

# MINOR IN PUBLIC HEALTH

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Units required for Minor: 15

## Program Description

The Public Health minor at Sacramento State provides students with a strong foundation in the principles and practices that shape population health. Students gain interdisciplinary knowledge and practical skills that help them understand and address complex health challenges at local, national, and global levels.

Students can expect to be involved in coursework across the core areas of Public Health practice, such as epidemiology, illness/ injury causes and prevention, health service administration, and other personal, occupational, and community health and safety issues.

Undergraduate students in any discipline can choose this minor as part of their curriculum. Graduates with a Public Health minor will be prepared for entry-level positions in health-related organizations, community-based programs, nonprofit agencies, and government sectors, as well as for advanced study in public health and related disciplines.

Students should check the Department website (<https://www.csus.edu/college/health-human-services/public-health/>) for requirements and speak with the Public Health academic advisor to help with their academic plans.

## Admission Requirements

Students need to have an overall GPA of 2.5 or higher and be in good academic standing to declare the Minor.

### Minimum Grade Requirement

All minor courses must be completed with at least a "C" grade.

## Program Requirements

Students must complete 3 units of lower-division coursework and 12 units of upper division coursework to complete the minor.

Code	Title	Units
<b>Required Lower Division Courses</b>		<b>3</b>
PUBH 50	Healthy Lifestyles (Required Lower Division Courses)	
<b>Required Upper Division Courses</b>		<b>12</b>
PUBH 100	Fundamentals of Safety and Health	
PUBH 116	Public Health Policy, Management & Administration	
PUBH 118	Introduction to Public Health	
PUBH 148	Epidemiology	
<b>Total Units</b>		<b>15</b>