FAMILY STUDIES AND HUMAN DEVELOPMENT (FSHD)

FSHD 50. The Family and Social Issues. 3 Units
General Education Area/Graduation Requirement: GE AREA D, Race & Ethnicity Graduation Requirement (RE)
Term Typically Offered: Fall, Spring
Family structure, systems and functioning in marriage and other partnerships, parenting, work issues, domestic violence, divorce, and remarriage. Focus on social issues including gender, race, ethnicity, and class. Historical and theoretical perspectives on families in America. Introduction to research in family sciences and public policy implications. Lecture, discussion.
Note: Not open for credit to students who have taken SOC 5.

FSHD 52. The Child In The Family. 3 Units
General Education Area/Graduation Requirement: Understanding Personal Development (E)
Term Typically Offered: Fall, Spring
Physical, social, emotional and cognitive development of the child, conception through adolescence, in relation to the family. Strong theoretical emphasis. Introduction to methods of study, including observation and interview. Lecture, discussion, fieldwork.
Note: Not open for credit to students who have taken CHDV 137, CHDV 138, or PSYC 148.

FSHD 108. Family Communication. 3 Units
Prerequisite(s): COMS 8, FACS 50, SOC 166, or instructor permission.
Term Typically Offered: Fall, Spring
Study of the family as a small group with emphasis on understanding and interpreting the dynamics of family communication using various communication and social-psychological theories. Opportunity to develop an analytical framework.
Cross Listed: COMS 108; only one may be counted for credit.

FSHD 150. Family Stress and Coping: Multicultural Focus. 3 Units
Prerequisite(s): GWAR certification before Fall 09; or WPJ score of 80+; or 3-unit placement in ENGL 109M or ENGL 109W; or 4-unit placement in ENGL 109M or ENGL 109W and co-enrollment in ENGL 109X; or WPJ score 70 or 71 and co-enrollment in ENGL 109X.
General Education Area/Graduation Requirement: Writing Intensive Graduation Requirement (WI), Race & Ethnicity Graduation Requirement (RE), GE AREA D
Term Typically Offered: Fall, Spring, Summer
Study of multicultural families and diverse family forms, with a focus on how families function under stress. Family theory and research are applied to the interpretation and analysis of selected literary work, both in print and film formats.

FSHD 152. Adolescent Development. 3 Units
Prerequisite(s): CHDV 30, or CHDV 35, or FACS 52, or instructor permission.
Term Typically Offered: Fall, Spring
In-depth study of the achievements and challenges associated with the adolescent stage of development. Focus on understanding the needs and motivations of adolescents and the challenges they face within their socio-cultural environment. Lecture, discussion.
Note: Not open to students who have taken PSYC 149. Previous or concurrent enrollment in CHDV 133 strongly recommended.

FSHD 154. Issues in Parenting. 3 Units
Prerequisite(s): CHDV 30, or CHDV 35, or FACS 52, or instructor permission
Term Typically Offered: Fall, Spring
Survey of historical and contemporary attitudes toward parenting. Review of research on child-rearing and parent-child relationships. Use of case studies to explore the influence of personality, developmental stage, family structure, ethnic and cultural factors on parenting. Lecture, Case Study.
Note: Previous or concurrent enrollment in CHDV 133 strongly recommended. Cross-listed: CHDV 154; only one may be counted for credit.

FSHD 155. Family Life Education. 3 Units
Prerequisite(s): FACS 50; and FACS 100 or CHDV 133; and senior standing.
Term Typically Offered: Fall, Spring
Historical and philosophical perspective on family life education across the lifespan. Practice in curriculum development including content, objectives, and teaching strategies.

FSHD 159. Adulthood and Aging in Human Development. 3 Units
Term Typically Offered: Fall, Spring
Analyzes the interrelation between physical, psychological, and social development in the middle and later years of adulthood with attention to personal, family and community challenges and opportunities in their cultural context.

FSHD 162. Family Support Services. 3 Units
Prerequisite(s): A minimum of 12 units in FACS upper division family area courses.
Term Typically Offered: Fall, Spring
Application of family science to the development, implementation, and evaluation of family support services. Implications of research for practice with diverse families. Focus on developing skills in family-centered services, family-professional collaboration, and resource-based and asset-based intervention. Lecture two hours; fieldwork in the community three hours.
FSHD 195F. Practicum in Family Life Education. 1 - 3 Units

**Prerequisite(s):** senior status; GPA of 2.75 or above; NURS 160 or PSYC 134 or HLSC 134; and FACS 155.

**Corequisite(s):** If not taken as a prerequisite, FACS 155 may be taken concurrently with instructor’s approval.

**Term Typically Offered:** Fall, Spring

Directed observation and supervised work experience in an approved educational setting, service agency, business or government agency that provides family life education. Students will move from observing and assisting to developing, delivering and assessing lessons and programs in family life education. Students will gain experience applying educational and developmental theories, curriculum development, and teaching methods to delivering evidence-based and culturally sensitive lessons in the content areas of family life education: parent education, strengthening relationships, and/or sexuality education.

**Note:** Students must make arrangements with the supervising faculty member one semester prior to admittance to the course.

Credit/No Credit