

# DOCTOR OF PHYSICAL THERAPY

Units required for the DPT degree: 104

Available program units (including electives): 113

## Program Description

Physical Therapy at Sacramento State is one of several professional curricula in the College of Health and Human Services. The program complements others in the College and provides opportunities for scholarship, instructional collaboration, and interaction.

The doctoral curriculum of 3 years, including summers, encompasses didactic instruction, laboratory experience, and clinical education. The clinical component is thirty-six weeks of full-time, off-campus clinical internships.

## Admission Requirements

To be eligible for admission consideration, students must meet the following criteria:

- Attain a baccalaureate degree from an accredited college or university prior to enrollment in the program;
- Eligible for admissions as a graduate student in good standing;
- Complete 6 of the 10 prerequisite courses by the application deadline. The four remaining courses must be completed in the Fall or Spring of the application year.
- Complete a minimum 50 total Observation hours (work/volunteer experience) observing licensed physical therapists at work. Please check the PTCAS program page or the Departmental website to see the current application cycle requirements on inpatient and outpatient setting minimums, if any;
- Three letters of recommendation, one from a college professor and two from licensed physical therapists;
- GRE taken within five years of application.

## Admission Procedures

Submit the following applications:

1. Physical Therapist Centralized Application Service (PTCAS) online application by the listed deadline;
2. CSU, Sacramento's Department of Physical Therapy (DPT) Supplemental Application, by the listed deadline.

Both applications are accessible via the department website. Following the initial screening, the top 100 applicants will be invited to interview and to submit a Cal State Apply application.

Applicants will submit the following requirements with their PTCAS application:

- Official transcripts from all colleges and universities that you have attended.
- Verification of completing a minimum 50 total hours of work/volunteer experience in at least one "Inpatient" and one "Outpatient" setting. Each setting must have at least sixteen (16) hours of exposure. All PT experience hours must be completed and verified by the deadline.

- Three letters of recommendation, two from U.S. licensed physical therapists and one from a college professor.
- Graduate Record Examination (GRE) scores taken within five years of applying to the DPT program using code: 7588.
- Applicants who do not possess a baccalaureate degree from a post-secondary institution where English is a principal language must take the TEST of English as a Foreign Language (TOEFL). Submit TOEFL scores with your PTCAS application.
- Applicants who previously attended another professional entry-level physical therapy program must submit a letter from the director of the previous physical therapy program designating their academic standing (*if applicable*).

Admission is granted on a competitive basis. Meeting the admission requirements does not guarantee acceptance into the DPT program.

## Selection Procedures

Application materials are reviewed by the DPT Admissions Committee. During the first screening applications are reviewed for the prerequisite coursework GPA, recommendation forms from two licensed physical therapists and one academic professional, GRE scores, volunteer hours, and additional background criteria. Based on the results of this first screening, the top applicants will be invited for a panel interview. The top thirty-two applicants along with alternates will be notified of their status within two weeks of the final interviews.

## Additional Information

### Health Requirements

Students admitted to the graduate program in the Department of Physical Therapy are required to have specified immunizations by the Student Health Center or a private physician prior to any clinical participation. Complete information on health requirements will be provided to incoming students.

### Costs and Fees

In addition to University tuition and fees, students can be expected to incur costs of approximately \$1,800 per year for books, and supplies. Students are required to assume responsibility for transportation and housing costs for clinical internships which may be anywhere in a contracted site in California.

### Health Insurance, Transportation Schedules, CPR Certification, and Background Screens

All students accepted into the graduate program in the Department of Physical Therapy must provide their own health insurance and transportation to clinical facilities. Major medical health insurance is mandatory prior to beginning clinical experiences. CPR certification (Basic Adult and Pediatric for healthcare providers) must be maintained according to the requirements of the American Heart Association or American Red Cross. Students will be required to complete a criminal background check prior to clinical placements. A positive criminal history may limit or preclude student participation in the clinical courses.

## Required Prerequisite Courses (38-39 units)

Prerequisite coursework must have been completed at an accredited college or university with a minimum grade of "C" or better.

Code	Title	Units
<b>Prerequisite Courses Required for enrollment consideration (38-39 Units)</b>		
	<i>Human Anatomy with Lab</i> <sup>1</sup>	

Select one of the following: 4

BIO 22	Introductory Human Anatomy	4
or BIO 122	Advanced Human Anatomy	
BIO 25	Human Anatomy and Physiology I	4
& BIO 26	Human Anatomy and Physiology II	

*Human Physiology with Lab*<sup>1</sup>

Select one of the following: 4

BIO 25	Human Anatomy and Physiology I	4
& BIO 26	Human Anatomy and Physiology II	
BIO 131	Systemic Physiology	4

*Psychology*

PSYC 2	Introductory Psychology	3
--------	-------------------------	---

Select one additional Psychology course similar to: 3

PSYC 148	Child Psychology	3
PSYC 150	Psychological Aspects of Aging	
PSYC 151	Psychological Aspects of Death and Dying	
PSYC 168	Abnormal Psychology	

*Statistics*

STAT 1	Introduction to Statistics	3 -
		4
or STAT 50	Introduction to Probability and Statistics	4

*Chemistry I with Lab*

CHEM 1A	General Chemistry I	5
or CHEM 6A	Introduction to General Chemistry	

*Chemistry II with Lab*

CHEM 1B	General Chemistry II	5
or CHEM 6B	Introduction to Organic and Biological Chemistry	

*Physics I with Lab*

PHYS 5A	General Physics: Mechanics, Heat, Sound	4
---------	---	---

*Physics II with Lab*

PHYS 5B	General Physics: Light, Electricity and Magnetism, Modern Physics	4
---------	---	---

*Physiology of Exercise (with lab preferred)*<sup>1</sup>

KINS 150	Exercise and Sport Physiology	3
or KINS 152	Physiology Of Exercise	

**Total Units 38-39**

<sup>1</sup> Anatomy, Physiology, and Exercise Physiology must have been completed within the last ten (10) years of the application deadline for the DPT program.

## Minimum Units and Grade Requirement for the Degree

Units Required for the DPT: 104-113

Minimum Cumulative GPA: 3.0; students must earn a grade of "B" in all courses taken in the Doctor of Physical Therapy Program.

## Advancement to Candidacy

Each student must file an application for Advancement to Candidacy indicating a proposed program of graduate study. This procedure may begin as soon as the classified graduate student has:

- removed any deficiencies in admission requirements and achieved classified status;

- successfully completed all courses with a grade of "B" or higher in the first 4 terms with a minimum of 3.0 ("B") overall grade point average in all DPT graduate level coursework;
- passed (with a grade of "B" or higher) a Graduate Writing Intensive (GWI) course (PT 608) and
- passed the faculty candidacy assessment.

**Units required for the DPT degree: 104**

**Available program units (including electives): 113**

## Program Requirements

Code	Title	Units
<b>First Fall Semester (16 Units)</b>		
BIO 633	Human Gross Anatomy for Physical Therapists	3
PT 600	Pathokinesiology	5
PT 602	Evidence Informed Practice I	3
PT 608	PT/Patient/Professional Interactions ✍	2
PT 630	Pathophysiology	3
<b>First Spring Semester (16 Units)</b>		
PT 604	Principles of Human Movement	2
PT 606	Therapeutic Measurements and Techniques	4
PT 614	Neuroscience for Physical Therapy	3
PT 618	Foundations for Patient Management	1
PT 620	Physical Therapy Interventions I	3
PT 622	Evidence Informed Practice II	3
<b>First Summer Semester (6 Units)</b>		
PT 632	Pharmacology for Physical Therapists	2
PT 634	Diagnostic Imaging for Physical Therapy	2
PT 638	Health, Wellness and Ergonomics in Physical Therapy	2
<b>Second Fall Semester (18 Units)</b>		
PT 624	Adult Neuromuscular Patient Management I	4
PT 625	Musculoskeletal Patient Management I	4
PT 626	Clinical Agents	2
PT 636	Geriatrics/Gerontology for Physical Therapists	2
PT 640	Physical Therapy Interventions II	3
PT 646	Acute Care and Cardiopulmonary Physical Therapy	2
PT 660A	Graduate Physical Therapy Seminar A: Research <sup>1</sup>	1
<b>Second Spring Semester (21 Units)</b>		
PT 627	Physical Therapy Educator	1
PT 644	Adult Neuromuscular Patient Management II	4
PT 645	Musculoskeletal Patient Management II	4
PT 648	Health Care Delivery in Physical Therapy I	2
PT 660B	Graduate Physical Therapy Seminar B: Research <sup>1</sup>	1
PT 660D	Graduate Physical Therapy Seminar ID: Electrotherapeutics <sup>1</sup>	2
PT 660G	Certified Strength and Conditioning Specialist (CSCS) <sup>1</sup>	2
PT 662	Differential Diagnosis in Physical Therapy	3
PT 669	Psychosocial Issues in Physical Therapy	1
PT 689	Doctoral Project Proposal ✍	1
<b>Second Summer Semester (6 Units)</b>		
PT 695A	Clinical Experience I	6
<b>Third Fall Semester (17 Units)</b>		

PT 660C	Graduate Physical Therapy Seminar C: Research <sup>1</sup>	1
PT 660E	Graduate Physical Therapy Seminar IE: NeuroPediatric Laboratory <sup>1</sup>	2
PT 660F	Graduate Physical Therapy Seminar IF: Adult Neuromuscular Laboratory <sup>1</sup>	2
PT 663	Integumentary Patient Management	2
PT 664	Neuropediatric Patient Management	2
PT 665	Musculoskeletal Patient Management III	3
PT 668	Health Care Delivery in Physical Therapy II	2
PT 690	Doctoral Project/Culminating Experience	3
<b>Third Spring Semester (6 Units)</b>		
PT 695B	Clinical Experience II	6
<b>Third Summer Semester (7 Units)</b>		
PT 680	Graduate Physical Therapy Seminar II	1
PT 695C	Clinical Experience III	6
<b>Total Units</b>		<b>113</b>

<sup>1</sup> Elective Course. A minimum of 2 elective units is required.