

BS IN RECREATION THERAPY

Units required for Major: 70-71

Total units required for BS: 120

Program Description

The BS in Recreation Therapy focuses on recreation services for individuals who are ill, disabled, elderly, or incarcerated. It can be applied in clinical, transitional, and community based settings. Emphasis is on therapeutic recreation as it applies to children and adults who are physically, mentally, socially, and/or emotionally challenged.

Note:

- Students graduating with a Bachelor of Science Degree in Recreation Therapy will not be subject to the University's Foreign Language Graduation Requirement. Students who change major may be subject to the University's Foreign Language Graduation Requirement.
- No more than 6 units of RPTA 198 and RPTA 199 in combination may be used to meet program requirements. No more than 3 units of RPTA 198 may be used to meet major requirements.
- RPTA 21, RPTA 100 and RPTA 122 may **not** be used to meet program requirements.

Minimum Grade Requirement

Grade of "C-" or better is required in all courses applied to the major.

Program Requirements

Code	Title	Units
Required Lower Division Courses (10 Units)		
RPTA 1	Orientation to Recreation, Parks and Tourism Administration	1
RPTA 30	Recreation, Parks and Tourism in Contemporary Society	3
RPTA 32	Leadership and Group Development	3
RPTA 42	Recreation and Parks: Natural, Cultural, and Heritage Resources	3
Required Upper Division Courses (42-43 Units)		
RPTA 102	Recreation Therapy Professional Practice	1
RPTA 105	Management in Recreation, Parks and Tourism	3
RPTA 106	Introduction to Inclusive Recreation and Recreation Therapy	3
RPTA 110	Research and Evaluation in Recreation, Parks and Tourism	3
RPTA 115	Recreation Therapy Assessment and Documentation	3
RPTA 116	Recreation Therapy Principles and Practices and the Recreation Therapy Process	3
RPTA 117	Recreation Therapy and Contemporary Aspects of Disability	3
RPTA 118	Recreation Therapy Facilitation Techniques	3
RPTA 119	Recreation Therapy Management and Advancement of the Profession	3
RPTA 136	Program and Event Planning in Recreation, Parks and Tourism	3

RPTA 195D	Recreation Therapy Internship	14
		-
		15
Recreation Therapy Non-RPTA Supportive Coursework (18 Units)		
Select 18 units ¹		18
Total Units		70-71

¹ Supportive coursework units selected in consultation with a major advisor, including at least 3 units each in

- Abnormal Psychology, Life span Human Development, and Human Anatomy/Human Physiology;
- 9 units of Human Service Classes, as defined by NCTRC.

Advisor approval required to assure compliance with certification requirements.

General Education Requirements

Code	Title	Units
Area A: Basic Subjects (9 Units)		
A1	Oral Communication	3
A2	Written Communication	3
A3	Critical Thinking	3
Area B: Physical Universe and Its Life Forms (13 Units)		
B1	Physical Science	3
B2	Life Forms	3
B3	Lab (Note: Lab experience to be taken with one of the following: B1, B2 or B5)	1
B4	Math Concepts	3
B5	Additional Course (Any B to reach 12 units) - Take upper-division course to complete Area & upper division requirements.	3
Area C: Arts and Humanities (12 Units)		
C1	Arts	3
C2	Humanities	3
C1/C2	Area C Course	3
C1/C2	Area C Course - Take upper-division course to complete Area & upper division requirements.	3
Area D: The Individual and Society (9 Units)		
Area D Course		3
Area D Course		3
Area D Course	Take upper-division course to complete Area & upper division requirements.	3
Area E: Understanding Personal Development		
Area E Course		0
Area F: Ethnic Studies (3 Units)		
Area F Course		3
Total Units		46

The following roadmaps are sample planning resources. Please consult your academic advisor and Academic Catalog for graduation requirements as you develop your individualized academic plan.

Recreation Therapy, BS: 4-Year Roadmap

Course	Title	Units
Year 1		
First Semester		
RPTA 1	Orientation to Recreation, Parks and Tourism Administration	1
GE Area 1A - English Composition ²		3
GE Area 1C - Oral Communication ²		3
GE Area 3A - Arts ²		3
GE Area 4 - Social & Behavioral Sciences ²		3
Elective of Choice		3
Units		16
Second Semester		
RPTA 30	Recreation, Parks and Tourism in Contemporary Society	3
Recreation Therapy Non-RPTA Supportive Coursework: GE Area 2 - Mathematical Concepts & Quantitative Reasoning ³		3
GE Area 1B - Critical Thinking ²		3
GE Area 5B - Biological Science ²		3
Elective of Choice		3
Units		15
Year 2		
First Semester		
RPTA 32	Leadership and Group Development	3
GE Area 3B - Humanities ²		3
GE Area 5A - Physical Science ²		3
GE Area 5C - Laboratory ²		1
GE Area 6 - Ethnic Studies ²		3
GR American Institutions (US History) ²		3
Units		16
Second Semester		
ENGL 20	College Composition II	3
RPTA 42	Recreation and Parks: Natural, Cultural, and Heritage Resources	3
RPTA 106	Introduction to Inclusive Recreation and Recreation Therapy	3
Recreation Therapy Non-RPTA Supportive Coursework ³		3
Upper Division GE Area 4 - Social & Behavioral Sciences + American Institutions (GOVT) ²		3
Units		15
Year 3		
First Semester		
RPTA 105	Management in Recreation, Parks and Tourism	3
RPTA 116	Recreation Therapy Principles and Practices and the Recreation Therapy Process	3
RPTA 117	Recreation Therapy and Contemporary Aspects of Disability	3
Recreation Therapy Non-RPTA Supportive Coursework ³		3
Recreation Therapy Non-RPTA Supportive Coursework ³		3
Units		15
Second Semester		
RPTA 110	Research and Evaluation in Recreation, Parks and Tourism	3
RPTA 115	Recreation Therapy Assessment and Documentation	3
RPTA 118	Recreation Therapy Facilitation Techniques	3

RPTA 136	Program and Event Planning in Recreation, Parks and Tourism	3
Recreation Therapy Non-RPTA Supportive Coursework ³		3
Units		15
Year 4		
First Semester		
RPTA 102	Recreation Therapy Professional Practice	1
RPTA 119	Recreation Therapy Management and Advancement of the Profession	3
Recreation Therapy Non-RPTA Supportive Coursework ³		3
Upper Division GE Area 3 - Arts or Humanities + Writing Intensive ²		3
Upper Division GE Area 5 or 2 - Science or Mathematical Concepts/Quantitative Reasoning ²		3
Elective of Choice		3
Units		16
Second Semester		
RPTA 195D	Recreation Therapy Internship	10 - 15
Elective of Choice		3
Units		13-18
Total Units		121-126

Recreation Therapy, BS: 2-Year Roadmap

Course	Title	Units
Year 1		
First Semester		
RPTA 105	Management in Recreation, Parks and Tourism	3
RPTA 106	Introduction to Inclusive Recreation and Recreation Therapy	3
RPTA 116	Recreation Therapy Principles and Practices and the Recreation Therapy Process	3
RPTA 117	Recreation Therapy and Contemporary Aspects of Disability	3
Recreation Therapy Non-RPTA Supportive Coursework ³		3
Recreation Therapy Non-RPTA Supportive Coursework ³		3
Units		18
Second Semester		
RPTA 110	Research and Evaluation in Recreation, Parks and Tourism	3
RPTA 115	Recreation Therapy Assessment and Documentation	3
RPTA 118	Recreation Therapy Facilitation Techniques	3
Recreation Therapy Non-RPTA Supportive Coursework ³		3
Recreation Therapy Non-RPTA Supportive Coursework ³		3
Upper Division GE Area 3 - Arts or Humanities + Writing Intensive ²		3
Units		18
Year 2		
First Semester		
RPTA 102	Recreation Therapy Professional Practice	1
RPTA 119	Recreation Therapy Management and Advancement of the Profession	3
RPTA 136	Program and Event Planning in Recreation, Parks and Tourism	3
Recreation Therapy Non-RPTA Supportive Coursework ³		3

Upper Division GE Area 4 - Social & Behavioral Sciences + American Institutions (GOVT) ²	3
Upper Division GE Area 5 or 2 - Science or Mathematical Concepts/Quantitative Reasoning ²	3
Units	16
Second Semester	
RPTA 195D Recreation Therapy Internship	10 - 15
Recreation Therapy Non-RPTA Supportive Coursework ³	3
GR American Institutions (US History) ²	3
Units	16-21
Total Units	68-73

1. Any course not completed in the first semester should be taken in the second or a later semester.
2. Please see General Education/Graduation Requirement **course options** (<https://catalog.csus.edu/colleges/engineering-computer-science/engineering-civil/bs-in-civil-engineering/colleges/academic-affairs/general-education/>).
3. Please see an academic advisor for elective options.