

BA IN PSYCHOLOGY

Admission to the BA in Psychology is currently suspended. Please contact the department for further information.

Units required for Major: 46-50
Total units required for BA: 120

Program Description

With a Bachelor of Arts in Psychology, graduates can qualify for positions requiring an understanding of human behavior in public service, education, or business. The undergraduate Behavior Analysis Certificate qualifies students for positions requiring the application of behavior analysis in educational settings and health and human service agencies.

The Psychology program at Sacramento State is highly sought after and the undergraduate major is officially impacted. Students wishing to become Psychology majors must meet eligibility requirements before applying for admission to the program. It is highly recommended that interested students speak with a Psychology advisor as soon as possible.

Students interested in a Psychology major or minor should contact the Psychology Department in Amador Hall room 350.

Minimum Grade Requirement

Once admitted to the program, PSYC 2, PSYC 8, AND PSYC 121 must each be completed with a minimum grade of "C-" or better.

Coursework Sequencing

The Psychology Department strongly recommends that Psychology Majors sequence their courses in the following manner to provide them with an optimal learning experience:

Code	Title	Units
Freshmen and Sophomores		
Lower division GE requirements, CHDV 30, PSYC 2, PSYC 4, PSYC 8, PSYC 9 and electives		
Juniors		
Upper division GE requirements, PSYC 121 (and PSYC 102 for graduate school aspirants), any upper division Psychology courses and electives		
Seniors		
Upper division GE requirements, any upper division Psychology courses, Psychology capstone course and electives		

It is important to choose courses in the sequence outlined above. Otherwise, there could be a delay in completion of the major and graduation.

Note: Transfer students must take at least 15 units of Psychology courses in residence at Sacramento State; 12 of those units must be upper division.

Program Requirements

Code	Title	Units
Required Lower Division Courses (13 Units)		
PSYC 2	Introductory Psychology ^{1,2}	3
CHAD 30	Human Development	3
PSYC 4	Navigating Psychology: The Major and Careers	1

PSYC 8	Methods of Psychology ²	3
PSYC 9	Introductory Statistics for Psychology	3

Required Upper Division Courses (33-37 Units)

PSYC 100	Cross-Cultural Psychology	3
PSYC 121	Methods and Statistics in Psychological Research ²	3

Select one of the following methods courses:³ 3 -
4

PSYC 102	Advanced Methods and Statistics in Psychological Research	
PSYC 120	Psychological Testing and Measurement	
PSYC 122	Qualitative Research in Psychology	
PSYC 129	Behavioral Research Methods	

Select one of the following biological processes courses: 3 -
4

PSYC 111	Foundations of Behavioral Neuroscience	
PSYC/BIO 115	Neuroscience	
PSYC 116	Animal Behavior	
PSYC 117	Drugs and Behavior	

Select four courses, with at least one from Cognitive/Learning and one from Individual/Social Processes 12
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Cognitive and Learning Processes

PSYC 103	Perception	
PSYC 104	Learning Theories	
PSYC 106	Motivation	
PSYC 110	Cognitive Psychology	
PSYC 118	Cognitive Neuroscience	
PSYC 181	Experimental Analysis of Behavior	

Individual and Social Processes

PSYC 108	Organizational Psychology	
PSYC 130	Personality Theories	
PSYC 142	Community Psychology	
PSYC 145	Social Psychology	
PSYC 148	Child Psychology	
PSYC 168	Abnormal Psychology	
PSYC 171	Applied Behavior Analysis	

Select one of the following human diversity courses: 3

PSYC 135	Psychology of Multicultural Groups 🌐	
PSYC 150	Psychological Aspects of Aging	
PSYC 157	Psychology of Women	
PSYC 160	Psychology of Sexual Orientation and Gender Identity	
PSYC 185	Psychology of Exceptional Children	

Select one of the following capstone courses: 3 -
4

PSYC 107	Controversial Issues in Psychology	
PSYC 119	Human Factors Psychology	
PSYC 143	Practicum in Community Psychology	
PSYC 152	Psychological Aspects of Health, Wellness, and Illness	
PSYC 169	Industrial Psychology	
PSYC 177	Special Topics Capstone: Advanced Study in Psychology	

PSYC 183		
PSYC 184	Clinical Issues in Applied Behavior Analysis	
PSYC 190	History and Systems of Psychology	
PSYC 194	Cooperative Research	
PSYC 198B	Prospects for Success: Peer Mentor	
<i>Electives</i>		3
Select one additional upper division Psychology course (numbered 100-199)		
Total Units		46-50

¹ Course also satisfies General Education (GE)/Graduation Requirement.

² Must be completed with a minimum grade of "C-" or better.

³ Select PSYC 102 if planning to enter a graduate program in Psychology.

General Education Requirements ¹

Code	Title	Units
Area A: Basic Subjects (9 Units)		
A1 - Oral Communication		3
A2 - Written Communication		3
A3 - Critical Thinking ²		3
Area B: Physical Universe and Its Life Forms (10 Units)		
B1 - Physical Science		3
B2 - Life Forms		3
B3 - Lab (Note: Lab experience to be taken with one of the following: B1, B2 or B5)		1
B4 - Math Concepts		3
B5 - Additional Course (Any B to reach 12 units) - Take upper-division course to complete Area & upper division requirements. ³		0
Area C: Arts and Humanities (12 Units)		
C1 - Arts		3
C2 - Humanities		3
C1/C2 - Area C Course		3
C1/C2 - Area C Course - Take upper-division course to complete Area & upper division requirements.		3
Area D: The Individual and Society (6 Units)		
Area D Course		3
Area D Course ³		0
Area D Course - Take upper-division course to complete Area & upper division requirements.		3
Area E: Understanding Personal Development (3 Units)		
Area E Course		3
Area F: Ethnic Studies		
Area F Course		
Total Units		40

¹ To help you complete your degree in a timely manner and not take more units than absolutely necessary, there are ways to use single courses to meet more than one requirement (overlap). For further information, please visit the General Education page (<https://catalog.csus.edu/colleges/academic-affairs/general-education/>).

Note: There is no way to list all possible overlaps so please consult with a professional advisor. The Academic Advising Center can be visited online (<http://www.csus.edu/acad/>), by phone (916) 278-1000, or email (advising@csus.edu).

² Department recommends ANTH 4, ENVS 11, or SOC 8 to meet Area A3.

³ Required in Major; also satisfies GE.

Graduation Requirements ¹

Code	Title	Units
Graduation Requirements (required by CSU) (9 Units)		
American Institutions: U.S. History		3
American Institutions: U.S. Constitution & CA Government		3
Writing Intensive (WI)		3
Graduation Requirements (required by Sacramento State) (12 Units)		
English Composition II		3
Race and Ethnicity in American Society (RE)		3
Foreign Language Proficiency Requirement ²		6

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² If not satisfied before entering Sacramento State, it may be satisfied in General Education Area C2 (Humanities). "C- or better required." The alternative methods for satisfying the Foreign Language Proficiency Requirement are described here: <https://www.csus.edu/college/arts-letters/world-languages-literatures/foreign-language-requirement.html> (<https://www.csus.edu/college/arts-letters/world-languages-literatures/foreign-language-requirement.html>)