

# BA IN HISTORY (LAW AND SOCIAL JUSTICE)



Units required for Major: 45  
Total units required for BA: 120

## Program Description

History, in the broad sense, is the study of all human experience. It examines the people, institutions, ideas, and events from the past to the present. The study of history contributes to cultural literacy and develops critical thinking and other useful skills while helping students understand the present and plan for the future. Historical study provides a solid, fundamental preparation for careers in business, industry, government, and education. It also serves as excellent preparation for law school, foreign service, international work, urban affairs, historical consulting, and library science.

History is an academic discipline offering both breadth and focus. At Sacramento State, the History major includes four lower division survey courses and four upper division seminars to help hone reading, writing, critical thinking, and research skills. In addition, students choose six electives from a wide variety available, spanning the globe and time periods. The flexibility of the major allows students to focus on particular areas of interest or to explore a wide range of histories. Those interested in pursuing careers in law and public advocacy should consider the concentration in Law and Social Justice. Those interested in pursuing middle or high school history teaching should complete the History/Social Science Pre-credential Program.

## Program Requirements

Code	Title	Units
<b>Required Core Lower Division Courses (12 Units)</b>		
HIST 17A	United States History, 1607-1877  <sup>1</sup>	3
HIST 17B	United States History, 1877-Present  <sup>1</sup>	3
HIST 50	World History I: to 1500	3
HIST 51	World History from 1500 to the Present.	3
<b>Required Core Upper Division Courses (12 Units) <sup>2</sup></b>		
HIST 100	Introduction to Historical Skills	3
HIST 100R	Developing Historical Skills.  (Developing Historical Skills) <sup>1</sup>	3
Select one of the following:		3
HIST 192A	Seminar in Recent Interpretations of United States History	3
HIST 192B	Seminar in Recent Interpretations of European History	
HIST 192C	Seminar in Recent Interpretations of Asian History	
HIST 192E	Seminar in Recent Interpretations of African History	
HIST 192F	Seminar in Recent Interpretations of Latin American History	
HIST 192Z	Seminar in Recent Interpretations of a Special Topic	
Select one of the following:		3
HIST 197A	Senior Research Seminar: United States History	3
HIST 197B	Senior Research Seminar: World History	

HIST 197C	Senior Research Seminar: Public History	
Required Courses for Concentration (21 Units)		
HIST 151B	Founding Documents: American Democracy before 1800 (Concentration)	3
HIST 173	The History of the Civil Rights Movement: From Reconstruction to Deconstruction, 1865-Present	3
HIST 180	American Legal History	3
Select three upper division history courses from the list below:		9
HIST 153	Civil War and Reconstruction, 1840-1890	3
HIST 156	The Sixties: Years of Hope, Days of Rage	
HIST 165	American Environmental History	
HIST 167	History of American Women	
HIST 171A	American Indian History to 1840	
HIST 171B	American Indian History since 1840	
HIST 172A	LGBTQ Histories	
HIST 172B	Queer Black Histories	
HIST 174A	History of Disability in the United States	
HIST 174B	History of Madness in the United States	
HIST 175A	Sex, Population, and Birth Control in America	
HIST 177	The African-American Experience, 1603-Present	
HIST 178	Mexican-American History	
HIST 179	American Immigration History	
HIST 181	Anarchists and Revolutionaries: Transnational Radicalism in America	
HIST 186B	History of California Water	
HIST 188	American Labor History	
Select one upper division history course from the list below:		3
HIST 121	Democracy and Human Rights in the Era of the French Revolution and Napoleon	3
HIST 122C	Women's Global Activism in the 20th Century	
HIST 131	History of Sexuality in Comparative Perspective	
HIST 133	Twentieth-Century World History	
HIST 137A	Latin American Revolutions in the Twentieth Century	
HIST 139A	Global Environmental History in the Age of Imperialism, 1450-Present Day	
HIST 174C	Disability in World History: A Comparative History	
Total Units		

<sup>1</sup> Course also satisfies General Education (GE)/Graduation Requirement.

<sup>2</sup> HIST 100, 100R, and 197 form a research and writing sequence in the major. History majors should take HIST 100 in the second semester of their sophomore year or the first semester of their junior year (or after completion of at least 9 units of the required lower division coursework for the major). Students should complete a WPJ portfolio in the same semester as they take HIST 100 and the following semester should take HIST 100R. HIST 100R is in turn a prerequisite for HIST 197, which should be typically completed in a student's final semester. Ideally, HIST 192 should be completed the semester before HIST 197.

### Notes:

- Students should consult with a faculty advisor in their first semester at Sacramento State.
- Study of a foreign language is recommended.

- For substitutions in requirements, students should consult with a faculty advisor early in their program. Substitutions require the approval of the Department Chair.

## General Education Requirements<sup>1</sup>

Code	Title	Units
<b>Area A: Basic Subjects (9 Units)</b>		
A1 - Oral Communication		3
A2 - Written Communication		3
A3 - Critical Thinking <sup>2</sup>		3
<b>Area B: Physical Universe and Its Life Forms (13 Units)</b>		
B1 - Physical Science		3
B2 - Life Forms		3
B3 - Lab (Note: Lab experience to be taken with one of the following: B1, B2 or B5)		1
B4 - Math Concepts		3
B5 - Additional Course (Any B to reach 12 units) - Take upper-division course to complete Area & upper division requirements.		3
<b>Area C: Arts and Humanities (12 Units)</b>		
C1 - Arts		3
C2 - Humanities <sup>3</sup>		3
C1/C2 - Area C Course <sup>3</sup>		3
C1/C2 - Area C Course - Take upper-division course to complete Area & upper division requirements.		3
<b>Area D: The Individual and Society (9 Units)</b>		
Area D Course <sup>3</sup>		3
Area D Course		3
Area D Course - Take upper-division course to complete Area & upper division requirements.		3
<b>Area E: Understanding Personal Development (3 Units)</b>		
Area E Course <sup>4</sup>		3
<b>Area F: Ethnic Studies (3 Units)</b>		
Area F Course		3
<b>Total Units</b>		<b>49</b>

<sup>1</sup> To help you complete your degree in a timely manner and not take more units than absolutely necessary, there are ways to use single courses to meet more than one requirement (overlap). For further information, please visit the General Education page (<https://catalog.csus.edu/colleges/academic-affairs/general-education/>).

**Note:** There is no way to list all possible overlaps so please consult with a professional advisor. The Academic Advising Center can be visited online (<http://www.csus.edu/acad/>), by phone (916) 278-1000, or email ([advising@csus.edu](mailto:advising@csus.edu)).

<sup>2</sup> HIST 10 recommended.

<sup>3</sup> Required in Major; also satisfies GE.

<sup>4</sup> HIST 21 recommended.

## Graduation Requirements<sup>1</sup>

Code	Title	Units
<b>Graduation Requirements (required by CSU) (6 Units)</b>		
American Institutions: U.S. History <sup>2</sup>		0
American Institutions: U.S. Constitution & CA Government		3
Writing Intensive (WI)		3
<b>Graduation Requirements (required by Sacramento State) (9 Units)</b>		

English Composition II	3
Race and Ethnicity in American Society (RE) <sup>2</sup>	0
Foreign Language Proficiency Requirement <sup>3</sup>	6

<sup>1</sup> To help you complete your degree in a timely manner and not take more units than absolutely necessary, there are ways to use single courses to meet more than one requirement (overlap). For further information, please visit the General Education page (<https://catalog.csus.edu/colleges/academic-affairs/general-education/>).

**Note:** There is no way to list all possible overlaps so please consult with a professional advisor. The Academic Advising Center can be visited online (<http://www.csus.edu/acad/>), by phone (916) 278-1000, or email ([advising@csus.edu](mailto:advising@csus.edu)).





<sup>2</sup> Required in Major; also satisfies Graduation Requirement.

<sup>3</sup> If not satisfied before entering Sacramento State, it may be satisfied in General Education Area C2 (Humanities). "C- or better required." The alternative methods for satisfying the Foreign Language Proficiency Requirement are described here: <https://www.csus.edu/college/arts-letters/world-languages-literatures/foreign-language-requirement.html>

The following roadmaps are sample planning resources. Please consult your academic advisor and Academic Catalog for graduation requirements as you develop your individualized academic plan.

## History (Law & Social Justice), BA: 4-Year Roadmap

Course	Title	Units
<b>Year 1</b>		
<b>First Semester</b>		
HIST 50	World History I: to 1500	3
GE Area 1A - English Composition <sup>2</sup>		3
GE Area 1C - Oral Communication <sup>2</sup>		3
GE Area 6 - Ethnic Studies <sup>2</sup>		3
Elective of Choice		3
<b>Units</b>		<b>15</b>
<b>Second Semester</b>		
HIST 51	World History from 1500 to the Present.	3
GE Area 1B - Critical Thinking (HIST 10 recommended) <sup>2</sup>		3
GE Area 2 - Mathematical Concepts & Quantitative Reasoning <sup>2</sup>		3
GE Area 3A - Arts <sup>2</sup>		3
GR American Institutions (GOVT) <sup>2</sup>		3
<b>Units</b>		<b>15</b>
<b>Year 2</b>		
<b>First Semester</b>		
ENGL 20	College Composition II	3
HIST 17A	United States History, 1607-1877 🇺🇸	3
GE Area 5A - Physical Science <sup>2</sup>		3
GE Area 5C - Laboratory <sup>2</sup>		1
Foreign Language Semester 1 <sup>2</sup>		4
<b>Units</b>		<b>14</b>
<b>Second Semester</b>		
HIST 17B	United States History, 1877-Present 🇺🇸	3
GE Area 4 - Social & Behavioral Sciences <sup>2</sup>		3
GE Area 5B - Biological Science <sup>2</sup>		3
Foreign Language Semester 2 <sup>2</sup>		4
Elective of Choice		3
<b>Units</b>		<b>16</b>

<b>Year 3</b>			HIST 151	The Age of the American Revolution	3
<b>First Semester</b>			HIST 100	Introduction to Historical Skills	3
			HIST 151B	Founding Documents: American Democracy before 1800	3
			HIST Upper Division Elective <sup>3</sup>		3
			Upper Division GE Area 5 or 2 - Science or Mathematical Concepts/Quantitative Reasoning <sup>2</sup>		3
			Elective of Choice		3
			<b>Units</b>		<b>15</b>
<b>Second Semester</b>			HIST 100R	Developing Historical Skills. 	3
			HIST 173	The History of the Civil Rights Movement: From Reconstruction to Deconstruction, 1865-Present 	3
			HIST Upper Division Elective <sup>3</sup>		3
			Upper Division GE Area 3 - Arts or Humanities <sup>2</sup>		3
			Elective of Choice		3
			<b>Units</b>		<b>15</b>
<b>Year 4</b>					
<b>First Semester</b>			HIST 180	American Legal History	3
			HIST 192A or HIST 192B or HIST 192C or HIST 192E or HIST 192F or HIST 192Z	Seminar in Recent Interpretations of United States History <sup>3</sup> or Seminar in Recent Interpretations of European History or Seminar in Recent Interpretations of Asian History or Seminar in Recent Interpretations of African History or Seminar in Recent Interpretations of Latin American History or Seminar in Recent Interpretations of a Special Topic	3
			HIST Upper Division Elective <sup>3</sup>		3
			Elective of Choice		3
			Elective of Choice		3
			<b>Units</b>		<b>15</b>
<b>Second Semester</b>			HIST 197A or HIST 197B or HIST 197C	Senior Research Seminar: United States History <sup>3</sup> or Senior Research Seminar: World History or Senior Research Seminar: Public History	3
			HIST Upper Division Elective <sup>3</sup>		3
			Elective of Choice		3
			Elective of Choice		3
			Elective of Choice		3
			<b>Units</b>		<b>15</b>
			<b>Total Units</b>		<b>120</b>
			HIST 151	The Age of the American Revolution	3
			HIST Upper Division Elective <sup>3</sup>		3
			Upper Division GE Area 5 or 2 - Science or Mathematical Concepts/Quantitative Reasoning <sup>2</sup>		3
			Elective of Choice		3
			<b>Units</b>		<b>15</b>
<b>Second Semester</b>			HIST 100R	Developing Historical Skills. 	3
			HIST 173	The History of the Civil Rights Movement: From Reconstruction to Deconstruction, 1865-Present 	3
			HIST Upper Division Elective <sup>3</sup>		3
			Upper Division GE Area 3 - Arts or Humanities <sup>2</sup>		3
			Elective of Choice		3
			<b>Units</b>		<b>15</b>
<b>Year 2</b>					
<b>First Semester</b>			HIST 180	American Legal History	3
			HIST 192A or HIST 192B or HIST 192C or HIST 192E or HIST 192F or HIST 192Z	Seminar in Recent Interpretations of United States History <sup>3</sup> or Seminar in Recent Interpretations of European History or Seminar in Recent Interpretations of Asian History or Seminar in Recent Interpretations of African History or Seminar in Recent Interpretations of Latin American History or Seminar in Recent Interpretations of a Special Topic	3
			HIST Upper Division Elective <sup>3</sup>		3
			Elective of Choice		3
			Elective of Choice		3
			<b>Units</b>		<b>15</b>
<b>Second Semester</b>			HIST 197A or HIST 197B or HIST 197C	Senior Research Seminar: United States History <sup>3</sup> or Senior Research Seminar: World History or Senior Research Seminar: Public History	3
			HIST Upper Division Elective <sup>3</sup>		3
			Elective of Choice		3
			Elective of Choice		3
			Elective of Choice		3
			<b>Units</b>		<b>15</b>
			<b>Total Units</b>		<b>60</b>

- Any course not completed in the first semester should be taken in the second or a later semester.
- Please see General Education/Graduation Requirement **course options** ([https://www.csus.edu/academic-affairs/curriculum-%20workflow/\\_internal/\\_documents/program-road-maps/als\\_2yr/art\\_transfer-%20roadmap-2024-25.pdf](https://www.csus.edu/academic-affairs/curriculum-%20workflow/_internal/_documents/program-road-maps/als_2yr/art_transfer-%20roadmap-2024-25.pdf)).
- Please see an academic advisor for elective options.

## History (Law & Social Justice), BA: 2-Year Roadmap

Course	Title	Units
<b>Year 1</b>		
<b>First Semester</b>		
HIST 100	Introduction to Historical Skills	3