MS IN KINESIOLOGY (EXERCISE SCIENCE)

Total units required for the MS: 30, including 19 units for concentrations (see below).

Program Description
The graduate program leading to the Master of Science degree in Kinesiology is designed to expand the students’ knowledge and to augment their qualifications for leadership in their chosen profession.

The objectives of the program are to increase the students’ breadth and depth of knowledge relative to the discipline of Kinesiology; to provide the opportunity for students to engage in scholarly activity that includes creative and analytical thinking, interpreting, evaluating and reporting published research, designing and conducting research; and to provide a focus of study that will enhance career commitment and allow for experiences that will lead to continued self-development and growth.

Admission Requirements
For students with an undergraduate major in Kinesiology, admission to the MS program as a classified graduate student requires:

- an overall GPA of 2.8 or 3.0 in the last 60 semester units; and
- upper division statistic course (e.g., EDS 140 or equivalent).

Students who have deficiencies in admission requirements which can be removed by specific additional preparation may be admitted to unclassified or conditionally classified graduate status for the purpose of removing deficiencies. Coursework taken to qualify for classified graduate status is in addition to and not counted toward the master’s program. While completing admission deficiencies, students may, if they possess the necessary prerequisites, enroll also in degree coursework, but no more than 6 units as an unclassified student or 12 units as a conditionally classified student can be applied toward the MS degree. Students must remove all admission deficiencies before being considered for classified status.

Students with deficiencies in admission requirements are requested to submit additional documentation in support of their application. These materials may include:

- GRE or GMAT scores;
- a letter stating reasons for pursuing graduate study in Kinesiology;
- a copy of recent research paper and/or a creative project; and
- letters of recommendation that speak specifically to academic ability.

Students applying for admission to the Kinesiology graduate program who do not have a degree in Kinesiology, are required to take a minimum of 20 specified units in Kinesiology. These students should see the graduate coordinator or a graduate advisor for details.

Admission Procedures
Applications are accepted as long as room for new students exists. All prospective graduate students, including Sacramento State graduates, must file the following with the Office of Graduate Studies, River Front Center, Room 215 (916) 278-6470:

- an online application for admission;
- two sets of official transcripts from all colleges and universities attended, other than Sacramento State; and
- two letters of recommendation.

For more admissions information and application deadlines please visit the Office of Graduate Studies website (http://www.csus.edu/gradstudies).

Approximately six weeks after receipt of all items listed above, a decision regarding admission will be mailed to the applicant. Upon admission, the student will select a graduate advisor.

Note: An 11-unit core of courses is required of all students; seven units of required courses and four units that are earned through the completion of a thesis or project. The thesis or project is required of all candidates for the Master of Science in Kinesiology. The courses in the core are designed to focus on an advanced study of the knowledge which is of common interest and concern to all graduate students pursuing a degree in Kinesiology. Within the remaining 19 units, the student is focused in an area of special interest by selecting a concentration: Exercise Science or Movement Studies. Each concentration includes a set of required courses and a specified number of elective units.

Minimum Units and Grade Requirements for the Degree
Units required for the MS: 30, including 19 units for concentrations (see below).

Minimum Cumulative GPA: 3.0

Advancement to Candidacy
Each student must file an application for Advancement to Candidacy indicating a proposed program of graduate study. The procedure may begin as soon as the classified graduate student has:

- removed any deficiencies in admission requirements;
- completed at least 12 units of 200-level courses with a minimum 3.0 GPA; and
- taken the Writing Placement for Graduate Students (WPG) or taken a Graduate Writing Intensive (GWI) course in their discipline within the first two semesters of coursework at California State University, Sacramento or secured approval for a WPG waiver.

This application must be filed no later than the semester prior to enrolling in KINS 211. Advancement to Candidacy forms are available on the Office of Graduate Studies website. See the Department’s graduate coordinator for more information about this process.

Program Requirements

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<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Units</th>
</tr>
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<tbody>
<tr>
<td>KINS 209</td>
<td>Graduate Studies in Kinesiology</td>
<td>3</td>
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</table>

MS in Kinesiology (Exercise Science)
KINS 210  Research Methods in Kinesiology  3
KINS 211  Research Seminar  1

Culminating Requirement (4 Units)
KINS 500  Culminating Experience  4

Concentrations (19 Units)
Select one of the following concentrations:  19

- Exercise Science Concentration
- Movement Studies Concentration
- Movement Studies/Strength Condition Option
- Movement Studies/Sports Psychology Option
- Movement Studies/Sport Pedagogy Option

Total Units  30

1 The first time the student registers for KINS 500, he/she must also register for KINS 211. During this semester, the student develops his/her proposal with assistance from others in the seminar, the seminar professor and the student’s committee. When the proposal is completed, formal written and oral presentations are made to the seminar with the student’s committee in attendance. If the student does not complete the proposal and have it approved, he/she must enroll and attend KINS 211 another semester.

Exercise Science Concentration (19 units)

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Units</th>
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<tr>
<td>KINS 250</td>
<td>Advanced Exercise Physiology Laboratory</td>
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</tr>
<tr>
<td>KINS 252</td>
<td>Advanced Exercise Physiology</td>
<td>3</td>
</tr>
<tr>
<td>KINS 254</td>
<td>Advanced Biomechanics</td>
<td>3</td>
</tr>
<tr>
<td>KINS 259</td>
<td>Research in Exercise Physiology</td>
<td>3</td>
</tr>
<tr>
<td>Select 7 units of electives in consultation with an advisor</td>
<td>7</td>
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Total Units  19