FAMILY STUDIES AND HUMAN DEVELOPMENT (FSHD)

FSHD 50. The Family and Social Issues. 3 Units
General Education Area/Graduation Requirement: Race & Ethnicity
Graduation Requirement (RE), GE AREA D
Term Typically Offered: Fall, Spring

Family structure, systems and functioning in marriage and other
partnerships, parenting, work issues, domestic violence, divorce, and
remarriage. Focus on social issues including gender, race, ethnicity, and
class. Historical and theoretical perspectives on families in America.
Introduction to research in family sciences and public policy implications.
Lecture, discussion.
Note: Not open for credit to students who have taken SOC 5.

FSHD 52. The Child In The Family. 3 Units
General Education Area/Graduation Requirement: Understanding
Personal Development (E)
Term Typically Offered: Fall, Spring

Physical, social, emotional and cognitive development of the child,
conception through adolescence, in relation to the family. Strong
theoretical emphasis. Introduction to methods of study, including
observation and interview. Lecture, discussion, fieldwork.
Note: Not open for credit to students who have taken CHDV 137, CHDV
138, or PSYC 149. Not open for credit to students who have taken PSYC
149. Previous or concurrent enrollment in CHDV 133 strongly
recommended. Cross-listed: CHDV 154; only one may be counted for
credit.

FSHD 108. Family Communication. 3 Units
Prerequisite(s): COMS 8, FACS 50, SOC 166, or instructor permission.
Term Typically Offered: Fall, Spring

Study of the family as a small group with emphasis on understanding
and interpreting the dynamics of family communication using various
communication and social-psychological theories. Opportunity to develop
an analytical framework.
Cross Listed: COMS 108; only one may be counted for credit.

FSHD 150. Family Stress and Coping: Multicultural Focus. 3 Units
Prerequisite(s): Junior standing; a WPJ Portfolio score OR ENGL 109M or
ENGL 109W
General Education Area/Graduation Requirement: Writing Intensive
Graduation Requirement (WI), Race & Ethnicity Graduation Requirement
(RE), GE AREA D
Term Typically Offered: Fall, Spring, Summer

Study of multicultural families and diverse family forms, with a focus
on how families function under stress. Family theory and research are
applied to the interpretation and analysis of selected literary work, both in
print and film formats.

FSHD 152. Adolescent Development. 3 Units
Prerequisite(s): CHDV 30, or CHDV 35, or FACS 52, or instructor
permission.
Term Typically Offered: Fall, Spring

In-depth study of the achievements and challenges associated with the
adolescent stage of development. Focus on understanding the needs
and motivations of adolescents and the challenges they face within their
socio-cultural environment. Lecture, discussion.
Note: Not open to students who have taken PSYC 149. Previous or
concurrent enrollment in CHDV 133 strongly recommended.

FSHD 154. Issues in Parenting. 3 Units
Prerequisite(s): CHDV 30, or CHDV 35, or FACS 52, or instructor
permission
Term Typically Offered: Fall, Spring

Survey of historical and contemporary attitudes toward parenting. Review
of research on child-rearing and parent-child relationships. Use of case
studies to explore the influence of personality, developmental stage,
family structure, ethnic and cultural factors on parenting. Lecture, Case
Study.
Note: Previous or concurrent enrollment in CHDV 133 strongly
recommended. Cross-listed: CHDV 154; only one may be counted for
credit.

FSHD 155. Family Life Education. 3 Units
Prerequisite(s): FACS 50; and FACS 100 or CHDV 133; and senior
standing.
Term Typically Offered: Fall, Spring

Historical and philosophical perspective on family life education across
the lifespan. Practice in curriculum development including content,
objectives, and teaching strategies.

FSHD 156. Child Life and Family-Centered Care. 3 Units
Prerequisite(s): FACS 52 or CHDV 30 or CHDV 35 or a course in child
development/human development, covering at least birth through
adolescence with instructor permission.
Term Typically Offered: Fall, Spring

Overview of the Child Life profession and child life practices. Focus on
family-centered care for children in the healthcare environment and their
families. Major course topics include: scope of practice in child life;
ethical and professional practice; impact of illness, injury and health on
patients and family; techniques and outcomes of preparation; therapeutic
play; grief and bereavement.
Note: This course is designed to meet the specifications set forth by the
Association of Child Life Professionals (ACLP) for the child life course
required for certification as a Certified Child Life Specialist (CCLS)

FSHD 159. Adulthood and Aging in Human Development. 3 Units
Term Typically Offered: Fall, Spring

Analyzes the interrelation between physical, psychological, and social
development in the middle and later years of adulthood with attention
to personal, family and community challenges and opportunities in their
cultural context.

FSHD 162. Family Support Services. 3 Units
Prerequisite(s): A minimum of 12 units in FACS and/or FSHD upper
division family area courses.
Term Typically Offered: Fall, Spring

Application of family science to the development, implementation,
evaluation of family support services. Implications of research
for practice with diverse families. Focus on developing skills in family-
centered services, family-professional collaboration, and resource-
based and asset-based intervention. Lecture two hours; fieldwork in the
community three hours.
FSHD 195F. Practicum in Family Life Education. 1 - 3 Units

Prerequisite(s): senior status; GPA of 2.75 or above; NURS 160 or PSYC 134 or HLSC 134; and FACS 155.

Corequisite(s): If not taken as a prerequisite, FACS 155 may be taken concurrently with instructor’s approval.

Term Typically Offered: Fall, Spring

Directed observation and supervised work experience in an approved educational setting, service agency, business or government agency that provides family life education. Students will move from observing and assisting to developing, delivering and assessing lessons and programs in family life education. Students will gain experience applying educational and developmental theories, curriculum development, and teaching methods to delivering evidence-based and culturally sensitive lessons in the content areas of family life education: parent education, strengthening relationships, and/or sexuality education.

Note: Students must make arrangements with the supervising faculty member one semester prior to admittance to the course.

Credit/No Credit