

BS IN RECREATION THERAPY

Units required for Major: 70-71

Total units required for BS: 120

Program Description

The BS in Recreation Therapy focuses on recreation services for individuals who are ill, disabled, elderly, or incarcerated. It can be applied in clinical, transitional, and community based settings. Emphasis is on therapeutic recreation as it applies to children and adults who are physically, mentally, socially, and/or emotionally challenged.

Note:

- Students graduating with a Bachelor of Science Degree in Recreation Therapy will not be subject to the University's Foreign Language Graduation Requirement. Students who change major may be subject to the University's Foreign Language Graduation Requirement.
- No more than 6 units of RPTA 198 and RPTA 199 in combination may be used to meet program requirements. No more than 3 units of RPTA 198 may be used to meet major requirements.
- RPTA 21, RPTA 100 and RPTA 122 may **not** be used to meet program requirements.

Minimum Grade Requirement

Grade of "C-" or better required in all courses applied to the major.

Additional Graduation Requirement

Majors are required to compile and consistently maintain an assessment portfolio. The portfolio is a cumulative collection of individual assignments designed to demonstrate competency in specific areas such as written communication, oral communication, group interaction, research and analysis, and computer literacy. Each competency may be assessed at more than one level (e.g., beginning, advanced) and adequate opportunities for completion of all required demonstrations of competency are available within the required major coursework.

In individual course-based assignments, learning outcomes, and competencies are assessed based upon specified criteria. Continuing instructor feedback and self-assessment exercises are intended to create a process that improves learning outcomes, as well as facilitates the student's ability to demonstrate those outcomes and competencies both before and after graduation.

It is the responsibility of the student, in consultation with their portfolio advisor, to maintain the portfolio and to insure that all requirements have been successfully completed prior to graduation. The completed portfolio is presented in RPTA 102 for Recreation Therapy students.

Program Requirements

Code	Title	Units
Required Lower Division Courses (10 Units)		
RPTA 1	Orientation to Recreation, Parks and Tourism Administration	1
RPTA 30	Recreation, Parks and Tourism in Contemporary Society	3
RPTA 32	Leadership and Group Development	3
RPTA 42	Recreation and Parks: Natural, Cultural, and Heritage Resources	3
Required Upper Division Courses (42-43 Units)		

RPTA 102	Recreation Therapy Professional Practice	1
RPTA 105	Management in Recreation, Parks and Tourism	3
RPTA 106	Introduction to Inclusive Recreation and Recreation Therapy	3
RPTA 110	Research and Evaluation in Recreation, Parks and Tourism	3
RPTA 115	Recreation Therapy Assessment and Documentation	3
RPTA 116	Recreation Therapy Principles and Practices and the Recreation Therapy Process	3
RPTA 117	Recreation Therapy and Contemporary Aspects of Disability	3
RPTA 118	Recreation Therapy Facilitation Techniques	3
RPTA 119	Recreation Therapy Management and Advancement of the Profession	3
RPTA 136	Program and Event Planning in Recreation, Parks and Tourism	3
RPTA 195D	Recreation Therapy Internship	14
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		15
Recreation Therapy Non-RPTA Supportive Coursework (18 Units)		
Select 18 units ¹		18
Total Units		70-71

- ¹ Supportive coursework units selected in consultation with a major advisor, including at least 3 units each in
- Abnormal Psychology, Life span Human Development, and Human Anatomy/Human Physiology;
 - 9 units of Human Service Classes, as defined by NCTRC.

Advisor approval required to assure compliance with certification requirements.

General Education Requirements

Code	Title	Units
Area A: Basic Subjects (9 Units)		
A1	Oral Communication	3
A2	Written Communication	3
A3	Critical Thinking	3
Area B: Physical Universe and Its Life Forms (13 Units)		
B1	Physical Science	3
B2	Life Forms	3
B3	Lab (Note: Lab experience to be taken with one of the following: B1, B2 or B5)	1
B4	Math Concepts	3
B5	Additional Course (Any B to reach 12 units) - Take upper-division course to complete Area & upper division requirements.	3
Area C: Arts and Humanities (12 Units)		
C1	Arts	3
C2	Humanities	3
C1/C2	Area C Course	3
C1/C2	Area C Course - Take upper-division course to complete Area & upper division requirements.	3
Area D: The Individual and Society (9 Units)		
	Area D Course	3
	Area D Course	3

Area D Course - Take upper-division course to complete Area & upper division requirements. 3

Area E: Understanding Personal Development

Area E Course 0

Area F: Ethnic Studies (3 Units)

Area F Course 3

Total Units 46