

# FAMILY STUDIES AND HUMAN DEVELOPMENT (FSHD)

## FSHD 50. The Family and Social Issues. 3 Units

**General Education Area/Graduation Requirement:** Race & Ethnicity Graduation Requirement (RE), Social and Behavioral Sciences (4-A)  
**Term Typically Offered:** Fall, Spring

Family structure, systems and functioning in marriage and other partnerships, parenting, work issues, domestic violence, divorce, and remarriage. Focus on social issues including gender, race, ethnicity, and class. Historical and theoretical perspectives on families in America. Introduction to research in family sciences and public policy implications. Lecture, discussion.

**Note:** Not open for credit to students who have taken SOC 5.

## FSHD 52. The Child In The Family. 3 Units

**Term Typically Offered:** Fall, Spring

Physical, social, emotional and cognitive development of the child, conception through adolescence, in relation to the family. Strong theoretical emphasis. Introduction to methods of study, including observation and interview. Lecture, discussion, fieldwork.

**Note:** Not open for credit to students who have taken CHDV 137, CHDV 138, or PSYC 148.

## FSHD 108. Family Communication. 3 Units

**Prerequisite(s):** COMS 8, FACS 50, SOC 166, or instructor permission.  
**Term Typically Offered:** Spring only

Study of the family as a small group with emphasis on understanding and interpreting the dynamics of family communication using various communication and social-psychological theories. Opportunity to develop an analytical framework.

Cross Listed: COMS 108; only one may be counted for credit.

## FSHD 150. Family Stress and Coping: Multicultural Focus. 3 Units

**Prerequisite(s):** Junior standing; a WPJ Portfolio score OR ENGL 109M or ENGL 109W

**General Education Area/Graduation Requirement:** Writing Intensive Graduation Requirement (WI), Race & Ethnicity Graduation Requirement (RE), Social and Behavioral Sciences (4-A)

**Term Typically Offered:** Fall, Spring, Summer

Study of multicultural families and diverse family forms, with a focus on how families function under stress. Family theory and research are applied to the interpretation and analysis of selected literary work, both in print and film formats.

## FSHD 152. Adolescent Development. 3 Units

**Prerequisite(s):** CHAD 30, or CHAD 35, or FACS 52, or instructor permission.

**Term Typically Offered:** Fall only

In-depth study of the achievements and challenges associated with the adolescent stage of development. Focus on understanding the needs and motivations of adolescents and the challenges they face within their socio-cultural environment. Lecture, discussion.

**Note:** Not open to students who have taken PSYC 149. Previous or concurrent enrollment in CHAD 133 strongly recommended.

## FSHD 154. Issues in Parenting. 3 Units

**Prerequisite(s):** CHAD 30, or CHAD 35, or FACS 52, or instructor permission

**Term Typically Offered:** Spring only

Survey of historical and contemporary attitudes toward parenting. Review of research on child-rearing and parent-child relationships. Use of case studies to explore the influence of personality, developmental stage, family structure, ethnic and cultural factors on parenting. Lecture, Case Study.

**Note:** Previous or concurrent enrollment in CHAD 133 strongly recommended. Cross-listed: CHAD 154; only one may be counted for credit.

## FSHD 155. Family Life Education. 3 Units

**Prerequisite(s):** FACS 50; and FACS 100 or CHDV 133; and senior standing.

**Term Typically Offered:** Fall, Spring

Historical and philosophical perspective on family life education across the lifespan. Practice in curriculum development including content, objectives, and teaching strategies.

## FSHD 156. Child Life and Family-Centered Care. 3 Units

**Prerequisite(s):** FACS 52 or CHDV 30 or CHDV 35 or a course in child development/human development, covering at least birth through adolescence with instructor permission.

**Term Typically Offered:** Fall, Spring

Overview of the Child Life profession and child life practices. Focus on family-centered care for children in the healthcare environment and their families. Major course topics include: scope of practice in child life; ethical and professional practice; impact of illness, injury and health on patients and family; techniques and outcomes of preparation; therapeutic play; grief and bereavement.

**Note:** This course is designed to meet the specifications set forth by the Association of Child Life Professionals (ACLP) for the child life course required for certification as a Certified Child Life Specialist (CCLS)

## FSHD 159. Adulthood and Aging in Human Development. 3 Units

**Term Typically Offered:** Spring only

Analyzes the interrelation between physical, psychological, and social development in the middle and later years of adulthood with attention to personal, family and community challenges and opportunities in their cultural context.

## FSHD 162. Family Support Services. 3 Units

**Prerequisite(s):** A minimum of 12 units in FACS and/or FSHD upper division family area courses.

**Term Typically Offered:** Fall, Spring

Application of family science to the development, implementation, and evaluation of family support services. Implications of research for practice with diverse families. Focus on developing skills in family-centered services, family-professional collaboration, and resource-based and asset-based intervention. Lecture two hours; fieldwork in the community three hours.

**FSHD 195F Practicum in Family Life Education. 1 - 3 Units**

**Prerequisite(s):** senior status; GPA of 2.75 or above; NURS 160 or PSYC 134 or HLSC 134; and FACS 155.

**Corequisite(s):** If not taken as a prerequisite, FACS 155 may be taken concurrently with instructor's approval.

**Term Typically Offered:** Fall, Spring

Directed observation and supervised work experience in an approved educational setting, service agency, business or government agency that provides family life education. Students will move from observing and assisting to developing, delivering and assessing lessons and programs in family life education. Students will gain experience applying educational and developmental theories, curriculum development, and teaching methods to delivering evidence-based and culturally sensitive lessons in the content areas of family life education: parent education, strengthening relationships, and/or sexuality education.

**Note:** Students must make arrangements with the supervising faculty member one semester prior to admittance to the course.

Credit/No Credit