BA IN HISTORY

Units required for Major: 42
Total units required for BA: 120

Program Description

History, in the broad sense, is the study of all human experience. It examines the people, institutions, ideas, and events from the past to the present. The study of history contributes to cultural literacy and develops critical thinking and other useful skills while helping students understand the present and plan for the future. Historical study provides a solid, fundamental preparation for careers in business, industry, government, and education. It also serves as excellent preparation for law school, foreign service, international work, urban affairs, historical consulting, and library science.

BA in History

History is an academic discipline offering both breadth and focus. At Sacramento State, the History major includes four lower division survey courses and three upper division seminars. In addition, students choose seven upper division electives from a wide variety available. The flexibility of the major allows students to focus on topical areas such as: women's history, the history of particular geographic areas, cultural history, ethnic group history, economic history, military history, and history from the ancient world to that of the U.S. in the 20th Century. Teaching credential candidates should complete the History/Social Science Pre-credential Program.

Minimum Grade Requirement

A minimum grade of “C-” is required in courses applied to the major.

Program Requirements

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Units</th>
<th>Code</th>
<th>Title</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Required Lower Division Courses (12 Units)</td>
<td></td>
<td></td>
<td>Required Upper Division Seminars (9 Units)</td>
<td></td>
</tr>
<tr>
<td>HIST 17A</td>
<td>United States History, 1607-1877 1</td>
<td>3</td>
<td>HIST 197B</td>
<td>Senior Research Seminar: World History</td>
<td></td>
</tr>
<tr>
<td>HIST 17B</td>
<td>United States History, 1877-Present 1</td>
<td>3</td>
<td>HIST 197C</td>
<td>Senior Research Seminar: Public History</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Select one of the following:</td>
<td></td>
<td>Upper Division Electives (21 Units)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>HIST 4 &amp; HIST 5</td>
<td>Survey of Early Western Civilization 1</td>
<td>6</td>
<td>Select one course in U.S. History</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>HIST 50 &amp; HIST 51</td>
<td>World Civilizations, Beginnings-1600 1</td>
<td></td>
<td>Select one course in European History</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td></td>
<td>World History from 1500 to the Present. 1</td>
<td></td>
<td>Select one course in the History of Africa, Asia, Latin America, or the Middle East</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Required Upper Division Seminars (9 Units)</td>
<td></td>
<td>Select four additional upper division history courses selected in consultation with an advisor</td>
<td>12</td>
<td></td>
</tr>
<tr>
<td>HIST 192A</td>
<td>Seminar in Recent Interpretations of United States History</td>
<td>3</td>
<td></td>
<td>Total Units</td>
<td>42</td>
</tr>
<tr>
<td>HIST 192B</td>
<td>Seminar in Recent Interpretations of European History</td>
<td></td>
<td>1 Course also satisfies General Education (GE)/Graduation Requirement.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>HIST 192C</td>
<td>Seminar in Recent Interpretations of Asian History</td>
<td></td>
<td>2 Students should take HIST 100 in the second semester of their sophomore year; transfer students should take it in the first semester of their junior year after completion of at least 6 units of required lower division coursework. After completing the majority of their upper division electives and passing the Writing Placement for Juniors Exam, history majors should take one seminar from the HIST 192 series followed by one from the HIST 197 series. Typically, students take the HIST 197 seminar during their senior year.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>HIST 192D</td>
<td>Seminar in Recent Interpretations of African History</td>
<td></td>
<td>Notes:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>HIST 192E</td>
<td>Seminar in Recent Interpretations of Latin American History</td>
<td></td>
<td>• Students should consult with a faculty advisor in their first semester at Sacramento State.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>HIST 192F</td>
<td>Seminar in Recent Interpretations of a Special Topic</td>
<td></td>
<td>• Study of a foreign language is recommended.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>HIST 192G</td>
<td></td>
<td></td>
<td>• For substitutions in requirements, students should consult with a faculty advisor early in their program. Substitutions require the approval of the Department Chair.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>HIST 192H</td>
<td></td>
<td></td>
<td>General Education Requirements 1</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Select one of the following:</td>
<td></td>
<td>Code</td>
<td>Title</td>
<td>Units</td>
</tr>
<tr>
<td>HIST 100</td>
<td>Introduction to Historical Skills</td>
<td>3</td>
<td>Area A: Basic Subjects (9 Units)</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Select one of the following:</td>
<td></td>
<td>A1 - Oral Communication</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>A2 - Written Communication</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>A3 - Critical Thinking</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Area B: Physical Universe and Its Life Forms (13 Units)</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>B1 - Physical Science</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>B2 - Life Forms</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>B3 - Lab (Note: Lab experience to be taken with one of the following:</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>B4 - Math Concepts</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>B5 - Additional Course (Any B to reach 12 units) - Take upper-division course to complete Area &amp; upper division requirements.</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Area C: Arts and Humanities (6 Units)</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>C1 - Arts</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>C2 - Humanities 2</td>
<td>0</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>C1/C2 - Area C Course 2</td>
<td>0</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>C1/C2 - Area C Course - Take upper-division course to complete Area &amp; upper division requirements.</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Area D: The Individual and Society (6 Units)</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Area D Course</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Area D Course 2</td>
<td>0</td>
<td></td>
</tr>
</tbody>
</table>

Notes:

- Students should consult with a faculty advisor in their first semester at Sacramento State.
- Study of a foreign language is recommended.
- For substitutions in requirements, students should consult with a faculty advisor early in their program. Substitutions require the approval of the Department Chair.

General Education Requirements

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>Area A: Basic Subjects (9 Units)</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>A1 - Oral Communication</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>A2 - Written Communication</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>A3 - Critical Thinking</td>
<td>3</td>
</tr>
<tr>
<td>Area B: Physical Universe and Its Life Forms (13 Units)</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>B1 - Physical Science</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>B2 - Life Forms</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>B3 - Lab (Note: Lab experience to be taken with one of the following:</td>
<td>1</td>
</tr>
<tr>
<td></td>
<td>B4 - Math Concepts</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>B5 - Additional Course (Any B to reach 12 units) - Take upper-division course to complete Area &amp; upper division requirements.</td>
<td>3</td>
</tr>
<tr>
<td>Area C: Arts and Humanities (6 Units)</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>C1 - Arts</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>C2 - Humanities 2</td>
<td>0</td>
</tr>
<tr>
<td></td>
<td>C1/C2 - Area C Course 2</td>
<td>0</td>
</tr>
<tr>
<td></td>
<td>C1/C2 - Area C Course - Take upper-division course to complete Area &amp; upper division requirements.</td>
<td>3</td>
</tr>
<tr>
<td>Area D: The Individual and Society (6 Units)</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Area D Course</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>Area D Course 2</td>
<td>0</td>
</tr>
</tbody>
</table>

Select four additional upper division history courses selected in consultation with an advisor

Total Units: 42

Notes:

1. Course also satisfies General Education (GE)/Graduation Requirement.
2. Students should take HIST 100 in the second semester of their sophomore year; transfer students should take it in the first semester of their junior year after completion of at least 6 units of required lower division coursework. After completing the majority of their upper division electives and passing the Writing Placement for Juniors Exam, history majors should take one seminar from the HIST 192 series followed by one from the HIST 197 series. Typically, students take the HIST 197 seminar during their senior year.
Area D Course - Take upper-division course to complete Area & upper division requirements.

Area E: Understanding Personal Development (3 Units)

<table>
<thead>
<tr>
<th>Area E Course</th>
<th>3</th>
</tr>
</thead>
</table>

Total Units 37

1 To help you complete your degree in a timely manner and not take more units than absolutely necessary, there are ways to use single courses to meet more than one requirement (overlap). For further information, please visit the General Education page (http://catalog.csus.edu/colleges/academic-affairs/general-education).

Note: There is no way to list all possible overlaps so please consult with a professional advisor. The Academic Advising Center can be visited online (http://www.csus.edu/acad), by phone (916) 278-1000, or email (advising@csus.edu).

2 Required in Major; also satisfies GE.

### Graduation Requirements

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Graduation Requirements (required by CSU) (6 Units)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>American Institutions: U.S. History</td>
<td>2</td>
</tr>
<tr>
<td></td>
<td>American Institutions: U.S. Constitution &amp; CA Government</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>Writing Intensive (WI)</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>Graduation Requirements (required by Sacramento State) (9 Units)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>English Composition II</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>Race and Ethnicity in American Society (RE)</td>
<td>2</td>
</tr>
<tr>
<td></td>
<td>Foreign Language Proficiency Requirement</td>
<td>3</td>
</tr>
</tbody>
</table>

1 To help you complete your degree in a timely manner and not take more units than absolutely necessary, there are ways to use single courses to meet more than one requirement (overlap). For further information, please visit the General Education page (http://catalog.csus.edu/colleges/academic-affairs/general-education).

Note: There is no way to list all possible overlaps so please consult with a professional advisor. The Academic Advising Center can be visited online (http://www.csus.edu/acad), by phone (916) 278-1000, or email (advising@csus.edu).

2 Required in Major; also satisfies Graduation Requirement.

3 If not satisfied before entering Sacramento State, it may be satisfied in General Education Area C2 (Humanities). "C- or better required." The alternative methods for satisfying the Foreign Language Proficiency Requirement are described here: https://www.csus.edu/wil/flgr/