

SINGLE SUBJECT MATTER PROGRAM (FAMILY AND CONSUMER SCIENCES EDUCATION)

Units required for Subject Matter Program: 49

Total units required for BS: 120

Program Description

The Subject Matter Program leads to a BS in Family and Consumer Sciences and meets the subject matter content requirement for a teaching credential.

Minimum Grade Requirement

A minimum grade of "C-" for all courses is required for admission into the teacher preparation program. Teaching credential candidates must also complete the Professional Education Program to qualify for a teaching credential. Consult the FACS Department credential advisor and the College of Education Student Service Center for further information regarding requirements.

Program Requirements

Code	Title	Units
Required Core Courses (22 Units)		
FACS 50	¹	3
FACS 100	Research: Methods and Application in Family and Consumer Sciences	3
FACS 140	Family Resource Management	3
FACS 168	Senior Seminar	3
FASH 30	Fashion and Human Environment ¹	3
NUFD 10	Nutrition And Wellness ¹	3
SOC 8	Sense and Nonsense in Social Issues and Research ¹	3
or STAT 1	Introduction to Statistics	
FACS 195A	Field Study: Selected Areas in Family and Consumer Sciences	1
Required Lower Division Courses (15 Units)		
FACS 52	¹	3
or CHDV 30		
or CHDV 35		
FASH 32	Fundamentals of Apparel Production	3
INTD 15	Introduction to Interior Design ¹	3
NUFD 9	Food Safety and Sanitation	3
NUFD 11	Principles of Food Preparation	3
Required Upper Division Courses (13 Units)		
FACS 141	Family Finance	3
FACS/CHDV 154		3
or FACS 155		
FASH 130	History Of Fashion	3
or FASH 137	Clothing, Society, and Culture	

NUFD 110	Food Production and Sustainability	4
Total Units		50

¹ Course also satisfies General Education (GE)/Graduation Requirement.

General Education Requirements ¹

Code	Title	Units
Area A: Basic Subjects (6-9 Units)		
A1 - Oral Communication		3
A2 - Written Communication		3
A3 - Critical Thinking ^{2,3}		0 - 3
Area B: Physical Universe and Its Life Forms (10-13 Units)		
B1 - Physical Science		3
B2 - Life Forms		3
B3 - Lab (Note: Lab experience to be taken with one of the following: B1, B2 or B5)		1
B4 - Math Concepts ³		0 - 3
B5 - Additional Course (Any B to reach 12 units) - Take upper-division course to complete Area & upper division requirements.		3
Area C: Arts and Humanities (9 Units)		
C1 - Arts ²		0
C2 - Humanities		3
C1/C2 - Area C Course		3
C1/C2 - Area C Course - Take upper-division course to complete Area & upper division requirements.		3
Area D: The Individual and Society (6 Units)		
Area D Course		3
Area D Course ²		0
Area D Course ²		0
Area D Course - Take upper-division course to complete Area & upper division requirements.		3
Area E: Understanding Personal Development		
Area E Course ²		0
Total Units		31-37

¹ To help you complete your degree in a timely manner and not take more units than absolutely necessary, there are ways to use single courses to meet more than one requirement (overlap). For further information, please visit the General Education page (<http://catalog.csus.edu/colleges/academic-affairs/general-education/>). **Note:** There is no way to list all possible overlaps so please consult with a professional advisor. The Academic Advising Center can be visited online (<http://www.csus.edu/acad/>), by phone (916) 278-1000, or email (advising@csus.edu).

² Required in Major; also satisfies GE.

³ Department offers students an "OR" option for SOC 8 and STAT 1:

- If student chooses to take SOC 8, they will meet Area A3 and will still be required to complete an Area B4 course.
- If student chooses to take STAT 1, they will meet Area B4 and will still be required to complete an Area A3 course.

Graduation Requirements ¹

Code	Title	Units
Graduation Requirements (required by CSU) (9 Units)		
	American Institutions: U.S. History	3
	American Institutions: U.S. Constitution & CA Government	3
	Writing Intensive (WI)	3
Graduation Requirements (required by Sacramento State) (9 Units)		
	English Composition II	3
	Race and Ethnicity in American Society (RE) ²	0
	Foreign Language Proficiency Requirement ³	6

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² Required in Major; also satisfies Graduation Requirement.

³ If not satisfied before entering Sacramento State, it may be satisfied in General Education Area C2 (Humanities). "C- or better required." The alternative methods for satisfying the Foreign Language Proficiency Requirement are described here: <https://www.csus.edu/college/arts-letters/world-languages-literatures/foreign-language-requirement.html>