

GENERAL EDUCATION (FALL 2018 TO SPRING 2021)

Click here for General Education Requirements prior to Fall 2018. (<http://catalog.csus.edu/colleges/academic-affairs/general-education/prior-to-fall-2018/>)

One of the principles on which a modern university rests is the assumption that there is an important difference between learning to make a living and building the foundation for a life. While the first goal is important, the second is fundamental.

In focusing on the students' development as whole or "educated" people, a university distinguishes itself from a trade school. The goal of a university education is not simply the acquisition and application of knowledge, but the creation of people who firmly grasp the worth of clear thinking and know how to do it; who understand and appreciate the differences between peoples and cultures as well as their similarities; who have a sense of history and social forces; who can express thought clearly and have quantitative ability; who know something about the arts as well as how to enjoy them; who can talk and think intelligently about the physical and life sciences, the humanities, and literature; and, above all, who have the desire and capability for learning. This goal is why a university degree is so highly valued by individuals, employers, and the community at large.

The Sacramento State General Education Program is designed to educate in this holistic sense. Thus, it is not simply a series of courses to complete or hoops for students to jump through as they complete the courses in their major. Rather, general education lies at the heart of what a university education is all about.

Therefore students should carefully select courses and actively seek subject areas that are new and may challenge their world views or cherished assumptions and offer new experiences, such as inquiry-based or community-based learning. In short, students should not take the easy way out. This is their opportunity to lay the foundation for the rest of their lives, and to define themselves as educated members of the human community. Their time at the university is precious and the General Education Program has been designed to help them begin the process of becoming truly educated people. In deciding to pursue a university degree, they have chosen well and should make the best use of the opportunities open to them.

Objectives

Upon completion of the General Education Program requirements, students will be expected to:

- read, write, and understand relatively complex and sophisticated English prose;
- construct a non-fallacious verbal argument, recognize fallacious arguments, and follow the verbal arguments of others;
- find and use common information resources, engage in specialized library research, use computers, and seek out appropriate expert opinion and advice;
- use mathematical ideas to accomplish a variety of tasks;
- gain a general understanding of current theory, concepts, knowledge, and scientific methods pertaining to the nature of the physical universe, ecosystems, and life on this planet;

- develop an acquaintance and understanding of cultures and major dynamic social institutions which affect one's life,
- possess a significant and useful understanding of peoples from a diversity of cultures and backgrounds, including women and ethnic and other minority groups who have been the objects of prejudice and adverse discrimination within our society.

In addition to these basic skills, courses in the sciences, arts, humanities, and social sciences have been selected to help students attain the university's baccalaureate learning goals and to satisfy particular GE Area Learning Outcomes. The Baccalaureate Learning Goals include:

- **Competence in the Disciplines:** The ability to demonstrate the competencies and values listed below in at least one major field of study and to demonstrate informed understandings of other fields, drawing on the knowledge and skills of disciplines outside the major.
- **Knowledge of Human Cultures and the Physical and Natural World** through study in the sciences and mathematics, social sciences, humanities, histories, languages, and the arts. Focused by engagement with big questions, contemporary and enduring.
- **Intellectual and Practical Skills, Including:** inquiry and analysis, critical, philosophical, and creative thinking, written and oral communication, quantitative literacy, information literacy, teamwork and problem solving, practiced extensively across the curriculum, in the context of progressively more challenging problems, projects, and standards for performance.
- **Personal and Social Responsibility, Including:** civic knowledge and engagement—local and global, intercultural knowledge and competence¹, ethical reasoning and action, foundations and skills for lifelong learning anchored through active involvement with diverse communities and real-world challenges.
- **Integrative Learning², Including:** synthesis and advanced accomplishment across general and specialized studies.

¹ Understanding of and respect for those who are different from oneself and the ability to work collaboratively with those who come from diverse cultural backgrounds.

² Interdisciplinary learning, learning communities, capstone or senior studies in the General Education program and/or in the major connecting learning goals with the content and practices of the educational programs including GE, departmental majors, the co-curriculum and assessments.

Sacramento State General Education courses are designed, selected, and approved by the faculty to meet these program objectives. Students will benefit from consultation with the Academic Advising Center or advisors in their major departments in planning their General Education course choices. Students may search the online Schedule of Classes by Area or other specification(s) for currently available GE courses.

Course Requirements

The following courses have been approved to meet the 48-unit General Education pattern required of Sacramento State students. At least **9 units must be in upper division GE courses (100-199) from Areas B, C, and D** taken after you complete 45 units of coursework. Enrollment in upper division GE courses is limited to students who have completed Areas A1, A2, A3. At least nine units of GE must be taken in residence (i.e., at Sacramento State). In addition, a second semester composition course and demonstration of proficiency in a foreign language are required for graduation.

General Education/Graduation Requirements Checklist

General Education Requirements	Units
General Education requirements cover a breadth of areas spanning A. Basic Subjects, B. Physical Universe & Its Life Forms, C. Arts & Humanities, D. The Individual and Society, and E. Understanding Personal Development. For a list of courses that satisfy each Area and Requirement, please see the University Catalog.	
General Education Requirements: (9 48 units must be taken at Sacramento State)	
Lower Division: A total of 39 units of General Education Courses must be taken at the lower-division level (courses numbered 1-99) covering Areas A, B, C, D, and E.	39
Upper Division: A total of 9 units of General Education Courses must be taken at the upper-division level (courses numbered 100-199) from Areas B, C, or D. These units should be completed within the total unit requirements for Areas B, C, or D.	9
Basic Subjects (Include 3 lower-division courses)	9
A1. Oral Communication "C- or better required"	3
A2. Written Communication "C- or better required"	3
A3. Critical Thinking "C- or better required"	3
Physical Universe & Its Life Forms (Must include 1 upper-division course)	12
B1. Physical Science	3
B2. Life Forms	3
B3. Lab NOTE: Lab experience to be taken with one of the following: B1, B2 or B5.	
B4. Math Concepts "C- or better required"	3
B5. Additional Course (Any B to reach 12 units) - Take upper-division course to complete Area & upper-division requirements.	3
Arts & Humanities (Must include 1 upper-division course)	12
C1. Arts	3
C2. Humanities	3

C1/C2. Any Area Course C. - **Note: recommended (if needed): 6 units of the Foreign Language requirement in C2 which double-counts for the Foreign Language proficiency requirement.**

C1/C2. Any Area C Course - Take 3 upper-division course to complete Area & upper-division requirements.

The Individual & Society - Minimum 12 of THREE disciplines must be taken in Area D (Must include 1 upper-division course)

D. Any Area D Course 3

D. Any Area D Course - Take upper-division course to complete Area & upper-division requirements.

D. Any Area D Course - **Note:** 3
Recommend a U.S. History course which double-counts for the American Institutions Graduation Requirement.

D. Any Area D Course - **Note:** 3
Recommend a U.S. Constitution and CA Government course which double-counts for the American Institutions Graduation Requirement.

Understanding Personal Development (Include 1 lower-division course) **3**

E. Any Area E course 3

Graduation Requirements Units

Minimum 2.0 GPA required for GE

Graduation Requirements (required by CSU)

American Institutions: U.S. History 3
- The following courses satisfy the **U.S. History** Graduation Requirement and Area D: HIST 17A, HIST 17B, HIST 159, HIST 161, HIST 162, HIST 167, HIST 177, ANTH 101

American Institutions: U.S. Constitution & CA Government 3
- The following satisfy the **U.S. Constitution & CA Government** Graduation Requirement and Area D: POLS 1, POLS 113, POLS 150

Writing Intensive (WI) - May satisfy 3
Upper Division General Education or Major "C- or better required"

Graduation Requirements (required by CA State University, Sacramento)

English Composition II: ENGL 20 "C- 3 or better required"

Race and Ethnicity in American Society (RE) - May double-count for unit requirements in General Education Areas B, C, or D 3

Foreign Language Proficiency Requirement - If not satisfied before entering Sacramento State, it may be satisfied in General Education Area C2 (Humanities). "C- or better required." The alternative methods for satisfying the Foreign Language Proficiency Requirement are described here: <https://www.csus.edu/college/arts-letters/world-languages-literatures/foreign-language-requirement.html> 6

To help you complete your degree in a timely manner and not take more units than absolutely necessary, there are ways to use single courses to meet more than one requirement (overlap). There is no way to list all possible overlaps so please complete this checklist with a professional advisor. We can help you identify the best course of action. Academic Advising Center can be visited online (<http://www.csus.edu/acad/>) or please call: (916) 278-1000 or email (advising@csus.edu).

Students must choose their General Education classes from the Areas and classes listed below:

Area A: Basic Subjects (p. 3) (9 units)

These requirements must be completed before enrollment in upper division GE courses. A grade of "C-" or better is required in all courses taken in Area A.

Code	Title	Units
A1: Oral Communication 3		
Select one of the following:		
COMS 4	Introduction to Public Speaking	
COMS 5	The Communication Experience	
A2: Written Communication 3		
Select one of the following:		
ENGL 5	Accelerated Academic Literacies	
ENGL 5M	Accelerated Academic Literacies - Multilingual	
ENGL 11	Academic Literacies II	
ENGL 11M	Academic Literacies II-Multilingual	
A3: Critical Thinking 3		
Select one of the following:		
ANTH 4	Language, Culture, and Critical Thinking	
COMS 2	Argumentation	
EDUC 10	Critical Thinking and the Educated Person	
EDUC 10H	Critical Thinking and the Educated Person: Honors	
ENVS 11	Environmental Issues and Critical Thinking	
HIST 10	History's Mysteries: Thinking Critically about the Past	
JOUR 50	Media Literacy and Critical Thinking	
PHIL 4	Critical Thinking	
PHYS 30	Science and Pseudoscience	

SOC 8	Sense and Nonsense in Social Issues and Research	
Total Units		9

Area B: The Physical Universe and Its Life Forms (p. 3) (12 Units)

At least 3 units must be taken in each of Areas B1, B2 and B4. At least one course with a laboratory component must be taken in Area B1 or B2.

Code	Title	Units
AREA B1: PHYSICAL SCIENCE 3		
Select one of the following:		
ASTR 4A	Introduction to the Solar System	
ASTR 4B	Introduction to Stars, Galaxies, and Cosmology	
ASTR 4C	Introduction to Astrobiology	
ASTR 6	Astronomical Observation Laboratory	
CHEM 1A	General Chemistry I	
CHEM 6A	Introduction to General Chemistry	
GEOG 1	Physical Geography: The Distribution of Natural Phenomena	
GEOG 5	Violent Weather/Changing Atmosphere	
GEOG 11	Laboratory in Physical Geography	
GEOL 5	Geology Of Mexico	
GEOL 7	Natural Disasters	
GEOL 8	Earth Science	
GEOL 8L	Earth Science Lab	
GEOL 10	Physical Geology	
GEOL 10L	Physical Geology Lab	
PHYS 5A	General Physics: Mechanics, Heat, Sound	
PHYS 10	Physics In Our World	
PHYS 11A	General Physics: Mechanics	
AREA B2: LIFE FORMS 3		
Select one of the following:		
ANTH 1	Introduction to Biological Anthropology	
ANTH 1A	Biological Anthropology Laboratory	
BIO 1	Biodiversity, Evolution and Ecology	
BIO 7	Introduction to the Science of Biology	
BIO 9	Our Living World: Evolution, Ecology and Behavior	
BIO 10	Basic Biological Concepts	
BIO 15L	Laboratory Investigations in Biology	
BIO 20	Biology: A Human Perspective	
ENVS 10	Introduction to Environmental Science	
ENVS 10H	Honors Environmental Science	
AREA B3: LAB		
Select a course from the following:		
ASTR 6	Astronomical Observation Laboratory	
ANTH 1A	Biological Anthropology Laboratory	
BIO 1	Biodiversity, Evolution and Ecology	
BIO 15L	Laboratory Investigations in Biology	
CHEM 1A	General Chemistry I	
CHEM 1B	General Chemistry II	
CHEM 6A	Introduction to General Chemistry	
CHEM 6B	Introduction to Organic and Biological Chemistry	

GEOG 11	Laboratory in Physical Geography
GEOL 5	Geology Of Mexico
GEOL 8L	Earth Science Lab
GEOL 10L	Physical Geology Lab
KINS 150	Exercise and Sport Physiology
PHYS 5A	General Physics: Mechanics, Heat, Sound
PHYS 11A	General Physics: Mechanics

AREA B4: MATHEMATICAL CONCEPTS AND QUANTITATIVE REASONING ¹ **3**

Select one of the following:

EDUC 18	Mathematical Practices Across Cultures
MATH 1	Mathematical Reasoning
MATH 15H	Honors Mathematical Reasoning
MATH 17	An Introduction to Exploration, Conjecture, and Proof in Mathematics
MATH 24	Modern Business Mathematics
MATH 26A	Calculus I for the Social and Life Sciences
MATH 26B	Calculus II for the Social and Life Sciences
MATH 29	Pre-Calculus Mathematics
MATH 30	Calculus I
MATH 31	Calculus II
MATH 35	Introduction to Linear Algebra
STAT 1	Introduction to Statistics
STAT 10A & STAT 10B	Introductory Statistics with Developmental Mathematics
STAT 50	Introductory Statistics with Developmental Mathematics
STAT 50	Introduction to Probability and Statistics

AREA B5: FURTHER STUDIES IN PHYSICAL SCIENCE, LIFE FORMS, AND QUANTITATIVE REASONING **3**

Select one from the following:

ANTH 159	Forensic Anthropology
ASTR 131	The Solar System and Space Exploration ✎
ASTR 132	Stars, Galaxies and Cosmology ✎
BIO 105	Life in the Ocean
BIO 109	Biology of Dinosaurs
CHDV 143	
ENVS 163	Ethnoecology
GEOG 111	Elements Of Meteorology
GEOG 113	Climate
GEOG 115	Biogeography
GEOG 116	Global Climate Change
GEOG 119	Visualizing Global Environments
GEOL 115	Volcanoes: An Introduction
GEOL 130	Oceanography
GEOL 170	Age of Dinosaurs
HIST 104A	Ancient Science
HIST/PHSC 107	History of the Physical Sciences
KINS 150	Exercise and Sport Physiology
NUFD 112	Current Topics in Nutritional Sciences ✎
NUFD 113	Nutrition And Metabolism
NURS 168	The Brain and Gender-Related Differences

PHIL 125	Philosophy Of Science
PHYS 181	Modern Physics for Everyone
PHYS 182	Physics of Sports
PHYS 187	Seeing the Light
WGS 133	

Total Units **12**

¹ Completion of ALEKS (unless exempt) is a prerequisite for courses in this Area. In addition, passage of course-based diagnostic exams is required. A grade of "C-" or better is required in all courses taken in Area B4.

Area C: The Arts and Humanities
(p. 4) (12 Units)

At least 3 units must be taken from Areas C1 (ARTS) and C2 (HUMANITIES).

Code	Title	Units
AREA C1: ARTS		3 - 9

Select 3-9 units from the following two divisions:

Lower Division

ART 1A	Art, Religions, and Power before 1400
ART 1B	Art, Empires, and Cross-Cultural Exchange, 1400-1800
ART 1C	Global Modern and Contemporary Art
ART 2	History of Islamic Art
ART 3A	Traditional Asian Art
ART 3B	Modern and Contemporary Asian Art
ART 5	Art of the Americas
ART 7	Introduction to Art and Visual Culture
ART 20A	Beginning Drawing
ART 70	Form, Space Vision
ART 86	Clay Sculpture
ART 88	Beginning Sculpture
ART 110	US and Caribbean Art: Race and Representation 🌐
ART 118C	Public Art in the Americas
GPHD 5	Introduction to Graphic Design
GPHD 20	History Of Graphic Design
INTD 15	Introduction to Interior Design
INTD 20	Design
MUSC 8	Basic Music
MUSC 9	Music In World Cultures
MUSC 10A	Survey of Music Literature I
MUSC 10B	Survey of Music Literature II
MUSC 18	Music Appreciation
PHOT 11	Digital Photography I
THEA 1	Introduction To Theatre
THEA 2	History of the Theatre: Ancient to Renaissance
THEA 3	Theatre History After 1660
THEA 5	Aesthetics of Theatre and Film
THEA 9	Appreciation Of Acting

Upper Division

ALS 151	The Studio: Explorations in Arts and Letters
ART 111	Latin American and Latino Art History
ART 117A	Art of India and Southeast Asia
ART 117B	Art of China and Japan
ASIA/HIST 140	Modern East Asian Cinema
DNCE 130	Appreciation and History of Dance
DNCE 131	Dance Cultures Of America
DNCE 132	African-Caribbean Dance
HIST 109	History of Modern Greece
HIST 116	Europe, 1648-1815, The Age of Revolution
HRS 176	The Confucian Tradition
HRS 180	The Film
HRS 181	Contemporary Issues in Film
JAPN 120	Japanese Civilization
ITAL 104A	Introduction to Italian Cinema I
MUSC 118B	American Popular Music: Jazz History
MUSC 118C	History of Rock Music
MUSC 118D	Hip-Hop in Urban America
MUSC 119A	World Music: Asia
MUSC 119B	World Music: Africa
MUSC 119C	World Music: Latin America
MUSC 127	The American Musical Theater
MUSC 129	American Society and Its Music
NURS 179	Professional Communication and Reasoning Development
PHIL 136	Philosophy Of Art
THEA 115A	Multicultural Puppetry
THEA 140	Black Drama in the African Diaspora
THEA 144	Women and Theatre: Staging Diversity (WGS 144)
THEA 170	African American Theatre and Culture
THEA 173	Contemporary Chicano/Latino Theatre: Themes and Performance 1965-Present
THEA 174	Multicultural Perspectives in American Theatre
THEA 175	Multicultural Perspectives in American Film
WGS 146	

AREA C2: HUMANITIES **3 - 9**

Select 3-9 units from the following two divisions

Lower Division

ANTH 13	Magic, Witchcraft and Religion
ANTH 16	Comparative Early Civilizations
CHIN 1B	Elementary Mandarin
DEAF 52	American Sign Language 2
FREN 1B	Elementary French
FREN 2A	Intermediate French
GERM 1B	Elementary German
HIST 4	Survey of Early Western Civilization
HIST 5	Survey of Modern Western Civilization
HIST 6	Asian Civilizations
HIST 7	History of African Civilizations
HIST 8	Islam and the West

HIST 50	World History I: to 1500
HIST 50H	World History I: to 1500
HIST 51	World History from 1500 to the Present.
HIST 51H	World History from 1500 to the Present
HRS 4	Exploring World Religions
HRS 10	Arts and Ideas of the West: Ancient to Medieval
HRS 11	Arts and Ideas of the West: Renaissance to Modern
HRS 70	Arts and Ideas of Asia: Ancient to Medieval
HRS 71	Arts and Ideas of Asia: Medieval to Modern
ITAL 1B	Elementary Italian
JAPN 1B	Elementary Japanese
KORN 1B	Elementary Korean 1B
PHIL 2	Ethics
PHIL 6	Introduction to Philosophy: Knowledge, World and Self
PHIL 26	History of Philosophy
PHIL 27	History of Early Modern Philosophy
POLS 10	The Meaning of Government: An Introduction to Political Ideas
PUNJ 1B	Elementary Punjabi
RUSS 1B	Elementary Russian
SPAN 1B	Elementary Spanish
WLL 15	World Literatures in Film

Upper Division

ANTH 121	Archaeology of Mexico
ANTH 134	Japanese Culture and Society
ANTH 166	Rise of Religious Cults
ANTH/HRS 170	The Religious Landscape of the Sacramento Valley
CHDV 141	
CHIN 120	Chinese Civilization
ECON 112	European Economic History
EDUC 121	Multicultural Children's Literature
ETHN 118	Asian American Women (WGS 118)
ETHN 143	American Indians, Film and Popular Culture
ETHN 145	Native Voice, Memory, and Biography
ETHN 150	Native American Oral Tradition and Storytelling
ETHN 171	African Religions and Philosophies
FREN 120	French Civilization
GERM 140	Heroes, Dragons and Quests
GERM 141	German Mythology and Legend
GERM 142	German Folk Literature, Legend, and Lore
GERM 143	King Arthur and the Knights of the Round Table in Germany
GERM 150	German Civilization: Beginning to 16th Century
GERM 151	German Civilization: 17th Century to Present
HIST 103	Mediterranean Europe: From the Renaissance to the European Union
HIST 105	Great Ages and Issues in Modern European History
HIST 106	Everyday Life and Society in Antiquity
HIST 109	History of Modern Greece

HIST 110	The Ancient Near East: A Cultural History	HRS 178	Religions of India
HIST 111	Ancient Greece	HRS 178A	India's Religions: Hindus & Buddhists
HIST 112	Ancient Rome	HRS 179A	The Hindu Year: Fall
HIST 113	Early Medieval Europe	HRS 179B	The Hindu Year: Spring
HIST 116	Europe, 1648-1815, The Age of Revolution	HRS 183	World Religions and Cultures in Cinema
HIST 122A	History of Women in Western Civilization, Prehistory-Middle Ages ✎	HRS 188	Fantasy and Romance
HIST 122B	History of Women in Western Civilization, Renaissance-Present ✎	ITAL 130	Italian Civilization: The Dialogue Form It's Origins and European Context
HIST/HRS 126	Evolution of Christianity to the Reformation	JAPN 120	Japanese Civilization
HIST/HRS 127	Evolution of Christianity Since the Reformation	KINS 118A	Martial Arts: Karate 🌐
HIST 129A	Medieval Russia	KINS 118B	Martial Arts: Tae Kwon Do 🌐
HIST 131	History of Sexuality in Comparative Perspective	KINS 118C	Martial Arts: Tai Chi 🌐
HIST 135A	History Of Mexico To 1910	PHIL 102	Professional and Public Service Ethics
HIST 142	History of Women in Africa	PHIL 112	History Of Ethics ✎
HIST 143A	Middle Eastern History to 1800	PHIL 115	Philosophy of Literature and Film ✎
HIST 146A	Cultural History of Japan to 1800	PHIL 117	Existentialism ✎
HIST 146C	The History of Manga	PHIL 122	Political Philosophy
HIST/HRS 147	History of Buddhism	PHIL 131	Philosophy Of Religion
HIST 148A	China: Antiquity to 1600 AD	PHIL 145A	Chinese Philosophy ✎
HIST/HRS 168	Images Of America ✎ 🌐	PHIL 145B	Philosophies Of India ✎
HIST/HRS 169	Hollywood and America	RUSS 120	Russian Civilization
HRS 113	The Culture of Classical Greece	SOC 135	Sociology of Popular Culture
HRS 114	The Culture of Classical Rome	SOC 160	Asian Societies
HRS 117	Paganism in the Roman World	SOC 162	Middle Eastern Societies and Culture
HRS 119	Classical Mythology	WGS 121	
HRS 120	Reason and Revelation: The Origins of Western Culture ✎	WGS 145	
HRS 121	Introduction to the Hebrew Bible/Old Testament		
HRS 122	Introduction to the New Testament		
HRS 131	Medieval Culture		
HRS 132	Renaissance ✎		
HRS 134	Baroque and the Enlightenment		
HRS 135	Romanticism and Revolution		
HRS 136	Birth Of The Modern		
HRS 137	Global Crossings: Art and Culture 1945 to Present		
HRS 141	Introduction To Judaism		
HRS 142	Introduction to Christianity		
HRS 144	Introduction To Islam		
HRS 145	Introduction to Islamic Cultures		
HRS 148	African Arts and Cultures		
HRS 151	World Mythology		
HRS 152	Great Mystics of the World		
HRS 154	Food, Farming, and the Sacred		
HRS 155	Spirit and Nature		
HRS 161	Multicultural America 🌐		
HRS 162	American Space and Identity		
HRS 171	Introduction to the East Asian World		
HRS 172	The Classical Culture of China		
HRS 173	Chinese Philosophy and Religion		
HRS 174	Modern Japanese Literature and Culture		
HRS 175	Zen Buddhism and Daoism		
HRS 178	Religions of India		
HRS 178A	India's Religions: Hindus & Buddhists		
HRS 179A	The Hindu Year: Fall		
HRS 179B	The Hindu Year: Spring		
HRS 183	World Religions and Cultures in Cinema		
HRS 188	Fantasy and Romance		
ITAL 130	Italian Civilization: The Dialogue Form It's Origins and European Context		
JAPN 120	Japanese Civilization		
KINS 118A	Martial Arts: Karate 🌐		
KINS 118B	Martial Arts: Tae Kwon Do 🌐		
KINS 118C	Martial Arts: Tai Chi 🌐		
PHIL 102	Professional and Public Service Ethics		
PHIL 112	History Of Ethics ✎		
PHIL 115	Philosophy of Literature and Film ✎		
PHIL 117	Existentialism ✎		
PHIL 122	Political Philosophy		
PHIL 131	Philosophy Of Religion		
PHIL 145A	Chinese Philosophy ✎		
PHIL 145B	Philosophies Of India ✎		
RUSS 120	Russian Civilization		
SOC 135	Sociology of Popular Culture		
SOC 160	Asian Societies		
SOC 162	Middle Eastern Societies and Culture		
WGS 121			
WGS 145			
Total Units		6-18	

Area D: The Individual and Society (p. 6) (12 Units)

Minimum of three disciplines (e.g. ANTH, ECON, ETHN, FACS, GOVT, HIST, RPTA, etc.) must be taken in Area D. The American Institutions graduation requirement may be satisfied in Area D with 3 units of US history courses and 3 units of US Constitution and CA government courses (see Graduation Requirements: American Institutions).

Code	Title	Units
Select 12 units from the following two divisions		12
<i>Lower Division</i>		
ANTH 2	Introduction to Cultural Anthropology	
ANTH 3	Introduction to Archaeology	
CRJ 1	Introduction to Criminal Justice and Society	
DEAF 60	Introduction to Deaf Studies	
ECON 1A	Introduction to Macroeconomic Analysis	
ECON 1B	Introduction to Microeconomic Analysis	
ETHN 10	Africa: Myths and Realities	
ETHN 11	Introduction to Ethnic Studies	
ETHN 11H	Introduction to Ethnic Studies (Honors)	
ETHN 14	Introduction to Asian American Studies	
ETHN 30	Introduction to Chicano/Latino Studies	
ETHN 53	Introduction to Native American Studies	
ETHN 70	Introduction to Pan African Studies	

GEOG 2	Cultural Geography
FASH 30	Fashion and Human Environment
FSHD 50	The Family and Social Issues 🌐
HIST 15H	Major Problems in U.S. History 🌐
HIST 17A	United States History, 1607-1877 🌐
HIST 17B	United States History, 1877-Present 🌐
NURS 10	Health Care: Issues and Delivery Systems
POLS 1	Essentials Of Government
POLS 1H	Honors Government
POLS 35	World Politics
PSYC 2	Introductory Psychology
RPTA 33	Race, Class Gender and Leisure
SOC 1	Principles of Sociology
SOC 3	Social Problems
SOC 10	Issues in Crime and Social Control
WGS 50	
WGS 75	Introduction to Disability Studies
<i>Upper Division</i>	
ANTH 101	Cultural Diversity 🌐
ANTH 102	The Nature of Culture ✍️
ANTH 143	Culture and Society in Mexico
ANTH 147	Peoples of Southeast Asia
ANTH 149	Cultures of South Asia
ANTH 183	Women Cross-Culturally
ANTH 186	Culture and Poverty ✍️🌐
CHDV 145	
COMS 152	Freedom Of Speech
CRJ 111	Women and the Criminal Justice System
CRJ 112	Gangs and Threat Groups in America
CRJ 114	Sexual Offenses and Offenders
CRJ 115	Violence and Terrorism
CRJ 116	Restorative Justice and Conflict Resolution
CRJ 117	American Criminal Justice and Minority Groups 🌐
CRJ 118	Drug Abuse and Criminal Behavior
ECON 181	Economics of Racism 🌐
EDUC 160	Urban Education ✍️🌐
EDUC 165	Sex Role Stereotyping in American Education ✍️🌐
ENGR 105	Sustainable Design and Construction
ENVS/HIST 165	American Environmental History
ETHN 100	Ethnic America ✍️🌐
ETHN 110	The Asian American Experience
ETHN 112	Contemporary Asian American Issues
ETHN 113	Asian American Communities
ETHN 114	Asian Americans and Globalization
ETHN 116	Asian American Politics and Public Policy
ETHN 122	Sikh Americans and Globalization
ETHN 130	Chicano/Mexican-American Experience
ETHN 131	La Raza Studies 🌐
ETHN 136	US Mexican Border Relations
ETHN 137	Race and Ethnicity in Latin America and Caribbean
ETHN 140	Native American Experience

ETHN/POLS 141	Politics of the African Diaspora 🌐
ETHN 142	Native American Tribal Governments
ETHN 155	Genocide and Holocaust Studies
ETHN 170	Pan African Studies
FASH 137	Clothing, Society, and Culture
FSHD 150	Family Stress and Coping: Multicultural Focus ✍️🌐
GEOG 145	Population Geography
GEOL 140	Geology and the Environment ✍️
GERO 100	Aging Issues in Contemporary America
HIST 102A	Culture and Language in Modern Greece, 1821-1909
HIST 102B	Culture and Language in Modern Greece, 1909-Present
HIST 119	Europe Since 1945
HIST 130	The Fall Of Communism
HIST 135B	Revolutionary and Modern Mexico
HIST 136	Spanish Civil War
HIST 138A	Colonial Latin America
HIST 138B	Modern and Contemporary Latin America
HIST 141	History of Africa Since 1800
HIST 143B	The Modern Middle East
HIST 146B	Modern Japan, 1800-present
HIST 148B	China, 1600 to Present
HIST 159	History of US Foreign Relations
HIST 161	The American Vision
HIST 162	Social History of the United States
HIST 163	The City in US History
HIST 167	History of American Women
HIST 173	The History of the Civil Rights Movement: From Reconstruction to Deconstruction, 1865-Present 🌐
HIST 174A	History of Disability in the United States
HIST 175A	Sex, Population, and Birth Control in America
HIST 177	The African-American Experience, 1603-Present 🌐
HIST 178	Mexican-American History 🌐
HRS 185	Women in Film and American Culture
INTD 125	Urban Design and Society
JOUR/POLS 134	War, Peace and the Mass Media
JOUR 172	Women in the Mass Media
LBRS 100/SOC 176	Labor and the American Social Structure ✍️
MGMT 117	Business, Ethics and Society ✍️
NURS 160	Human Sexuality
PHIL 101	Ethics and Social Issues ✍️
PHIL 103	Business and Computer Ethics
PHIL 104	Bioethics
PHIL 105	Science and Human Values ✍️
POLS 113	American Political Thought
POLS/JOUR 134	War, Peace and the Mass Media
POLS/ETHN 141	Politics of the African Diaspora 🌐

POLS 142	Government and Politics in Africa
POLS 143	Causes of War, Causes of Peace
POLS 144	European Politics
POLS 147	Latin American Government and Politics
POLS 148	Governments and Politics in the Middle East
POLS 150	American Governments
POLS 163	Introduction to Black Politics in the U.S. 🌐
POLS 165	Politics of the Underrepresented ✍️🌐
POLS 169A	Science, Technology, and Politics
POLS 180	California State and Local Government
PSYC 135	Psychology of Multicultural Groups 🌐
PSYC 137	Stress Management
PUBH 114	Human Ecology and Health
SOC 106	Births, Deaths and Borders
SOC 118	Chicano Community 🌐
SOC 120	Ethnic and Race Relations 🌐
SOC 126	Sociology of Gender
SOC 139	Animals in Society
SOC 155	Criminology
SOC 156	Delinquency
SOC 163	Conflict, Oil and Development in the Middle East
SOC 164	Sociology of Globalization
SPAN 129	Spanish Civil War
SWRK 102	Crosscultural Theory and Practice: Issues of Race, Gender and Class 🌐
SWRK 126	Theories of Criminal Behavior ✍️
SWRK 134	Crimes Without Victims
SWRK 136	Poverty and Homelessness in America
SWRK 150	Welfare In America
SWRK 151	Health Services and Systems
SWRK 191	Exploration of Veteran Studies: An Ethnographic Approach ✍️
WGS 85	
WGS 110	
WGS 120	
WGS 136	
WGS 137	
WGS 138	
WGS 139	
Total Units	12

Area E: Understanding Personal Development (p. 8) (3 Units)

Only a single one-unit KINS activity course may be applied to this area. A one-unit KINS course cannot be combined with a two-unit DNCE course to meet this requirement. KINS 99 may be taken concurrently with any 1 unit KINS activity course for a total of 3 units of Area E GE credit.

Code	Title	Units
Select one from the following:		
ALS 21	First Year Seminar: Becoming an Educated Person	3
ANTH 21	Freshman Seminar: Becoming an Educated Person	

EDUC 21	First Year Seminar: Becoming an Educated Person
CHDV 30	
CHDV 35	
COMS 21	First Year Seminar: Becoming an Educated Person
CRJ 21	First Year Seminar: Becoming an Educated Person
CSC 21	First Year Seminar: Becoming an Educated Person
DNCE 21	First Year Seminar: Becoming an Educated Person
ENGL 21	First Year Seminar: Becoming an Educated Person
ENVS 21	First Year Seminar: Becoming an Educated Person
ETHN 21	First Year Seminar: Becoming an Educated Person
FSHD 52	The Child In The Family
GERO 21	First Year Seminar: Becoming an Educated Person
GNST 21	First Year Seminar: Becoming an Educated Person
HIST 21	First Year Seminar: Becoming an Educated Person
HONR 1	First Year Seminar: Education, Self-Examination, and Living
HRS 21	First Year Seminar: Becoming an Educated Person
ID 21	First Year Seminar: Becoming an Educated Person
KINS 21	First Year Seminar: Becoming an Educated Person
MGMT 21	First Year Seminar: Becoming an Educated Person
MUSC 21	First Year Seminar: Becoming an Educated Person
NSM 21	First Year Seminar: Becoming an Educated Person
NUFD 10	Nutrition And Wellness
NURS 21	First Year Seminar: Becoming an Educated Person
PHIL 21	First Year Seminar: Becoming an Educated Person
PHOT 20	The Photographic Self
PUBH 50	Healthy Lifestyles
RPTA 21	First Year Seminar: Becoming an Educated Person
RPTA 32	Leadership and Group Development
RPTA 34	The Outdoor Recreation Experience
THEA 21	First Year Seminar: Becoming an Educated Person
WLL 21	First Year Seminar: Becoming an Educated Person
Total Units	3

Upper Division GE Courses (Areas B, C, and D) (p. 8)

Code	Title	Units
<i>Area B</i>		
ANTH 159	Forensic Anthropology	
ASTR 131	The Solar System and Space Exploration ✍️	
ASTR 132	Stars, Galaxies and Cosmology ✍️	
BIO 105	Life in the Ocean	
BIO 109	Biology of Dinosaurs	
CHDV 143		
ENVS 163	Ethnoecology	
GEOG 111	Elements Of Meteorology	
GEOG 113	Climate	
GEOG 115	Biogeography	
GEOG 116	Global Climate Change	
GEOG 119	Visualizing Global Environments	
GEOL 115	Volcanoes: An Introduction	
GEOL 130	Oceanography	

GEOL 170	Age of Dinosaurs	ETHN 145	Native Voice, Memory, and Biography ✍
HIST 104A	Ancient Science	ETHN 150	Native American Oral Tradition and Storytelling
HIST 107	History of the Physical Sciences	ETHN 171	African Religions and Philosophies
KINS 150	Exercise and Sport Physiology	ETHN/ENGL 180A	Forms of African-American Poetry ✍
NUFD 112	Current Topics in Nutritional Sciences ✍	ETHN/ENGL 180B	Forms African-Am Fiction ✍
NUFD 113	Nutrition And Metabolism	FREN 120	French Civilization
NURS 168	The Brain and Gender-Related Differences	GERM 140	Heroes, Dragons and Quests
PHIL 125	Philosophy Of Science	GERM 141	German Mythology and Legend
PHYS 181	Modern Physics for Everyone	GERM 142	German Folk Literature, Legend, and Lore
PHYS 182	Physics of Sports	GERM 143	King Arthur and the Knights of the Round Table in Germany
PHYS 187	Seeing the Light	GERM 150	German Civilization: Beginning to 16th Century
PHSC 107	History of the Physical Sciences	GERM 151	German Civilization: 17th Century to Present
WGS 133		HIST 103	Mediterranean Europe: From the Renaissance to the European Union
Area C			
ALS 151	The Studio: Explorations in Arts and Letters	HIST 105	Great Ages and Issues in Modern European History ✍
ANTH 121	Archaeology of Mexico	HIST 106	Everyday Life and Society in Antiquity ✍
ANTH 134	Japanese Culture and Society	HIST 109	History of Modern Greece
ANTH 166	Rise of Religious Cults	HIST 110	The Ancient Near East: A Cultural History
ANTH/HRS 170	The Religious Landscape of the Sacramento Valley ✍	HIST 111	Ancient Greece
ART 111	Latin American and Latino Art History ✍	HIST 112	Ancient Rome
ART 117A	Art of India and Southeast Asia	HIST 113	Early Medieval Europe
ART 117B	Art of China and Japan	HIST 116	Europe, 1648-1815, The Age of Revolution
ASIA/HIST 140	Modern East Asian Cinema ✍ ⁵	HIST 122A	History of Women in Western Civilization, Prehistory-Middle Ages ✍
CHDV 141		HIST 122B	History of Women in Western Civilization, Renaissance-Present ✍
CHIN 120	Chinese Civilization	HIST/HRS 126	Evolution of Christianity to the Reformation
DNCE 130	Appreciation and History of Dance	HIST/HRS 127	Evolution of Christianity Since the Reformation
DNCE 131	Dance Cultures Of America 🌐	HIST 129A	Medieval Russia
DNCE 132	African-Caribbean Dance 🌐	HIST 131	History of Sexuality in Comparative Perspective
ECON 112	European Economic History	HIST 135A	History Of Mexico To 1910
EDUC 121	Multicultural Children's Literature ✍🌐	HIST/ASIA 140	Modern East Asian Cinema ✍
ENGL 130M	Art of Autobiography ✍	HIST 142	History of Women in Africa
ENGL 140M	Modern British Drama, 1889-Present ✍	HIST 143A	Middle Eastern History to 1800
ENGL 141A	The Essential Shakespeare ✍	HIST 146A	Cultural History of Japan to 1800
ENGL 150J	Twentieth-Century American Drama	HIST 146C	The History of Manga
ENGL 165D	Postcolonial Literature ✍	HIST/HRS 147	History of Buddhism
ENGL 170H	Introduction To Comedy ✍	HIST 148A	China: Antiquity to 1600 AD
ENGL 170I	Introduction To Tragedy ✍	HIST/HRS 168	Images Of America ✍🌐
ENGL/ETHN 180A	Forms of African-American Poetry ✍	HIST/HRS 169	Hollywood and America
ENGL/ETHN 180B	Forms of African-American Fiction ✍	HRS 113	The Culture of Classical Greece
ENGL 180H	American Identities: In the Intersection of Race, Gender, and Ethnicity	HRS 114	The Culture of Classical Rome
ENGL 180J	Jewish American Literature	HRS 117	Paganism in the Roman World
ENGL 180L	Chicano Literature ✍	HRS 119	Classical Mythology
ENGL 180M	Asian American Literature ✍	HRS 120	Reason and Revelation: The Origins of Western Culture ✍
ENGL 180Z	Topics in Multi-Ethnic Literatures	HRS 121	Introduction to the Hebrew Bible/Old Testament
ENGL 191A	Masterpieces of the Cinema	HRS 121	Introduction to the Hebrew Bible/Old Testament
ENGL 185B	Twentieth Century Fiction by Women ✍	HRS 122	Introduction to the New Testament
ETHN 118	Asian American Women (WGS 118)		
ETHN 143	American Indians, Film and Popular Culture		

HRS/HIST 126	History of Christianity to the Reformation	
HRS/HIST 127	History of Christianity Since the Reformation	
HRS 131	Medieval Culture	
HRS 132	Renaissance ✎	
HRS 134	Baroque and the Enlightenment	
HRS 135	Romanticism and Revolution	
HRS 136	Birth Of The Modern	
HRS 137	Global Crossings: Art and Culture 1945 to Present	
HRS 141	Introduction To Judaism	
HRS 142	Introduction to Christianity	
HRS 144	Introduction To Islam	
HRS 145	Introduction to Islamic Cultures	
HRS/HIST 147	History of Buddhism	
HRS 148	African Arts and Cultures	
HRS 151	World Mythology	
HRS 152	Great Mystics of the World	
HRS 154	Food, Farming, and the Sacred	
HRS 155	Spirit and Nature	
HRS 161	Multicultural America 🌐	
HRS 162	American Space and Identity	
HRS/HIST 168	Images Of America ✎ 🌐	
HRS/HIST 169	Hollywood and America	
HRS/ANTH 170	The Religious Landscape of the Sacramento Valley ✎	
HRS 171	Introduction to the East Asian World	
HRS 172	The Classical Culture of China	
HRS 173	Chinese Philosophy and Religion	
HRS 174	Modern Japanese Literature and Culture	
HRS 175	Zen Buddhism and Daoism	
HRS 176	The Confucian Tradition	
HRS 178A	India's Religions: Hindus & Buddhists	
HRS 179A	The Hindu Year: Fall	
HRS 179B	The Hindu Year: Spring	
HRS 181	Contemporary Issues in Film	
HRS 183	World Religions and Cultures in Cinema	
HRS 188	Fantasy and Romance	
ITAL 104A	Introduction to Italian Cinema I	
ITAL 130	Italian Civilization: The Dialogue Form It's Origins and European Context	
JAPN 120	Japanese Civilization	
KINS 118A	Martial Arts: Karate 🌐	
KINS 118B	Martial Arts: Tae Kwon Do 🌐	
KINS 118C	Martial Arts: Tai Chi 🌐	
MUSC 118B	American Popular Music: Jazz History	
MUSC 118C	History of Rock Music	
MUSC 118D	Hip-Hop in Urban America	
MUSC 119A	World Music: Asia	
MUSC 119B	World Music: Africa	
MUSC 119C	World Music: Latin America	
MUSC 127	The American Musical Theater ✎	
MUSC 129	American Society and Its Music ✎	
NURS 120	Nursing Application of Research and Critical Analysis ✎	
NURS 179	Professional Communication and Reasoning Development ✎	
PHIL 102	Professional and Public Service Ethics	
PHIL 112	History Of Ethics ✎	
PHIL 115	Philosophy of Literature and Film ✎	
PHIL 117	Existentialism ✎	
PHIL 122	Political Philosophy	
PHIL 131	Philosophy Of Religion	
PHIL 136	Philosophy Of Art	
PHIL 145A	Chinese Philosophy ✎	
PHIL 145B	Philosophies Of India ✎	
RUSS 120	Russian Civilization	
SOC 135	Sociology of Popular Culture	
SOC 160	Asian Societies	
SOC 162	Middle Eastern Societies and Culture	
THEA 115A	Multicultural Puppetry 🌐	
THEA 140	Black Drama in the African Diaspora	
THEA 144	Women and Theatre: Staging Diversity 🌐 (WGS 144)	
THEA 170	African American Theatre and Culture ✎	
THEA 173	Contemporary Chicano/Latino Theatre: Themes and Performance 1965-Present	
THEA 174	Multicultural Perspectives in American Theatre 🌐	
THEA 175	Multicultural Perspectives in American Film 🌐	
WGS 118		
WGS 121		
WGS 144		
WGS 145		
WGS 146		
<i>Area D</i>		
ANTH 101	Cultural Diversity 🌐	
ANTH 102	The Nature of Culture ✎	
ANTH 143	Culture and Society in Mexico	
ANTH 147	Peoples of Southeast Asia	
ANTH 149	Cultures of South Asia	
ANTH 183	Women Cross-Culturally	
ANTH 186	Culture and Poverty ✎ 🌐	
CHDV 145		
COMS 152	Freedom Of Speech	
CRJ 111	Women and the Criminal Justice System	
CRJ 112	Gangs and Threat Groups in America	
CRJ 114	Sexual Offenses and Offenders	
CRJ 115	Violence and Terrorism	
CRJ 116	Restorative Justice and Conflict Resolution	
CRJ 117	American Criminal Justice and Minority Groups 🌐	
CRJ 118	Drug Abuse and Criminal Behavior	
ECON 181	Economics of Racism 🌐	
EDUC 160	Urban Education ✎ 🌐	
EDUC 165	Sex Role Stereotyping in American Education ✎ 🌐	
ENGR 105	Sustainable Design and Construction	

ENVS/HIST 165	American Environmental History	LBRS 100/ SOC 176	Labor and the American Social Structure ✍
ETHN 100	Ethnic America ✍🌐	MGMT 117	Business, Ethics and Society ✍
ETHN 110	The Asian American Experience	NURS 160	Human Sexuality
ETHN 112	Contemporary Asian American Issues	PHIL 101	Ethics and Social Issues ✍
ETHN 113	Asian American Communities	PHIL 103	Business and Computer Ethics
ETHN 114	Asian Americans and Globalization	PHIL 104	Bioethics
ETHN 116	Asian American Politics and Public Policy	PHIL 105	Science and Human Values ✍
ETHN 122	Sikh Americans and Globalization	POLS 113	American Political Thought
ETHN 130	Chicano/Mexican-American Experience	POLS/JOUR 134	War, Peace and the Mass Media
ETHN 131	La Raza Studies 🌐	POLS/ETHN 141	Politics of the African Diaspora 🌐
ETHN 136	US Mexican Border Relations	POLS 142	Government and Politics in Africa
ETHN 137	Race and Ethnicity in Latin America and Caribbean	POLS 143	Causes of War, Causes of Peace
ETHN 140	Native American Experience	POLS 144	European Politics
ETHN/POLS 141	Politics of the African Diaspora 🌐	POLS 147	Latin American Government and Politics
ETHN 142	Native American Tribal Governments	POLS 148	Governments and Politics in the Middle East
ETHN 155	Genocide and Holocaust Studies	POLS 150	American Governments
ETHN 170	Pan African Studies	POLS 163	Introduction to Black Politics in the U.S. 🌐
FSHD 150	Family Stress and Coping: Multicultural Focus ✍🌐	POLS 165	Politics of the Underrepresented ✍🌐
FASH 137	Clothing, Society, and Culture	POLS 169A	Science, Technology, and Politics
GEOG 145	Population Geography	POLS 180	California State and Local Government
GEOL 140	Geology and the Environment ✍	PSYC 135	Psychology of Multicultural Groups 🌐
GERO 100	Aging Issues in Contemporary America	PSYC 137	Stress Management
HIST 119	Europe Since 1945	SOC 106	Births, Deaths and Borders
HIST 130	The Fall Of Communism	SOC 118	Chicano Community 🌐
HIST 135B	Revolutionary and Modern Mexico	SOC 120	Ethnic and Race Relations 🌐
HIST 136	Spanish Civil War	SOC 126	Sociology of Gender
HIST 138A	Colonial Latin America	SOC 139	Animals in Society
HIST 138B	Modern and Contemporary Latin America	SOC 155	Criminology
HIST 141	History of Africa Since 1800	SOC 156	Delinquency
HIST 143B	The Modern Middle East	SOC 163	Conflict, Oil and Development in the Middle East
HIST 146B	Modern Japan, 1800-present	SOC 164	Sociology of Globalization
HIST 148B	China, 1600 to Present	SOC 176	Labor and the American Social Structure ✍
HIST 159	History of US Foreign Relations	SPAN 129	Spanish Civil War
HIST 161	The American Vision	SWRK 102	Crosscultural Theory and Practice: Issues of Race, Gender and Class 🌐
HIST 162	Social History of the United States	SWRK 126	Theories of Criminal Behavior ✍
HIST 163	The City in US History	SWRK 134	Crimes Without Victims
HIST 165	American Environmental History	SWRK 136	Poverty and Homelessness in America
HIST 167	History of American Women	SWRK 150	Welfare In America
HIST 173	The History of the Civil Rights Movement: From Reconstruction to Deconstruction, 1865-Present 🌐	SWRK 151	Health Services and Systems
HIST 175A	Sex, Population, and Birth Control in America	SWRK 191	Exploration of Veteran Studies: An Ethnographic Approach ✍
HIST 177	The African-American Experience, 1603-Present 🌐	WGS 85	
HIST 178	Mexican-American History 🌐	WGS 110	
PUBH 114	Human Ecology and Health	WGS 120	
HRS 185	Women in Film and American Culture	WGS 136	
INTD 125	Urban Design and Society	WGS 137	
JOUR/POLS 134	War, Peace and the Mass Media	WGS 138	
JOUR 172	Women in the Mass Media	WGS 139	

Additional Graduation Requirements (p. 12)

The 48-unit General Education requirement does not include the following two graduation requirements:

- Second semester composition (ENGL 20, ENGL 20M or an approved equivalent) must be completed with a grade of C- or better.
- Foreign language graduation requirement may be met by successfully completing appropriate coursework or passing proficiency exams. With a grade of "C-" or better, the following second semester or equivalent college-level language courses may satisfy both GE Area C2 units and the Foreign Language Requirement:

Code	Title	Units
CHIN 1B	Elementary Mandarin	5
DEAF 52	American Sign Language 2	4
FREN 1B	Elementary French	4
FREN 2A	Intermediate French	4
GERM 1B	Elementary German	4
ITAL 1B	Elementary Italian	4
JAPN 1B	Elementary Japanese	5
KORN 1B	Elementary Korean 1B	5
PUNJ 1B	Elementary Punjabi	4
RUSS 1B	Elementary Russian	5
SPAN 1B	Elementary Spanish	4

American Institutions (p. 12)

This requirement may be fulfilled by completing one Government and one US History course from the following list. The courses below also satisfy Area D units. In addition, students have the option of taking challenges in US History, US Constitution and California State and Local Government.

For details on challenges exam, please visit the Department of World Languages and Literatures website (<https://www.csus.edu/college/arts-letters/world-languages-literatures/foreign-language-requirement.html>).

US History

Code	Title	Units
ANTH 101	Cultural Diversity 🌐	3
HIST 15H	Major Problems in U.S. History 🌐	3
HIST 17A	United States History, 1607-1877 🌐	3
HIST 17B	United States History, 1877-Present 🌐	3
HIST 159	History of US Foreign Relations	3
HIST 161	The American Vision	3
HIST 162	Social History of the United States	3
HIST 167	History of American Women	3
HIST 177	The African-American Experience, 1603-Present 🌐	3
WGS 110		

US Constitution and CA Government

Code	Title	Units
POLS 1	Essentials Of Government	3
POLS 113	American Political Thought	3
POLS 150	American Governments	3

CA Government (California State and Local Government does not meet the U.S. Constitution requirement included in other government

courses listed above but may be used by students who have taken a U.S. Constitution course outside of California. It fulfills the state and local government requirement only).

Code	Title	Units
POLS 180	California State and Local Government	3

Race & Ethnicity in American Society (p.) (3-unit Supervenient Requirement)

These courses also meet specific GE requirements in Areas C-E. One of these courses is required for students with catalog rights beginning Fall 1990 or later. The course may also be applied to the Area requirements.

Code	Title	Units
<i>Lower Division</i>		
ETHN 11	Introduction to Ethnic Studies	3
ETHN 11H	Introduction to Ethnic Studies (Honors)	3
ETHN 30	Introduction to Chicano/Latino Studies	3
FSHD 50	The Family and Social Issues 🌐	3
HIST 15H	Major Problems in U.S. History 🌐	3
HIST 17A	United States History, 1607-1877 🌐	3
HIST 17B	United States History, 1877-Present 🌐	3
<i>Upper Division</i>		
ANTH 101	Cultural Diversity 🌐	3
ANTH 186	Culture and Poverty 🌐🌐	3
CHDV 145		
CRJ 117	American Criminal Justice and Minority Groups 🌐	3
DNCE 131	Dance Cultures Of America 🌐	3
DNCE 132	African-Caribbean Dance 🌐	3
ECON 181	Economics of Racism 🌐	3
EDUC 121	Multicultural Children's Literature 🌐🌐	3
EDUC 160	Urban Education 🌐🌐	3
EDUC 165	Sex Role Stereotyping in American Education 🌐🌐	3
ENGL/ETHN 180B	Forms of African-American Fiction 🌐	4
ENGL 180H	American Identities: In the Intersection of Race, Gender, and Ethnicity	4
ENGL 180M	Asian American Literature 🌐	4
ETHN 100	Ethnic America 🌐🌐	3
ETHN 131	La Raza Studies 🌐	3
ETHN 133	Crosscultural Aging in America 🌐	3
ETHN/POLS 141	Politics of the African Diaspora 🌐	3
FSHD 150	Family Stress and Coping: Multicultural Focus 🌐🌐	3
HIST/HRS 168	Images Of America 🌐🌐	3
HIST 173	The History of the Civil Rights Movement: From Reconstruction to Deconstruction, 1865-Present 🌐	3
HIST 177	The African-American Experience, 1603-Present 🌐	3
HIST 178	Mexican-American History 🌐	3
HRS 161	Multicultural America 🌐	3
KINS 118A	Martial Arts: Karate 🌐	3
KINS 118B	Martial Arts: Tae Kwon Do 🌐	3

KINS 118C	Martial Arts: Tai Chi 🌐	3
POLS 163	Introduction to Black Politics in the U.S. 🌐	3
POLS 165	Politics of the Underrepresented 🌐🌐	3
PSYC 135	Psychology of Multicultural Groups 🌐	3
SOC 118	Chicano Community 🌐	3
SOC 120	Ethnic and Race Relations 🌐	3
SWRK 102	Crosscultural Theory and Practice: Issues of Race, Gender and Class 🌐	3
THEA 115A	Multicultural Puppetry 🌐	3
THEA 144	Women and Theatre: Staging Diversity 🌐 (WGS 144)	3
THEA 174	Multicultural Perspectives in American Theatre 🌐	3
THEA 175	Multicultural Perspectives in American Film 🌐	3
WGS 136		
WGS 137		

Writing Intensive (p. 13) (3-unit Supervenient Requirement)

One Writing Intensive course, i.e., a course with comprehensive writing assignments (minimum 5,000 words) is required. This requirement may be met either with a specifically marked GE courses or, in certain majors, with a course required for the major. (Writing Intensive courses taken to meet major requirements do not apply to the nine-unit upper division requirement in GE.) Prerequisite: Completion of GE Areas A2, A3, second semester composition (ENGL 20), junior standing, and ENGL 109M/ ENGL 109W. Students who take the WPJ instead of initially taking ENGL 109M/ ENGL 109W must score 70, 71, or 80. Students with a lower WPJ score will have to complete other prerequisites determined by their score. Successful completion of the writing intensive course with a grade of C- or better certifies the Graduation Writing Assessment Requirement (GWAR).

Code	Title	Units
ANTH 102	The Nature of Culture 🌐	3
ANTH/HRS 170	The Religious Landscape of the Sacramento Valley 🌐	3
ANTH 186	Culture and Poverty 🌐🌐	3
ART 111	Latin American and Latino Art History 🌐	3
ASIA/HIST 140	Modern East Asian Cinema 🌐	3
ASTR 131	The Solar System and Space Exploration 🌐	3
ASTR 132	Stars, Galaxies and Cosmology 🌐	3
COMS 100B	Rhetoric and Social Influence 🌐	3
CHDV 145		3
CRJ 190	Contemporary Issues in Criminal Justice 🌐	3
EDUC 121	Multicultural Children's Literature 🌐🌐	3
EDUC 160	Urban Education 🌐🌐	3
EDUC 165	Sex Role Stereotyping in American Education 🌐🌐	3
ENGL 100Z	Topics in Literary Theory and Criticism 🌐	4
ENGL 120C	Topics in Composition 🌐	4
ENGL 120P	Professional Writing 🌐	4
ENGL 120R	Topics in Rhetoric 🌐	4
ENGL 130M	Art of Autobiography 🌐	4
ENGL 140M	Modern British Drama, 1889-Present 🌐	4

ENGL 141A	The Essential Shakespeare 🌐	4
ENGL 150B	American Romanticism 🌐	4
ENGL 165D	Postcolonial Literature 🌐	4
ENGL 170H	Introduction To Comedy 🌐	4
ENGL 170I	Introduction To Tragedy 🌐	4
ENGL/ETHN 180A	Forms of African-American Poetry 🌐	4
ENGL/ETHN 180B	Forms of African-American Fiction 🌐	4
ENGL 180L	Chicano Literature 🌐	4
ENGL 180M	Asian American Literature 🌐	4
ENGL 185B	Twentieth Century Fiction by Women 🌐	4
ENVS 112	International Environmental Problems 🌐	3
ETHN 100	Ethnic America 🌐🌐	3
ETHN 145	Native Voice, Memory, and Biography 🌐	3
FSHD 150	Family Stress and Coping: Multicultural Focus 🌐🌐	3
GEOG 190	Senior Research Seminar in Geography 🌐	3
GEOL 140	Geology and the Environment 🌐	3
HIST 105	Great Ages and Issues in Modern European History 🌐	3
HIST 106	Everyday Life and Society in Antiquity 🌐	3
HIST 122A	History of Women in Western Civilization, Prehistory-Middle Ages 🌐	3
HIST 122B	History of Women in Western Civilization, Renaissance-Present 🌐	3
HIST/HRS 168	Images Of America 🌐🌐	3
HRS 120	Reason and Revelation: The Origins of Western Culture 🌐	3
HRS 132	Renaissance 🌐	3
JOUR 135	Public Affairs Reporting 🌐	3
KINS 133	Integration of Concepts 🌐	3
LBRS 100/ SOC 176	Labor and the American Social Structure 🌐	3
MGMT 117	Business, Ethics and Society 🌐	3
MUSC 110	Research in Music History 🌐	3
MUSC 127	The American Musical Theater 🌐	3
MUSC 129	American Society and Its Music 🌐	3
NUFD 112	Current Topics in Nutritional Sciences 🌐	3
NURS 120	Nursing Application of Research and Critical Analysis 🌐	3
NURS 179	Professional Communication and Reasoning Development 🌐	3
PHIL 101	Ethics and Social Issues 🌐	3
PHIL 105	Science and Human Values 🌐	3
PHIL 112	History Of Ethics 🌐	3
PHIL 115	Philosophy of Literature and Film 🌐	3
PHIL 117	Existentialism 🌐	3
PHIL 145A	Chinese Philosophy 🌐	3
PHIL 145B	Philosophies Of India 🌐	3
POLS 165	Politics of the Underrepresented 🌐🌐	3
RPTA 122	Perspectives On Leisure 🌐	3

SOC 133	Sport in a Global Perspective 	3
SOC 168	Self and Society 	3
SWRK 126	Theories of Criminal Behavior 	3
SWRK 191	Exploration of Veteran Studies: An Ethnographic Approach 	3
THEA 170	African American Theatre and Culture 	3
WGS 136		
WGS 138		

General Education Policies

- All upper division GE courses require at least second semester sophomore standing (45 units) and completion of all GE Area A courses as prerequisites.
- At least 9 units must be chosen from upper division GE courses (100-199) and at least 9 units must be taken in residence at Sacramento State (these units may overlap).
- Each course taken to satisfy the Area A Basic Subjects and Area B4 Quantitative Reasoning must be completed with a grade of "C-" or higher.
- A 2.0 cumulative GPA is required in General Education.

Overlap Between General Education and Majors/Minors (Fall 1992 - Spring 2013)

General Education requirements include five areas (A-E) in which you must take courses (area requirements), a nine-unit upper division requirement, a Race and Ethnicity requirement, and a Writing Intensive requirement. The overlap possibilities among these four aspects of General Education are outlined below. Students needing help applying these overlap policies are encouraged to seek advising through their College Advising Centers or through an advisor in the Academic Advising Center, Lassen Hall 1012.

1. A maximum of nine units of coursework from your major department may also be applied to the General Education requirements.
2. The Race and Ethnicity requirement can be met with an upper or lower division course from a student's major or major department. Example: A Social Work major can use SWRK 102 to meet the Race and Ethnicity requirement.
3. The Writing Intensive requirement can be met with a course from the major or major department in specified majors, but not in all majors.
4. There is no restriction on the overlap of courses between GE and minor requirements*

Note: For Business Administration majors, substitute "College of Business" for "major department." For Social Science majors, substitute "History" for "major department."

Overlap Between General Education and Majors/Minors (Fall 2013 and Later)

General Education requirements include five areas (A-E) in which you must take courses (area requirements), a nine-unit upper division requirement, a Race and Ethnicity requirement, and a Writing Intensive requirement. The overlap possibilities among these four aspects of General Education are outlined below. Students needing help applying these overlap policies are encouraged to seek advising through their College Advising Centers or through an advisor in the Academic Advising Center, Lassen Hall 1012.

1. There is no university restriction on the overlap of courses between GE and coursework approved for GE from your major department.
2. The Race and Ethnicity requirement can be met with an upper or lower division course from a student's major or major department. Example: A Social Work major can use SWRK 102 to meet the Race and Ethnicity requirement.
3. The Writing Intensive requirement can be met with a course from the major or major department in specified majors, but not in all majors.
4. There is no restriction on the overlap of courses between GE and minor requirements

Transfer Students

Transfer students who have completed lower division General Education requirements at a California Community College, including those certified under the Intersegmental General Education Transfer Core Curriculum (IGETC), and/or those in receipt of an Associate Degree for Transfer (ADT), are required to complete 9 units of upper division GE at Sacramento State, meet the foreign language proficiency graduation requirement, meet the state "code" requirements in U.S. History, American and California Government, and the writing intensive requirement. These 9 units may or may not include the writing intensive requirement, depending on the policy of the student's major department. Students who have not completed an approved course for the "Race and Ethnicity in American Society" category at a community college must take a course in this category at Sacramento State. In addition, all transfer students, except those fully certified as having completed the IGETC core curriculum, must complete the required second semester writing course or an approved course at a community college.

Note: Foreign Language Proficiency Requirement - If not satisfied before entering Sacramento State, it may be satisfied in General Education Area C2 (Humanities). "C- or higher required." The alternative methods for satisfying the Foreign Language Proficiency Requirement are described here (<http://www.csus.edu/wll/for-students/graduation-requirement.html/>).

For more information about IGETC requirements and/or Associate Degrees for Transfer, contact your community college counselor.