FAMILY AND CONSUMER SCIENCES

College of Social Sciences and Interdisciplinary Studies

Department Description
The Department of Family and Consumer Sciences offers four distinct programs and one concentration. The focus of these programs is to enhance the skills and knowledge that will promote the well-being of individuals, families, and communities. Our programs and profession focus on individuals and families in order to achieve an optimum balance between people and their environments. The mission of Family and Consumer Sciences is to empower individuals and families to function interdependently in a global society.

Family and Consumer Science Education (Pre-Credential Single Subject Matter Program)
The major meets the California Career Technical Education (CTE) Curriculum Standards and Home Economics Teacher Preparation Standards of Quality and Effectiveness for Subject Matter Programs.

Graduates are prepared to enter the Single Subject Teaching Credential Program required to teach Family and Consumer Sciences/Home Economics in middle and high schools. Coursework includes Nutrition and Food, Fashion Merchandising & Management, and Family Studies & Human Development combined with an internship in a middle or high school in the Sacramento area.

Family Studies and Human Development
The major prepares students for careers in various human service fields. The program emphasizes an asset-based approach to understanding lifespan human development, family systems and family diversity. The major is approved by the National Council on Family Relations (NCFR) for academic programs in Family Life Education.

Fashion Merchandising and Management
The major prepares students for careers in the global fashion industry, including management, marketing, buying, advertisement, promotion, manufacturing, sourcing, distribution, retailing, and many more. The program also emphasizes the contemporary and historical ways of meeting the economic, psychological, aesthetic, psychological, sociological, and cultural needs of consumers relative to fashion products. The program offers a vast array of courses that cover different areas of the fashion industry. Students learn the basics of fashion by taking foundation courses. Upper division marketing classes allow students to become more familiar with the business side of fashion. Courses focusing on the basic design skills introduce students to the creative side of the industry. This program provides a well-rounded education that prepares students for jobs in any area of the fashion industry.

Nutrition and Food & Dietetics
The major prepares students for careers in the field of nutrition, food management, community nutrition, and food sustainability. The program emphasizes the roles of nutrition and food in individual and family health, cultural and behavioral influences on food selection, and the management of commercial and noncommercial food systems.

The optional concentration in Dietetics meets requirements that prepare students to become a registered dietitian nutritionist (RDN), as well as to prepare students for a variety of careers in clinical nutrition, community nutrition, private practice, food service administration, and food science. The Dietetic Internship administered by the Department is a post-baccalaureate, 42-week internship accepting 10 interns annually. This program provides full-time supervised practice at a variety of health care and community facilities.

Degree Programs

BS in Family Studies and Human Development (http://catalog.csus.edu/colleges/social-sciences-interdisciplinary-studies/family-consumer-sciences/bs-family-studies-and-human-development/)

BS in Fashion Merchandising and Management (http://catalog.csus.edu/colleges/social-sciences-interdisciplinary-studies/family-consumer-sciences/bs-in-fashion-merchandising-and-management/)

BS in Nutrition and Food (http://catalog.csus.edu/colleges/social-sciences-interdisciplinary-studies/family-consumer-sciences/bs-in-nutrition-and-food/)

BS in Nutrition and Food (Dietetics)


Family and Consumer Science Education (Pre-Credential Single Subject Matter Program)

Accreditation
In addition to California State University, Sacramento's full accreditation by the Western Association of Schools and Colleges, the Bachelor of Science in Nutrition and Food Dietetics Concentration is also individually accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND), the accrediting agency for the Academy of Nutrition and Dietetics. The department also administers a Dietetics Internship (DI) program accredited by ACEND.

Licensure and Credentialing Disclosure
Admission into programs leading to licensure and credentialing does not guarantee that students will obtain a license or credential. Licensure and credentialing requirements are set by agencies that are not controlled by or affiliated with the CSU and requirements can change at any time. For example, licensure or credentialing requirements can include evidence of the right to work in the United States (e.g., social security number or tax payer identification number) or successfully passing a criminal background check. Students are responsible for determining whether they can meet licensure or credentialing requirements. The CSU will not refund tuition, fees, or any associated costs, to students who determine subsequent to admission that they cannot meet licensure or credentialing requirements. Information concerning licensure and credentialing requirements are available from the Dean of Undergraduate Studies, Sacramento Hall 234, (916) 278-5344.
Special Features

- Faculty in Family and Consumer Sciences come from diverse educational backgrounds and expertise. Faculty members promote and integrate a holistic approach to understanding individuals and families while preparing students for professional careers or graduate study.
- All programs in the department are committed to reflecting in our study and in our practices the diverse populations with which our students will work, including diversity in ability, age, educational level, ethnicity, gender identity, immigration status, nationality, race, religion, sexual orientation, and socioeconomic status.
- The Department is equipped with laboratories for textiles, food, and teacher credentialing preparation courses.
- Support facilities include a Costume Collection gallery. Visit the virtual gallery at http://www.csus.edu/facs/.
- The Didactic Program in Dietetics (DPD) and the Dietetics Internship (DI) programs are accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND).
- The Family Studies and Human Development program is approved by the National Council on Family Relations for academic programs in Family Life Education.
- The Pre-Credential Single Subject Matter program in FACS Education is approved by the California Commission on Teacher Credentialing.
- Service Learning courses, Academic Internships (FACS 195C), Education Practica and other opportunities for Community Engaged Learning are a hallmark of our degree programs. These provide an opportunity for students to work under the supervision of a professional in business, education, government, or public service settings. Internships are planned a semester in advance with an adviser.
- The Department sponsors four student organizations for students to participate in professional development and community service related to their major programs.
- In addition to serving majors and minors, the Department provides several general education courses for other majors including classes that meet the graduation requirements for the writing intensive, and race and ethnicity categories.

Career Possibilities

**Fashion Merchandising and Management:**
- Buyer
- Merchandiser
- Marketing Manager
- Retail Manager
- Regional Manager
- District Manager
- Distributor
- Sales Representative
- Product Analyst
- Sourcing Analyst
- Quality Control Analyst
- Inventory Specialist
- Apparel Engineer
- Fashion Coordinator
- Stylist
- Visual Merchandiser
- Fashion Editor
- Fashion Forecaster
- Fashion Reporter
- Magazine Editor

**Family Studies and Human Development:**
- Consumer and Family Resources
- Community-Based Social Services
- Community Education
- Family Life Educator
- Family Planning
- Family Support Services Provider
- Health Care and Family Wellness
- Marriage and Family Enrichment
- Parenting Educator
- Prenatal and Maternity Services
- Sexuality Educator
- Youth Adviser
- Child Life Specialist

**Nutrition and Foods/Dietetics Concentration:**
- Nutrition and Health Educator
- Community/Public Health Nutritionist
- Food Service Manager/Hospitality
- Foodservice Inspector
- State Nutrition Program Assistant, Consultant, or Analyst
- School Nutrition Services Specialist
- Entrepreneur/Consultant
- Nutrition Program Representative
- University/Research Centers

**Additional careers in Dietetics:**
- Registered Dietitian Nutritionist
- Clinical Dietetics-Hospital/Health Care or other Health Care Facilities
- Private Practice
- Sports Nutrition
- Corporate Wellness
- University/Medical Center Research

**Family and Consumer Sciences Education (Pre-Credential Single Subject Program):**
- High school and middle school teacher
- Extension specialist
- Consultant in Home Economics Careers and Technology
- Life Coach
- Resources Specialist
- Entrepreneur
- Consumer Educator
- Credit Counselor
- California State Department of Education
- FHA-HERO State Adviser

**Contact Information**

Lynn Hanna, Department Chair
Jeannie Hansen, Administrative Support Coordinator II
Mariposa Hall 3000
(916) 278-6393
http://www.csus.edu/facs/

**Faculty**

- BRAUNSTEIN, NADINE
- BUCHAN, WENDY
- COOK, JERRY
- GONZALEZ, HENRY
- HANNA, LYNN
- HYSON, DIANNE
- KANG, MINJEONG
- MALROUTU, YAMINI LAKSHMI
- MOYLAN, J. ANN
- MULASI, URVASHI
- SHEN, DONG
- SHILTS, MICAL
- THOMPSON, KELLY
- WIE, SEUNGHEE

**FACS 100: Research: Methods and Application in Family and Consumer Sciences.**

- 3 Units
- **Prerequisite(s):** 6 FACS units completed. FACS majors only
- **Term Typically Offered:** Fall, Spring, Summer

Study of methods and application of research in the field of Family and Consumer Sciences. Focus on scientific inquiry, methodology, evidence-based practice, interpretation of research results, program and project evaluation, and professional communication. Includes the examination of ethical practices, professional presentation skills, and technical writing skills.
FACS 128. Consumer Technologies and Environments. 3 Units
Term Typically Offered: Fall, Spring
Study and analysis of technologies, durable goods, and environments in home and workplace and their impact on quality of life. Principles of equipment and product design, selection and safety; space planning; consumer decision making. Examination of issues related to energy management, shelter, housing and access to technology. Lecture, field trips two hours; activity two hours. Field trip(s) may be required.

FACS 140. Family Resource Management. 3 Units
General Education Area/Graduation Requirement: Understanding Personal Development (E)
Term Typically Offered: Fall, Spring
Management of resources in family systems. Interaction of families with other societal and environmental systems in acquiring and using resources to meet goals and other demands.

FACS 141. Family Finance. 3 Units
General Education Area/Graduation Requirement: Understanding Personal Development (E)
Term Typically Offered: Fall, Spring
Economic problems of and financial management by the individual and family. Topics include: income patterns, inflation, credit, contracts, housing, financial services, insurance, taxes, investments, retirement income planning.

FACS 142. Consumer Issues. 3 Units
Term Typically Offered: Fall, Spring
Study of effect of consumer movements on protection of consumer rights. Current issues include marketplace fraud and redress; consumer information, education, and decision-making; privacy and environmental concerns; and advocacy for vulnerable consumer groups.

FACS 143. Consumer Policy. 3 Units
Prerequisite(s): GOVT 1 or GOVT 150 or instructor permission.
Term Typically Offered: Fall, Spring
Examination of consumer policy and regulations. Emphasis on consumer products, including food and drugs, housing, and credit. Strategies for promoting consumer advocacy. Lecture, discussion, field trips. Field trip(s) may be required.

FACS 147. Financial and Legal Aspects of Aging. 3 Units
Prerequisite(s): FACS 141 or instructor permission.
Term Typically Offered: Fall, Spring
Economic status, financial and consumer issues, legal rights and responsibilities and resource management for aging persons. Emphasis on financial planning for retirement and estate planning. Lecture, discussion, case studies.

FACS 149. Family Financial Counseling. 3 Units
Prerequisite(s): FACS 141 and senior status.
Term Typically Offered: Fall, Spring
Examination of professional issues in family financial planning including ethical considerations, regulations, communication skills, and professional responsibility. Development of skills needed by family financial counselors to counsel families with financial problems. Lecture, discussion, case study, counseling sessions.

FACS 156. Child Life and Family-Centered Care. 3 Units
Prerequisite(s): FACS 52 or CHDV 30 or CHDV 35 or a course in child development/human development, covering at least birth through adolescence with instructor permission.
Term Typically Offered: Summer only
Overview of the Child Life profession and child life practices. Focus on family-centered care for children in the healthcare environment and their families. Major course topics include: scope of practice in child life; ethical and professional practice; impact of illness, injury and health on patients and family; techniques and outcomes of preparation; therapeutic play; grief and bereavement.
Note: This course is designed to meet the specifications set forth by the Association of Child Life Professionals (ACLP) for the child life course required for certification as a Certified Child Life Specialist (CCLS)

FACS 166A. American Indigenous Families: Issues and Perspectives. 3 Units
Term Typically Offered: Fall, Spring
Application of research and theory specific to Latino/Chicano and American Indian families; strategies for applying this knowledge to areas of service, therapy, policy, and education. Lecture; discussion, Internet enhancement.
Cross Listed: ETHN 166; only one may be counted for credit.

FACS 166B. Asian American Families: Issues and Perspectives. 3 Units
Term Typically Offered: Fall, Spring
Family is an adaptable and changing institution of society. The course will highlight research and theory on Asian American families with an emphasis on applying the information to areas of service, therapy, policy, and education. A comparison of the experiences between various Asian groups in the U.S. will be stressed. Lecture, discussion, Internet enhancement.
Cross Listed: ETHN 167; only one may be counted for credit.

FACS 156. Family Resource Management. 3 Units
Term Typically Offered: Fall, Spring
Management of resources in family systems. Interaction of families with other societal and environmental systems in acquiring and using resources to meet goals and other demands.

FACS 140. Family Resource Management. 3 Units
General Education Area/Graduation Requirement: Understanding Personal Development (E)
Term Typically Offered: Fall, Spring
Management of resources in family systems. Interaction of families with other societal and environmental systems in acquiring and using resources to meet goals and other demands.

FACS 141. Family Finance. 3 Units
General Education Area/Graduation Requirement: Understanding Personal Development (E)
Term Typically Offered: Fall, Spring
Economic problems of and financial management by the individual and family. Topics include: income patterns, inflation, credit, contracts, housing, financial services, insurance, taxes, investments, retirement income planning.

FACS 142. Consumer Issues. 3 Units
Term Typically Offered: Fall, Spring
Study of effect of consumer movements on protection of consumer rights. Current issues include marketplace fraud and redress; consumer information, education, and decision-making; privacy and environmental concerns; and advocacy for vulnerable consumer groups.

FACS 143. Consumer Policy. 3 Units
Prerequisite(s): GOVT 1 or GOVT 150 or instructor permission.
Term Typically Offered: Fall, Spring
Examination of consumer policy and regulations. Emphasis on consumer products, including food and drugs, housing, and credit. Strategies for promoting consumer advocacy. Lecture, discussion, field trips. Field trip(s) may be required.

FACS 147. Financial and Legal Aspects of Aging. 3 Units
Prerequisite(s): FACS 141 or instructor permission.
Term Typically Offered: Fall, Spring
Economic status, financial and consumer issues, legal rights and responsibilities and resource management for aging persons. Emphasis on financial planning for retirement and estate planning. Lecture, discussion, case studies.

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Prerequisite(s): FACS 141 and senior status.
Term Typically Offered: Fall, Spring
Examination of professional issues in family financial planning including ethical considerations, regulations, communication skills, and professional responsibility. Development of skills needed by family financial counselors to counsel families with financial problems. Lecture, discussion, case study, counseling sessions.

FACS 156. Child Life and Family-Centered Care. 3 Units
Prerequisite(s): FACS 52 or CHDV 30 or CHDV 35 or a course in child development/human development, covering at least birth through adolescence with instructor permission.
Term Typically Offered: Summer only
Overview of the Child Life profession and child life practices. Focus on family-centered care for children in the healthcare environment and their families. Major course topics include: scope of practice in child life; ethical and professional practice; impact of illness, injury and health on patients and family; techniques and outcomes of preparation; therapeutic play; grief and bereavement.
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Term Typically Offered: Fall, Spring
Application of research and theory specific to Latino/Chicano and American Indian families; strategies for applying this knowledge to areas of service, therapy, policy, and education. Lecture; discussion, Internet enhancement.
Cross Listed: ETHN 166; only one may be counted for credit.

FACS 166B. Asian American Families: Issues and Perspectives. 3 Units
Term Typically Offered: Fall, Spring
Family is an adaptable and changing institution of society. The course will highlight research and theory on Asian American families with an emphasis on applying the information to areas of service, therapy, policy, and education. A comparison of the experiences between various Asian groups in the U.S. will be stressed. Lecture, discussion, Internet enhancement.
Cross Listed: ETHN 167; only one may be counted for credit.

FACS 168. Senior Seminar. 3 Units
Prerequisite(s): 21 FACS units.
Term Typically Offered: Fall, Spring
Designed to synthesize knowledge in Family and Consumer Sciences. Examination of the concentration in the major and career exploration. Analysis of public policy and ethical issues, professionalism and leadership strategies. Includes personal and professional competency assessment and development of an academic and professional portfolio.

FACS 195A. Field Study: Selected Areas in Family and Consumer Sciences. 1 - 3 Units
Prerequisite(s): Instructor permission.
Term Typically Offered: Fall, Spring
Guided study and experience in some area within Family and Consumer Sciences in which the student needs orientation or greater depth of study in a specialized field.
Credit/No Credit
FACS 195C. Internship. 1 - 3 Units

Prerequisite(s): Upper division status; instructor permission obtained in the preceding semester; 2.5 GPA or above.

Term Typically Offered: Fall, Spring

Directed observation and supervised work experience in an approved business, government, or service agency. Internships are offered for the purpose of increasing student understanding of the nature and scope of agency operations and giving students orientation in occupational specialties. Supervision is provided by authorized persons in the cooperating agencies and collaborative supervision is provided by the Family and Consumer Sciences faculty. Each student is required to maintain a record of activities and assignments and to prepare periodic reports.

Note: Student must make arrangements with a faculty member for a work program one semester prior to admittance to the course. A minimum of three hours per week per unit of credit is required.

Credit/No Credit

FACS 199. Special Problems. 1 - 3 Units

Term Typically Offered: Fall, Spring

Individual projects or directed reading.

Note: Departmental petition required.

Credit/No Credit