

MINOR IN COACHING

Units required for Minor: 19-20

Program Description

Kinesiology is an academic area of study concerned with the art and science of human movement.

Program Requirements

Code	Title	Units
KINS 150	Exercise and Sport Physiology	3
KINS 156	Care Of Athletic Injuries	3
Select one of the following:		3
KINS 110	Women and Sport	
KINS 137	Sociology Of Sport	
KINS 160	Sport and Exercise Psychology	
ATIC Coaching Series Courses		4
KINS Analysis Series Courses		2 - 3
Select 4 units from the following:		4
KINS 156A	Emergency Response	
KINS 194D	Assigned Field Experience in Coaching	
Total Units		19-20

Note: Substitutions can be made with permission of Department Chair.