### HEALTH AND HUMAN SERVICES (HHS)

**HHS 21.**  First Year Seminar for Health and Human Services Careers: ¿Becoming an Educated Person¿.  
3 Units  
General Education Area/Graduation Requirement: Understanding Personal Development (E)  
Term Typically Offered: Fall, Spring  

New students are faced with many challenges ¿ making new social connections, maintaining high GPAs, and learning independence. HHS 21 provides insight to the wide range of careers in the health and human service fields, and introduces students to the meaning of higher education, the resources of the University, and skills for lifelong learning. Students will develop academic success strategies, and improve information literacy, intercultural competence, and integrative thinking. The seminar is a foundation for academic and personal support.

**HHS 100.**  Introduction to Health Science.  
3 Units  
Prerequisite(s): Health Science Majors or Instructor Permission  
Term Typically Offered: Fall, Spring, Summer  

HHS 100 is an introduction to health science, an exploration of theoretical and practical issues, exposure to professional organizations and resources, and pathways to a variety of career options. It is also designed to engage students in critical thinking, problem solving, and discourse relevant to emerging trends in the health care industry as well as applications of the latest research.

**HHS 101.**  Interprofessional Education: A Collaborative Team-Based Learning Approach.  
3 Units  
Term Typically Offered: Fall, Spring  

This course introduces the foundations of interprofessional collaborative practice. Students will engage in self-directed learning with other disciplines through the exploration of values and ethics for interprofessional practice, roles and responsibilities of health care providers, interprofessional communication strategies, and the development of high functioning teams in health care. The course includes a clinical/practicum component; it teaches students to support clients with chronic conditions while working with an interprofessional teams at the CHHS on-campus Interprofessional Stroke Recovery Resource and Community Center.

**HHS 160.**  Senior Seminar: Health Science Careers, Policy, and Research.  
3 Units  
Prerequisite(s): PUBH 114, PUBH 122 and Health Science major or instructor permission.  
Term Typically Offered: Fall, Spring  

This capstone course provides an overview of professional opportunities in health science. The course will explore the types of roles and opportunities in health professions, broader public and private health systems, and why it is important to have a comprehensive and interdisciplinary understanding of health science. As a capstone experience, the course must be taken during the final semester of the student’s plan of study.

**HHS 196A.**  Law+The Human Services.  
3 Units  
Term Typically Offered: Fall, Spring  

**HHS 196N.**  Pop-Up History.  
1 Unit  
Term Typically Offered: Fall, Spring, Summer  

Exploration of a pre-determined special historical topic using multi-disciplinary approaches in an abbreviated 5-week mini-seminar format. Topics will vary.

**HHS 196Y.**  Youth Recreation in Camp Settings.  
1 - 3 Units  
Term Typically Offered: Summer only  

This course examines camp programs in a wide variety of settings, for a variety of populations. Topics cover camp theories, camp management, risk-management, activity planning, inclusive programming, and staff training. Includes an emphasis on leadership, supervision, and organizational development of camp programs. Course uses lecture, field experiences, guest speakers, and service learning.  

**Note:** Students should be aware that Camp Nej, which is the associated camp for this course, is in a remote, wilderness setting; students will stay on-site while the camp is in session.