

BA IN PSYCHOLOGY

Units required for Major: 46-50

Total units required for BA: 120

Program Description

With a Bachelor of Arts in Psychology, graduates can qualify for positions requiring an understanding of human behavior in public service, education, or business. The undergraduate Behavior Analysis Certificate qualifies students for positions requiring the application of behavior analysis in educational settings and health and human service agencies.

The Psychology program at Sacramento State is highly sought after and the undergraduate major is officially impacted. Students wishing to become Psychology majors must meet eligibility requirements before applying for admission to the program. It is highly recommended that interested students speak with a Psychology advisor as soon as possible.

Minimum Grade Requirement

Once admitted to the program, PSYC 2, PSYC 8, AND PSYC 121 must each be completed with a minimum grade of "C-" or better.

Coursework Sequencing

The Psychology Department strongly recommends that Psychology Majors sequence their courses in the following manner to provide them with an optimal learning experience:

Code	Title	Units
Freshmen and Sophomores		
Lower division GE requirements, CHDV 30, PSYC 2, PSYC 4, PSYC 8, PSYC 9 and electives		
Juniors		
Upper division GE requirements, PSYC 121 (and PSYC 102 for graduate school aspirants), any upper division Psychology courses and electives		
Seniors		
Upper division GE requirements, any upper division Psychology courses, Psychology capstone course and electives		

It is important to choose courses in the sequence outlined above. Otherwise, there could be a delay in completion of the major and graduation.

Note: Transfer students must take at least 15 units of Psychology courses in residence at Sacramento State; 12 of those units must be upper division.

Program Requirements

Code	Title	Units
Required Lower Division Courses (13 Units)		
CHDV 30	Human Development ¹	3
PSYC 2	Introductory Psychology ^{1,2}	3
PSYC 4	Navigating Psychology: The Major and Careers	1
PSYC 8	Methods of Psychology ²	3
PSYC 9	Introductory Statistics for Psychology	3
Required Upper Division Courses (30-34 Units)		
PSYC 100	Cross-Cultural Psychology	3

PSYC 121 Methods and Statistics in Psychological Research 3
2

Select one of the following methods courses: ³ 3 -
4

PSYC 102 Advanced Methods and Statistics in Psychological Research

PSYC 120 Psychological Testing

PSYC 122 Qualitative Research in Psychology

PSYC 129 Behavioral Research Methods

Select one of the following biological processes courses: 3 -
4

PSYC 111 Introduction to Biological Psychology

PSYC/BIO 115 Introduction to Neuroscience

PSYC 116 Animal Behavior

PSYC 117 Drugs and Behavior

Select four courses, with at least one from Cognitive/Learning and one from Individual/Social Processes 12
-
13

Cognitive and Learning Processes

PSYC 103 Perception

PSYC 104 Learning Theories

PSYC 106 Motivation

PSYC 110 Cognitive Psychology

PSYC 181 Experimental Analysis of Behavior

Individual and Social Processes

PSYC 108 Organizational Psychology

PSYC 130 Personality Theories

PSYC 145 Social Psychology

PSYC 148 Child Psychology

PSYC 168 Abnormal Psychology

PSYC 171 Applied Behavior Analysis

Select one of the following human diversity courses: 3

PSYC 135 Psychology of Multicultural Groups 🌍

PSYC 150 Psychological Aspects of Aging

PSYC 157 Psychology of Women

PSYC 160 Homosexuality

PSYC 185 Psychology of Exceptional Children

Select one of the following capstone courses: 3 -
4

PSYC 107 Controversial Issues in Psychology

PSYC 119 Human Factors Psychology

PSYC 142 Community Psychology

PSYC 152 Psychological Aspects of Health, Wellness, and Illness

PSYC 169 Industrial Psychology

PSYC 183 Teaching of Psychology

PSYC 184 Clinical Issues in Applied Behavior Analysis

PSYC 190 History and Systems of Psychology

PSYC 194 Cooperative Research

PSYC 198B Prospects for Success: Peer Mentor

Electives (3 Units)

Select one additional upper division Psychology course (numbered 100-199)	3
Total Units	46-50

- ¹ Course also satisfies General Education (GE)/Graduation Requirement.
- ² Must be completed with a minimum grade of "C-" or better.
- ³ Select PSYC 102 if planning to enter a graduate program in Psychology.

General Education Requirements ¹

Code	Title	Units
Area A: Basic Subjects (9 Units)		
A1	Oral Communication	3
A2	Written Communication	3
A3	Critical Thinking ²	3
Area B: Physical Universe and Its Life Forms (13 Units)		
B1	Physical Science	3
B2	Life Forms	3
B3	Lab (Note: Lab experience to be taken with one of the following: B1, B2 or B5)	1
B4	Math Concepts	3
B5	Additional Course (Any B to reach 12 units) - Take upper-division course to complete Area & upper division requirements.	3
Area C: Arts and Humanities (12 Units)		
C1	Arts	3
C2	Humanities	3
C1/C2	Area C Course	3
C1/C2	Area C Course - Take upper-division course to complete Area & upper division requirements.	3
Area D: The Individual and Society (9 Units)		
Area D Course		3
Area D Course		3
Area D Course ³		0
Area D Course - Take upper-division course to complete Area & upper division requirements.		3
Area E: Understanding Personal Development (3 Units)		
Area E Course		3
Total Units		46

- ¹ To help you complete your degree in a timely manner and not take more units than absolutely necessary, there are ways to use single courses to meet more than one requirement (overlap). For further information, please visit the General Education page (<http://catalog.csus.edu/colleges/academic-affairs/general-education>). **Note:** There is no way to list all possible overlaps so please consult with a professional advisor. The Academic Advising Center can be visited online (<http://www.csus.edu/acad>), by phone (916) 278-1000, or email (advising@csus.edu).
- ² Department recommends ANTH 4, ENVS 11, or SOC 8 to meet Area A3.
- ³ Required in Major; also satisfies GE.

Graduation Requirements ¹

Code	Title	Units
Graduation Requirements (required by CSU) (9 Units)		
	American Institutions: U.S. History	3
	American Institutions: U.S. Constitution & CA Government	3
	Writing Intensive (WI)	3
Graduation Requirements (required by Sacramento State) (12 Units)		
	English Composition II	3
	Race and Ethnicity in American Society (RE)	3
	Foreign Language Proficiency Requirement ²	6

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- ² If not satisfied before entering Sacramento State, it may be satisfied in General Education Area C2 (Humanities). "C- or better required." The alternative methods for satisfying the Foreign Language Proficiency Requirement are described here: <https://www.csus.edu/wll/flgr/>