MS IN COUNSELING

Total units required for MS: 60

Program Description

The 60-unit Master of Science in Counseling prepares professional counselors for employment in a variety of settings such as public and private agencies, universities and colleges, schools and private practice. This degree meets the educational requirements for becoming a Licensed Marriage and Family Therapist (LMFT) and/or a Licensed Professional Clinical Counselor (LPCC) in the State of California. The 59-unit Pupil Personnel Services, School Counseling Credential prepares professional counselors to work within the K-12 educational system. The programs are clinically oriented, with didactic and experiential courses, a 100-hour clinical practicum, and 600 hours of field experience.

Specializations

Students earning the Master of Science in Counseling are required to specialize in one or more of the following areas:

- **Career Counseling.** The Career Counseling Specialization provides students with the knowledge, theory, and skills to work as effective counselors/career development specialists, and consultants in a variety of settings: community-based agencies, schools (K-12), colleges and universities, private practice, business, industry, and government. Students are trained to facilitate a holistic career development/career decision-making/planning process with groups and individuals that integrates personal, social, and career needs. Students develop the skills to address current issues in the 21st century, such as career self-reliance, work/family/life balance, multiculturalism, diversity, and lifelong learning.

- **Marriage, Family, and Child Counseling.** The Marriage, Family and Child Counseling Specialization is designed to provide students with all the educational competencies required by the California State Board of Behavioral Sciences (BBS) for licensure as a Marriage and Family Therapist (LMFT). The program trains professionals to work in a variety of settings, including community agencies, county and state agencies, hospitals and private practice, and prepares students to provide consulting to businesses and agencies. Emphasis is placed on developmental and preventative concerns, especially those of children.

- **School Counseling.** The School Counseling Specialization is designed for individuals who seek to become elementary, middle, or secondary school counselors. This program meets the requirements for the K-12 California Pupil Personnel Services Credential, School Counseling (PPS-SC). Students in this program are prepared to function as key members of an educational team seeking to optimize children's academic, socio-emotional, and career development. Students obtain the expertise necessary to lead the educational team in working collaboratively with a broad range of education and human service professionals, paraprofessionals, and community representatives to identify, develop, implement, and evaluate programs that provide key services to both the individual child as well as the systems and subsystems in which the child interacts.

- **Rehabilitation Counseling.** The Rehabilitation Counseling Specialization offers students the opportunity to gain several specialized skills for working with persons with disabilities. Rehabilitation Counselors work in a wide variety of settings including community agencies, private agencies, enabling centers on college campuses, and state agencies. The program includes training in counseling techniques; the use of medical, psychological, and occupational information; and the impact of disabilities on human behavior. In addition, the skills involved in finding and intake, vocational evaluation, restoration, training, job placement, and follow-up are taught. Independent living, assistive technology and disability rights are topic areas emphasized in the program.

Students who are specializing in School Counseling and intend to be employed in California will need to obtain the Pupil Personnel Services School Counseling Credential (http://catalog.csus.edu/colleges/education/graduate-professional-studies-education/pupil-personnel-services-school-counseling-credential/).

Note: Only students who are already enrolled in the School Counseling specialization at California State University, Sacramento may apply to the Pupil Personnel Services School Counseling Internship Credential Program (http://catalog.csus.edu/colleges/education/graduate-professional-studies-education/pupil-personnel-services-school-counseling-internship-credential/).

The Career Counseling; Marriage, Family, and Child Counseling; and School Counseling specializations at Sacramento State are applying for national accreditation by the Council for Accreditation of Counseling and Related Educational Programs (CACREP). The Rehabilitation Counseling specialization is nationally accredited by CACREP through October 31, 2020.

Note: For additional information on credentials, see the "College of Education" section of this catalog. Program requirements are subject to change in order to maintain compliance with relevant state and national certification, licensure, and/or accreditation requirements. Interested parties should refer to the current student handbook for up to date program information.

Special Features

- An on-campus Center for Counseling and Diagnostic Services brings clients from off campus to be counseled by students in the program and provides opportunity for video and audio feedback.
- Trainees provide off-campus counseling in local agencies, school districts, hospitals, and non-profit organizations.
- The Masters in Counseling Program and participating school districts collaborate with the Migrant Education Advisor Program (MEAP), which is a collaborative partnership with the Office of Migrant Education.
- Faculty actively support diversity and focus on multicultural counseling skills throughout the curriculum.
- Classes are offered during the day, late afternoon, and evening.

Admission Requirements

Admission as a classified graduate student in the Master of Science in Counseling program requires:

- A baccalaureate degree;
- Good academic standing at the last college attended;
- A grade point average of at least 3.0 (on a 4.0 scale) in the last 60 semester (or 90 quarter units);
- Submission of the Graduate Record Exam (GRE);
- Completion of the University application materials;
- Completion and submission of all Departmental application materials which include:
**Admission Procedure**

The M.S. in Counseling accepts applications each fall for admission the following year. The program does not offer spring admissions. Applicants must complete a university application and program supplemental application by the posted application deadline date for the term applying.

For more admissions information and application deadlines, please visit the Office of Graduate Studies website (http://www.csus.edu/gradstudies/).

Prospective applicants, including Sacramento State graduates, must submit the following to the Office of Graduate Studies, River Front Center 215, (916) 278-6470:

- an online application for admission;
- official transcripts from all colleges and universities attended, other than Sacramento State;
- an online program supplemental application for admission, please see the department website (https://www.csus.edu/coe/academics/graduate/) for more information.

Admission is competitive with a limited number of students admitted each year. At the end of the application and screening period, a program recommendation will be submitted to the Office of Graduate Studies for further review. Decisions regarding admission are then mailed to each applicant. Following admission, students are assigned to a faculty advisor who assists with academic advising.

The Master of Science in Counseling and the Pupil Personnel Services credentials are subject to general University and requirements. These requirements are explained in the "Graduate Studies" and the "Counselor Education" sections of this catalog. Students may be disqualified when not meeting program standards (see Counselor Education Student Handbook).

Students are strongly advised to remain in communication with the Counselor Education Program (by attending group advising sessions and meeting with their assigned faculty advisor each semester) as well as with any licensing or credentialing boards related to their area(s) of specialization (i.e., Board of Behavioral Sciences, California Commission on Teacher Credentialing) since licensing and credentialing requirements may change. Catalog rights hold only degree requirements; they do not protect students from changes such as prerequisites required for a given course, field study hours, individual course requirements, or additional requirements imposed by licensing or credentialing agents. Students should note that the Counselor Education course listings are subject to modification.

### Minimum Units and Grade Requirement for the Degree

Units required for the MS: 60

**Minimum Cumulative GPA:** 3.0

### Advancement to Candidacy

Each student working toward a Master’s degree must file an application for Advancement to Candidacy for the Master’s degree. The purpose of this application is to provide certification to the Office of Graduate Studies that the student will complete or has completed the necessary requirements and acceptable electives for the Master’s degree with a minimum 3.0 GPA. The Advancement to Candidacy application should be filed upon completion of 30 units in the program.

**Note:** Students must take the Writing Placement for Graduate Students (WPG) or take a Graduate Writing Intensive (GWI) course in their discipline within the first two semesters of coursework at California State University, Sacramento or secured approval for a WPG waiver before advancing to candidacy.

The Advancement to Candidacy forms, by specialization, are obtained from the Department of Counselor Education Website (http://csus.edu/coe/) within the "Forms and Handbooks" link. Students should complete the relevant form in consultation with their assigned academic advisor. Once the form is endorsed by the student and the advisor, it will be verified by the Department's Graduate Coordinator and then forwarded to the Office of Graduate Studies for final approval. (The form is also available from the Office of Graduate Studies; however, it does not include the Departmental instructions.) The completed form is submitted to the Department's Graduate Coordinator for signature, then forwarded to the Office of Graduate Studies for final approval.

### Program Requirements

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>EDC 210</td>
<td>Multicultural/Ethnic Counseling</td>
<td>3</td>
</tr>
<tr>
<td>EDC 214</td>
<td>Dynamics of Human Development</td>
<td>3</td>
</tr>
<tr>
<td>EDC 216</td>
<td>Counseling Theory</td>
<td>3</td>
</tr>
<tr>
<td>EDC 218</td>
<td>Assessment In Counseling</td>
<td>3</td>
</tr>
<tr>
<td>EDC 219</td>
<td>Group Processes in Counseling</td>
<td>3</td>
</tr>
<tr>
<td>EDC 231</td>
<td>Diagnosis and Treatment Planning</td>
<td>3</td>
</tr>
<tr>
<td>or PSYC 268</td>
<td>Advanced Psychopathology</td>
<td></td>
</tr>
<tr>
<td>EDC 233</td>
<td>Substance Abuse and Addiction</td>
<td>3</td>
</tr>
<tr>
<td>EDC 244</td>
<td>Trauma and Crisis Counseling</td>
<td>3</td>
</tr>
<tr>
<td>EDC 250</td>
<td>Education Research</td>
<td>3</td>
</tr>
<tr>
<td>EDC 252</td>
<td>Legal and Ethical Issues in Professional Counseling</td>
<td>3</td>
</tr>
<tr>
<td>EDC 260</td>
<td>Career Development</td>
<td>3</td>
</tr>
<tr>
<td>EDC 280</td>
<td>Practicum in Communication</td>
<td>2</td>
</tr>
<tr>
<td>EDC 475</td>
<td>Practicum in Counseling</td>
<td>3</td>
</tr>
</tbody>
</table>
In addition, all students must prepare a final case study paper on a selected client from their current fieldwork experience.

In order to pass this multiple choice examination, a student must meet the minimum criterion score set by the Counselor Education Program. Categories covered include:

- Human Growth and Development
- Social and Cultural Foundations
- Helping Relationships
- Group Work
- Career and Lifestyle Development
- Appraisal
- Research and Program Evaluation
- Professional Orientation and Ethics

In order to pass the final case study paper, a student must obtain a score of “Meet Standard” on all elements of the case study rubric for the student’s specialization.

1 Department petition required the semester prior to enrollment.

1 Minimum GPA: 3.0
2 Academic Residence: A minimum of 42 approved semester units in 100-, 200-, and 500-series offerings must be earned in residence at California State University, Sacramento.