

BS IN SUBSTANCE USE AND ABUSE STUDIES

Program Description

Units required for Major: 48

Total units required for BS: 120

The Substance Use & Abuse Studies program at California State University, Sacramento, offers an interdisciplinary curriculum designed to equip students with the knowledge and skills needed to address the complex issues related to substance use and abuse. The program focuses on understanding the social, cultural, psychological, and biological factors that contribute to substance use disorders and equips students with the tools necessary for effective prevention, intervention, and treatment in substance use.

Students will explore a range of topics including addiction theory, pharmacology, treatment modalities, counseling techniques, and the impact of substance abuse on families and communities. Through coursework and practical experiences, such as internships and fieldwork, students will gain hands-on experience in assessing and addressing substance use disorders in diverse populations.

Graduates of this program will be prepared for careers in substance abuse counseling and related fields, as well as for advanced studies. The program also emphasizes ethical practice, cultural competence, and the importance of personal and professional growth.

Minimum Grade Requirement

A minimum grade of "C-" is required in all courses required for the B.S. in Substance Use and Abuse Studies.

Program Requirements

Freshman Year		Units
PSYC 2	Introductory Psychology	3
EDC 30	Introduction to Substance Use and Addiction Counseling	3
EDC 40	Introduction to Counseling Skills: Theories & Techniques	3
Units		9
Sophomore Year		
EDC 50	Law and Ethics in Substance Use Counseling	3
EDC 60	Addiction Counseling Skills & Motivational Interviewing	3
Units		6
Junior and Senior Years		
EDC 100	Group Counseling Skills	3
EDC 115	Case Management & Documentation	3
PSYC 117	Drugs and Behavior	3
EDC 120	Impact of SUD on Family Dynamics	3
EDC 140	Prevention, Intervention, Treatment, & Recovery	3
EDC 155	Introduction to Counseling: Theories and Techniques	3
EDC 156	Advocacy, Identity, & Responsive Care in Substance Use Counseling	3
EDC 158	Trauma Informed Care	3

PSYC 168	Abnormal Psychology	3
EDC 169	Field Study & Seminar I	3
EDC 170	Field Study & Seminar II	3
Units		33
Total Units		48

General Education Requirements

Code	Title	Units
Area 1: English Communication (9 Units)		
1A - English Composition		3
1B - Critical Thinking		3
1C - Oral Communication		3
Area 2: Mathematical Concepts and Quantitative Reasoning (3 Units)		
Area 2 Course - Lower Division		3
Area 3: The Arts and Humanities (6 Units)		
3A - Arts		3
3B - Humanities		3
Area 4: Social and Behavioral Sciences (6 Units)		
Area 4 Course - Lower Division		3
Area 4 Course - Lower Division		3
Area 5: Physical and Biological Sciences (7 Units)		
5A - Physical Science		3
5B - Biological Science		3
5C - Laboratory		1
Area 6: Ethnic Studies (3 Units)		
Area 6 Course		3
Upper Division Courses: (9 Units)		
Area 3 Course - Upper Division		3
Area 4 Course - Upper Division		3
Area 2 OR Area 5 Course - Upper Division		3
Total Units		43