

# BA IN CHILD AND ADOLESCENT DEVELOPMENT (SOCIAL AND COMMUNITY CONTEXTS)

Units required for Major: 48

Total units required for BA: 120

## Program Description

Child and Adolescent Development is the study of the biological, physical, socio-emotional, and cognitive growth and development of the child from conception through emerging adulthood. Using theory, empirical research, and practice, this rigorous academic program prepares students to work as agents of social change with diverse populations of children, adolescents, emerging adults, and families in a variety of areas, including education, advocacy, research, policy, counseling, and/or other settings.

The concentration in Social and Community Contexts seeks to prepare students to support developmental trajectories of children, adolescents, and emerging adults through application of theory and research into practice with diverse community settings. This concentration fosters students' abilities to apply ecological perspectives and engage in ethical and reflective practices within the local and professional community. Graduates will be able to communicate developmental research to various audiences and collaborate with community stakeholders that provide resources to support the strengths of diverse individuals.

The concentration is appropriate for students interested in working with diverse groups of children, adolescents, emerging adults, and families in community, social, government or counseling settings and/or for advanced degree and professional programs.

## Program Requirements

| Code   | Title  | Units |
|--|--|-------|
| <b>Required Foundation Courses (12 Units)</b>          |  |       |
| CHAD 30<br>or CHAD 35                                  | Human Development <sup>1</sup><br>Child and Adolescent Development | 3     |
| CHAD 101   | Career and Major Exploration in Child and Adolescent Development   | 1     |
| CHAD 123   | Qualitative Methods in Human Development <sup>2</sup>              | 4     |
| CHAD 133   | Quantitative Methods in Human Development <sup>2</sup>             | 4     |
| <b>Required Upper Division Core Courses (18 Units)</b> |  |       |
| CHAD 131   | Language Development   | 3     |
| CHAD 135   | Culture and Human Development                                      | 3     |
| CHAD 156   | Child and Adolescent Development in Context                        | 3     |
| CHAD 137   | Cognitive Development  | 3     |
| CHAD 138   | Social and Emotional Development                                   | 3     |
| CHAD 190   | Capstone in Child and Adolescent Development                       | 3     |
| <b>Required Concentration Courses (9 Units)</b>        |  |       |
| CHAD 30C   | Human Development and Fieldwork in Community and Social Contexts   | 3     |
| CHAD 146   | Fostering Healthy Youth Development                                | 3     |

|          |   |   |
|----------|---|---|
| CHAD 147 | Influences of Public Policy on Children & Adolescents | 3 |
|----------|---|---|

### Developmental Depth Electives (6 Units) 6

Select 6 units from the approved Developmental Depth Elective List<sup>3</sup> 6

### General Electives (3 Units)

Select 3 units of approved General Electives List<sup>4</sup> 3





- Course also satisfies General Education (GE)/Graduation Requirement.
- CHAD 133 and CHAD 123 are not recommended to be taken in the same semester.
- Students are required to select an additional 6 units of approved electives to gain expertise in specific areas of developmental theory and/or application by choosing from the approved "Developmental Depth Electives" list.
- Students are required to select an additional 3 units of approved electives to gain a greater understanding of development in social and community settings from courses across the university. Students may select courses from an approved list of "General Elective List".









## Developmental Depth Elective List

| Code     | Title  | Units |
|----------|--|-------|
| CHAD 139 | Educational Play: Theory and Practice                | 3     |
| CHAD 143 | Mind and Brain in Developmental Context <sup>1</sup> | 3     |
| CHAD 157 | Infant and Toddler: Development and Care             | 3     |
| CHAD 142 | Development of Learning and Memory                   | 3     |
| CHAD 172 | Identity Development                                 | 3     |
| CHAD 130 | Parent Education                                     | 3     |

- If a student chooses to take this course, it will also meet Area B5.

## General Elective List

| Code                  | Title  | Units |
|-----------------------|--|-------|
| ANTH 101              | Cultural Diversity <sup>5</sup>  |       |
| ART 133               | Art Education for Children   |       |
| CHAD 136              | Developmental Experiences, Methods and Curriculum  |       |
| CHAD 141              | History of Childhood: International and Interdisciplinary Perspectives <sup>5</sup>  |       |
| CHAD 145              | Controversial Issues in Childhood Development, Education, and Social Policy   (Pending Approval, CHDV 145 will meet WI requirement) <sup>5</sup> |       |
| CHAD 153              | Apprenticeship in Advanced Child Development   |       |
| CHAD 157              | Infant and Toddler: Development and Care   |       |
| CHAD 195              | Internship in Child & Adolescent Development   |       |
| CHAD 199              | Special Problems   |       |
| COMS 108              | Family Communication   | 3     |
| EDUC 120              | Literature For Children  |       |
| EDUC 121              | Multicultural Children's Literature   <sup>5</sup>   |       |
| EDUC 130A & EDUC 130B | Typical & Atypical Developmental Characteristics and Outcomes for Young Children with Disabilities<br>Typical & Atypical Development Characteristics and Outcomes for Young Children with Disabilities Lab (Must take 130A and 130B together)  | 3     |
| EDUC 155              | Introduction to Counseling <sup>6</sup>  |       |
| EDUC 156              | Power, Privilege and Self Identity in Counseling <sup>6</sup>  |       |

|          |  |   |
|----------|--|---|
| EDUC 157 | Child and Family Psychopathology <sup>6</sup>  |   |
| EDUC 160 | Urban Education   <sup>5</sup>                             |   |
| EDUC 165 | Sex Role Stereotyping in American Education   <sup>5</sup> |   |
| EDSP 119 | Legal and Social Foundations of Special Education  | 3 |
| ETHN 100 | Ethnic America   <sup>5</sup>                              |   |
| FACS 156 | Child Life and Family-Centered Care  |   |
| FSHD 108 | Family Communication   | 3 |
| FSHD 154 | Issues in Parenting  | 3 |
| HRS 161  | Multicultural America   | 3 |
| KINS 172 | Movement Education   |   |
| PHIL 102 | Professional and Public Service Ethics   | 3 |
| PSYC 151 | Psychological Aspects of Death and Dying   | 3 |
| RPTA 137 | Community Organization   | 3 |
| RPTA 164 | Leadership and Fundraising for Non-profit Organizations  | 3 |
| STAT 1   | Introduction to Statistics <sup>5</sup>  |   |
| SWRK 102 | Crosscultural Theory and Practice: Issues of Race, Gender and Class  <sup>5</sup>   |   |
| SWRK 137 | The Child and the Law  | 3 |
| SWRK 153 | Child Welfare Services   | 3 |
| THEA 118 | Children's Theatre   | 3 |

<sup>5</sup> Course also satisfies General Education (GE)/Graduation Requirement.

<sup>6</sup> Cannot be used for both major electives and for the Minor in Counseling.

## General Education Requirements<sup>1</sup>

| Code   | Title   | Units |
|--|---|-------|
| <b>Area A: Basic Subjects (9 Units)</b>                          |   |       |
| A1   | Oral Communication  | 3     |
| A2   | Written Communication   | 3     |
| A3   | Critical Thinking   | 3     |
| <b>Area B: Physical Universe and Its Life Forms (7-13 Units)</b> |   |       |
| B1   | Physical Science  | 3     |
| B2   | Life Forms  | 3     |
| B3   | Lab (Note: Lab experience to be taken with one of the following: B1, B2 or B5)  | 1     |
| B4   | Math Concepts <sup>3</sup>  | 0-3   |
| B5   | Additional Course (Any B to reach 12 units) - Take upper-division course to complete Area & upper division requirements. <sup>3</sup> | 0-3   |
| <b>Area C: Arts and Humanities (9-12 Units)</b>                  |   |       |
| C1   | Arts  | 3     |
| C2   | Humanities  | 3     |
| C1/C2  | Area C Course   | 3     |
| C1/C2  | Area C Course - Take upper-division course to complete Area & upper division requirements. <sup>3</sup>                               | 0-3   |
| <b>Area D: The Individual and Society (3-6 Units)</b>            |   |       |
|  | Area D Course   | 3     |
|  | Area D Course   | 0     |
|  | Area D Course - Take upper-division course to complete Area & upper division requirements. <sup>3</sup>                               | 0-3   |

### Area E: Understanding Personal Development

Area E Course<sup>2</sup> 0

### Area F: Ethnic Studies (3 Units)

Area F Course 3

**Total Units 31-43**

<sup>1</sup> To help you complete your degree in a timely manner and not take more units than absolutely necessary, there are ways to use single courses to meet more than one requirement (overlap). For further information, please visit the General Education page (<http://catalog.csus.edu/colleges/academic-affairs/general-education/>).  
**Note:** There is no way to list all possible overlaps so please consult with a professional advisor. The Academic Advising Center can be visited online (<http://www.csus.edu/acad/>), by phone (916) 278-1000, or email ([advising@csus.edu](mailto:advising@csus.edu)).

<sup>2</sup> Required in Major; also satisfies GE.

<sup>3</sup> Department offers students a "select from the following" option:

- If student chooses to take CHDV 143 for their developmental depth elective, they will meet Area B5.
- If student chooses to take CHAD 141, EDUC 121, HRS 161, or PHIL 102 for their general elective, they will meet upper division Area C.
- If student chooses to take ANTH 101, CHAD 145, EDUC 160, EDUC 165, ETHN 100, or SWRK 102 for their general elective, they will meet upper division Area D.
- If a student chooses STAT 1 for their general elective, they will meet an Area B4.

## Graduation Requirements<sup>1</sup>

| Code  | Title  | Units |
|---|--|-------|
| <b>Graduation Requirements (required by CSU) (3-9 Units)</b>            |  |       |
|   | American Institutions: U.S. History <sup>2</sup>         | 0-3   |
|   | American Institutions: U.S. Constitution & CA Government | 3     |
|   | Writing Intensive (WI) <sup>3</sup>                      | 0-3   |
| <b>Graduation Requirements (required by Sacramento State) (9 Units)</b> |  |       |
|   | English Composition II                                   | 3     |
|   | Race and Ethnicity in American Society (RE)              | 0     |
|   | Foreign Language Proficiency Requirement <sup>4</sup>    | 6     |

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<sup>2</sup> Department offers students a "select from the following" option:

- If student chooses to take ANTH 101 for their general elective, they will meet the U.S. History graduation requirement.

<sup>3</sup> Department offers students a "select from the following" option:

- If student chooses to take CHAD 145 EDUC 121, EDUC 160, EDUC 165, or ETHN 100, they will meet the Writing Intensive (WI) graduation requirement

<sup>4</sup> If not satisfied before entering Sacramento State, it may be satisfied in General Education Area C2 (Humanities). "C- or better required." The alternative methods for satisfying the Foreign Language Proficiency Requirement are described here: <https://www.csus.edu/college/arts-letters/world-languages-literatures/foreign-language-requirement.html> (<https://www.csus.edu/college/arts-letters/world-languages-literatures/foreign-language-requirement.html>)