

FAMILY AND CONSUMER SCIENCES

College of Social Sciences and Interdisciplinary Studies

Department Description

The Department of Family and Consumer Sciences offers three distinct programs, two minors and one certificate. Our majors are prepared for work in many sectors of the fashion industry, a variety of family support service careers, or via the pre-credential program, become eligible to apply for a teaching credential with a waiver of the subject-matter exam.

BS in Family and Consumer Science (Single Subject Pre-Credential Program)

The major meets the California Career Technical Education (CTE) Curriculum Standards and Home Economics Teacher Preparation Standards of Quality and Effectiveness for Subject Matter Programs.

Graduates are prepared to enter a Single Subject Teaching Credential Program with a waiver of the California Subject Examinations for Teachers required to teach Family and Consumer Sciences/Home Economics in middle and high schools. Coursework includes Nutrition and Food, Fashion Merchandising & Management, Family Studies & Human Development, and others, combined with an internship with a credentialed teacher in a middle or high school in the Sacramento area.

The **Minor in Family and Consumer Sciences** offers flexibility and breadth of courses across the disciplines of Family and Consumer Sciences including Food, Fashion, and Family. It is designed to complement any major for a broad understanding of human ecology. It also supplements any major in preparation for the California Subject Examinations for Teachers required for a teaching credential in Family and Consumer Sciences/Home Economics.

Family Studies and Human Development

The major prepares students for careers in various human service fields. The program emphasizes an asset-based approach to understanding lifespan human development, family systems and family diversity. The major is approved by the National Council on Family Relations (NCFR) for academic programs in Family Life Education. The major offers multiple courses required to meet the specifications set forth by the Association of Child Life Professionals (ACLP) for certification as a Certified Child Life Specialist (CCLS), including the child life course.

Certificate in Family Life Education

The goal of the certificate is to prepare students to provide family life education in a variety of settings such as schools, churches, youth programs, health care, and family service agencies. The certificate program is designed to cover the ten, family life education content areas delineated by the National Council on Family Relations NCFR. The certificate is not a teaching credential. In conjunction with a Bachelor or Master degree or a state teaching credential, it may be helpful in obtaining employment as a Family Life Educator.

BS in Fashion Merchandising and Management

The major prepares students for careers in the global fashion industry. The program offers a well-rounded educational experience that addresses different areas of the fashion industry and the subsequent impacts on

people and the planet. The program emphasizes contemporary and historical ways of meeting citizens' economic, physiological, aesthetic, psychological, sociological, and cultural needs. Graduates of the program work in management, marketing, buying, advertisement, promotion, manufacturing, sourcing, distribution, production, retailing, and creative fields.

The **Minor in Fashion Merchandising and Management** provides students an understanding of fashion's role in social/cultural environment, business/economic environment, and the natural environment.

The minor complements students pursuing careers in business, marketing, economics, communication studies, psychology, journalism, entrepreneurship, management, art, and design.

Degree Programs

BS in Family Studies and Human Development (<https://catalog.csus.edu/colleges/social-sciences-interdisciplinary-studies/family-consumer-sciences/bs-family-studies-and-human-development/>)

BS in Fashion Merchandising and Management (<https://catalog.csus.edu/colleges/social-sciences-interdisciplinary-studies/family-consumer-sciences/bs-in-fashion-merchandising-management/>)

Minor in Family and Consumer Sciences (<https://catalog.csus.edu/colleges/social-sciences-interdisciplinary-studies/family-consumer-sciences/minor-in-family-and-consumer-sciences/>)

Minor in Fashion Merchandising and Management (<https://catalog.csus.edu/colleges/social-sciences-interdisciplinary-studies/family-consumer-sciences/minor-fashion-merchandising-and-management/>)

Certificate in Family Life Education (<https://catalog.csus.edu/colleges/social-sciences-interdisciplinary-studies/family-life-education/certificate-in-family-life-education/>)

Special Features

- Faculty in Family and Consumer Sciences come from diverse educational backgrounds and expertise. Faculty members promote and integrate a holistic approach to understanding individuals and families while preparing students for professional careers or graduate study.
- All programs in the department are committed to reflecting in our study and in our practices the diverse populations with which our students will work, including diversity in ability, age, educational level, ethnicity, gender identity, immigration status, nationality, race, religion, sexual orientation, and socioeconomic status.
- Students have access to laboratories and equipment to support hands-on application of concepts in textiles, design, and apparel construction, including a Costume Collection gallery. Visit the virtual gallery at <http://www.csus.edu/facs/>.
- The Family Studies and Human Development program is approved by the National Council on Family Relations for academic programs in Family Life Education.
- The Pre-Credential Single Subject Matter program is approved for CSET (California Subject Examinations for Teachers) waiver by the California Commission on Teacher Credentialing.
- The Fashion Merchandising and Management program hosts opportunities for undergraduate research and annual Spring Symposium bringing industry professionals and alumni to campus to engage students on a variety of topics including networking and professionalism.

- Service Learning courses (FASH 146, FSHD 162), Academic Internships (FACS 195A, FACS 195C, FSHD 195F), Education practica and other opportunities for Community Engaged Learning are a hallmark of our degree programs. These provide an opportunity for students to work under the supervision of a professional in business, education, government, or public service settings. Internships are planned a semester in advance with an adviser.
- The Department sponsors student organizations for students to participate in professional development and community service related to their major programs.
- In addition to serving majors and minors, the Department provides several general education courses for other majors including classes that meet the graduation requirements for the writing intensive, and race and ethnicity categories.

Career Possibilities

Family and Consumer Sciences (Pre-Credential Single Subject Program): High school and middle school teacher · California State Department of Education · FCCLA State Adviser.

Family Studies and Human Development: Consumer and Family Resources · Community-Based Social Services · Community Education · Family Life Educator · Family Planning · Family Support Services Provider · Health Care and Family Wellness · Individual and Relational Counseling · Parenting Educator · Prenatal Services · Sexuality Educator · Youth Adviser · Child Life Specialist

Fashion Merchandising and Management: Buyer · Merchandiser · Fashion Marketing · Retail Management · Distribution · Sales Representative · Product Development · Sourcing Agent · Quality Control Analyst · Inventory Specialist · Fashion Coordinator · Stylist · Visual Merchandiser · Fashion Designer

Contact Information

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Faculty

BRAUNSTEIN, NADINE

BUCHAN, WENDY

COOK, JERRY

GONZALEZ, HENRY

HANNA, LYNN

HYSON, DIANNE

KANG, MINJEONG

MAPLES, ALYSSA

MOYLAN, J. ANN

MULASI, URVASHI

SHEN, DONG

SHILTS, MICAL

THOMPSON, KELLY

WIE, SEUNGHEE

FACS 100. Research Methods. 3 Units

Prerequisite(s): 6 units in FACS, FASH, or FSHD courses completed with C- or higher. Only for majors and minors in Family and Consumer Sciences, Family Studies and Human Development, or Fashion Merchandising and Management.

Term Typically Offered: Fall, Spring

An introductory course on social science research methods, emphasizing research from Family and Fashion Studies, and Career Technical Education. Focus on study design and ethical considerations. Identify literature specific to the field of study, analyze and evaluate findings, and propose data collection strategies by creating an undergraduate research proposal. Applied learning strategies guide students to practice qualitative and quantitative research methods. Assigned work develops comprehension, analysis, and written communication skills.

FACS 140. Family Resource Management. 3 Units

Term Typically Offered: Fall, Spring

Management of resources in family systems. Interaction of families with other societal and environmental systems in acquiring and using resources to meet goals and other demands.

FACS 141. Family Finance. 3 Units

Term Typically Offered: Fall, Spring

Economic problems of and financial management by the individual and family. Topics include: income patterns, inflation, credit, contracts, housing, financial services, insurance, taxes, investments, retirement income planning.

FACS 168. Senior Seminar. 3 Units

Prerequisite(s): 21 FACS units.

Term Typically Offered: Fall, Spring

Designed to synthesize knowledge in Family and Consumer Sciences. Examination of the concentration in the major and career exploration. Analysis of public policy and ethical issues, professionalism and leadership strategies. Includes personal and professional competency assessment and development of an academic and professional portfolio.

FACS 195A. Field Study: Selected Areas in Family and Consumer Sciences. 1 - 3 Units

Prerequisite(s): Instructor permission.

Term Typically Offered: Fall, Spring

Guided study and experience in some area within Family and Consumer Sciences in which the student needs orientation or greater depth of study in a specialized field.

Credit/No Credit

FACS 195C. Internship. 1 - 3 Units

Prerequisite(s): Upper division status; instructor permission obtained in the preceeding semester; 2.5 GPA or above.

Term Typically Offered: Fall, Spring

Directed observation and supervised work experience in an approved business, government, or service agency. Internships are offered for the purpose of increasing student understanding of the nature and scope of agency operations and giving students orientation in occupational specialties. Supervision is provided by authorized persons in the cooperating agencies and collaborative supervision is provided by the Family and Consumer Sciences faculty. Each student is required to maintain a record of activities and assignments and to prepare periodic reports.

Note: Student must make arrangements with a faculty member for a work program one semester prior to admittance to the course. A minimum of three hours per week per unit of credit is required.

Credit/No Credit

FACS 199. Special Problems. 1 - 3 Units

Term Typically Offered: Fall, Spring

Individual projects or directed reading.

Note: Departmental petition required.

Credit/No Credit

FACS 280. Teaching Methods in Family and Consumer Sciences/Home Economics. 3 Units

Prerequisite(s): Current enrollment in a teaching credential program, active teaching credential, or instructor permission with department approval.

Term Typically Offered: Fall only

This course is designed to provide practical experience with materials, classroom management strategies and methods necessary to successfully teach Family & Consumer Sciences (FCS)/Home Economics Careers and Technology (HECT) at the secondary level. Teacher candidates will become acquainted with legislation, standards, teaching strategies, resources, research and student leadership programs.

Note: Also open to credentialed teachers who want to add Family and Consumer Sciences (FCS) or Home Economics (HECT) credential

FASH 30. Fashion and Human Environment. 3 Units

General Education Area/Graduation Requirement: Social and Behavioral Sciences (4-A)

Term Typically Offered: Fall, Spring, Summer

This course serves as an introduction to the study of fashion and human environment and how fashion is perceived, marketed, and internalized within individuals across Western and non-Western cultures. A focus on both internal factors such as psychological, aesthetic and self-image, and external factors such as social, economic, cultural and political experiences will be addressed.

FASH 31. Textile Science: Fibers and Fabrics. 3 Units

General Education Area/Graduation Requirement: Physical Science (5-A)

Term Typically Offered: Fall, Spring

Introduction to textile science fundamentals to guide daily textile product selection, use, and care. Emphasis on the physical and chemical properties of fibers and their impact on textile product performance. Fiber and fabric evaluation on a microscopic level. Overview of textile construction, dyeing, printing, and finishing with a focus on textiles as a unique medium for studying physical and forensic science through an approachable and real-life applicable lens. Discussion of environmental impact of the textile industry as well as innovations in sustainable textile production.

FASH 32. Apparel Construction 1: Fundamentals. 3 Units

Prerequisite(s): Fashion Merchandising and Management Major or Minor, Fashion Merchandising and Management Minor, Family and Consumer Sciences Major, OR Family and Consumer Sciences Minor.

Term Typically Offered: Fall only

Fundamental practical and theoretical knowledge of apparel production techniques applied to the construction of garments. An understanding of apparel construction for mass production. Basic principles of industry standards and fit. An awareness of apparel construction decisions on fashion sustainability.

Note: Preliminary safety training (online content) is required at the start of the semester. Field trip(s).

Field trip(s) may be required.

FASH 33. Fashion Sustainability, Global Impact, and Critical Thinking. 3 Units

General Education Area/Graduation Requirement: Critical Thinking (1-B)

Term Typically Offered: Fall, Spring

Introduction to critical reasoning, evaluating, and thinking skills through the social, environmental, and economic issues in fashion sustainability. Students will use research, reflection, acquisition of information, structuring arguments, and other critical thinking processes to analyze individual decision making as consumers, and gain an understanding of the greater global impact in fashion sustainability.

FASH 130. History Of Western Fashion. 3 Units

General Education Area/Graduation Requirement: Arts (3-A)

Term Typically Offered: Fall, Spring, Summer

An overview of dress and fashion in western civilization from antiquity to the present. An interdisciplinary approach is used to examine how western fashion has evolved over time and functions as a reflection of trends in technology, political events, social ideals, and cultural developments such as art and music. Emphasis on the contributions and perspectives of women, as well as the differing roles in the production, dissemination, and consumption of clothing in relation to socioeconomic groups. Lecture, discussion.

FASH 131. Quality Analysis: Apparel. 3 Units

Prerequisite(s): FACS 31, FACS 32.

Term Typically Offered: Spring only

Analysis of apparel construction and production; current industrial and technological developments. Discussion of sizing and quality standards with emphasis on identification of fabrics, garment styles, finding and trims. Lecture, discussion, demonstration, field trips. Field trip(s) may be required.

FASH 133. Creative Principles of Apparel Design.**3 Units****Prerequisite(s):** FACS 30 and FACS 31**Term Typically Offered:** Fall only

Study of the functional and aesthetic elements of apparel design. The creative process and development of illustrative techniques. Development of creative approaches through projects of experimental, contemporary and traditional techniques with emphasis on elements of design, and selection and organization of colors, forms, materials and accessories for apparel production. Studio-activity six hours.

FASH 134. Introduction to Fashion Industry.**3 Units****Term Typically Offered:** Fall, Spring

Designed to develop an awareness and understanding of the total fashion industry including past, present and future directions of costume design, manufacturing, textiles, retailers' publications, buying offices, advertising and the consumer.

FASH 135. Merchandise Buying.**3 Units****Prerequisite(s):** FASH 134 and MIS 10.**Term Typically Offered:** Fall only

Detailed study of merchandising mix, purchasing plan, inventory plan, assortment plan, pricing, markdown, markup, and reports. Review of planning and control processes and the buyer's role in merchandise management and decision-making. Lecture, discussion.

FASH 136. Fashion Retailing.**3 Units****Prerequisite(s):** FASH 134.**Term Typically Offered:** Spring only

A in-depth exploration of fashion retailing from different perspectives, including organizational structure, store location and image with a focus on visual merchandising techniques, and fashion advertising and promotion strategies.

FASH 137. Clothing, Society, and Culture.**3 Units****General Education Area/Graduation Requirement:** Social and Behavioral Sciences (4-A)**Term Typically Offered:** Fall, Spring

Study of the relationship of humans and clothing within their cultural and social environment. Introduction to the fundamentals of social psychology in the examination of clothing and appearance. Clothing and appearance are studied as forms of nonverbal communication and as devices for expressing cultural and social values.

FASH 139. Textiles and Apparel in the Global Economy.**3 Units****Prerequisite(s):** FASH 134 or MKTG 101.**Term Typically Offered:** Spring only

Overview of global factors affecting the textiles and apparel industries and trade, the impact of textiles and apparel industries on the economy and consumers, the US textiles and apparel in the global economy, and strategies for balancing conflicting interest.

FASH 146. Fashion Entrepreneurship.**3 Units****Prerequisite(s):** FASH 134.**Term Typically Offered:** Fall, Spring

This is a Service Learning course addressing the essentials of entrepreneurship in the fashion industry, enabling students to learn effective entrepreneurial and general management practice through service learning. Emphasis is placed on the essentials of planning that are vital to entrepreneurial success, step by step guide for starting a fashion business and effective business models, which focus on problems, solutions, key metrics and competitive advantages that will assist in pitching the business. Students complete 45 hours of fieldwork.

FASH 148. Fashion Law.**3 Units****Term Typically Offered:** Fall only

This course provides an overview of legal issues affecting the fashion industry and its professionals with an emphasis on fashion entrepreneurship, design, advertising and promotion, production, sourcing, marketing and retailing. Students will also learn about fashion regulatory and policy issues, intellectual property (copyright, trademarks, patents), contractual agreements, leasing, commercial operations and expansion, and the international development of a fashion business.

FSHD 50. The Family and Social Issues.**3 Units****General Education Area/Graduation Requirement:** Race & Ethnicity Graduation Requirement (RE), Social and Behavioral Sciences (4-A)**Term Typically Offered:** Fall, Spring

Family structure, systems and functioning in marriage and other partnerships, parenting, work issues, domestic violence, divorce, and remarriage. Focus on social issues including gender, race, ethnicity, and class. Historical and theoretical perspectives on families in America. Introduction to research in family sciences and public policy implications. Lecture, discussion.

Note: Not open for credit to students who have taken SOC 5.**FSHD 52. The Child In The Family.****3 Units****Term Typically Offered:** Fall, Spring

Physical, social, emotional and cognitive development of the child, conception through adolescence, in relation to the family. Strong theoretical emphasis. Introduction to methods of study, including observation and interview. Lecture, discussion, fieldwork.

Note: Not open for credit to students who have taken CHDV 137, CHDV 138, or PSYC 148.**FSHD 108. Family Communication.****3 Units****Prerequisite(s):** COMS 8, FACS 50, SOC 166, or instructor permission.**Term Typically Offered:** Spring only

Study of the family as a small group with emphasis on understanding and interpreting the dynamics of family communication using various communication and social-psychological theories. Opportunity to develop an analytical framework.

Cross Listed: COMS 108; only one may be counted for credit.

FSHD 150. Family Stress and Coping: Multicultural Focus. 3 Units
Prerequisite(s): Junior standing; a WPJ Portfolio score OR ENGL 109M or ENGL 109W

General Education Area/Graduation Requirement: Writing Intensive Graduation Requirement (WI), Race & Ethnicity Graduation Requirement (RE), Social and Behavioral Sciences (4-A)

Term Typically Offered: Fall, Spring, Summer

Study of multicultural families and diverse family forms, with a focus on how families function under stress. Family theory and research are applied to the interpretation and analysis of selected literary work, both in print and film formats.

FSHD 152. Adolescent Development. 3 Units

Prerequisite(s): CHAD 30, or CHAD 35, or FACS 52, or instructor permission.

Term Typically Offered: Fall only

In-depth study of the achievements and challenges associated with the adolescent stage of development. Focus on understanding the needs and motivations of adolescents and the challenges they face within their socio-cultural environment. Lecture, discussion.

Note: Not open to students who have taken PSYC 149. Previous or concurrent enrollment in CHAD 133 strongly recommended.

FSHD 154. Issues in Parenting. 3 Units

Prerequisite(s): CHAD 30, or CHAD 35, or FACS 52, or instructor permission

Term Typically Offered: Spring only

Survey of historical and contemporary attitudes toward parenting. Review of research on child-rearing and parent-child relationships. Use of case studies to explore the influence of personality, developmental stage, family structure, ethnic and cultural factors on parenting. Lecture, Case Study.

Note: Previous or concurrent enrollment in CHAD 133 strongly recommended. Cross-listed: CHAD 154; only one may be counted for credit.

FSHD 155. Family Life Education. 3 Units

Prerequisite(s): FACS 50; and FACS 100 or CHDV 133; and senior standing.

Term Typically Offered: Fall, Spring

Historical and philosophical perspective on family life education across the lifespan. Practice in curriculum development including content, objectives, and teaching strategies.

FSHD 156. Child Life and Family-Centered Care. 3 Units

Prerequisite(s): FACS 52 or CHDV 30 or CHDV 35 or a course in child development/human development, covering at least birth through adolescence with instructor permission.

Term Typically Offered: Fall, Spring

Overview of the Child Life profession and child life practices. Focus on family-centered care for children in the healthcare environment and their families. Major course topics include: scope of practice in child life; ethical and professional practice; impact of illness, injury and health on patients and family; techniques and outcomes of preparation; therapeutic play; grief and bereavement.

Note: This course is designed to meet the specifications set forth by the Association of Child Life Professionals (ACLP) for the child life course required for certification as a Certified Child Life Specialist (CCLS)

FSHD 159. Adulthood and Aging in Human Development. 3 Units

Term Typically Offered: Spring only

Analyzes the interrelation between physical, psychological, and social development in the middle and later years of adulthood with attention to personal, family and community challenges and opportunities in their cultural context.

FSHD 162. Family Support Services. 3 Units

Prerequisite(s): A minimum of 12 units in FACS and/or FSHD upper division family area courses.

Term Typically Offered: Fall, Spring

Application of family science to the development, implementation, and evaluation of family support services. Implications of research for practice with diverse families. Focus on developing skills in family-centered services, family-professional collaboration, and resource-based and asset-based intervention. Lecture two hours; fieldwork in the community three hours.

FSHD 195F. Practicum in Family Life Education. 1 - 3 Units

Prerequisite(s): senior status; GPA of 2.75 or above; NURS 160 or PSYC 134 or HLSC 134; and FACS 155.

Corequisite(s): If not taken as a prerequisite, FACS 155 may be taken concurrently with instructor's approval.

Term Typically Offered: Fall, Spring

Directed observation and supervised work experience in an approved educational setting, service agency, business or government agency that provides family life education. Students will move from observing and assisting to developing, delivering and assessing lessons and programs in family life education. Students will gain experience applying educational and developmental theories, curriculum development, and teaching methods to delivering evidence-based and culturally sensitive lessons in the content areas of family life education: parent education, strengthening relationships, and/or sexuality education.

Note: Students must make arrangements with the supervising faculty member one semester prior to admittance to the course.

Credit/No Credit