

BA IN ETHNIC STUDIES (ASIAN AMERICAN STUDIES)

Units required for Major: 36

Total units required for BA: 120



Program Description

Ethnic Studies is an interdisciplinary approach to the study of the cultures, languages, historical, and contemporary issues relating to African Americans, Asian Americans, Chicana/os-Latina/os, and Native Americans. The program directs students to critically examine the cultural contributions made by these groups to world civilization and to American society. Ethnic Studies challenges all students to analyze existing generalizations, theories, and concepts about racial and ethnic groups in order to develop valid generalizations, concepts, and theories about the people and their experiences. Students are encouraged to actively work to eliminate problems based on discrimination.

Students are also encouraged to blend professional area studies with Ethnic Studies. For example, a student may major in Ethnic Studies and minor in Business Administration. Similarly, students with a degree in Engineering Technology may minor in Ethnic Studies and emerge well-prepared professionally to assume middle management and supervisory positions in a multicultural society. Ethnic Studies majors and minors enter careers and professions in both the public and private sectors.

Note: Program advising and other information can be obtained from the Ethnic Studies Department.

Program Requirements

Code	Title	Units
Required Lower Division Course (3 Units)		
ETHN 11	Introduction to Ethnic Studies ¹	3
Required Upper Division Courses (21 Units)		
ETHN 100	Ethnic America  ¹	3
ETHN 110	The Asian American Experience	3
ETHN 130	Chicano/Mexican-American Experience	3
or ETHN 131	La Raza Studies 	3
ETHN 140	Native American Experience	3
ETHN 170	Pan African Studies	3
ETHN 194	Research in Ethnic Studies	3
ETHN 195A	Ethnic Studies Fieldwork	1
ETHN 195B	Ethnic Studies Seminar	2
Concentration Electives (12 Units) ²		
Select one of the following Concentrations:		12
Asian American Studies		
Chicana/o Studies		
General		
Native-American Studies		
Pan African Studies		
Teachers in Bilingual Education		
Teachers in Urban Settings		
Total Units		36

¹ Course also satisfies General Education (GE)/Graduation Requirement.

² Four upper division Ethnic Studies and/or cross-listed courses selected with advisor approval to provide the opportunity for social, cultural and historical study; should also apply to the area of concentration; see note below.

Notes:

- A concentration must be declared in Asian American Studies, Chicana/o Studies, Education (Teachers in Urban Settings or Teachers in Bilingual Education), Native American Studies, Pan African Studies, or General Ethnic Studies. The concentration includes 12 units of electives.

Concentration in Asian American Studies (12 units)

Code	Title	Units
Concentration Requirements (12 Units)		
Select four courses from the following:		12
ETHN 111	Southeast Asians in the US	
ETHN 112	Contemporary Asian American Issues	
ETHN 113	Asian American Communities	
ETHN 114	Asian Americans and Globalization	
ETHN 115	Biracial and Multiracial Identity in the US	
ETHN 116	Asian American Politics and Public Policy	
ETHN 118	Asian American Women	
ETHN 119	The Filipino American Experience	
ETHN 121	Hmong American Experiences	
ETHN 122	Sikh Americans and Globalization	
ETHN 167	Asian American Families: Issues and Perspectives	
Total Units		12

General Education Requirements ¹

Code	Title	Units
Area A: Basic Subjects (9 Units)		
A1	Oral Communication	3
A2	Written Communication	3
A3	Critical Thinking	3
Area B: Physical Universe and Its Life Forms (10 Units)		
B1	Physical Science	3
B2	Life Forms	3
B3	Lab (Note: Lab experience to be taken with one of the following: B1, B2 or B5)	1
B4	Math Concepts	3
B5	Additional Course (Any B to reach 12 units) - Take upper-division course to complete Area & upper division requirements.	0
Area C: Arts and Humanities (12 Units)		
C1	Arts	3
C2	Humanities	3
C1/C2	Area C Course	3
C1/C2	Area C Course - Take upper-division course to complete Area & upper division requirements.	3
Area D: The Individual and Society (6 Units)		
Area D Course		3
Area D Course		3
Area D Course ²		0

Area D Course - Take upper-division course to complete Area & upper division requirements. ²	0
Area E: Understanding Personal Development (3 Units)	
Area E Course	3
Area F: Ethnic Studies	
Area F Course	
Total Units	40

¹ To help you complete your degree in a timely manner and not take more units than absolutely necessary, there are ways to use single courses to meet more than one requirement (overlap). For further information, please visit the General Education page (<https://catalog.csus.edu/colleges/academic-affairs/general-education/>).

Note: There is no way to list all possible overlaps so please consult with a professional advisor. The Academic Advising Center can be visited online (<http://www.csus.edu/acad/>), by phone (916) 278-1000, or email (advising@csus.edu).

² Required in Major; also satisfies GE.

Graduation Requirements¹

Code	Title	Units
Graduation Requirements (required by CSU) (6 Units)		
American Institutions: U.S. History		3
American Institutions: U.S. Constitution & CA Government		3
Writing Intensive (WI) ²		0
Graduation Requirements (required by Sacramento State) (9 Units)		
English Composition II		3
Race and Ethnicity in American Society (RE) ²		0
Foreign Language Proficiency Requirement ³		6

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Note: There is no way to list all possible overlaps so please consult with a professional advisor. The Academic Advising Center can be visited online (<http://www.csus.edu/acad/>), by phone (916) 278-1000, or email (advising@csus.edu).

² Required in Major; also satisfies Graduation Requirement.

³ If not satisfied before entering Sacramento State, it may be satisfied in General Education Area C2 (Humanities). "C- or better required." The alternative methods for satisfying the Foreign Language Proficiency Requirement are described here: <https://www.csus.edu/college/arts-letters/world-languages-literatures/foreign-language-requirement.html>

The following roadmaps are sample planning resources. Please consult your academic advisor and Academic Catalog for graduation requirements as you develop your individualized academic plan.

Ethnic Studies (Asian American Studies), BA: 4-Year Roadmap

Course	Title	Units
Year 1		
First Semester		
ETHN 11	Introduction to Ethnic Studies	3

GE Area 1C - Oral Communication ²	3
GE Area 4 - Social & Behavioral Sciences (ETHN 10 recommended) ²	3
GE Area 5A - Physical Science ²	3
Elective of Choice	3

Units 15

Second Semester	
GE Area 1A - English Composition ²	3
GE Area 1B - Critical Thinking ²	3
GE Area 2 - Mathematical Concepts & Quantitative Reasoning ²	3
GE Area 3A - Arts ²	3
GE Area 5B - Biological Science ²	3
GE Area 5C - Laboratory ²	1

Units 16

Year 2		
First Semester		
ENGL 20	College Composition II	3
ETHN 170	Pan African Studies	3
Foreign Language Semester 1 ²		4
GR American Institutions (US History) ²		3
Elective of Choice		3

Units 16

Second Semester		
ETHN 110	The Asian American Experience	3
GE Area 3B - Humanities ²		3
Foreign Language Semester 2 ²		4
GR American Institutions (GOVT) ²		3
Elective of Choice ²		3

Units 16

Year 3		
First Semester		
ETHN 100	Ethnic America 🇺🇸	3
ETHN 140	Native American Experience	3
Asian American Studies Elective ³		3
Elective of Choice		3
Elective of Choice		3

Units 15

Second Semester		
ETHN 130 or ETHN 131	Chicano/Mexican-American Experience ³ or La Raza Studies 🌎	3
Asian American Studies Elective ³		3
Upper Division GE Area 5 or 2 - Science or Mathematical Concepts/Quantitative Reasoning ²		3
Elective of Choice		3
Elective of Choice		3

Units 15

Year 4		
First Semester		
ETHN 194	Research in Ethnic Studies	3
Asian American Studies Elective ³		3
Upper Division GE Area 3 - Arts or Humanities ²		3
Elective of Choice		3
Elective of Choice		3

Units 15

Second Semester		
ETHN 195A	Ethnic Studies Fieldwork	1
ETHN 195B	Ethnic Studies Seminar	2
Asian American Studies Elective ³		3
Elective of Choice		3

Elective of Choice	3
Units	12
Total Units	120

Ethnic Studies (Asian American Studies), BA: 2-Year Roadmap

Course	Title	Units
Year 1		
First Semester		
ETHN 100	Ethnic America	3
ETHN 110	The Asian American Experience	3
ETHN 140	Native American Experience	3
Asian American Studies Elective ³		3
GR American Institutions (US History) ²		3
Units		15
Second Semester		
ETHN 170	Pan African Studies	3
Asian American Studies Elective ³		3
Upper Division GE Area 5 or 2 - Science or Mathematical Concepts/Quantitative Reasoning ²		3
Foreign Language Semester 1 ²		4
Elective of Choice		3
Units		16
Year 2		
First Semester		
ETHN 130 or ETHN 131	Chicano/Mexican-American Experience ³ or La Raza Studies	3
ETHN 194	Research in Ethnic Studies	3
Upper Division GE Area 3 - Arts or Humanities ²		3
Foreign Language Semester 2 ²		4
Elective of Choice		3
Units		16
Second Semester		
ETHN 195A	Ethnic Studies Fieldwork	1
ETHN 195B	Ethnic Studies Seminar	2
Asian American Studies Elective ³		3
Asian American Studies Elective ³		3
GR American Institutions (GOVT) ²		3
Elective of Choice		3
Units		15
Total Units		62

- Any course not completed in the first semester should be taken in the second or a later semester.
- Please see General Education/Graduation Requirement **course options** (https://www.csus.edu/academic-affairs/curriculum-%20workflow/_internal/_documents/program-road-maps/als_2yr/art_transfer-%20roadmap-2024-25.pdf).
- Please see an academic advisor for elective options.