution of Christianity to the Reformation
ANTH 166	Rise of Religious Cults	HIST/HRS 127	Evolution of Christianity Since the Reformation
ANTH/HRS 170	The Religious Landscape of the Sacramento Valley ✎	HIST 129A	Medieval Russia
ASIA 113	Nationalism in Asia	HIST 129B	Imperial Russia
ASIA 134	History of Modern Korea	HIST 130	The Fall Of Communism
ASIA/POLS 146	US-China Relations	HIST 131	History of Sexuality in Comparative Perspective
ASIA 198	Modernity and Globalization in Asia ✎	HIST 135A	History Of Mexico To 1910
CHAD 141	History of Childhood: Interdisciplinary Perspectives	HIST 137A	Latin American Revolutions in the Twentieth Century ✎
CHIN 120	Chinese Civilization	HIST 137B	Latin American History in Film ✎
CHIN 150	Survey of Chinese Literature	HIST 142	History of Women in Africa
ECON 112	European Economic History	HIST 143A	Middle Eastern History to 1800
EDUC 121	Multicultural Children's Literature ✎🌐	HIST 146A	Cultural History of Japan to 1800
EDUC 169	Cross-Cultural Bridges: A Humanist Approach to Education 🌐	HIST 146C	The History of Manga
ENGL 180J	Jewish American Literature	HIST/HRS 147	History of Buddhism
ENGR/NSM 193	STEM Leadership, Ethics, and Social Change ✎	HIST 148A	China: Antiquity to 1600 AD
ENVS 111	Environmental Ethics	HIST 150B	Early American Book History
		HIST/HRS 168	Images Of America ✎🌐
		HIST/HRS 169	Hollywood and America
		HIST 172B	Queer Black Histories
		HIST 174C	Disability in World History: A Comparative History

HONR 102	The Public Good Through the Visual and Performing Arts ✍
HRS 113	The Culture of Classical Greece
HRS 114	The Culture of Classical Rome
HRS 117	Paganism in the Roman World
HRS 119	Classical Mythology
HRS 120	Reason and Revelation: The Origins of Western Culture ✍
HRS 121	Introduction to the Hebrew Bible/Old Testament
HRS 122	Introduction to the New Testament
HRS 131	Medieval Culture
HRS 132	Renaissance ✍
HRS 134	Baroque and the Enlightenment
HRS 135	Romanticism and Revolution
HRS 136	Birth Of The Modern
HRS 137	Global Crossings: Art and Culture 1945 to Present
HRS 141	Introduction To Judaism
HRS 142	Introduction to Christianity
HRS 144	Introduction To Islam
HRS 145	Introduction to Islamic Cultures
HRS 146	Islam in America 🌐
HRS 148	African Arts and Cultures
HRS 151	World Mythology
HRS 152	Great Mystics of the World
HRS 154	Food, Farming, and the Sacred
HRS 155	Spirit and Nature
HRS 161	Multicultural America 🌐
HRS 162	American Space and Identity
HRS 171	Introduction to the East Asian World
HRS 172	The Classical Culture of China
HRS 173	Chinese Philosophy and Religion
HRS 174	Modern Japanese Literature and Culture
HRS 175	Zen Buddhism and Daoism
HRS 176	The Confucian Tradition
HRS 178	Religions of India
HRS 178A	India's Religions: Hindus & Buddhists
HRS 179A	The Hindu Year: Fall
HRS 179B	The Hindu Year: Spring
HRS 180	The Film
HRS 183	World Religions and Cultures in Cinema
HRS 188	Fantasy and Romance
ITAL 130	Italian Civilization: The Dialogue Form It's Origins and European Context
JAPN 120	Japanese Civilization
KINS 118A	Martial Arts: Karate 🌐
KINS 118B	Martial Arts: Tae Kwon Do 🌐
KINS 118C	Martial Arts: Tai Chi 🌐
NSM/ENGR 193	STEM Leadership, Ethics, and Social Change ✍
NUFD 114	Cultural and Social Aspects of Food 🌐
NURS 120	Nursing Application of Research and Critical Analysis ✍

NURS 179	Professional Communication and Reasoning Development ✍
PHIL 102	Professional and Public Service Ethics
PHIL 112	History Of Ethics ✍
PHIL 115	Philosophy of Literature and Film ✍
PHIL 117	Existentialism ✍
PHIL 122	Political Philosophy
PHIL 131	Philosophy Of Religion
PHIL 145A	Chinese Philosophy ✍
PHIL 145B	Philosophies Of India ✍
POLS 146	US-China Relations
RUSS 120	Russian Civilization
SOC 129	Social Change and Migration in Latin America
SOC 135	Sociology of Popular Culture
SOC 160	Asian Societies
SOC 162	Middle Eastern Societies and Culture
WGS 118	Asian American Women
WGS 121	Women Of The Middle East
WGS 125	Sex & Gender in South Asia
WGS 145	Goddess, Witch, Feminist
Total Units	6-18

Area D: The Individual and Society (p. 6) (9 Units)

A minimum of two disciplines (e.g. ANTH, ECON, ETHN, HIST, POLS, RPTA, etc.) must be taken in Area D. Up to three units of the The American Institutions graduation requirement may be satisfied in Area D in either US History or US Constitution and California government (see American Institutions Graduation Requirement).

Code	Title	Units
Select 9 units from the following two divisions		9
<i>Lower Division: Select 6 Units</i>		
ANTH 2	Introduction to Cultural Anthropology	
ANTH 3	Introduction to Archaeology	
ASIA 1	Asia in the World Today	
CRJ 1	Introduction to Criminal Justice and Society	
DEAF 60	Introduction to Deaf Studies	
ECON 1A	Introduction to Macroeconomic Analysis	
ECON 1B	Introduction to Microeconomic Analysis	
EDUC 1	Education, Equity, & American Society 🌐	
ETHN 10	Africa: Myths and Realities	
GEOG 2	Cultural Geography	
GEOG 2H	Cultural Geography - Honors	
FASH 30	Fashion and Human Environment	
FSHD 50	The Family and Social Issues 🌐	
HIST 15H	Major Problems in U.S. History 🌐	
HIST 17A	United States History, 1607-1877 🌐	
HIST 17B	United States History, 1877-Present 🌐	
HIST 18	Health, Medicine, and Science in America, 1600-Present 🌐	

HIST 18B	Becoming America: Immigrants in American History, 1877-Present 🌐	ETHN 131	La Raza Studies 🌐
NURS 10	Health Care: Issues and Delivery Systems	ETHN 136	US Mexican Border Relations
POLS 1	Essentials Of Government	ETHN 137	Race and Ethnicity in Latin America and Caribbean
POLS 1H	Honors Government	ETHN 140	Native American Experience
POLS 35	World Politics	ETHN/POLS 141	Politics of the African Diaspora 🌐
PSYC 2	Introductory Psychology	ETHN 142	Native American Tribal Governments
RPTA 33	Race, Class Gender and Leisure	ETHN 155	Genocide and Holocaust Studies
SOC 1	Principles of Sociology	ETHN 170	Pan African Studies
SOC 3	Social Problems	FASH 137	Clothing, Society, and Culture
SOC 10	Issues in Crime and Social Control	FSHD 150	Family Stress and Coping: Multicultural Focus ✍️🌐
WGS 50	Introduction to LGBTQ Studies	GEOG 145	Population Geography
WGS 75	Introduction to Disability Studies	GEOL 140	Geology and the Environment ✍️
WGS 85	Introduction to Women's & Gender Studies	GERO 100	
<i>Upper Division: Select 3 Units</i>			
ANTH 101	Cultural Diversity 🌐	HIST 102A	Culture and Language in Modern Greece, 1821-1909
ANTH 102	The Nature of Culture ✍️	HIST 102B	Culture and Language in Modern Greece, 1909-Present
ANTH 143	Culture and Society in Mexico	HIST 109B	Greece's Turbulent Century, 1909 - 2010
ANTH 147	Peoples of Southeast Asia	HIST 119	Europe Since 1945
ANTH 149	Cultures of South Asia	HIST 130	The Fall Of Communism
ANTH 183	Women Cross-Culturally	HIST 135B	Revolutionary and Modern Mexico
ANTH 186	Culture and Poverty ✍️🌐	HIST 136	Spanish Civil War
ASIA 111	Asian Diaspora and Migration 🌐	HIST 138A	Colonial Latin America
ASIA 137	North Korean Politics and Society	HIST 138B	Modern and Contemporary Latin America
CE 190	Civil Engineering Project Skills	HIST 141	History of Africa Since 1800
CHAD 145	Contemporary Issues in Human Development ✍️🌐	HIST 143B	The Modern Middle East
COMS 152	Freedom Of Speech	HIST 143C	Ottoman State and Society
CRJ 111	Women and the Criminal Justice System	HIST 143D	The Arab-Israeli Conflict ✍️
CRJ 112	Gangs and Threat Groups in America	HIST 146B	Modern Japan, 1800-present
CRJ 114	Sexual Offenses and Offenders	HIST 148B	China, 1600 to Present
CRJ 115	Violence and Terrorism	HIST 151B	Founding Documents: American Democracy before 1800
CRJ 116	Restorative Justice and Conflict Resolution	HIST 159	History of US Foreign Relations
CRJ 117	American Criminal Justice and Minority Groups 🌐	HIST 161	The American Vision
CRJ 118	Drug Abuse and Criminal Behavior	HIST 162	Social History of the United States
ECON 181	Economics of Racism 🌐	HIST 163	The City in US History
EDUC 152	Hmong in Education	HIST 165	American Environmental History
EDUC 158	Latinas/os/x in Education 🌐	HIST 167	History of American Women
EDUC 160	Urban Education ✍️🌐	HIST 171A	American Indian History to 1840
EDUC 165	Sex Role Stereotyping in American Education ✍️🌐	HIST 171B	American Indian History since 1840
ENGR 105	Sustainable Design and Construction	HIST 173	The History of the Civil Rights Movement: From Reconstruction to Deconstruction, 1865-Present 🌐
ENGR 140	Engineering Economics	HIST 174A	History of Disability in the United States
ENVS/HIST 165	American Environmental History	HIST 175A	Sex, Population, and Birth Control in America
ETHN 100	Ethnic America ✍️🌐	HIST 175B	Health, Death and Disease in America 🌐
ETHN 110	The Asian American Experience	HIST 176A	African Cultural Heritage in the Americas 🌐
ETHN 112	Contemporary Asian American Issues	HIST 177	The African-American Experience, 1603-Present 🌐
ETHN 113	Asian American Communities	HIST 178	Mexican-American History 🌐
ETHN 114	Asian Americans and Globalization	HIST 186A	The California Gold Rush ✍️
ETHN 116	Asian American Politics and Public Policy	HONR 103	Civic Engagement, Service Learning: Pursuing the Public Good
ETHN 122	Sikh Americans and Globalization		
ETHN 121	Hmong American Experiences		
ETHN 130	Chicano/Mexican-American Experience		

HRS 178B	India's Religions: Jains & Sikhs
HRS 185	Women in Film and American Culture
INTD 125	Urban Design and Society
JAPN 128	Introduction to Japanese Popular Culture
JOUR/POLS 134	War, Peace and the Mass Media
JOUR 172	Women in the Mass Media
LBRS 100/ SOC 176	Labor and the American Social Structure ✍
MGMT 117	Business, Ethics and Society ✍
NURS 160	Human Sexuality
NURS 165	Hospice and Palliative Nursing Care 🌐
PHIL 101	Ethics and Social Issues ✍
PHIL 103	Business and Computer Ethics
PHIL 104	Bioethics
PHIL 105	Science and Human Values ✍
PHIL 124	Philosophy of Love
PHIL 134	Philosophy of Sports
POLS 113	American Political Thought
POLS/JOUR 134	War, Peace and the Mass Media
POLS/ETHN 141	Politics of the African Diaspora 🌐
POLS 142	Government and Politics in Africa
POLS 143	Causes of War, Causes of Peace
POLS 144	European Politics
POLS 145	Asian Politics
POLS 147	Latin American Government and Politics
POLS 148	Governments and Politics in the Middle East
POLS 150	American Governments
POLS 163	Introduction to Black Politics in the U.S. 🌐
POLS 165	Politics of the Underrepresented ✍🌐
POLS 169A	Science, Technology, and Politics
POLS 180	California State and Local Government
PSYC 134	Psychology of Human Sexuality
PSYC 135	Psychology of Multicultural Groups 🌐
PSYC 137	Stress Management
PUBH 114	Human Ecology and Health
PUBH 130	Alcohol and Other Drugs
PUBH 134	Understanding Human Sexuality
RPTA 125	Leisure, the Individual, and Contemporary Society ✍
SOC 106	Births, Deaths and Borders
SOC 118	Chicano Community 🌐
SOC 120	Ethnic and Race Relations 🌐
SOC 126	Sociology of Gender
SOC 139	Animals in Society
SOC 155	Criminology
SOC 156	Delinquency
SOC 163	Conflict, Oil and Development in the Middle East
SOC 164	Sociology of Globalization
SOC 176	Labor and the American Social Structure ✍

SPAN 129	Spanish Civil War
SWRK 102	Crosscultural Theory and Practice: Issues of Race, Gender and Class 🌐
SWRK 126	Theories of Criminal Behavior ✍
SWRK 134	Crimes Without Victims
SWRK 136	Poverty and Homelessness in America
SWRK 150	Welfare In America
SWRK 151	Health Services and Systems
SWRK 191	Exploration of Veteran Studies: An Ethnographic Approach ✍
WGS 110	Introduction to Feminist Movements in the United States
WGS 120	Mother Woman Person
WGS 136	Gender, Race, and Class ✍🌐
WGS 137	Women of Color 🌐
WGS 138	Women and Work ✍
WGS 139	Violence Against Women
WGS 140	Latinx Feminist Studies 🌐
WGS 175	Gender & Disability ✍

Total Units **9**

Area E: Understanding Personal Development (p. 8) (3 Units)

Only a single one-unit KINS activity course may be applied to this area. A one-unit KINS course cannot be combined with a two-unit DNCE course to meet this requirement. KINS 99 may be taken concurrently with any 1 unit KINS activity course for a total of 3 units of Area E GE credit.

Code	Title	Units
Select one from the following:		
ALS 21	First Year Seminar: Becoming an Educated Person	3
ANTH 21	Freshman Seminar: Becoming an Educated Person	
CE 1	Civil Engineering Seminar	
CE 4	Engineering Graphics and CAD	
CHAD 30	Human Development	
CHAD 35	Child and Adolescent Development	
COMS 21	First Year Seminar: Becoming an Educated Person	
CRJ 21	First Year Seminar: Becoming an Educated Person	
CSC 21	First Year Seminar: Becoming an Educated Person	
CPE 64	Introduction to Logic Design	
DNCE 21	First Year Seminar: Becoming an Educated Person	
ECON 21	First Year Seminar: Becoming an Educated Person	
EDUC 21	First Year Seminar: Becoming an Educated Person	
EEE 64	Introduction to Logic Design	
ENGL 21	First Year Seminar: Becoming an Educated Person	
ENGR 1	Introduction to Engineering	
ENGR 6	Engineering Graphics and CADD (Computer Aided Drafting and Design)	
ENVS 21	First Year Seminar: Becoming an Educated Person	
ETHN 21	First Year Seminar: Becoming an Educated Person	
FSHD 52	The Child In The Family	
GERO 21	First Year Seminar: Becoming an Educated Person	
GNST 21	First Year Seminar: Becoming an Educated Person	

HIST 21	First Year Seminar: Becoming an Educated Person
HONR 1	Global Education, Self-Examination, and Living
HRS 21	First Year Seminar: Becoming an Educated Person
ID 21	First Year Seminar: Becoming an Educated Person
KINS 21	First Year Seminar: Becoming an Educated Person
KINS 99	Exercise for Healthy Living
MGMT 21	First Year Seminar: Becoming an Educated Person
MUSC 21	First Year Seminar: Becoming an Educated Person
NSM 21	First Year Seminar: Becoming an Educated Person
NUFD 10	Introduction to Nutrition
NURS 21	First Year Seminar: Becoming an Educated Person
PHIL 21	First Year Seminar: Becoming an Educated Person
PHOT 20	The Photographic Self
POLS 21	First Year Seminar: Becoming an Educated Person
PUBH 50	Healthy Lifestyles
RPTA 21	First Year Seminar: Becoming an Educated Person
RPTA 22	Happiness, Quality of Life, and Recreation Over the Lifespan
RPTA 32	Leadership and Group Development
RPTA 34	The Outdoor Recreation Experience
THEA 21	First Year Seminar: Becoming an Educated Person
WLL 21	First Year Seminar: Becoming an Educated Person

Total Units 3

Area F: Ethnic Studies (3 Units) (p. 9)

Code	Title	Units
Select one from the following:		
ETHN 11	Introduction to Ethnic Studies	3
ETHN 11H	Introduction to Ethnic Studies (Honors)	
ETHN 14	Introduction to Asian American Studies	
ETHN 30	Introduction to Chicano/Latino Studies	
ETHN 53	Introduction to Native American Studies	
ETHN 70	Introduction to Pan African Studies	
ETHN 146	California Indian Studies	

Total Units 3

Additional Graduation Requirements (p. 9)

In addition to the 48-unit General Education Area Requirements, undergraduate students must also complete the following Graduation Requirements. Some courses that satisfy the GE Area Requirements may also satisfy Graduation Requirements.

S (p. 9) Second Semester Composition Requirement

Second semester composition (ENGL 20, ENGL 20M or an approved equivalent) must be completed with a grade of C- or better.

Foreign Language Graduation Requirement (p. 9)

Foreign language graduation requirement may be met by successfully completing appropriate coursework or passing proficiency exams.

For details on challenge exams, please visit the Department of World Languages and Literatures website.

With a grade of “C-” or better, the following second semester or equivalent college-level language courses may satisfy both GE Area C2 units and the Foreign Language Requirement:

Code	Title	Units
CHIN 1B	Elementary Mandarin	5
DEAF 52	American Sign Language 2	4
FREN 1B	Elementary French	4
FREN 2A	Intermediate French	4
GERM 1B	Elementary German	4
ITAL 1B	Elementary Italian	4
JAPN 1B	Elementary Japanese	5
KORN 1B	Elementary Korean 1B	5
PUNJ 1B	Elementary Punjabi	4
RUSS 1B	Elementary Russian	5
SPAN 1B	Elementary Spanish	4

American Institutions (p. 9)

This requirement may be fulfilled by completing one course in US History and one course in the US Constitution and California Government from the following list. Up to three units of the American Institutions Requirement may also satisfy GE Area units requirements. In addition, students have the option of taking challenge exams in US History, and/or US Constitution and California State and Local Government. For details on challenge exams, please see the Departments of History or Political Science.

US History		
Code	Title	Units
ANTH 101	Cultural Diversity	3
HIST 15H	Major Problems in U.S. History	3
HIST 17A	United States History, 1607-1877	3
HIST 17B	United States History, 1877-Present	3
HIST 18B	Becoming America: Immigrants in American History, 1877-Present	3
HIST 151B	Founding Documents: American Democracy before 1800	3
HIST 159	History of US Foreign Relations	3
HIST 161	The American Vision	3
HIST 162	Social History of the United States	3
HIST 167	History of American Women	3
HIST 177	The African-American Experience, 1603-Present	3
WGS 110	Introduction to Feminist Movements in the United States	3

US Constitution and CA Government

Code	Title	Units
POLS 1	Essentials Of Government	3
POLS 113	American Political Thought	3
POLS 150	American Governments	3

CA Government (California State and Local Government does not meet the U.S. Constitution requirement included in other government courses listed above but may be used by students who have taken a U.S.

Constitution course outside of California. It fulfills the state and local government requirement [only](#)).

Code	Title	Units
POLS 180	California State and Local Government	3

Race & Ethnicity in American Society (p.) (3-unit Supervenient Requirement)

These courses also meet specific GE requirements in Areas C-E. One of these courses is required for students with catalog rights beginning Fall 1990 or later. The course may also be applied to the Area requirements.

Code	Title	Units
<i>Lower Division</i>		
EDUC 1	Education, Equity, & American Society	3
FSHD 50	The Family and Social Issues	3
HIST 15H	Major Problems in U.S. History	3
HIST 17A	United States History, 1607-1877	3
HIST 17B	United States History, 1877-Present	3
HIST 18	Health, Medicine, and Science in America, 1600-Present	3
HIST 18B	Becoming America: Immigrants in American History, 1877-Present	3

Upper Division

ART 172	African American Art and Visual Culture	3
ANTH 101	Cultural Diversity	3
ANTH 186	Culture and Poverty	3
ASIA 111	Asian Diaspora and Migration	3
CHAD 145	Contemporary Issues in Human Development	3
CRJ 117	American Criminal Justice and Minority Groups	3
DNCE 131	Dance Cultures Of America	3
DNCE 132	African-Caribbean Dance	3
ECON 181	Economics of Racism	3
EDUC 121	Multicultural Children's Literature	3
EDUC 158	Latinas/os/x in Education	3
EDUC 160	Urban Education	3
EDUC 165	Sex Role Stereotyping in American Education	3
ETHN 100	Ethnic America	3
ETHN 131	La Raza Studies	3
ETHN 133	Crosscultural Aging in America	3
ETHN/POLS 141	Politics of the African Diaspora	3
FSHD 150	Family Stress and Coping: Multicultural Focus	3
HIST/HRS 168	Images Of America	3
HIST 173	The History of the Civil Rights Movement: From Reconstruction to Deconstruction, 1865-Present	3
HIST 176A	African Cultural Heritage in the Americas	3
HIST 177	The African-American Experience, 1603-Present	3
HIST 178	Mexican-American History	3
HRS 146	Islam in America	3
HRS 161	Multicultural America	3

KINS 118A	Martial Arts: Karate	3
KINS 118B	Martial Arts: Tae Kwon Do	3
KINS 118C	Martial Arts: Tai Chi	3
POLS 163	Introduction to Black Politics in the U.S.	3
POLS 165	Politics of the Underrepresented	3
PSYC 135	Psychology of Multicultural Groups	3
SOC 118	Chicano Community	3
SOC 120	Ethnic and Race Relations	3
SWRK 102	Crosscultural Theory and Practice: Issues of Race, Gender and Class	3
THEA 115A	Multicultural Puppetry	3
THEA/WGS 144	Women and Theatre: Staging Diversity	3
THEA 174	Multicultural Perspectives in American Theatre	3
THEA 175	Multicultural Perspectives in American Film	3
WGS 136	Gender, Race, and Class	3
WGS 137	Women of Color	3
WGS 140	Latinx Feminist Studies	3
WGS 144	Women and Theatre: Staging Diversity	3

Writing Intensive (p. 10) and Graduate Writing Intensive (3-unit Supervenient Requirement)

One Writing Intensive course, i.e., a course with comprehensive writing assignments (minimum 5,000 words) is required. Some Writing Intensive courses also satisfy a GE Area Requirement, a major requirement, or both. Prerequisite: Completion of GE Areas A2, A3, second semester composition (ENGL 20), junior standing, and either ENGL 109M/ ENGL 109W or completion of the WPJ. Successful completion of the writing intensive course with a grade of C- or better certifies the Graduation Writing Assessment Requirement (GWAR).

Code	Title	Units
<i>Writing Intensive Courses</i>		
ANTH 102	The Nature of Culture	3
ANTH/HRS 170	The Religious Landscape of the Sacramento Valley	3
ANTH 186	Culture and Poverty	3
ART 102	Themes in World Art and Visual Culture	3
ART 111	Latin American and Latino Art History	3
ASIA/HIST 140	Modern East Asian Cinema	3
ASIA 198	Modernity and Globalization in Asia	3
ASTR 131	The Solar System and Space Exploration	3
ASTR 132	Stars, Galaxies and Cosmology	3
COMS 100B	Rhetoric and Social Influence	3
CHAD 145	Contemporary Issues in Human Development	3
CRJ 190	Contemporary Issues in Criminal Justice	3
EDUC 121	Multicultural Children's Literature	3
EDUC 160	Urban Education	3
EDUC 165	Sex Role Stereotyping in American Education	3
ENGL 100Z	Topics in Literary Theory and Criticism	4
ENGL 120C	Topics in Composition	4

ENGL 120E	Digital Writing and Rhetoric ✍	4	MUSC 110	Research in Music History ✍	3
ENGL 120L	Community Literacy and Public Rhetorics ✍	4	MUSC 127	The American Musical Theater ✍	3
ENGL 120P	Intro to Professional Writing ✍	4	MUSC 129	American Society and Its Music ✍	3
ENGL 120R	Topics in Rhetoric ✍	4	NSM/ENGR 193	STEM Leadership, Ethics, and Social Change ✍	3
ENGL 120T	Technical Writing ✍	4	NUFD 112	Current Topics in Nutritional Sciences ✍	3
ENGL 130M	Art of Autobiography ✍	4	NURS 120	Nursing Application of Research and Critical Analysis ✍	3
ENGL 140M	Modern British Drama, 1889-Present ✍	4	NURS 179	Professional Communication and Reasoning Development ✍	3
ENGL 141A	The Essential Shakespeare ✍	4	PHIL 101	Ethics and Social Issues ✍	3
ENGL 150B	American Romanticism ✍	4	PHIL 105	Science and Human Values ✍	3
ENGL 165D	Postcolonial Literature ✍	4	PHIL 112	History Of Ethics ✍	3
ENGL 170H	Introduction To Comedy ✍	4	PHIL 115	Philosophy of Literature and Film ✍	3
ENGL 170I	Introduction To Tragedy ✍	4	PHIL 117	Existentialism ✍	3
ENGL/ETHN 180A	Forms of African-American Poetry ✍	4	PHIL 145A	Chinese Philosophy ✍	3
ENGL/ETHN 180B	Forms of African-American Fiction ✍	4	PHIL 145B	Philosophies Of India ✍	3
ENGL 180L	Chicano Literature ✍	4	PUBH 124	Ethical Considerations in Public Health ✍	3
ENGL 180M	Asian American Literature ✍	4	POLS 149A	Original Research in Comparative Politics ✍	3
ENGL 185B	Twentieth Century Fiction by Women ✍	4	POLS 165	Politics of the Underrepresented ✍🗳	3
ENGR/NSM 193	STEM Leadership, Ethics, and Social Change ✍	3	RPTA 122	Perspectives On Leisure ✍	3
ENVS 112	International Environmental Problems ✍	3	RPTA 125	Leisure, the Individual, and Contemporary Society ✍	3
ETHN 100	Ethnic America ✍🗳	3	SOC 133	Sport in a Global Perspective ✍	3
ETHN 145	Native Voice, Memory, and Biography ✍	3	SOC 168	Self and Society ✍	3
ETHN 180A	Forms of African-American Poetry ✍	4	SOC 176	Labor and the American Social Structure ✍	3
ETHN 180B	Forms African-Am Fiction ✍	4	SWRK 126	Theories of Criminal Behavior ✍	3
FSHD 150	Family Stress and Coping: Multicultural Focus ✍🗳	3	SWRK 191	Exploration of Veteran Studies: An Ethnographic Approach ✍	3
GEOG 190	Senior Research Seminar in Geography ✍	3	THEA 170	African American Theatre and Culture ✍	3
GEO 140	Geology and the Environment ✍	3	WGS 136	Gender, Race, and Class ✍🗳	3
HIST 100R	Developing Historical Skills. ✍	3	WGS 138	Women and Work ✍	3
HIST 105	Great Ages and Issues in Modern European History ✍	3	WGS 175	Gender & Disability ✍	3
HIST 106	Everyday Life and Society in Antiquity ✍	3	<i>Graduate Writing Intensive Courses</i>		
HIST 122A	History of Women in Western Civilization, Prehistory-Middle Ages ✍	3	General Education Policies		
HIST 122B	History of Women in Western Civilization, Renaissance-Present ✍	3	• All upper division GE courses require at least second semester sophomore standing (45 units) and completion of all GE Area A courses as prerequisites.		
HIST 137A	Latin American Revolutions in the Twentieth Century ✍	3	• At least 3 upper division GE units must be completed each in Area B, Area C, and Area D, for a total of at least 9 upper division GE units.		
HIST 137B	Latin American History in Film ✍	3	• Each course taken to satisfy Area A Basic Subjects, Area B4 Quantitative Reasoning, Second Semester Composition, Foreign Language, and Writing Intensive Requirements must be completed with a grade of "C-" or higher.		
HIST 140	Modern East Asian Cinema ✍	3	• A 2.0 cumulative GPA is required in General Education.		
HIST 143D	The Arab-Israeli Conflict ✍	3	Overlap Between General Education and Majors/Minors (Fall 1992 - Spring 2013)		
HIST/HRS 168	Images Of America ✍🗳	3	General Education requirements include five areas (A-E) in which you must take courses (area requirements), a nine-unit upper division requirement, a Race and Ethnicity requirement, and a Writing Intensive requirement. The overlap possibilities among these four aspects of General Education are outlined below. Students needing help applying		
HIST 186A	The California Gold Rush ✍	3			
HRS 120	Reason and Revelation: The Origins of Western Culture ✍	3			
HRS 132	Renaissance ✍	3			
JOUR 135	Public Affairs Reporting ✍	3			
KINS 133	Integration of Concepts ✍	3			
LBRS 100/SOC 176	Labor and the American Social Structure ✍	3			
MGMT 117	Business, Ethics and Society ✍	3			

these overlap policies are encouraged to seek advising through their College Advising Centers or through an advisor in the Academic Advising Center, Lassen Hall 1012.

1. A maximum of nine units of coursework from your major department may also be applied to the General Education requirements.
2. The Race and Ethnicity requirement can be met with an upper or lower division course from a student's major or major department. Example: A Social Work major can use SWRK 102 to meet the Race and Ethnicity requirement.
3. The Writing Intensive requirement can be met with a course from the major or major department in specified majors, but not in all majors.
4. There is no restriction on the overlap of courses between GE and minor requirements*

Note: For Business majors, substitute "College of Business" for "major department." For Social Science majors, substitute "History" for "major department."

Overlap Between General Education and Majors/Minors (Fall 2013 and Spring 2021)

General Education requirements include five areas (A-E) in which you must take courses (area requirements), a nine-unit upper division requirement, a Race and Ethnicity requirement, and a Writing Intensive requirement. The overlap possibilities among these four aspects of General Education are outlined below. Students needing help applying these overlap policies are encouraged to seek advising through their College Advising Centers or through an advisor in the Academic Advising Center, Lassen Hall 1012.

1. There is no university restriction on the overlap of courses between GE and coursework approved for GE from your major department.
2. The Race and Ethnicity requirement can be met with an upper or lower division course from a student's major or major department. Example: A Social Work major can use SWRK 102 to meet the Race and Ethnicity requirement.
3. The Writing Intensive requirement can be met with a course from the major or major department in specified majors, but not in all majors.
4. There is no restriction on the overlap of courses between GE and minor requirements

Transfer Students

Transfer students who have completed lower division General Education requirements at a California Community College, including those certified under the Intersegmental General Education Transfer Core Curriculum (IGETC), and/or those in receipt of an Associate Degree for Transfer (ADT), are required to complete 9 units of upper division GE at Sacramento State (or another CSU campus), meet the foreign language proficiency graduation requirement, meet the state "code" requirements in U.S. History, American and California Government, and the writing intensive requirement. These 9 units may or may not include the writing intensive requirement, depending on the policy of the student's major department. Students who have not completed an approved course for the "Race and Ethnicity in American Society" category at a community college must take a course in this category at Sacramento State. In addition, all transfer students, except those fully certified as having completed the IGETC core curriculum, must complete the required second semester writing course or an approved course at a community college.

Note: Foreign Language Proficiency Requirement - If not satisfied before entering Sacramento State, it may be satisfied in General Education Area C2 (Humanities). "C- or higher required." The alternative methods for satisfying the Foreign Language Proficiency Requirement are described here (<http://www.csus.edu/wll/for-students/graduation-requirement.html/>).

For more information about IGETC requirements and/or Associate Degrees for Transfer, contact your community college counselor.