

BA IN CHILD AND ADOLESCENT DEVELOPMENT (SOCIAL AND COMMUNITY CONTEXTS)

Units required for Major: 49

Total units required for BA: 120

Program Description

Child and Adolescent Development is the study of the biological, physical, socio-emotional, and cognitive growth and development of the child from conception through emerging adulthood. Using theory, empirical research, and practice, this rigorous academic program prepares students to work as agents of social change with diverse populations of children, adolescents, emerging adults, and families in a variety of areas, including education, advocacy, research, policy, counseling, and/or other settings.

The concentration in Social and Community Contexts is appropriate for students interested in working with diverse groups of children, adolescents, emerging adults, and families in community, social, government or counseling settings and/or for advanced degree and professional programs.

The concentration in Social and Community Contexts seeks to prepare students to support developmental trajectories of children, adolescents, and emerging adults through application of theory and research into practice with diverse community settings. This concentration fosters students' abilities to apply ecological perspectives and engage in ethical and reflective practices within the local and professional community. Graduates will be able to communicate developmental research to various audiences and collaborate with community stakeholders that provide resources to support the strengths of diverse individuals.

C- or higher is required for all coursework in the Child and Adolescent Development major

Program Requirements

Code	Title	Units
Required Foundation Courses (10 Units)		
CHAD 101	Career and Major Exploration in Child and Adolescent Development	2
CHAD 123	Qualitative Methods in Human Development ¹	4
CHAD 133	Quantitative Methods in Human Development ¹	4
Required Core Courses (18 Units)		
CHAD 131	Language Development	3
CHAD 135	Culture and Human Development	3
CHAD 156	Child and Adolescent Development in Context	3
CHAD 137	Cognitive Development	3
CHAD 138	Social and Emotional Development	3
CHAD 190	Capstone in Child and Adolescent Development	3
Required Concentration Courses (12 Units)		
CHAD 30 or CHAD 35	Human Development ² Child and Adolescent Development	3

CHAD 30C or CHAD 35E OI	Human Development and Fieldwork in Community and Social Contexts ⁵	3
CHAD 146	Fostering Healthy Youth Development	3
CHAD 147	Influences of Public Policy on Children & Adolescents	3
Developmental Depth Electives (6 Units)		
Select 6 units from the approved Developmental Depth Elective List ³		6
General Electives (3 Units)		
Select 3 units of approved General Electives List ⁴		3
Total Units		49

¹ CHAD 133 and CHAD 123 are not recommended to be taken in the same semester.

² Course also satisfies General Education (GE)/Graduation Requirement.

³ Students are required to select an additional 6 units of approved electives to gain expertise in specific areas of developmental theory and/or application by choosing from the approved "Developmental Depth Electives" list.

⁴ Students are required to select an additional 3 units of approved electives to gain a greater understanding of development in social and community settings from courses across the university. Students may select courses from an approved list of "General Elective List".

⁵ CHAD 30C is recommended for the Social and Community Contexts concentration, while CHAD 35E and CHAD 35F are recommended for the Educational Contexts concentration.

Developmental Depth Elective List

Code	Title	Units
CHAD 139	Educational Play: Theory and Practice	3
CHAD 143	Mind and Brain in Developmental Context ¹	3
CHAD 157	Infant and Toddler: Development and Care	3
CHAD 142	Development of Learning and Memory	3
CHAD 172	Identity Development	3
CHAD 130	Parent Education	3

¹ If a student chooses to take this course, it will also meet Area B5.

General Elective List

Code	Title	Units
ANTH 101	Cultural Diversity ¹	
ART 133	Art Education for Children	
CHAD 136	Developmental Experiences, Methods and Curriculum	
CHAD 141	History of Childhood: Interdisciplinary Perspectives ¹	
CHAD 145	Contemporary Issues in Human Development ✍️🗳️ (Pending Approval, CHDV 145 will meet WI requirement) ¹	
CHAD 153	Apprenticeship in Advanced Child Development	
CHAD 157	Infant and Toddler: Development and Care	
CHAD 195	Internship in Child & Adolescent Development	
CHAD 199	Special Problems	
COMS 108	Family Communication	
EDUC 120	Literature For Children	

EDUC 121	Multicultural Children's Literature ¹
EDUC 130A & EDUC 130B	Typical & Atypical Developmental Characteristics and Outcomes for Young Children with Disabilities Typical & Atypical Development Characteristics and Outcomes for Young Children with Disabilities Lab (Must take 130A and 130B together)
EDUC 155	Introduction to Counseling ²
EDUC 156	Power, Privilege and Self Identity in Counseling ²
EDUC 157	Child and Family Psychopathology ²
EDUC 160	Urban Education ¹
EDUC 165	Sex Role Stereotyping in American Education ¹
EDSP 119	Legal and Social Foundations of Inclusive Education
ETHN 100	Ethnic America ¹
FACS 156	
FSDH 108	Family Communication
FSDH 154	Issues in Parenting
HRS 161	Multicultural America
KINS 172	Movement Education
PHIL 102	Professional and Public Service Ethics
PSYC 151	Psychological Aspects of Death and Dying
RPTA 137	Community Organization
RPTA 164	Leadership and Fundraising for Non-profit Organizations
STAT 1	Introduction to Statistics ¹
SWRK 102	Crosscultural Theory and Practice: Issues of Race, Gender and Class ¹
SWRK 137	The Child and the Law
SWRK 153	Child Welfare Services
THEA 118	Children's Theatre

¹ Course also satisfies General Education (GE)/Graduation Requirement.
² Cannot be used for both major electives and for the Minor in Counseling.

General Education Requirements ¹

Code	Title	Units
Area A: Basic Subjects (9 Units)		
A1 - Oral Communication		3
A2 - Written Communication		3
A3 - Critical Thinking		3
Area B: Physical Universe and Its Life Forms (7-13 Units)		
B1 - Physical Science		3
B2 - Life Forms		3
B3 - Lab (Note: Lab experience to be taken with one of the following: B1, B2 or B5)		1
B4 - Math Concepts ³		0-3
B5 - Additional Course (Any B to reach 12 units) - Take upper-division course to complete Area & upper division requirements. ³		0-3
Area C: Arts and Humanities (9-12 Units)		
C1 - Arts		3
C2 - Humanities		3

C1/C2 - Area C Course	3
C1/C2 - Area C Course - Take upper-division course to complete Area & upper division requirements. ³	0-3
Area D: The Individual and Society (3-6 Units)	
Area D Course	3
Area D Course	0
Area D Course - Take upper-division course to complete Area & upper division requirements. ³	0-3
Area E: Understanding Personal Development	
Area E Course ²	0
Area F: Ethnic Studies (3 Units)	
Area F Course	3
Total Units	31-43

¹ To help you complete your degree in a timely manner and not take more units than absolutely necessary, there are ways to use single courses to meet more than one requirement (overlap). For further information, please visit the General Education page (<https://catalog.csus.edu/colleges/academic-affairs/general-education/>).

Note: There is no way to list all possible overlaps so please consult with a professional advisor. The Academic Advising Center can be visited online (<http://www.csus.edu/acad/>), by phone (916) 278-1000, or email (advising@csus.edu).

² Required in Major; also satisfies GE.

³ Department offers students a "select from the following" option:

- If student chooses to take CHAD 143 for their developmental depth elective, they will meet Area B5.
- If student chooses to take CHAD 141, EDUC 121, HRS 161, or PHIL 102 for their general elective, they will meet upper division Area C.
- If student chooses to take ANTH 101, CHAD 145, EDUC 160, EDUC 165, ETHN 100, or SWRK 102 for their general elective, they will meet upper division Area D.
- If a student chooses STAT 1 for their general elective, they will meet an Area B4.

Graduation Requirements ¹

Code	Title	Units
Graduation Requirements (required by CSU) (3-9 Units)		
American Institutions: U.S. History ²		0-3
American Institutions: U.S. Constitution & CA Government		3
Writing Intensive (WI) ³		0-3
Graduation Requirements (required by Sacramento State) (9 Units)		
English Composition II		3
Race and Ethnicity in American Society (RE)		0
Foreign Language Proficiency Requirement ⁴		6

¹ To help you complete your degree in a timely manner and not take more units than absolutely necessary, there are ways to use single courses to meet more than one requirement (overlap). For further information, please visit the General Education page (<https://catalog.csus.edu/colleges/academic-affairs/general-education/>).

Note: There is no way to list all possible overlaps so please consult with a professional advisor. The Academic Advising Center can be

visited online (<http://www.csus.edu/acad/>), by phone (916) 278-1000, or email (advising@csus.edu).

- ² Department offers students a "select from the following" option:
- If student chooses to take ANTH 101 for their general elective, they will meet the U.S. History graduation requirement.

- ³ Department offers students a "select from the following" option:
- If student chooses to take CHAD 145 EDUC 121, EDUC 160, EDUC 165, or ETHN 100, they will meet the Writing Intensive (WI) graduation requirement

- ⁴ If not satisfied before entering Sacramento State, it may be satisfied in General Education Area C2 (Humanities). "C- or better required." The alternative methods for satisfying the Foreign Language Proficiency Requirement are described here: <https://www.csus.edu/college/arts-letters/world-languages-literatures/foreign-language-requirement.html> (<https://www.csus.edu/college/arts-letters/world-languages-literatures/foreign-language-requirement.html>)

The following roadmaps are sample planning resources. Please consult your academic advisor and Academic Catalog for graduation requirements as you develop your individualized academic plan.

Child and Adolescent Development (Social and Community Contexts), BA: 4-Year Roadmap

Course	Title	Units
Year 1		
First Semester		
CHAD 30 or CHAD 35	Human Development ³ or Child and Adolescent Development	3
GE Area 1A - English Composition ²		3
GE Area 1C - Oral Communication ²		3
GE Area 5B - Biological Science ²		3
GR American Institutions (US History) ²		3
Units		15
Second Semester		
CHAD 33	Quantitative Reasoning in Human Development	3
CHAD 30C or CHAD 35E or CHAD 35F	Human Development and Fieldwork in Community and Social Contexts ³ or Early Childhood Field Experience or Human Development and Elementary Field Experience	3
GE Area 1B - Critical Thinking ²		3
GE Area 6 - Ethnic Studies ²		3
GR American Institutions (GOVT) ²		3
Units		15
Year 2		
First Semester		
ENGL 20	College Composition II	3
GE Area 4 - Social & Behavioral Sciences ²		3
GE Area 5A - Physical Science ²		3
GE Area 5C - Laboratory ²		1
Foreign Language Semester 1 ²		4
Units		14
Second Semester		
CHAD 101	Career and Major Exploration in Child and Adolescent Development	2
GE Area 3A - Arts ²		3

GE Area 3B - Humanities ²		3
Foreign Language Semester 2 ²		4
Elective of Choice		3
Units		15
Year 3		
First Semester		
CHAD 123	Qualitative Methods in Human Development	4
CHAD 135	Culture and Human Development	3
CHAD 146	Fostering Healthy Youth Development	3
Developmental Depth Elective ³		3
Upper Division GE Area 5 or 2 - Science or Mathematical Concepts/Quantitative Reasoning ²		3
Units		16
Second Semester		
CHAD 131	Language Development	3
CHAD 133	Quantitative Methods in Human Development	4
CHAD 147	Influences of Public Policy on Children & Adolescents	3
Upper Division GE Area 3 - Arts or Humanities ²		3
Elective of Choice		3
Units		16
Year 4		
First Semester		
CHAD 137	Cognitive Development	3
CHAD 145	Contemporary Issues in Human Development	3
CHAD 156	Child and Adolescent Development in Context	3
Developmental Depth Elective ³		3
Elective of Choice		3
Units		15
Second Semester		
CHAD 138	Social and Emotional Development	3
CHAD 190	Capstone in Child and Adolescent Development	3
Social and Community Contexts General Elective ³		3
Elective of Choice		3
Elective of Choice		3
Units		15
Total Units		121

Child and Adolescent Development (Social and Community Contexts), BA: 2-Year Roadmap

Course	Title	Units
Year 1		
First Semester		
CHAD 101	Career and Major Exploration in Child and Adolescent Development	2
CHAD 123	Qualitative Methods in Human Development	4
CHAD 135	Culture and Human Development	3
CHAD 146	Fostering Healthy Youth Development	3
Developmental Depth Elective ³		3
Units		15
Second Semester		
CHAD 131	Language Development	3

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CHAD 133	Quantitative Methods in Human Development	4
CHAD 147	Influences of Public Policy on Children & Adolescents	3
Upper Division GE Area 3 - Arts or Humanities ²		3
GR American Institutions (GOVT) ²		3
Units		16
Year 2		
First Semester		
CHAD 137	Cognitive Development	3
CHAD 156	Child and Adolescent Development in Context	3
Developmental Depth Elective ³		3
Upper Division GE Area 4 - Social & Behavioral Sciences + Writing Intensive ²		3
Upper Division GE Area 5 or 2 - Science or Mathematical Concepts/Quantitative Reasoning ²		3
Units		15
Second Semester		
CHAD 138	Social and Emotional Development	3
CHAD 190	Capstone in Child and Adolescent Development	3
Social and Community Contexts General Elective ³		3
Elective of Choice		3
Elective of Choice		3
Units		15
Total Units		61

¹. Any course not completed in the first semester should be taken in the second or a later semester.

². Please see General Education/Graduation Requirement **course options** (<https://catalog.csus.edu/colleges/academic-affairs/general-education/>).

³. Please see an academic advisor for elective options.