1

CREDENTIAL IN ADAPTED PHYSICAL EDUCATION SPECIALIST

Units required for Credential: 21

Program Description

The Credential in Adapted Physical Education Specialist is intended that the courses in this specialty be taken in addition to or concurrent with the courses required for the Single Subject Teaching Credential in Physical Education.

Prerequisite Requirements

For students who are not Physical Education Teaching Concentration Majors

Code	Title	Units
BIO 22	Introductory Human Anatomy	4
PUBH 136	School Health Education	2
KINS 130	Elementary Physical Education Curriculum and Content	3
or KINS 172	Movement Education	
KINS 151	Kinesiology	3
KINS 151D	Applied Kinesiology and Biomechanics	3
KINS 158	Motor Learning and Control	3

Program Requirements

Code	Title	Units	
Required Courses (22 Units)			
EDSP 230	Positive Behavior and Social-Emotional Supports for Students with Mild to Moderate Support Needs	3	
EDSP 230B	Positive Behavior Supports for Students with Mild Moderate, and Severe Behavioral Challenges Lab	, 1	
KINS 171	Adapted Physical Education: Basic Skill/Fitness Activities and Assessment	3	
KINS 176	Perceptual Motor Development	3	
KINS 177	Introduction to Adapted Physical Education	3	
KINS 179	Adapted Physical Education: Program Planning	3	
KINS 194E	Assigned Internship in Adapted Physical Educatio	n 3	
RPTA 118	Recreation Therapy Facilitation Techniques	3	
Total Units		22	