

BA IN INTERNATIONAL RELATIONS

Units required for Major: 42

Total units required for BA: 120

Program Description

The International Relations major complements a student's liberal arts education with an emphasis on understanding the theoretical and practical aspects of comparative government and global politics. The major is structured to provide students with a background in the discipline of political science with an emphasis on the fields of Comparative Politics and International Relations, and to fortify that learning with a range of interdisciplinary course offerings that include thematic areas such as globalization, global governance, identity, and security studies as well as regional concentrations on Africa, Asia, Europe, Latin America, and the Middle East.

Minimum GPA Requirement

Students are required to maintain a minimum 2.0 GPA.

Program Requirements

Code	Title	Units
Required Lower Division Courses (3 Units)		
POLS 1	Essentials Of Government ¹	3
Required Upper Division Courses (15 Units)		
POLS 100	Introduction to Research Methods in Political Science	3
POLS 111	Political Thought II	3
or POLS 110	Political Thought I	
or POLS 112	Current Political Thought	
POLS 130	International Politics	3
POLS 136	International Political Economy	3
POLS 140	Comparative Politics	3
Electives (24 Units)		
Select 24 units ⁵		24
POLS 35	World Politics ²	
POLS 118	Just War, Natural Right, and the Law of Nations	
POLS 119A	Socialism Marxism-Communism	
POLS 127	International Law	
POLS 131	International Organization	
POLS 132	War and Peace in the Nuclear Age	
POLS 133	American Defense and National Security	
POLS 134	War, Peace and the Mass Media	
POLS 135	United States Foreign Policy	
POLS 137	Nationalism	
POLS 138	UN Simulation ³	
POLS 138B	UN Simulation Practicum ⁴	
POLS 139A	Globalization	
POLS 139B	International Politics and International Development	
POLS 139C	Critical Writings in International Relations	
POLS 139E	International Conflict and Ethnicity	

POLS 139G	Intelligence and Espionage
POLS 139S	Topics in Human Security
POLS 141	Politics of the African Diaspora 🌐
POLS 142	Government and Politics in Africa
POLS 143	Causes of War, Causes of Peace
POLS 144	European Politics
POLS 145	Asian Politics
POLS 146	US-China Relations
POLS 147	Latin American Government and Politics
POLS 148	Governments and Politics in the Middle East
POLS 149A	Original Research in Comparative Politics ✍️
POLS 149R	Comparative Revolutions
POLS 162	American Film and Culture in the Nuclear Age
POLS 166	Gender and Politics
POLS 195A	Internship ⁴
POLS 199	Independent Studies ⁴

Up to 3 classes (9 Units) of Electives may be taken from the following approved list of classes in other departments: ⁵

ANTH 105	Anthropology of War
ANTH 145	Peoples and Cultures of Latin America
ANTH 161	African Cultures and Societies
ANTH 181	Anthropology of Human Rights
ASIA 110	Anthropology of Contemporary Asia or ANTH 173 Anthropology of Contemporary Asia
ASIA 111	Asian Diaspora and Migration 🌐
ASIA 151	Genocide in Southeast Asia
ECON 190	International Trade
ECON 192	International Finance
ECON 193	Development Economics
ETHN 137	Race and Ethnicity in Latin America and Caribbean
GEOG 127	Geography Of Africa
GEOG 128	Geography Of Europe
GEOG 133	Geography of the Middle East
HIST 105	Great Ages and Issues in Modern European History ✍️
HIST 118A	World War I: Causes, Conduct, Consequences
HIST 118B	World War II: Causes, Conduct, Consequences
HIST 134	The Rise and Fall of European Colonial Empires
HIST 137A	Latin American Revolutions in the Twentieth Century ✍️
HIST 138A	Colonial Latin America
HIST 138B	Modern and Contemporary Latin America
HIST 141	History of Africa Since 1800
HIST 142	History of Women in Africa
HIST 143B	The Modern Middle East
HIST 143D	The Arab-Israeli Conflict ✍️
HIST 149	The Making of Modern Southeast Asia
IBUS 180	Sustainability Business in Global Economy
IBUS 190	International Business
SOC 162	Middle Eastern Societies and Culture
SOC 129	Social Change and Migration in Latin America
SOC 163	Conflict, Oil and Development in the Middle East

SOC 164	Sociology of Globalization
WGS 121	Women Of The Middle East
WGS 125	Sex & Gender in South Asia
WGS 139	Violence Against Women
WGS 147	Women & Globalization

Total Units 42

¹ POLS 150 or a score of 3 or higher on the AP United States Government and Politics exam may be used in place of POLS 1 to satisfy the requirement.

² A score of 3 or higher on the AP Comparative Government and Politics exam may be used in place of POLS 35 to satisfy the requirement.

³ Students may count up to 6 units of elective credit toward the major from POLS 138.

⁴ Students may receive no more than 3 units of elective credit toward the major in total from among the following three courses: POLS 138B (UN Simulation Practicum), POLS 195A (Internship), and POLS 199 (Independent Studies). An approved internship for credit (POLS 195A) should emphasize comparative or international political experience.

⁵ Electives may include Political Science courses numbered in the range from 130 through 149, as well as POLS 35, POLS 118, POLS 119A, POLS 127, POLS 162, and POLS 166. In addition, up to 9 units of work from the listed classes in other departments may be used to satisfy the 24 units of electives.

General Education Requirements ¹

Code	Title	Units
Area A: Basic Subjects (9 Units)		
A1	Oral Communication	3
A2	Written Communication	3
A3	Critical Thinking	3
Area B: Physical Universe and Its Life Forms (10 Units)		
B1	Physical Science	3
B2	Life Forms	3
B3	Lab (Note: Lab experience to be taken with one of the following: B1, B2 or B5)	1
B4	Math Concepts	3
B5	Additional Course (Any B to reach 12 units) - Take upper-division course to complete Area & upper division requirements.	0
Area C: Arts and Humanities (9-12 Units)		
C1	Arts	3
C2	Humanities	3
C1/C2	Area C Course	3
C1/C2	Area C Course - Take upper-division course to complete Area & upper division requirements. ²	0 - 3
Area D: The Individual and Society (3-6 Units)		
Area D Course		3
Area D Course ²		0
Area D Course - Take upper-division course to complete Area & upper division requirements. ²		0 - 3
Area E: Understanding Personal Development (3 Units)		
Area E Course		3
Area F: Ethnic Studies (3 Units)		

Area F Course 3

Total Units 37-43

¹ To help you complete your degree in a timely manner and not take more units than absolutely necessary, there are ways to use single courses to meet more than one requirement (overlap). For further information, please visit the General Education page (<https://catalog.csus.edu/colleges/academic-affairs/general-education/>).

Note: There is no way to list all possible overlaps so please consult with a professional advisor. The Academic Advising Center can be visited online (<http://www.csus.edu/acad/>), by phone (916) 278-1000, or email (advising@csus.edu).

² Required in Major; also satisfies GE.

Graduation Requirements ¹

Code	Title	Units
Graduation Requirements (required by CSU) (3-6 Units)		
American Institutions: U.S. History		3
American Institutions: U.S. Constitution & CA Government ²		0
Writing Intensive (WI) ³		0 - 3
Graduation Requirements (required by Sacramento State) (9-12 Units)		
English Composition II		3
Race and Ethnicity in American Society (RE) ⁴		0 - 3
Foreign Language Proficiency Requirement ⁵		6

¹ To help you complete your degree in a timely manner and not take more units than absolutely necessary, there are ways to use single courses to meet more than one requirement (overlap). For further information, please visit the General Education page (<https://catalog.csus.edu/colleges/academic-affairs/general-education/>).

Note: There is no way to list all possible overlaps so please consult with a professional advisor. The Academic Advising Center can be visited online (<http://www.csus.edu/acad/>), by phone (916) 278-1000, or email (advising@csus.edu).

² Required in Major; also satisfies Graduation Requirement.

³ Department offers students a "select from the following" option:

- If student chooses to take POLS 149A, HIST 105, HIST 137A, or HIST 143D they will meet the Writing Intensive (WI) Graduation Requirement.

⁴ Department offers students a "select from the following" option:

- If student chooses to take POLS 141 or ASIA 111 they will meet the Race and Ethnicity (RE) Graduation Requirement.

⁵ If not satisfied before entering Sacramento State, it may be satisfied in General Education Area C2 (Humanities). "C- or better required." The alternative methods for satisfying the Foreign Language Proficiency Requirement are described here: <https://www.csus.edu/college/arts-letters/world-languages-literatures/foreign-language-requirement.html> (<https://www.csus.edu/college/arts-letters/world-languages-literatures/foreign-language-requirement.html>)

The following roadmaps are sample planning resources. Please consult your academic advisor and Academic Catalog for graduation requirements as you develop your individualized academic plan.

International Relations, BA: 4-Year Roadmap

Course	Title	Units
Year 1		
First Semester		
POLS 1	Essentials Of Government	3
GE Area 1C - Oral Communication ²		3
GE Area 3B - Humanities ²		3
GE Area 5A - Physical Science ²		3
Elective of Choice		3
Units		15
Second Semester		
GE Area 1A - English Composition ²		3
GE Area 2 - Mathematical Concepts & Quantitative Reasoning ²		3
GE Area 5B - Biological Science ²		3
GE Area 5C - Laboratory ²		1
GE Area 6 - Ethnic Studies ²		3
Elective of Choice		3
Units		16
Year 2		
First Semester		
ENGL 20	College Composition II	3
POLS 35	World Politics	3
GE Area 1B - Critical Thinking ²		3
GE Area 3A - Arts ²		3
Foreign Language Semester 1 ²		4
Units		16
Second Semester		
POLS 111 or POLS 110 or POLS 112	Political Thought II ³ or Political Thought I or Current Political Thought	3
International Relations Elective ³		3
Upper Division GE Area 5 or 2 - Science or Mathematical Concepts/Quantitative Reasoning ²		3
Foreign Language Semester 2 ²		4
GR American Institutions (US History) ²		3
Units		16
Year 3		
First Semester		
POLS 100	Introduction to Research Methods in Political Science	3
POLS 130	International Politics	3
International Relations Elective ³		3
Elective of Choice		3
Elective of Choice		3
Units		15
Second Semester		
POLS 136	International Political Economy	3
International Relations Elective ³		3
Upper Division GE Area 3 - Arts or Humanities ²		3
Upper Division GE Area 4 - Social & Behavioral Sciences ²		3
Writing Intensive ²		3
Units		15
Year 4		
First Semester		
International Relations Elective ³		3
International Relations Elective ³		3
International Relations Elective ³		3
Elective of Choice		3
Elective of Choice		3
Units		15
Second Semester		
POLS 140	Comparative Politics	3

International Relations Elective ³	3
International Relations Elective ³	3
Elective of Choice	3
Units	
Total Units	
	120

International Relations, BA: 2-Year Roadmap

Course	Title	Units
Year 1		
First Semester		
POLS 100	Introduction to Research Methods in Political Science	3
POLS 130	International Politics	3
International Relations Elective ³		3
International Relations Elective ³		3
Foreign Language Semester 1 ²		4
Units		16
Second Semester		
POLS 136	International Political Economy	3
International Relations Elective ³		3
Upper Division GE Area 3 - Arts or Humanities + Writing Intensive ²		3
Upper Division GE Area 4 - Social & Behavioral Sciences ²		3
Foreign Language Semester 2 ²		4
Units		16
Year 2		
First Semester		
POLS 111 or POLS 110 or POLS 112	Political Thought II ³ or Political Thought I or Current Political Thought	3
International Relations Elective ³		3
International Relations Elective ³		3
International Relations Elective ³		3
Upper Division GE Area 5 or 2 - Science or Mathematical Concepts/Quantitative Reasoning ²		3
Units		15
Second Semester		
POLS 140	Comparative Politics	3
International Relations Elective ³		3
International Relations Elective ³		3
GR American Institutions (US History) ²		3
Elective of Choice		3
Units		15
Total Units		62

- Any course not completed in the first semester should be taken in the second or a later semester.
- Please see General Education/Graduation Requirement **course options** (https://www.csus.edu/academic-affairs/curriculum-%20workflow/_internal/_documents/program-road-maps/als_2yr/art_transfer-%20roadmap-2024-25.pdf).
- Please see an academic advisor for elective options.