FAMILY AND CONSUMER SCIENCES

College of Social Sciences and Interdisciplinary Studies

Program Description

The focus of Family and Consumer Sciences is to enhance the skills and knowledge that will promote the well-being of individuals, families, and communities. Our programs and profession focus on individuals and families in order to achieve an optimum balance between people and their environments. The mission of Family and Consumer Sciences is to empower individuals and families to function interdependently in a global society.

Degree Programs


Accreditation

In addition to California State University, Sacramento’s full accreditation by the Western Association of Schools and Colleges, the Bachelor of Science in Family and Consumer Sciences (Dietetics) is also individually accredited by the American Dietetics Association.

Licensure and Credentialing Disclosure

Admission into programs leading to licensure and credentialing does not guarantee that students will obtain a license or credential. Licensure and credentialing requirements are set by agencies that are not controlled by or affiliated with the CSU and requirements can change at any time. For example, licensure or credentialing requirements can include evidence of the right to work in the United States (e.g., social security number or tax payer identification number) or successfully passing a criminal background check. Students are responsible for determining whether they can meet licensure or credentialing requirements. The CSU will not refund tuition, fees, or any associated costs, to students who determine subsequent to admission that they cannot meet licensure or credentialing requirements. Information concerning licensure and credentialing requirements are available from the Dean of Undergraduate Studies, Sacramento Hall 234, (916) 278-5344.

Special Features

• Faculty in Family and Consumer Sciences come from diverse educational backgrounds and expertise. Faculty members promote and integrate a holistic approach to understanding individuals and families while preparing students for professional careers or graduate study.
• The Department is equipped with state of the art laboratories for textiles, food, and teacher credentialing preparation courses.
• Support facilities include a Costume Collection gallery. Visit the virtual gallery at http://www.csus.edu/facs/.
• The Didactic Program in Dietetics (DPD) and the Nutrition and Dietetics Internship (NDI) programs are accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND); the Family Studies program is approved by the National Council on Family Relations; and the Pre-Credential Single Subject Matter program is approved by the California Commission on Teacher Credentialing.
• Through its internship program, the Department provides an opportunity for students to work under the supervision of a professional in business, education, government, or public service settings. Internships (FACS 195C) are planned in advance with an advisor.
• The Department sponsors three student organizations for students to participate in several professional organizations related to their major concentrations.
• In addition to serving majors and minors, the Department provides service and general education courses for other majors including classes that meet the graduation requirements for the writing intensive, and race and ethnicity categories.

Career Possibilities

Fashion Merchandising and Design: Apparel Engineer · Buyer · Clothing Designer · Fashion Coordinator · Distributor · Fashion Editor · Fashion Forecaster · Fashion Reporter · Inventory Specialist · Magazine Editor · Merchandiser · Product Analyst · Quality Control Analyst · Regional Manager · Retail Manager · Sales Representative · Stylist · Technical Designer · Textile Designer · Theater Costuming · Visual Merchandiser

Family Studies: Consumer and Family Resources · Community-Based Social Services · Community Education · Early Childhood Education · Family Life Educator · Family Planning · Family Support Services Provider · Government and Public Policy · Health Care and Family Wellness · Marriage and Family Enrichment · Parenting Educator · Prenatal and Maternity Services · Preschool and Adult Day Care Director · Sexuality Educator · Youth Advisor

Nutrition and Foods/Dietetics Emphasis: Communications/Public Relations/Marketing · Community/Public Health Nutritionist · Degreed Nutritionist · Entrepreneur/Consultant · Food Service Manager/Hospitality · Nutrition and Health Educator · Nutrition Program Representative · University/Research Centers. Additional careers in Dietetics: Registered Dietitian · Clinical Dietetics-Hospital/Health Care

Family and Consumer Sciences Education (Pre-Credential Single Subject Program): Teacher in Secondary Education (middle and high school) · Outreach consultant in UCD Extension Services · Consultant in Home
Economics careers and Technology, California State Department of Education · FHA-HERO State Advisor

Contact Information
Lynn Hanna, Department Chair
Christine Hall, Administrative Support Coordinator
Mariposa Hall 3000
(916) 278-6393
http://www.csus.edu/facs/

Faculty
BRAUNSTEIN, NADINE
BUCHAN, WENDY
COOK, JERRY
GONZALEZ, HENRY
HANNA, LYNN
HYSON, DIANNE
KANG, MINJEONG
MALROUTU, YAMINI LAKSHMI
MOYLAN, J. ANN
MULASI, URVASHI
SHEN, DONG
SHILTS, MICAL
THOMPSON, KELLY
WIE, SEUNGHEE

FACS 50. The Family and Social Issues. 3 Units
General Education Area/Graduation Requirement: GE AREA D, Race & Ethnicity Graduation Requirement (RE)
Term Typically Offered: Fall, Spring
Family structure, systems and functioning in marriage and other partnerships, parenting, work issues, domestic violence, divorce, and remarriage. Focus on social issues including gender, race, ethnicity, and class. Historical and theoretical perspectives on families in America. Introduction to research in family sciences and public policy implications. Lecture, discussion.
Note: Not open for credit to students who have taken SOC 5.

FACS 52. The Child In The Family. 3 Units
General Education Area/Graduation Requirement: Understanding Personal Development (E)
Term Typically Offered: Fall, Spring
Physical, social, emotional and cognitive development of the child, conception through adolescence, in relation to the family. Strong theoretical emphasis. Introduction to methods of study, including observation and interview. Lecture, discussion, fieldwork.
Note: Not open for credit to students who have taken CHDV 137, CHDV 138, or PSYC 148.

FACS 100. Research: Methods and Application in Family and Consumer Sciences. 3 Units
Prerequisite(s): 6 FACS units completed. FACS majors only
Term Typically Offered: Fall, Spring
Study of methods and application of research in the field of Family and Consumer Sciences. Focus on scientific inquiry, methodology, evidenced-based practice, interpretation of research results, program and project evaluation, and professional communication. Includes the examination of ethical practices, professional presentation skills, and technical writing skills.

FACS 108. Family Communication. 3 Units
Prerequisite(s): COMS 8, FACS 50, SOC 166, or instructor permission.
Term Typically Offered: Fall, Spring
Study of the family as a small group with emphasis on understanding and interpreting the dynamics of family communication using various communication and social-psychological theories. Opportunity to develop an analytical framework.
Cross Listed: COMS 108; only one may be counted for credit.

FACS 128. Consumer Technologies and Environments. 3 Units
Term Typically Offered: Fall, Spring
Study and analysis of technologies, durable goods, and environments in home and workplace and their impact on quality of life. Principles of equipment and product design, selection and safety; space planning; consumer decision making. Examination of issues related to energy management, shelter, housing and access to technology. Lecture, field trips two hours; activity two hours.
Field trip(s) may be required.

FACS 140. Family Resource Management. 3 Units
General Education Area/Graduation Requirement: Understanding Personal Development (E)
Term Typically Offered: Fall, Spring
Management of resources in family systems. Interaction of families with other societal and environmental systems in acquiring and using resources to meet goals and other demands.

FACS 141. Family Finance. 3 Units
General Education Area/Graduation Requirement: Understanding Personal Development (E)
Term Typically Offered: Fall, Spring
Economic problems of and financial management by the individual and family. Topics include: income patterns, inflation, credit, contracts, housing, financial services, insurance, taxes, investments, retirement income planning.

FACS 142. Consumer Issues. 3 Units
Term Typically Offered: Fall, Spring
Study of effect of consumer movements on protection of consumer rights. Current issues include marketplace fraud and redress; consumer information, education, and decision-making; privacy and environmental concerns; and advocacy for vulnerable consumer groups.
### FACS 143. Consumer Policy.

**Prerequisite(s):** GOVT 1 or GOVT 150 or instructor permission.

**Term Typically Offered:** Fall, Spring

Examination of consumer policy and regulations. Emphasis on consumer products, including food and drugs, housing, and credit. Strategies for promoting consumer advocacy. Lecture, discussion, field trips. Field trip(s) may be required.

### FACS 147. Financial and Legal Aspects of Aging.

**Prerequisite(s):** FACS 141 or instructor permission.

**Term Typically Offered:** Fall, Spring

Economic status, financial and consumer issues, legal rights and responsibilities and resource management for aging persons. Emphasis on financial planning for retirement and estate planning. Lecture, discussion, case studies.

### FACS 148. Fashion Law.

**Prerequisite(s):** FACS 134

**Term Typically Offered:** Fall only

This course provides an overview of legal issues affecting the fashion industry and its professionals with an emphasis on fashion entrepreneurship, design, advertising and promotion, production, sourcing, marketing and retailing. Students will also learn about fashion regulatory and policy issues, intellectual property (copyright, trademarks, patents), contractual agreements, leasing, commercial operations and expansion, and the international development of a fashion business.

### FACS 149. Family Financial Counseling.

**Prerequisite(s):** FACS 141 and senior status.

**Term Typically Offered:** Fall, Spring

Examination of professional issues in family financial planning including ethical considerations, regulations, communication skills, and professional responsibility. Development of skills needed by family financial counselors to counsel families with financial problems. Lecture, discussion, case study, counseling sessions.

### FACS 150. Family Stress and Coping: Multicultural Focus.

**Prerequisite(s):** FACS 50 or equivalent with instructor permission, and GWAR certification before Fall 09; or WPJ score of 80+; or 3-unit placement in ENGL 109M or ENGL 109W; or 4-unit placement in ENGL 109M or ENGL 109W and co-enrollment in ENGL 109X; or WPJ score 70 or 71 and co-enrollment in ENGL 109X.

**General Education Area/Graduation Requirement:** Writing Intensive Graduation Requirement (WI), Race & Ethnicity Graduation Requirement (RE), GE AREA D

**Term Typically Offered:** Fall, Spring, Summer

Study of multicultural families and diverse family forms, with a focus on how families function under stress. Family theory and research are applied to the interpretation and analysis of selected literary work, both in print and film formats.

### FACS 152. Adolescent Development.

**Prerequisite(s):** CHDV 30, or CHDV 35, or FACS 52, or instructor permission.

**Term Typically Offered:** Fall only

In-depth study of the achievements and challenges associated with the adolescent stage of development. Focus on understanding the needs and motivations of adolescents and the challenges they face within their socio-cultural environment. Lecture, discussion.

**Note:** Not open to students who have taken PSYC 149. Previous or concurrent enrollment in CHDV 133 strongly recommended.

### FACS 154. Issues in Parenting.

**Prerequisite(s):** CHDV 30, or CHDV 35, or FACS 52, or instructor permission

**Term Typically Offered:** Fall, Spring

Survey of historical and contemporary attitudes toward parenting. Review of research on child-rearing and parent-child relationships. Use of case studies to explore the influence of personality, developmental stage, family structure, ethnic and cultural factors on parenting. Lecture, Case Study.

**Note:** Previous or concurrent enrollment in CHDV 133 strongly recommended. Cross-listed: CHDV 154; only one may be counted for credit.

### FACS 155. Family Life Education.

**Prerequisite(s):** FACS 50; and FACS 100 or CHDV 133; and senior standing.

**Term Typically Offered:** Fall only

Historical and philosophical perspective on family life education across the lifespan. Practice in curriculum development including content, objectives, and teaching strategies.

### FACS 156. Child Life and Family-Centered Care.

**Prerequisite(s):** FACS 52 or CHDV 30 or CHDV 35 or a course in child development/human development, covering at least birth through adolescence with instructor permission.

**Term Typically Offered:** Summer only

Overview of the Child Life profession and child life practices. Focus on family-centered care for children in the healthcare environment and their families. Major course topics include: scope of practice in child life; ethical and professional practice; impact of illness, injury and health on patients and family; techniques and outcomes of preparation; therapeutic play; grief and bereavement.

**Note:** This course is designed to meet the specifications set forth by the Association of Child Life Professionals (ACLP) for the child life course required for certification as a Certified Child Life Specialist (CCLS)

### FACS 159. Adulthood and Aging in Human Development.

**Term Typically Offered:** Fall, Spring

Analyzes the interrelation between physical, psychological, and social development in the middle and later years of adulthood with attention to personal, family and community challenges and opportunities in their cultural context.
**FACS 162. Family Support Services.** 3 Units

**Prerequisite(s):** A minimum of 12 units in FACS upper division family area courses.

**Term Typically Offered:** Fall, Spring

Application of family science to the development, implementation, and evaluation of family support services. Implications of research for practice with diverse families. Focus on developing skills in family-centered services, family-professional collaboration, and resource-based and asset-based intervention. Lecture two hours; fieldwork in the community three hours.

**FACS 166A. American Indigenous Families: Issues and Perspectives.** 3 Units

**Term Typically Offered:** Fall, Spring

Application of research and theory specific to Latino/Chicano and American Indian families; strategies for applying this knowledge to areas of service, therapy, policy, and education. Lecture; discussion, Internet enhancement.

Cross Listed: ETHN 166; only one may be counted for credit.

**FACS 166B. Asian American Families: Issues and Perspectives.** 3 Units

**Term Typically Offered:** Fall, Spring

Family is an adaptable and changing institution of society. The course will highlight research and theory on Asian American families with an emphasis on applying the information to areas of service, therapy, policy, and education. A comparison of the experiences between various Asian groups in the U.S. will be stressed. Lecture, discussion, Internet enhancement.

Cross Listed: ETHN 167; only one may be counted for credit.

**FACS 168. Senior Seminar.** 3 Units

**Prerequisite(s):** 21 FACS units.

**Term Typically Offered:** Fall, Spring

Designed to synthesize knowledge in Family and Consumer Sciences. Examination of the concentration in the major and career exploration. Analysis of public policy and ethical issues, professionalism, and leadership strategies. Includes personal and professional competency assessment and development of an academic and professional portfolio.

**FACS 195A. Field Study: Selected Areas in Family and Consumer Sciences.** 1 - 3 Units

**Prerequisite(s):** Instructor permission.

**Term Typically Offered:** Fall, Spring

Guided study and experience in some area within Family and Consumer Sciences in which the student needs orientation or greater depth of study in a specialized field.

Credit/No Credit

**FACS 195C. Internship.** 1 - 3 Units

**Prerequisite(s):** Upper division status; instructor permission obtained in the preceeding semester; 2.5 GPA or above.

**Term Typically Offered:** Fall, Spring

Directed observation and supervised work experience in an approved business, government, or service agency. Internships are offered for the purpose of increasing student understanding of the nature and scope of agency operations and giving students orientation in occupational specialties. Supervision is provided by authorized persons in the cooperating agencies and collaborative supervision is provided by the Family and Consumer Sciences faculty. Each student is required to maintain a record of activities and assignments and to prepare periodic reports.

**Note:** Student must make arrangements with a faculty member for a work program one semester prior to admittance to the course. A minimum of three hours per week per unit of credit is required.

Credit/No Credit

**FACS 195F. Practicum in Family Life Education.** 1 - 3 Units

**Prerequisite(s):** senior status; GPA of 2.75 or above; NURS 160 or PSYC 134 or HLSC 134; and FACS 155.

**Corequisite(s):** If not taken as a prerequisite, FACS 155 may be taken concurrently with instructor’s approval.

Directed observation and supervised work experience in an approved educational setting, service agency, business or government agency that provides family life education. Students will move from observing and assisting to developing, delivering and assessing lessons and programs in family life education. Students will gain experience applying educational and developmental theories, curriculum development, and teaching methods to delivering evidence-based and culturally sensitive lessons in the content areas of family life education: parent education, strengthening relationships, and/or sexuality education.

**Note:** Students must make arrangements with the supervising faculty member one semester prior to admittance to the course.

Credit/No Credit

**FACS 199. Special Problems.** 1 - 3 Units

**Term Typically Offered:** Fall, Spring

Individual projects or directed reading.

**Note:** Departmental petition required.

Credit/No Credit

**FACS 280. Teaching Methods in Family and Consumer Sciences/Home Economics.** 3 Units

**Prerequisite(s):** Current enrollment in a teaching credential program or instructor permission.

**Term Typically Offered:** Summer only

This course is designed to provide students with materials, classroom management strategies and methods necessary to successfully teach Family & Consumer Sciences (FCS)/Home Economics Careers and Technology (HECT) at the secondary level. Teacher candidates will become acquainted with legislation, standards, teaching strategies, resources, research and student leadership programs.