

# BS IN FAMILY AND CONSUMER SCIENCES

Units required for Subject Matter Program: 50

Total units required for BS: 120

## Program Description

The BS in Family and Consumer Sciences provides breadth among the disciplines of Family and Consumer Sciences, drawing from Nutrition and Food, Fashion Merchandising and Management and Family Studies and Human Development. Graduates are prepared to enter the Single Subject Teaching Credential Program required to teach Family and Consumer Sciences/Home Economics in middle and high schools. Completion of the degree meets the single subject content requirement for a subsequent teaching credential with a waiver of the CSET (California Subject Examinations for Teachers). For students who want to earn their teaching credential from Sacramento State, it is possible to finish the prerequisite courses while completing this degree to avoid additional out of pocket tuition and fees. To learn more about the prerequisite requirements for the Sacramento State teaching credential program please visit: <https://www.csus.edu/college/education/teaching-credentials/apply.html> and contact the College of Education Student Success Center

## Career Opportunities

- Family and Consumer Sciences/Home Economics Careers and Technology
- Teacher in middle or high school
- Adult education instructor in Family and Consumer Sciences/Home Economics
- ROP Teacher in Family and Consumer Sciences/Home Economics related programs
- Education extension specialist with County or the University of California
- Family and Consumer Sciences Specialist
- Family and Consumer Sciences Consultant

## Minimum Grade Requirement

A minimum grade of "C-" for all courses (regardless of prerequisite status) is required. This is also a requirement for admission into Sacramento State's teacher preparation programs.

## Program Requirements

Code	Title	Units
<b>Required Lower Division Courses (27 Units)</b>		
FASH 30	Fashion and Human Environment <sup>1</sup>	3
FASH 32	Fundamentals of Apparel Production	3
FSHD 50	The Family and Social Issues <sup>1</sup>	3
FSHD 52	The Child In The Family <sup>1</sup>	3
or CHAD 30	Human Development	
or CHAD 35	Child and Adolescent Development	
INTD 15	Introduction to Interior Design <sup>1</sup>	3
NUFD 9	Food Safety and Sanitation	3
NUFD 10	Nutrition And Wellness <sup>1</sup>	3
NUFD 11	Principles of Food Preparation	3

STAT 1	Introduction to Statistics <sup>1</sup>	3
or SOC 8	Sense and Nonsense in Social Issues and Research	
<b>Required Upper Division Courses (23 Units)</b>		
FACS 100	Research: Methods and Application in Family and Consumer Sciences	3
FACS 140	Family Resource Management	3
FACS 141	Family Finance	3
FACS 168	Senior Seminar	3
FACS 195A	Field Study: Selected Areas in Family and Consumer Sciences	1
FASH 130	History Of Western Fashion <sup>1</sup>	3
or FASH 137	Clothing, Society, and Culture	
FSHD 154	Issues in Parenting	3
or FSHD 155	Family Life Education	
NUFD 110	Food Production and Sustainability	4
<b>Total Units</b>		<b>50</b>

<sup>1</sup> Course also satisfies General Education (GE)/Graduation Requirement.

## General Education Requirements <sup>1</sup>

Code	Title	Units
<b>Area A: Basic Subjects (9 units) (9 Units)</b>		
A1	Oral Communication	3
A2	Written Communication	3
A3	Critical Thinking <sup>2,3</sup>	3
<b>Area B: Physical Universe and Its Life Forms (9 lower division units and 3 upper division units) (13 Units)</b>		
B1	Physical Science	3
B2	Life Forms	3
B3	Lab (Note: Lab experience to be taken with one of the following: B1, B2 or B5)	1
B4	Mathematics/Quantitative Reasoning <sup>3</sup>	3
B5	Upper-division Area B	3
<b>Area C: Arts and Humanities (9 lower division units and 3 upper division units) (12 Units)</b>		
C1	Arts <sup>2</sup>	3
C2	Humanities	3
C1/C2	Additional course from area C1 or C2	3
C1/C2	Upper division area C	3
<b>Area D: The Individual and Society (6 lower division units and 3 upper division units) (9 Units)</b>		
Area D Course <sup>2</sup>		3
Area D Course <sup>2</sup>		3
Area D upper division area D <sup>2</sup>		3
<b>Area E: Understanding Personal Development (3 Units)</b>		
Area E Course <sup>2</sup>		3
<b>Area F: Ethnic Studies (3 lower division units)</b>		
F.	Any Area F course	
<b>Total Units</b>		<b>46</b>

<sup>1</sup> To help you complete your degree in a timely manner and not take more units than absolutely necessary, there are ways to use single courses to meet more than one requirement (overlap). For further information,

please visit the General Education page (<http://catalog.csus.edu/colleges/academic-affairs/general-education/>).

**Note:** There is no way to list all possible overlaps so please consult with a professional advisor. The Academic Advising Center can be visited online (<http://www.csus.edu/acad/>), by phone (916) 278-1000, or email ([advising@csus.edu](mailto:advising@csus.edu)).

<sup>2</sup> Required in Major; also satisfies GE.

<sup>3</sup> Department offers students an "OR" option for SOC 8 and STAT 1:

- If student chooses to take SOC 8, they will meet Area A3 and will still be required to complete an Area B4 course.
- If student chooses to take STAT 1, they will meet Area B4 and will still be required to complete an Area A3 course.

## Graduation Requirements <sup>1</sup>

Code	Title	Units
<b>Graduation Requirements (required by CSU) (9 Units)</b>		
	American Institutions: U.S. History	3
	American Institutions: U.S. Constitution & CA Government	3
	Writing Intensive (WI)	3
<b>Graduation Requirements (required by Sacramento State) (9 Units)</b>		
	English Composition II	3
	Race and Ethnicity in American Society (RE) <sup>2</sup>	0
	Foreign Language Proficiency Requirement <sup>3</sup>	6

<sup>1</sup> To help you complete your degree in a timely manner and not take more units than absolutely necessary, there are ways to use single courses to meet more than one requirement (overlap). For further information, please visit the General Education page (<http://catalog.csus.edu/colleges/academic-affairs/general-education/>).

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<sup>2</sup> Required in Major; also satisfies Graduation Requirement.

<sup>3</sup> If not satisfied before entering Sacramento State, it may be satisfied in General Education Area C2 (Humanities). "C- or better required." The alternative methods for satisfying the Foreign Language Proficiency Requirement are described here: <https://www.csus.edu/college/arts-letters/world-languages-literatures/foreign-language-requirement.html>