

GENERAL EDUCATION

Click here for General Education Requirements prior to Fall 2018. (<https://catalog.csus.edu/colleges/academic-affairs/general-education/prior-to-fall-2018/>)

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One of the principles on which a modern university rests is the assumption that there is an important difference between learning to make a living and building the foundation for a life. While the first goal is important, the second is fundamental.

In focusing on the students' development as whole or "educated" people, a university distinguishes itself from a trade school. The goal of a university education is not simply the acquisition and application of knowledge, but the creation of people who firmly grasp the worth of clear thinking and know how to do it; who understand and appreciate the differences between peoples and cultures as well as their similarities; who have a sense of history and social forces; who can express thought clearly and have quantitative ability; who know something about the arts as well as how to enjoy them; who can talk and think intelligently about the physical and life sciences, the humanities, and literature; and, above all, who have the desire and capability for learning. This goal is why a university degree is so highly valued by individuals, employers, and the community at large.

The Sacramento State General Education Program is designed to educate in this holistic sense. Thus, it is not simply a series of courses to complete or hoops for students to jump through as they complete the courses in their major. Rather, general education lies at the heart of what a university education is all about.

Therefore students should carefully select courses and actively seek subject areas that are new and may challenge their world views or cherished assumptions and offer new experiences, such as inquiry-based or community-based learning. In short, students should not take the easy way out. This is their opportunity to lay the foundation for the rest of their lives, and to define themselves as educated members of the human community. Their time at the university is precious and the General Education Program has been designed to help them begin the process of becoming truly educated people. In deciding to pursue a university degree, they have chosen well and should make the best use of the opportunities open to them.

Objectives

Upon completion of the General Education Program requirements, students will be expected to:

- read, write, and understand relatively complex and sophisticated English prose;
- construct a non-fallacious verbal argument, recognize fallacious arguments, and follow the verbal arguments of others;
- find and use common information resources, engage in specialized library research, use computers, and seek out appropriate expert opinion and advice;
- use mathematical ideas to accomplish a variety of tasks;

- gain a general understanding of current theory, concepts, knowledge, and scientific methods pertaining to the nature of the physical universe, ecosystems, and life on this planet;
- develop an acquaintance and understanding of cultures and major dynamic social institutions which affect one's life,
- possess a significant and useful understanding of peoples from a diversity of cultures and backgrounds, including women and ethnic and other minority groups who have been the objects of prejudice and adverse discrimination within our society.

In addition to these basic skills, courses in the sciences, arts, humanities, and social sciences have been selected to help students attain the university's baccalaureate learning goals and to satisfy particular GE Area Learning Outcomes. The Baccalaureate Learning Goals include:

- **Competence in the Disciplines:** The ability to demonstrate the competencies and values listed below in at least one major field of study and to demonstrate informed understandings of other fields, drawing on the knowledge and skills of disciplines outside the major.
- **Knowledge of Human Cultures and the Physical and Natural World** through study in the sciences and mathematics, social sciences, humanities, histories, languages, and the arts. Focused by engagement with big questions, contemporary and enduring.
- **Intellectual and Practical Skills, Including:** inquiry and analysis, critical, philosophical, and creative thinking, written and oral communication, quantitative literacy, information literacy, teamwork and problem solving, practiced extensively across the curriculum, in the context of progressively more challenging problems, projects, and standards for performance.
- **Personal and Social Responsibility, Including:** civic knowledge and engagement—local and global, intercultural knowledge and competence¹, ethical reasoning and action, foundations and skills for lifelong learning anchored through active involvement with diverse communities and real-world challenges.
- **Integrative Learning², Including:** synthesis and advanced accomplishment across general and specialized studies.

¹ Understanding of and respect for those who are different from oneself and the ability to work collaboratively with those who come from diverse cultural backgrounds.

² Interdisciplinary learning, learning communities, capstone or senior studies in the General Education program and/or in the major connecting learning goals with the content and practices of the educational programs including GE, departmental majors, the co-curriculum and assessments.

Sacramento State General Education courses are designed, selected, and approved by the faculty to meet these program objectives. Students will benefit from consultation with the Academic Advising Center or advisors in their major departments in planning their General Education course choices. Students may search the online Schedule of Classes by Area or other specification(s) for currently available GE courses.

Course Requirements

The following courses have been approved to meet the 43-unit General Education pattern required of Sacramento State students. At least **9 units must be in upper division GE courses (100-199) from Subject Areas 3, 4, and 5 or 2** taken after you complete 34 units of coursework. Enrollment in upper division General Education courses is limited to students who

have completed Areas 1A, 1B, and 1C. Upper division General Education courses must be completed in residence with the CSU.

General Education/Graduation Requirements Checklist

A checklist is available to download here. (https://www.csus.edu/academic-affairs/curriculum-workflow/_internal/_documents/ge_worksheet_sac-state_2025.pdf)

Students must choose their General Education classes from the Areas and classes listed below:

Subject Area 1: (p.) English Communication (9 units)

These requirements must be completed before enrollment in upper division GE courses. A grade of "C-" or better is required in all courses taken in Area 1.

Code	Title	Units
1A: English Composition		3
Select one of the following:		
ENGL 5	Accelerated Academic Literacies	
ENGL 5M	Accelerated Academic Literacies - Multilingual	
ENGL 11	Academic Literacies II	
ENGL 11M	Academic Literacies II-Multilingual	
HONR 5	Academic Writing Through World History	
1B: Critical Thinking		3
Select one of the following:		
ANTH 4	Language, Culture, and Critical Thinking	
COMS 2	Argumentation	
EDUC 10	Critical Thinking and the Educated Person	
EDUC 10H	Critical Thinking and the Educated Person: Honors	
ENVS 11	Environmental Issues and Critical Thinking	
FASH 33	Fashion Sustainability, Global Impact, and Critical Thinking	
HIST 10	History's Mysteries: Thinking Critically about the Past	
HONR 1	Global Education, Self-Examination, and Living	
HRS 60	Popular Culture: Thinking Critically About the World Around Us	
JOUR 50	Media Literacy and Critical Thinking	
NURS 9	Reasoning and Critical Thinking on Health Topics	
PHIL 4	Critical Thinking	
PHYS 30	Science and Pseudoscience	
RPTA 35	Critical Thinking and the Outdoor Recreation Experience	
RPTA 54	Critical Thinking in Tourism	
SOC 8	Sense and Nonsense in Social Issues and Research	
WGS 25	Introduction to Gender & Sexuality	
1C: Oral Communication		3
Select one of the following:		
COMS 4	Introduction to Public Speaking	
COMS 4H	Honors Public Speaking	
COMS 5	The Communication Experience	

Subject Area 2: Mathematical Concepts and Quantitative Reasoning (p.) (3-6 Units)

At least 3 lower division units must be completed in Area 2: Mathematical Concepts/Quantitative Reasoning and at least 3 upper division units must be completed in either Subject Area 5: Science or 2: Mathematical Concepts/Quantitative Reasoning.

Code	Title	Units
<i>Lower Division: Select 3 Units</i>		
CHAD 33	Quantitative Reasoning in Human Development	
EDUC 18	Mathematical Practices Across Cultures	
FIN 10	Personal Finance	
MATH 1	Mathematical Reasoning	
MATH 15H	Honors Mathematical Reasoning	
MATH 17	An Introduction to Exploration, Conjecture, and Proof in Mathematics	
MATH 24	Modern Business Mathematics	
MATH 26A	Calculus I for the Social and Life Sciences	
MATH 26B	Calculus II for the Social and Life Sciences	
MATH 29	Pre-Calculus Mathematics	
MATH 30	Calculus I	
MATH 31	Calculus II	
MATH 35	Introduction to Linear Algebra	
PHIL 60	Deductive Logic I	
PHIL 61	Inductive Logic I	
STAT 1	Introduction to Statistics	
STAT 50	Introduction to Probability and Statistics	
STAT 10B	Introductory Statistics with Developmental Mathematics	
<i>Upper Division: Select 0-3 Units</i>		
CE 160	Introduction to Structural Analysis	
ECON 139	Economics of Personal Finance	
GERO 122	Interprofessional Approaches to Health Care in Older Adults	
GERO 123	Research on Aging & the Life Course	
JOUR 116	Data Visualization	
NURS 181	Research as the Foundation for Evidence-Based Nursing Practice	
POLS 102	Quantitative Reasoning in Political Science	
STAT 141	Introduction to Data Science	
Total Units		0

¹ See the Math Department website: <https://www.csus.edu/college/natural-sciences-mathematics/math-placement-exam/> A grade of "C-" or better is required in all courses taken in Subject Area 2.

Subject Area 3: The Arts and Humanities (p.) (9 Units)

At least 3 lower division units must be completed in Area 3A: ARTS and at least 3 lower division units must be completed in 3B: HUMANITIES. At

least 3 upper division units must be completed in either of the 3A: Arts or 3B: Humanities.

Code	Title	Units
3A: ARTS		3
Select 3-6 units from the following two divisions:		
<i>Lower Division: Select 3 Units</i>		
ARCH/INTD 1A	History of Architecture: Prehistory to 1800	
ARCH/INTD 1B	History of Architecture: 1800 to Today	
ART 1A	Art, Religions, and Power before 1400	
ART 1B	Art, Empires, and Cross-Cultural Exchange, 1400-1800	
ART 1C	Global Modern and Contemporary Art	
ART 2	History of Islamic Art	
ART 3A	Traditional Asian Art	
ART 3B	Modern and Contemporary Asian Art	
ART 4	European Visual Traditions	
ART 5	Art of the Americas	
ART 7	Introduction to Art and Visual Culture	
ART 20A	Beginning Drawing	
ART 70	Form, Space Vision	
ART 86	Clay Sculpture	
ART 88	Beginning Sculpture	
GPHD 5	Introduction to Graphic Design	
GPHD 20	History Of Graphic Design	
HRS 80	Introduction to Film	
INTD/ARCH 1A	History of Architecture: Prehistory to 1800	
INTD/ARCH 1B	History of Architecture: 1800 to Today	
INTD 15	Introduction to Interior Design	
INTD 20	Design	
MUSC 8	Basic Music	
MUSC 9	Music In World Cultures	
MUSC 10A	Survey of Music Literature I	
MUSC 10B	Survey of Music Literature II	
MUSC 18	Music Appreciation	
PHOT 11	Digital Photography I	
THEA 1	Introduction To Theatre	
THEA 2	History of the Theatre: Ancient to Renaissance	
THEA 3	Theatre History After 1660	
THEA 5	Aesthetics of Theatre and Film	
THEA 9	Appreciation Of Acting	
<i>Upper Division: Select 0-3 Units</i>		
ALS 151	The Studio: Explorations in Arts and Letters	
ART 102	Themes in World Art and Visual Culture ✎	
ART 110	US and Caribbean Art: Race and Representation 🌐	
ART 111	Latin American and Latino Art History ✎	
ART 117A	Art of India and Southeast Asia	
ART 117B	Art of China and Japan	
ART 118C	Public Art in the Americas	
ART 172	African American Art and Visual Culture 🌐	
ART 190	Global Animation History	
ASIA/HIST 140	Modern East Asian Cinema ✎	
DNCE 130	Appreciation and History of Dance	

DNCE 131	Dance Cultures Of America 🌐	
DNCE 132	African-Caribbean Dance 🌐	
ENGL 191A	Masterpieces of the Cinema	
ETHN 125	Advanced Topics Race & Intersectionality in Film	
FASH 130	History Of Western Fashion	
HIST 129D	Socialist Popular Culture	
HIST 140	Modern East Asian Cinema ✎	
HIST 146D	A History of Anime	
HONR 102	The Public Good Through the Visual and Performing Arts ✎	
HRS 181	Contemporary Issues in Film	
ITAL 104A	Introduction to Italian Cinema I	
MUSC 118B	American Popular Music: Jazz History	
MUSC 118C	History of Rock Music	
MUSC 118D	Hip-Hop in Urban America	
MUSC 119A	World Music: Asia	
MUSC 119B	World Music: Africa	
MUSC 119C	World Music: Latin America	
MUSC 127	The American Musical Theater ✎	
MUSC 129	American Society and Its Music ✎	
PHIL 136	Philosophy Of Art	
THEA 115A	Multicultural Puppetry 🌐	
THEA 140	Black Drama in the African Diaspora	
THEA/WGS 144	Women and Theatre: Staging Diversity 🌐	
THEA 170	African American Theatre and Culture ✎	
THEA 173	Contemporary Chicano/Latino Theatre: Themes and Performance 1965-Present	
THEA 174	Multicultural Perspectives in American Theatre 🌐	
THEA 175	Multicultural Perspectives in American Film 🌐	
WGS 144	Women and Theatre: Staging Diversity 🌐	
WGS 146	Women In Art	
3B: HUMANITIES		3 - 6
Select 3-6 units from the following two divisions		
<i>Lower Division: Select 3 Units</i>		
ANTH 13	Magic, Witchcraft and Religion	
ANTH 16	Comparative Early Civilizations	
CHIN 1B	Elementary Mandarin	
DEAF 52	American Sign Language 2	
ENGL 40A	Introduction to British Literature I	
ENGL 40B	Introduction to British Literature II	
ENGL 50A	Introduction to American Literature I	
ENGL 50B	Introduction to American Literature II	
ENGL 61	Reading Rhetorically	
ENGL 65	Introduction to World Literatures in English	
ENGL 90A	Modern Short Plays	
FREN 1B	Elementary French	
FREN 2A	Intermediate French	
GERM 1B	Elementary German	
HIST 4	Survey of Early Western Civilization	
HIST 5	Survey of Modern Western Civilization	

HIST 6	Asian Civilizations
HIST 7	History of African Civilizations
HIST 8	Islam and the West
HIST 50	World History I: to 1500
HIST 9	What We Ate: A Global History of Food
HIST 50H	World History I: to 1500
HIST 51	World History from 1500 to the Present.
HIST 51H	World History from 1500 to the Present
HONR 2	Foundations and Legacies of Arts and Ideas of Premodern Global Cultures
HONR 3	Foundations and Legacies of Arts and Ideas of Modern Global Cultures
HRS 4	Exploring World Religions
HRS 10	Arts and Ideas of the West: Ancient to Medieval
HRS 11	Arts and Ideas of the West: Renaissance to Modern
HRS 70	Arts and Ideas of Asia: Ancient to Medieval
HRS 71	Arts and Ideas of Asia: Medieval to Modern
ITAL 1B	Elementary Italian
JAPN 1B	Elementary Japanese
KORN 1B	Elementary Korean 1B
PHIL 2	Ethics
PHIL 6	Introduction to Philosophy: Knowledge, World and Self
PHIL 26	History of Philosophy
PHIL 27	History of Early Modern Philosophy
POLS 10	The Meaning of Government: An Introduction to Political Ideas
PUNJ 1B	Elementary Punjabi
RUSS 1B	Elementary Russian
SPAN 1B	Elementary Spanish
WLL 15	World Literatures in Film
<i>Upper Division: Select 0-3 Units</i>	
ANTH 121	Archaeology of Mexico
ANTH 134	Japanese Culture and Society
ANTH 166	Rise of Religious Cults
ANTH/HRS 170	The Religious Landscape of the Sacramento Valley
ASIA 113	Nationalism in Asia
ASIA 134	History of Modern Korea
ASIA/POLS 146	US-China Relations
ASIA 198	Modernity and Globalization in Asia
CHAD 141	History of Childhood: Interdisciplinary Perspectives
CHIN 120	Chinese Civilization
CHIN 150	Survey of Chinese Literature
COMS/JOUR 120	History of the Media
ECON 112	European Economic History
EDUC 121	Multicultural Children's Literature
EDUC 169	Cross-Cultural Bridges: A Humanist Approach to Education
ENGL 180J	Jewish American Literature
ENGR/NSM 193	STEM Leadership, Ethics, and Social Change
ENVS 111	Environmental Ethics
ETHN/WGS 118	Asian American Women
ETHN 123	Asian Americans in Media and Popular Culture
ETHN 132	La Mujer: Chicana and Latina Identity, Activism, and Transformational Resistance
ETHN 143	American Indians, Film and Popular Culture
ETHN 145	Native Voice, Memory, and Biography
ETHN 150	Native American Oral Tradition and Storytelling
ETHN 171	African Religions and Philosophies
ETHN 183	Afrofuturism
FREN 120	French Civilization
FREN 130	Culture Wars: From Knighthood to Revolution
GEOG 133	Geography of the Middle East and North Africa
GERM 140	Heroes, Dragons and Quests
GERM 141	German Mythology and Legend
GERM 142	German Folk Literature, Legend, and Lore
GERM 143	King Arthur and the Knights of the Round Table in Germany
GERM 150	German Civilization: Beginning to 16th Century
GERM 151	German Civilization: 17th Century to Present
HIST 103	Mediterranean Europe: From the Renaissance to the European Union
HIST 105	Great Ages and Issues in Modern European History
HIST 106	Everyday Life and Society in Antiquity
HIST 109	History of Modern Greece
HIST 110	The Ancient Near East: A Cultural History
HIST 111	Ancient Greece
HIST 112	Ancient Rome
HIST 113	Early Medieval Europe
HIST 116	Europe, 1648-1815, The Age of Revolution
HIST 120A	History of Medicine, Ancient and Medieval
HIST 122A	History of Women in Western Civilization, Prehistory-Middle Ages
HIST 122B	History of Women in Western Civilization, Renaissance-Present
HIST 122C	Women's Global Activism in the 20th Century
HIST/HRS 126	Evolution of Christianity to the Reformation
HIST/HRS 127	Evolution of Christianity Since the Reformation
HIST 129A	Medieval Russia
HIST 129B	Imperial Russia
HIST 130	The Fall Of Communism
HIST 131	History of Sexuality in Comparative Perspective
HIST 135A	History Of Mexico To 1910
HIST 137A	Latin American Revolutions in the Twentieth Century
HIST 137B	Latin American History in Film
HIST 142	History of Women in Africa
HIST 143A	Middle Eastern History to 1800

HIST 146A	Cultural History of Japan to 1800
HIST 146C	The History of Manga
HIST/HRS 147	History of Buddhism
HIST 148A	China: Antiquity to 1600 AD
HIST 150B	Early American Book History
HIST/HRS 168	Images Of America ✍️🌐
HIST/HRS 169	Hollywood and America
HIST 172B	Queer Black Histories
HIST 174C	Disability in World History: A Comparative History
HONR 102	The Public Good Through the Visual and Performing Arts ✍️
HRS 113	The Culture of Classical Greece
HRS 114	The Culture of Classical Rome
HRS 117	Paganism in the Roman World
HRS 119	Classical Mythology
HRS 120	Reason and Revelation: The Origins of Western Culture ✍️
HRS 121	Introduction to the Hebrew Bible/Old Testament
HRS 122	Introduction to the New Testament
HRS 131	Medieval Culture
HRS 132	Renaissance ✍️
HRS 134	Baroque and the Enlightenment
HRS 135	Romanticism and Revolution
HRS 136	Birth Of The Modern
HRS 137	Global Crossings: Art and Culture 1945 to Present
HRS 141	Introduction To Judaism
HRS 142	Introduction to Christianity
HRS 144	Introduction To Islam
HRS 145	Introduction to Islamic Cultures
HRS 146	Islam in America 🌐
HRS 148	African Arts and Cultures
HRS 151	World Mythology
HRS 152	Great Mystics of the World
HRS 154	Food, Farming, and the Sacred
HRS 155	Spirit and Nature
HRS 161	Multicultural America 🌐
HRS 162	American Space and Identity
HRS 171	Introduction to the East Asian World
HRS 172	The Classical Culture of China
HRS 173	Chinese Philosophy and Religion
HRS 174	Modern Japanese Literature and Culture
HRS 175	Zen Buddhism and Daoism
HRS 176	The Confucian Tradition
HRS 178	Religions of India
HRS 178A	India's Religions: Hindus & Buddhists
HRS 179A	The Hindu Year: Fall
HRS 179B	The Hindu Year: Spring
HRS 180	The Film
HRS 183	World Religions and Cultures in Cinema
HRS 188	Fantasy and Romance
ITAL 130	Italian Civilization: The Dialogue Form It's Origins and European Context

JAPN 120	Japanese Civilization
KINS 118A	Martial Arts: Karate 🌐
KINS 118B	Martial Arts: Tae Kwon Do 🌐
KINS 118C	Martial Arts: Tai Chi 🌐
NSM/ENGR 193	STEM Leadership, Ethics, and Social Change ✍️
NUFD 114	Cultural and Social Aspects of Food 🌐
NURS 120	Nursing Application of Research and Critical Analysis ✍️
NURS 179	Professional Communication and Reasoning Development ✍️
PHIL 102	Professional and Public Service Ethics
PHIL 112	History Of Ethics ✍️
PHIL 115	Philosophy of Literature and Film ✍️
PHIL 117	Existentialism ✍️
PHIL 122	Political Philosophy
PHIL 131	Philosophy Of Religion
PHIL 145A	Chinese Philosophy ✍️
PHIL 145B	Philosophies Of India ✍️
POLS 146	US-China Relations
RUSS 120	Russian Civilization
SOC 129	Social Change and Migration in Latin America
SOC 135	Sociology of Popular Culture
SOC 160	Asian Societies
SOC 162	Middle Eastern Societies and Culture
WGS 118	Asian American Women
WGS 121	Women Of The Middle East
WGS 125	Sex & Gender in South Asia
WGS 145	Goddess, Witch, Feminist

Total Units

6-9

Subject Area 4: Social and Behavioral Sciences (p.) (9 Units)

A minimum of two disciplines (e.g. ANTH, ECON, ETHN, HIST, POLS, RPTA, etc.) must be taken in Area 4. Up to three units of the The American Institutions graduation requirement may be satisfied in Area 4 in either US History or US Constitution and California government (see American Institutions Graduation Requirement).

Code	Title	Units
Select 9 units from the following two divisions		9
<i>Lower Division: Select 6 Units</i>		
ANTH 2	Introduction to Cultural Anthropology	
ANTH 3	Introduction to Archaeology	
ASIA 1	Asia in the World Today	
CHAD 30	Human Development	
CRJ 1	Introduction to Criminal Justice and Society	
DEAF 60	Introduction to Deaf Studies	
ECON 1A	Introduction to Macroeconomic Analysis	
ECON 1B	Introduction to Microeconomic Analysis	
EDUC 1	Education, Equity, & American Society 🌐	
ETHN 10	Africa: Myths and Realities	
GEOG 2	Cultural Geography	

GEOG 2H	Cultural Geography - Honors	ENVS/HIST 165	American Environmental History
GEOG 4	Global Urbanism: Cities and World Regions	ETHN 100	Ethnic America ✍️🌐
GERO 10	Aging Issues in Contemporary Society	ETHN 102	Latinx Spiritual Movements: Legacies of Latinx Religious Activism
FASH 30	Fashion and Human Environment	ETHN 110	The Asian American Experience
FSDH 50	The Family and Social Issues 🌐	ETHN 112	Contemporary Asian American Issues
HIST 15H	Major Problems in U.S. History 🌐	ETHN 113	Asian American Communities
HIST 17A	United States History, 1607-1877 🌐	ETHN 114	Asian Americans and Globalization
HIST 17B	United States History, 1877-Present 🌐	ETHN 116	Asian American Politics and Public Policy
HIST 18	Health, Medicine, and Science in America, 1600-Present 🌐	ETHN 122	Sikh Americans and Globalization
HIST 18B	Becoming America: Immigrants in American History, 1877-Present 🌐	ETHN 121	Hmong American Experiences
NURS 10	Health Care: Issues and Delivery Systems	ETHN 130	Chicano/Mexican-American Experience
POLS 1	Essentials Of Government	ETHN 131	La Raza Studies 🌐
POLS 1H	Honors Government	ETHN 136	US Mexican Border Relations
POLS 35	World Politics	ETHN 137	Race and Ethnicity in Latin America and Caribbean
PSYC 2	Introductory Psychology	ETHN 140	Native American Experience
RPTA 33	Race, Class Gender and Leisure	ETHN/POLS 141	Politics of the African Diaspora 🌐
SOC 1	Principles of Sociology	ETHN 142	Native American Tribal Governments
SOC 3	Social Problems	ETHN 155	Genocide and Holocaust Studies
SOC 10	Issues in Crime and Social Control	ETHN 170	Pan African Studies
WGS 50	Introduction to LGBTQ Studies	FASH 137	Clothing, Society, and Culture
WGS 75	Introduction to Disability Studies	FSHD 150	Family Stress and Coping: Multicultural Focus ✍️🌐
WGS 85	Introduction to Women's & Gender Studies	GEOG 143	Environmental Hazards and Society
<i>Upper Division: Select 3 Units</i>			
ANTH 101	Cultural Diversity 🌐	GEOG 145	Population Geography
ANTH 102	The Nature of Culture ✍️	GEOL 140	Geology and the Environment ✍️
ANTH 143	Culture and Society in Mexico	HIST 102A	Culture and Language in Modern Greece, 1821-1909
ANTH 147	Peoples of Southeast Asia	HIST 102B	Culture and Language in Modern Greece, 1909-Present
ANTH 149	Cultures of South Asia	HIST 109B	Greece's Turbulent Century, 1909 - 2010
ANTH 183	Women Cross-Culturally	HIST 119	Europe Since 1945
ANTH 186	Culture and Poverty ✍️🌐	HIST 130	The Fall Of Communism
ASIA 111	Asian Diaspora and Migration 🌐	HIST 135B	Revolutionary and Modern Mexico
ASIA 137	North Korean Politics and Society	HIST 136	Spanish Civil War
CE 190	Civil Engineering Project Skills	HIST 138A	Colonial Latin America
CHAD 145	Contemporary Issues in Human Development ✍️🌐	HIST 138B	Modern and Contemporary Latin America
COMS 152	Freedom Of Speech	HIST 141	History of Africa Since 1800
CRJ 111	Women and the Criminal Justice System	HIST 143B	The Modern Middle East
CRJ 112	Gangs and Threat Groups in America	HIST 143C	Ottoman State and Society
CRJ 114	Sexual Offenses and Offenders	HIST 143D	The Arab-Israeli Conflict ✍️
CRJ 115	Violence and Terrorism	HIST 146B	Modern Japan, 1800-present
CRJ 116	Restorative Justice and Conflict Resolution	HIST 148B	China, 1600 to Present
CRJ 117	American Criminal Justice and Minority Groups 🌐	HIST 151B	Founding Documents: American Democracy before 1800
CRJ 118	Drug Abuse and Criminal Behavior	HIST 159	History of US Foreign Relations
ECON 181	Economics of Racism 🌐	HIST 161	The American Vision
EDUC 152	Hmong in Education	HIST 162	Social History of the United States
EDUC 158	Latinas/os/x in Education 🌐	HIST 163	The City in US History
EDUC 160	Urban Education ✍️🌐	HIST 165	American Environmental History
EDUC 165	Sex Role Stereotyping in American Education ✍️🌐	HIST 167	History of American Women
ENGR 105	Sustainable Design and Construction	HIST 171A	American Indian History to 1840
ENGR 140	Engineering Economics		

HIST 171B	American Indian History since 1840
HIST 173	The History of the Civil Rights Movement: From Reconstruction to Deconstruction, 1865-Present 🌐
HIST 174A	History of Disability in the United States
HIST 175A	Sex, Population, and Birth Control in America
HIST 175B	Health, Death and Disease in America 🌐
HIST 176A	African Cultural Heritage in the Americas 🌐
HIST 177	The African-American Experience, 1603-Present 🌐
HIST 178	Mexican-American History 🌐
HIST 186A	The California Gold Rush ✍️
HONR 103	Civic Engagement, Service Learning: Pursuing the Public Good
HRS 178B	India's Religions: Jains & Sikhs
HRS 185	Women in Film and American Culture
INTD 125	Urban Design and Society
JAPN 128	Introduction to Japanese Popular Culture
JOUR/POLS 134	War, Peace and the Mass Media
JOUR 172	Women in the Mass Media
LBRS 100/ SOC 176	Labor and the American Social Structure ✍️
MGMT 117	Business, Ethics and Society ✍️
NURS 160	Human Sexuality
NURS 165	Hospice and Palliative Nursing Care 🌐
PHIL 101	Ethics and Social Issues ✍️
PHIL 103	Business and Computer Ethics
PHIL 104	Bioethics
PHIL 105	Science and Human Values ✍️
PHIL 124	Philosophy of Love
PHIL 134	Philosophy of Sports
POLS 113	American Political Thought
POLS/JOUR 134	War, Peace and the Mass Media
POLS/ETHN 141	Politics of the African Diaspora 🌐
POLS 142	Government and Politics in Africa
POLS 143	Causes of War, Causes of Peace
POLS 144	European Politics
POLS 145	Asian Politics
POLS 147	Latin American Government and Politics
POLS 148	Governments and Politics in the Middle East
POLS 150	American Governments
POLS 163	Introduction to Black Politics in the U.S. 🌐
POLS 165	Politics of the Underrepresented ✍️ 🌐
POLS 169A	Science, Technology, and Politics
POLS 180	California State and Local Government
PSYC 134	Psychology of Human Sexuality
PSYC 135	Psychology of Multicultural Groups 🌐
PSYC 137	Stress Management
PUBH 114	Human Ecology and Health
PUBH 130	Alcohol and Other Drugs
PUBH 134	Understanding Human Sexuality

RPTA 125	Leisure, the Individual, and Contemporary Society ✍️
SOC 106	Births, Deaths and Borders
SOC 118	Chicano Community 🌐
SOC 120	Ethnic and Race Relations 🌐
SOC 126	Sociology of Gender
SOC 139	Animals in Society
SOC 155	Criminology
SOC 156	Delinquency
SOC 163	Conflict, Oil and Development in the Middle East
SOC 164	Sociology of Globalization
SOC 176	Labor and the American Social Structure ✍️
SPAN 129	Spanish Civil War
SWRK 102	Crosscultural Theory and Practice: Issues of Race, Gender and Class 🌐
SWRK 126	Theories of Criminal Behavior ✍️
SWRK 134	Crimes Without Victims
SWRK 136	Poverty and Homelessness in America
SWRK 150	Welfare In America
SWRK 151	Health Services and Systems
SWRK 191	Exploration of Veteran Studies: An Ethnographic Approach ✍️
WGS 110	Introduction to Feminist Movements in the United States
WGS 120	Mother Woman Person
WGS 136	Gender, Race, and Class ✍️ 🌐
WGS 137	Women of Color 🌐
WGS 138	Women and Work ✍️
WGS 139	Violence Against Women
WGS 140	Latinx Feminist Studies 🌐
WGS 175	Gender & Disability ✍️

Total Units **9**

Subject Area 5: Physical and Biological Sciences (p. 7) (7-10 Units)

At least 3 units must be taken in each Subject Area 5A: Physical Science, 5B: Biological Science, and upper division Subject Area 5: Science or 2: Mathematical Concepts/Quantitative Reasoning. At least one course with a laboratory component (5C: Laboratory) must be taken in conjunction with Subject Area 5A or 5B.

Code	Title	Units
5A: Physical Science		3
Select one of the following:		
ASTR 4A	Introduction to the Solar System	
ASTR 4B	Introduction to Stars, Galaxies, and Cosmology	
ASTR 4C	Introduction to Astrobiology	
ASTR 6	Astronomical Observation Laboratory	
CHEM 1A	General Chemistry I	
CHEM 6A	Introduction to General Chemistry	
FASH 31	Textile Science: Fibers and Fabrics	
GEOG 1	Atmosphere, Landscapes & Life: Intro to Physical Geography	

GEOG 5	Violent Weather/Changing Atmosphere
GEOG 11	Laboratory in Physical Geography
GEOL 5	Geology Of Mexico
GEOL 7	Natural Disasters
GEOL 8	Earth Science
GEOL 8L	Earth Science Lab
GEOL 10	Physical Geology
GEOL 10L	Physical Geology Lab
NUFD 5	Science of Food
PHYS 5A	General Physics: Mechanics, Heat, Sound
PHYS 10	Physics In Our World
PHYS 11A	General Physics: Mechanics

5B: Biological Science 3

Select one of the following:

ANTH 1	Introduction to Biological Anthropology
BIO 1	Biodiversity, Evolution and Ecology
BIO 7	Introduction to the Science of Biology
BIO 9	Our Living World: Evolution, Ecology and Behavior
BIO 10	Basic Biological Concepts
BIO 20	Biology: A Human Perspective
ENVS 10	Introduction to Environmental Science
ENVS 10H	Honors Environmental Science
NUFD 10	Introduction to Nutrition



5C: Laboratory 1

Select one of the following:

ASTR 6	Astronomical Observation Laboratory
ANTH 1A	Biological Anthropology Laboratory
BIO 1	Biodiversity, Evolution and Ecology
BIO 7	Introduction to the Science of Biology
BIO 15L	Laboratory Investigations in Biology
CHEM 1A	General Chemistry I
CHEM 6A	Introduction to General Chemistry
GEOG 11	Laboratory in Physical Geography
GEOL 5	Geology Of Mexico
GEOL 8L	Earth Science Lab
GEOL 10L	Physical Geology Lab
KINS 150	Exercise and Sport Physiology
PHYS 5A	General Physics: Mechanics, Heat, Sound
PHYS 11A	General Physics: Mechanics

Upper Division 5: Physical and Biological Sciences 0 - 3*Upper Division: Select 0-3 Units*

ANTH 117	World Prehistory and the Evolution of Modern Humanity
ANTH 118	The Anthropocene: Human Impacts on Ancient Environments
ANTH 132	Health, Culture, Power: Topics in Medical Anthropology
ANTH 133	Life of Primates
ANTH 159	Forensic Anthropology
ANTH 198	Science and Feminism: A Co-Evolution
ASTR 131	The Solar System and Space Exploration 
ASTR 132	Stars, Galaxies and Cosmology 

ASTR 180	Through Space and Time in the Planetarium
BIO 100	Introduction to Scientific Analysis
BIO 105	Life in the Ocean
BIO 109	Biology of Dinosaurs
CHAD 143	Mind and Brain in Developmental Context
CHEM 101	Science in the Public Debate
CHEM 106	Chemical Concepts
CHEM 125	Advanced Organic Chemistry Laboratory
CM 135	Soils and Foundations
EEE 192A	Electrical Power Design Project I
EEE 192B	Electrical Power Design Project II
EEE 193A	Product Design Project I
EEE 193B	Product Design Project II
ENGR 106	Energy and Modern Life 
ENVS 163	Ethnoecology
GEOG 111	Elements Of Meteorology
GEOG 113	Climate
GEOG 115	Biogeography
GEOG 116	Global Climate Change
GEOG 119	Visualizing Global Environments
GEOL 115	Volcanoes: An Introduction
GEOL 130	Oceanography
GEOL 170	Age of Dinosaurs
GEOL 180	Water Planet
HIST 104A	Ancient Science
HIST/PHSC 107	History of the Physical Sciences
HIST 120B	The History of Darwinism
HIST 139A	Global Environmental History in the Age of Imperialism, 1450-Present Day
HIST 174B	History of Madness in the United States
HONR 101	Science and the Public Good
KINS 150	Exercise and Sport Physiology
ME 190	Project Engineering I
NUFD 112	Current Topics in Nutritional Sciences 
NUFD 113	Nutrition And Metabolism
NURS 168	The Brain and Gender-Related Differences
PHIL 125	Philosophy Of Science
PHYS 181	Modern Physics for Everyone
PHYS 182	Physics of Sports
PHYS 186	Musical Acoustics: Science and Sound
PHYS 187	Seeing the Light
PSYC 165	Evolutionary Psychology
RPTA 124	The Science of Nature Engagement and Human Health & Wellbeing
RPTA 126	The Science of Play
RPTA 169	Traumatology: An Introduction to Posttraumatic Growth
RPTA 189	The Science of Wine and Dining
WGS 133	Gender & Health

Total Units**7-10**

Subject Area 6: Ethnic Studies (3 Units) (p. 9)

Code	Title	Units
Select one of the following:		
ETHN 11	Introduction to Ethnic Studies	3
ETHN 11H	Introduction to Ethnic Studies (Honors)	
ETHN 14	Introduction to Asian American Studies	
ETHN 30	Introduction to Chicano/Latino Studies	
ETHN 53	Introduction to Native American Studies	
ETHN 70	Introduction to Pan African Studies	
ETHN 146	California Indian Studies	
Total Units		3

Additional Graduation Requirements (p. 9)

In addition to the 43-unit General Education Area Requirements, undergraduate students must also complete the following Graduation Requirements. Some courses that satisfy the GE Subject Area Requirements may also satisfy Graduation Requirements.

S (p. 9) Second Semester Composition Requirement

Second semester composition (ENGL 20, ENGL 20M or an approved equivalent) must be completed with a grade of C- or better.

Foreign Language Graduation Requirement (p. 9)

Foreign language graduation requirement may be met by successfully completing appropriate coursework or passing proficiency exams. For details on challenge exams, please visit the Department of World Languages and Literatures website.

With a grade of "C-" or better, the following second semester or equivalent college-level language courses may satisfy both GE Subject Area 3B units and the Foreign Language Requirement:

Code	Title	Units
CHIN 1B	Elementary Mandarin	5
DEAF 52	American Sign Language 2	4
FREN 1B	Elementary French	4
FREN 2A	Intermediate French	4
GERM 1B	Elementary German	4
ITAL 1B	Elementary Italian	4
JAPN 1B	Elementary Japanese	5
KORN 1B	Elementary Korean 1B	5
PUNJ 1B	Elementary Punjabi	4
RUSS 1B	Elementary Russian	5
SPAN 1B	Elementary Spanish	4

American Institutions (p. 9)

This requirement may be fulfilled by completing one course in US History and one course in the US Constitution and California Government from the following list. Up to three units of the American Institutions

Requirement may also satisfy GE Subject Area units requirements.

In addition, students have the option of taking challenge exams in US History, and/or US Constitution and California State and Local Government. For details on challenge exams, please see the Departments of History or Political Science.

US History

Code	Title	Units
ANTH 101	Cultural Diversity	3
HIST 15H	Major Problems in U.S. History	3
HIST 17A	United States History, 1607-1877	3
HIST 17B	United States History, 1877-Present	3
HIST 18B	Becoming America: Immigrants in American History, 1877-Present	3
HIST 151B	Founding Documents: American Democracy before 1800	3
HIST 159	History of US Foreign Relations	3
HIST 161	The American Vision	3
HIST 162	Social History of the United States	3
HIST 167	History of American Women	3
HIST 177	The African-American Experience, 1603-Present	3
WGS 110	Introduction to Feminist Movements in the United States	3

US Constitution and CA Government

Code	Title	Units
POLS 1	Essentials Of Government	3
POLS 113	American Political Thought	3
POLS 150	American Governments	3

CA Government (California State and Local Government does not meet the U.S. Constitution requirement included in other government courses listed above but may be used by students who have taken a U.S. Constitution course outside of California. It fulfills the state and local government requirement only).

Code	Title	Units
POLS 180	California State and Local Government	3

Race & Ethnicity in American Society (p. 9) (3-unit Supervenient Requirement)

These courses also meet specific GE requirements in Areas 1-5. One of these courses is required for students with catalog rights beginning Fall 1990 or later. The course may also be applied to the Area requirements.

Code	Title	Units
<i>Lower Division</i>		
EDUC 1	Education, Equity, & American Society	3
FSHD 50	The Family and Social Issues	3
HIST 15H	Major Problems in U.S. History	3
HIST 17A	United States History, 1607-1877	3
HIST 17B	United States History, 1877-Present	3
HIST 18	Health, Medicine, and Science in America, 1600-Present	3

HIST 18B	Becoming America: Immigrants in American History, 1877-Present 🗳️	3
<i>Upper Division</i>		
ART 172	African American Art and Visual Culture 🗳️	3
ANTH 101	Cultural Diversity 🗳️	3
ANTH 186	Culture and Poverty 🗳️🗳️	3
ASIA 111	Asian Diaspora and Migration 🗳️	3
CHAD 145	Contemporary Issues in Human Development 🗳️🗳️	3
CRJ 117	American Criminal Justice and Minority Groups 🗳️	3
DNCE 131	Dance Cultures Of America 🗳️	3
DNCE 132	African-Caribbean Dance 🗳️	3
ECON 181	Economics of Racism 🗳️	3
EDUC 121	Multicultural Children's Literature 🗳️🗳️	3
EDUC 158	Latinas/os/x in Education 🗳️	3
EDUC 160	Urban Education 🗳️🗳️	3
EDUC 165	Sex Role Stereotyping in American Education 🗳️🗳️	3
ETHN 100	Ethnic America 🗳️🗳️	3
ETHN 131	La Raza Studies 🗳️	3
ETHN 133	Crosscultural Aging in America 🗳️	3
ETHN/POLS 141	Politics of the African Diaspora 🗳️	3
FSHD 150	Family Stress and Coping: Multicultural Focus 🗳️🗳️	3
HIST/HRS 168	Images Of America 🗳️🗳️	3
HIST 173	The History of the Civil Rights Movement: From Reconstruction to Deconstruction, 1865-Present 🗳️	3
HIST 176A	African Cultural Heritage in the Americas 🗳️	3
HIST 177	The African-American Experience, 1603-Present 🗳️	3
HIST 178	Mexican-American History 🗳️	3
HRS 146	Islam in America 🗳️	3
HRS 161	Multicultural America 🗳️	3
KINS 118A	Martial Arts: Karate 🗳️	3
KINS 118B	Martial Arts: Tae Kwon Do 🗳️	3
KINS 118C	Martial Arts: Tai Chi 🗳️	3
NUFD 114	Cultural and Social Aspects of Food 🗳️	3
POLS 163	Introduction to Black Politics in the U.S. 🗳️	3
POLS 165	Politics of the Underrepresented 🗳️🗳️	3
PSYC 135	Psychology of Multicultural Groups 🗳️	3
SOC 118	Chicano Community 🗳️	3
SOC 120	Ethnic and Race Relations 🗳️	3
SWRK 102	Crosscultural Theory and Practice: Issues of Race, Gender and Class 🗳️	3
THEA 115A	Multicultural Puppetry 🗳️	3
THEA/WGS 144	Women and Theatre: Staging Diversity 🗳️	3
THEA 174	Multicultural Perspectives in American Theatre 🗳️	3
THEA 175	Multicultural Perspectives in American Film 🗳️	3
WGS 136	Gender, Race, and Class 🗳️🗳️	3
WGS 137	Women of Color 🗳️	3
WGS 140	Latinx Feminist Studies 🗳️	3
WGS 144	Women and Theatre: Staging Diversity 🗳️	3

Writing Intensive (p.) and Graduate Writing Intensive (3-unit Supervenient Requirement)

One Writing Intensive course, i.e., a course with comprehensive writing assignments (minimum 5,000 words) is required. Some Writing Intensive courses also satisfy a GE Area Requirement, a major requirement, or both. Prerequisite: Completion of GE Subject Areas 1A, 1B, second semester composition (ENGL 20), junior standing, and either ENGL 109M/ ENGL 109W or completion of the WPJ. Successful completion of the writing intensive course with a grade of C- or better certifies the Graduation Writing Assessment Requirement (GWAR).

Code	Title	Units
<i>Writing Intensive Courses</i>		
ANTH 102	The Nature of Culture 🗳️	3
ANTH/HRS 170	The Religious Landscape of the Sacramento Valley 🗳️	3
ANTH 186	Culture and Poverty 🗳️🗳️	3
ART 102	Themes in World Art and Visual Culture 🗳️	3
ART 111	Latin American and Latino Art History 🗳️	3
ASIA/HIST 140	Modern East Asian Cinema 🗳️	3
ASIA 198	Modernity and Globalization in Asia 🗳️	3
ASTR 131	The Solar System and Space Exploration 🗳️	3
ASTR 132	Stars, Galaxies and Cosmology 🗳️	3
COMS 100B	Rhetoric and Social Influence 🗳️	3
CHAD 145	Contemporary Issues in Human Development 🗳️🗳️	3
CRJ 190	Contemporary Issues in Criminal Justice 🗳️	3
EDUC 121	Multicultural Children's Literature 🗳️🗳️	3
EDUC 160	Urban Education 🗳️🗳️	3
EDUC 165	Sex Role Stereotyping in American Education 🗳️🗳️	3
ENGL 100Z	Topics in Literary Theory and Criticism 🗳️	4
ENGL 120C	Topics in Composition 🗳️	4
ENGL 120E	Digital Writing and Rhetoric 🗳️	4
ENGL 120L	Community Literacy and Public Rhetorics 🗳️	4
ENGL 120P	Intro to Professional Writing 🗳️	4
ENGL 120R	Topics in Rhetoric 🗳️	4
ENGL 120T	Technical Writing 🗳️	4
ENGL 130M	Art of Autobiography 🗳️	4
ENGL 140M	Modern British Drama, 1889-Present 🗳️	4
ENGL 141A	The Essential Shakespeare 🗳️	4
ENGL 150B	American Romanticism 🗳️	4
ENGL 165D	Postcolonial Literature 🗳️	4
ENGL 170H	Introduction To Comedy 🗳️	4
ENGL 170I	Introduction To Tragedy 🗳️	4
ENGL/ETHN 180A	Forms of African-American Poetry 🗳️	4
ENGL/ETHN 180B	Forms of African-American Fiction 🗳️	4
ENGL 180L	Chicano Literature 🗳️	4
ENGL 180M	Asian American Literature 🗳️	4
ENGL 185B	Twentieth Century Fiction by Women 🗳️	4

ENGR 106	Energy and Modern Life	3	PUBH 124	Ethical Considerations in Public Health	3
ENGR/NSM 193	STEM Leadership, Ethics, and Social Change	3	POLS 149A	Original Research in Comparative Politics	3
ENVS 112	International Environmental Problems	3	POLS 165	Politics of the Underrepresented	3
ETHN 100	Ethnic America	3	RPTA 122	Perspectives On Leisure	3
ETHN 145	Native Voice, Memory, and Biography	3	RPTA 125	Leisure, the Individual, and Contemporary Society	3
ETHN 180A	Forms of African-American Poetry	4			
ETHN 180B	Forms African-Am Fiction	4	SOC 133	Sport in a Global Perspective	3
FSHD 150	Family Stress and Coping: Multicultural Focus	3	SOC 168	Self and Society	3
GEOG 190	Senior Research Seminar in Geography	3	SOC 176	Labor and the American Social Structure	3
GEOL 140	Geology and the Environment	3	SWRK 126	Theories of Criminal Behavior	3
HIST 100R	Developing Historical Skills.	3	SWRK 191	Exploration of Veteran Studies: An Ethnographic Approach	3
HIST 105	Great Ages and Issues in Modern European History	3			
			THEA 170	African American Theatre and Culture	3
HIST 106	Everyday Life and Society in Antiquity	3	WGS 136	Gender, Race, and Class	3
HIST 122A	History of Women in Western Civilization, Prehistory-Middle Ages	3	WGS 138	Women and Work	3
HIST 122B	History of Women in Western Civilization, Renaissance-Present	3	WGS 175	Gender & Disability	3
HIST 137A	Latin American Revolutions in the Twentieth Century	3			
HIST 137B	Latin American History in Film	3	<i>Graduate Writing Intensive Courses</i>		
HIST 140	Modern East Asian Cinema	3	General Education Policies		
HIST 143D	The Arab-Israeli Conflict	3	<ul style="list-style-type: none"> All upper division GE courses require at least second semester sophomore standing (45 units) and completion of all GE Subject Area 1 courses as prerequisites. At least 3 upper division GE units must be completed each in Subject Area 3, Area 4, and Area 5 or 2, for a total of at least 9 upper division GE units. Each course taken to satisfy Subject Area 1:English Communication, Subject Area 2:Quantitative Reasoning, Second Semester Composition, Foreign Language, and Writing Intensive Requirements must be completed with a grade of "C-" or higher. A 2.0 cumulative GPA is required in General Education. 		
HIST/HRS 168	Images Of America	3	Overlap Between General Education and Majors/Minors (Fall 1992 - Spring 2013)		
HIST 186A	The California Gold Rush	3	General Education requirements include five areas (1-5) in which you must take courses (area requirements), a nine-unit upper division requirement, a Race and Ethnicity requirement, and a Writing Intensive requirement. The overlap possibilities among these four aspects of General Education are outlined below. Students needing help applying these overlap policies are encouraged to seek advising through their College Advising Centers or through an advisor in the Academic Advising Center, Lassen Hall 1012.		
HONR 102	The Public Good Through the Visual and Performing Arts	3	<ol style="list-style-type: none"> A maximum of nine units of coursework from your major department may also be applied to the General Education requirements. The Race and Ethnicity requirement can be met with an upper or lower division course from a student's major or major department. Example: A Social Work major can use SWRK 102 to meet the Race and Ethnicity requirement. The Writing Intensive requirement can be met with a course from the major or major department in specified majors, but not in all majors. There is no restriction on the overlap of courses between GE and minor requirements* 		
HRS 120	Reason and Revelation: The Origins of Western Culture	3	Note: For Business majors, substitute "College of Business" for "major department." For Social Science majors, substitute "History" for "major department."		
HRS 132	Renaissance	3			
JOUR 135	Public Affairs Reporting	3			
KINS 133	Integration of Concepts	3			
LBRS 100/ SOC 176	Labor and the American Social Structure	3			
MGMT 117	Business, Ethics and Society	3			
MUSC 110	Research in Music History	3			
MUSC 127	The American Musical Theater	3			
MUSC 129	American Society and Its Music	3			
NSM/ENGR 193	STEM Leadership, Ethics, and Social Change	3			
NUFD 112	Current Topics in Nutritional Sciences	3			
NURS 120	Nursing Application of Research and Critical Analysis	3			
NURS 179	Professional Communication and Reasoning Development	3			
PHIL 101	Ethics and Social Issues	3			
PHIL 105	Science and Human Values	3			
PHIL 112	History Of Ethics	3			
PHIL 115	Philosophy of Literature and Film	3			
PHIL 117	Existentialism	3			
PHIL 145A	Chinese Philosophy	3			
PHIL 145B	Philosophies Of India	3			

Overlap Between General Education and Majors/Minors (Fall 2013 and Spring 2021)

General Education requirements include five areas (1-5) in which you must take courses (area requirements), a nine-unit upper division requirement, a Race and Ethnicity requirement, and a Writing Intensive requirement. The overlap possibilities among these four aspects of General Education are outlined below. Students needing help applying these overlap policies are encouraged to seek advising through their College Advising Centers or through an advisor in the Academic Advising Center, Lassen Hall 1012.

1. There is no university restriction on the overlap of courses between GE and coursework approved for GE from your major department.
2. The Race and Ethnicity requirement can be met with an upper or lower division course from a student's major or major department. Example: A Social Work major can use SWRK 102 to meet the Race and Ethnicity requirement.
3. The Writing Intensive requirement can be met with a course from the major or major department in specified majors, but not in all majors.
4. There is no restriction on the overlap of courses between GE and minor requirements

Transfer Students

Transfer students who have completed lower division General Education requirements at a California Community College, including those certified under the Intersegmental General Education Transfer Core Curriculum (IGETC), and/or those in receipt of an Associate Degree for Transfer (ADT), are required to complete 9 units of upper division GE at Sacramento State (or another CSU campus), meet the foreign language proficiency graduation requirement, meet the state "code" requirements in U.S. History, American and California Government, and the writing intensive requirement. These 9 units may or may not include the writing intensive requirement, depending on the policy of the student's major department. Students who have not completed an approved course for the "Race and Ethnicity in American Society" category at a community college must take a course in this category at Sacramento State. In addition, all transfer students, except those fully certified as having completed the IGETC core curriculum, must complete the required second semester writing course or an approved course at a community college.

Note: Foreign Language Proficiency Requirement - If not satisfied before entering Sacramento State, it may be satisfied in General Education Subject Area 3B (Humanities). "C- or higher required." The alternative methods for satisfying the Foreign Language Proficiency Requirement are described here (<http://www.csus.edu/wll/for-students/graduation-requirement.html/>).

For more information about IGETC requirements and/or Associate Degrees for Transfer, contact your community college counselor.