

# MINOR IN FAMILY AND CONSUMER SCIENCES

Units required for Minor: 24

## Program Description

The minor in Family and Consumer Sciences provides basic life skills across Nutrition and Food, Family Studies and Human Development, Fashion Merchandising and Management and/or Consumer Sciences. These fields encompass the essentiality of the human requirement for food, clothing, habitat/shelter, family, and resource management. The minor in Family and Consumer Sciences also provides a foundation of knowledge needed to pass the California Subject Examinations for Teaching (CSET) to become eligible for a teaching credential in Family and Consumer Sciences/Home Economics.

## Career Opportunities

- [Family and Consumer Sciences/Home Economics Careers and Technology](#)
- [Teacher in middle or high school](#)
- [Adult education instructor in Family and Consumer Sciences/Home Economics](#)
- [ROP Teacher in Family and Consumer Sciences/Home Economics related programs](#)
- [Education extension specialist with County or the University of California](#)
- [Family and Consumer Sciences Specialist](#)
- [Family and Consumer Sciences Consultant](#)

## Program Requirements

Code	Title	Units
<b>Select one of the following:</b>		<b>3</b>
FASH 30	Fashion and Human Environment <sup>1</sup>	
FSDH 50	The Family and Social Issues <sup>1</sup>	
NUFD 10	Nutrition And Wellness <sup>1</sup>	
<b>Lower Division Electives: Choose 3 (9 units) <sup>2</sup></b>		<b>9</b>
FASH 32	Fundamentals of Apparel Production	
FSDH 52	The Child In The Family <sup>1</sup>	
	or CHAD 30 Human Development	
	or CHAD 35 Child and Adolescent Development	
INTD 15	Introduction to Interior Design <sup>1</sup>	
NUFD 9	Food Safety and Sanitation	
NUFD 11	Principles of Food Preparation	
<b>Upper Division Electives: Choose a minimum of 12 units</b>		<b>12</b>
FACS 140	Family Resource Management	
FACS 195A	Field Study: Selected Areas in Family and Consumer Sciences	
FASH 130	History Of Western Fashion <sup>1</sup>	
FASH 137	Clothing, Society, and Culture <sup>1</sup>	
FSDH 154	Issues in Parenting	
FSDH 155	Family Life Education	
NUFD 110	Food Production and Sustainability	
NUFD 112	Current Topics in Nutritional Sciences <sup>1</sup>	

NUFD 114	Cultural and Social Aspects of Food <sup>1</sup>	
<b>Total Units</b>		<b>24</b>

<sup>1</sup>Course also satisfies GE and/or Graduation Requirement.

<sup>2</sup>Upper division electives may be substituted for up to 3 lower division electives.