

ARTS AND LETTERS (ALS)

ALS 21. First Year Seminar: Becoming an Educated Person. 3 Units
General Education Area/Graduation Requirement: Understanding Personal Development (E)
Term Typically Offered: Fall, Spring

Introduction to the nature and possible meanings of higher education, and the functions and resources of the University. Designed to help students develop and exercise fundamental academic success strategies and to improve their basic learning skills. Exploring majors in Arts and Letters and the careers they can lead to for freshmen considering a major in one of these disciplines. Provides students with the opportunity to interact with fellow students and the seminar leader and to build a community of academic and personal support.

ALS 39A. Special Problems for EOP Students. 1 - 3 Units
Term Typically Offered: Fall, Spring

Individually directed projects or tutorial instruction in a skill development area or in any subject matter to develop a specific academic skill (i.e., essay writing).

Credit/No Credit

ALS 52A. Acad Strategies-ALS: History 6. 1 Unit
Term Typically Offered: Fall, Spring

Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.

Note: May be repeated for credit.

Credit/No Credit

ALS 52B. Academic Strategies-ALS: History 17A. 1 Unit
Term Typically Offered: Fall, Spring

Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.

Note: May be repeated for credit.

Credit/No Credit

ALS 52C. Academic Strategies-ALS: History 17B. 1 Unit
Term Typically Offered: Fall, Spring

Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.

Note: May be repeated for credit.

Credit/No Credit

ALS 52D. Academic Strategies-ALS: History 50. 1 Unit
Term Typically Offered: Fall, Spring

Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.

Note: May be repeated for credit.

Credit/No Credit

ALS 52E. Academic Strategies-ALS: History 51. 1 Unit
Term Typically Offered: Fall, Spring

Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.

Note: May be repeated for credit.

Credit/No Credit

ALS 52F. Academic Strategies-ALS: Philosophy 4. 1 Unit
Term Typically Offered: Fall, Spring

Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.

Note: May be repeated for credit.

Credit/No Credit

ALS 52G. Academic Strategies - ALS: English 40A. 1 Unit

Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.

Note: May be repeated for credit.

Credit/No Credit

ALS 52H. Academic Strategies - ALS: History 7. 1 Unit

Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.

Note: May be repeated for credit.

Credit/No Credit

ALS 52J. Academic Strategies - ALS: English 40B. 1 Unit

Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.

Note: May be repeated for credit.

Credit/No Credit

ALS 52K. Academic Strategies - ALS: English 50A. 1 Unit

Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.

Note: May be repeated for credit.

Credit/No Credit

ALS 52L. Academic Strategies - ALS: English 50B. 1 Unit

Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.

Note: May be repeated for credit.

Credit/No Credit

ALS 52M. Academic Strategies - ALS: COMS 4. 1 Unit

Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.

Note: May be repeated for credit.

Credit/No Credit

ALS 53A. Academic Strategies-CBA: Accountancy 1. 1 Unit Term Typically Offered: Fall, Spring	ALS 56B. Academic Strategies-NSM: Biology 22. 1 Unit Term Typically Offered: Fall, Spring
<p>Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled. Note: May be repeated for credit.</p>	<p>Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled. Note: May be repeated for credit.</p>
Credit/No Credit	Credit/No Credit
ALS 53B. Academic Strategies-CBA: Accountancy 2. 1 Unit Term Typically Offered: Fall, Spring	ALS 56C. Academic Strategies-NSM: Chemistry 4. 1 Unit Term Typically Offered: Fall, Spring
<p>Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled. Note: May be repeated for credit.</p>	<p>Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled. Note: May be repeated for credit.</p>
Credit/No Credit	Credit/No Credit
ALS 53C. Academic Strategies-CBA: Decision Science 101. 1 Unit Term Typically Offered: Fall, Spring	ALS 56D. Academic Strategies-NSM: Chemistry 1A. 1 Unit Term Typically Offered: Fall, Spring
<p>Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled. Note: May be repeated for credit.</p>	<p>Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled. Note: May be repeated for credit.</p>
Credit/No Credit	Credit/No Credit
ALS 54A. Academic Strategies-ECS: Computer Science 15. 1 Unit Term Typically Offered: Fall, Spring	ALS 56E. Academic Strategies-NSM: Chemistry 1B. 1 Unit Term Typically Offered: Fall, Spring
<p>Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled. Note: May be repeated for credit.</p>	<p>Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled. Note: May be repeated for credit.</p>
Credit/No Credit	Credit/No Credit
ALS 54B. Academic Strategies-ECS: Computer Science 20. 1 Unit Term Typically Offered: Fall, Spring	ALS 56F. Academic Strategies-NSM: Chemistry 24. 1 Unit Term Typically Offered: Fall, Spring
<p>Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled. Note: May be repeated for credit.</p>	<p>Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled. Note: May be repeated for credit.</p>
Credit/No Credit	Credit/No Credit
ALS 55A. Academic Strategies-HHS: Criminal Justice 1. 1 Unit Term Typically Offered: Fall, Spring	ALS 56G. Academic Strategies-NSM: Chemistry 124. 1 Unit Term Typically Offered: Fall, Spring
<p>Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is currently enrolled. Note: May be repeated for credit.</p>	<p>Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled. Note: May be repeated for credit.</p>
Credit/No Credit	Credit/No Credit
ALS 56A. Academic Strategies-NSM: ASTR 4B. 1 Unit Term Typically Offered: Fall, Spring	ALS 56H. Academic Strategies-NSM: Chemistry 161. 1 Unit Term Typically Offered: Fall, Spring
<p>Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is currently enrolled. Note: May be repeated for credit.</p>	<p>Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled. Note: May be repeated for credit.</p>
Credit/No Credit	Credit/No Credit

ALS 56J. Academic Strategies-NSM: Environmental Science 10. 1 Unit
Term Typically Offered: Fall, Spring

Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.

Note: May be repeated for credit.

Credit/No Credit

ALS 56K. Academic Strategies-NSM: Geology 7. 1 Unit
Term Typically Offered: Fall, Spring

Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.

Note: May be repeated for credit.

Credit/No Credit

ALS 56L. Academic Strategies-NSM: Geology 8. 1 Unit
Term Typically Offered: Fall, Spring

Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.

Note: May be repeated for credit.

Credit/No Credit

ALS 56M. Academic Strategies-NSM: Physics 5A. 1 Unit
Term Typically Offered: Fall, Spring

Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.

Note: May be repeated for credit.

Credit/No Credit

ALS 56N. Academic Strategies-NSM: Physics 5B. 1 Unit
Term Typically Offered: Fall, Spring

Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.

Note: May be repeated for credit.

Credit/No Credit

ALS 56P. Academic Strategies-NSM: Biology 1. 1 Unit
Term Typically Offered: Fall, Spring

Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.

Note: May be repeated for credit.

Credit/No Credit

ALS 56Q. Academic Strategies - NSM: Biology 10. 1 Unit
Corequisite(s): BIO 10

Term Typically Offered: Fall, Spring

Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.

Note: May be repeated for credit.

Credit/No Credit

ALS 56R. Academic Strategies - NSM: Biology 20. 1 Unit
Corequisite(s): BIO 20

Term Typically Offered: Fall, Spring

Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is currently enrolled.

Note: May be repeated for credit.

Credit/No Credit

ALS 56S. Academic Strategies - NSM: Geography 1. 1 Unit

Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.

Note: May be repeated for credit.

Credit/No Credit

ALS 57A. Academic Strategies-SSIS: Economics 1A. 1 Unit
Term Typically Offered: Fall, Spring

Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.

Note: May be repeated for credit.

Credit/No Credit

ALS 57B. Academic Strategies-SSIS: Economics 1B. 1 Unit
Term Typically Offered: Fall, Spring

Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.

Note: May be repeated for credit.

Credit/No Credit

ALS 57C. Academic Strategies-SSIS: Government 1. 1 Unit
Term Typically Offered: Fall, Spring

Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.

Note: May be repeated for credit.

Credit/No Credit

ALS 57D. Academic Strategies-SSIS: Psychology 2. 1 Unit
Term Typically Offered: Fall, Spring

Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled.

Note: May be repeated for credit.

Credit/No Credit

<p>ALS 57E. Academic Strategies-SSIS: FACS 10. 1 Unit</p> <p>Corequisite(s): FACS 10 Term Typically Offered: Fall, Spring</p> <p>Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled. Note: May be repeated for credit.</p> <p>Credit/No Credit</p>	<p>ALS 96. Academic Strategies: Experimental. 1 Unit</p> <p>Term Typically Offered: Summer only</p> <p>ALS 96 is a 1-unit, 1-week early start course for baccalaureate credit designed to prepare students for fall GE area A2. Working independently and collaboratively, students will use an inquiry-based approach to learning through research, reflection, and engagement with real world scenarios. Students will develop various academic literacies in order to understand the conventions of written communication required for success in a college setting. Note: May be repeated for credit. Cross listed: MATH 96E.</p> <p>Credit/No Credit</p>
<p>ALS 57F. Academic Strategies-SSIS: PSYC 101. 1 Unit</p> <p>Term Typically Offered: Fall, Spring</p> <p>Study skills adjuncts/SI classes for selected General Education courses. Effective learning strategies for the academic course (PSYC 101) in which the student is concurrently enrolled. Note: May be repeated for credit; Instructor approval required.</p> <p>Credit/No Credit</p>	<p>ALS 101. Texts Over Time. 3 Units</p> <p>Term Typically Offered: Fall, Spring</p> <p>Drawing on selected texts from across at least two historical periods or cultural settings, students will refine their skills of textual appreciation and analysis with an eye toward enhanced understanding of the texts in their historical and cultural contexts.</p>
<p>ALS 57G. Academic Strategies-SSIS: Anthropology 2. 1 Unit</p> <p>Corequisite(s): ANTH 2 Term Typically Offered: Fall, Spring</p> <p>Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course which the student is concurrently enrolled. Note: May be repeated for credit</p> <p>Credit/No Credit</p>	<p>ALS 102. Individual, Community, and Citizenship. 3 Units</p> <p>Term Typically Offered: Fall, Spring</p> <p>This course examines the relationship between the individual and the community across at least two historical periods or cultural settings. Students will examine how perceptions of this relationship contribute to an understanding of belonging to or exclusion from political and social life.</p>
<p>ALS 57H. Academic Strategies - SSIS: Economics 100A. 1 Unit</p> <p>Study skills supplemental instruction for selected General Education courses. Effective learning strategies for the academic course in which the student is concurrently enrolled. Note: May be repeated for credit.</p> <p>Credit/No Credit</p>	<p>ALS 103. Creativity, Meaning, and Criticism. 3 Units</p> <p>Term Typically Offered: Fall, Spring</p> <p>This course examines the theoretical and practical bases that sustain the creative process, especially as it is engaged in the production and interpretation of meaning in the arts and literatures, as well as the foundation for their criticism.</p>
<p>ALS 70A. Strategies of Learning for EOP Students. 1 Unit</p> <p>Term Typically Offered: Fall, Spring</p> <p>This course is designed to provide individual approaches to self knowledge, motivation, educational philosophy and skills necessary to give the student a firm foundation for a productive educational program during his/her college and post-college career. The basic intent is to help the student perceive his/her position in the educational process, understand the necessity for succeeding, and learn how to succeed in college.</p> <p>Credit/No Credit</p>	<p>ALS 104. Happiness, Well-Being and the Good Life. 3 Units</p> <p>Term Typically Offered: Fall, Spring</p> <p>This course will examine the conditions and characteristics of living a good life, how happiness and well-being contribute to it, and its value as expressed in a range of human activities. Students will examine happiness, well-being and the good life in at least two historical periods or cultural settings.</p> <p>ALS 151. The Studio: Explorations in Arts and Letters. 3 Units</p> <p>General Education Area/Graduation Requirement: Arts (Area C1) Term Typically Offered: Fall, Spring</p>
<p>ALS 79A. Developing Student Leadership EOP. 1 - 3 Units</p> <p>Term Typically Offered: Fall, Spring</p> <p>The course is designed to provide students an opportunity to develop leadership skills that will serve them throughout their college career. They will become familiar with the opportunities for leadership and growth at Sacramento State. Skills developed will include public speaking, team building, delegation, communication, and others.</p> <p>Credit/No Credit</p>	<p>This course provides students with an opportunity to become informed and engaged participants in the cultural, artistic and literary dimensions of their communities. Students will explore the ways our experience of and appreciation for cultural products is informed by exposure to theory and practice in each of the Arts and Letters disciplines.</p>

ALS 160. Arts Organizational Management and Communication.**3 Units****Term Typically Offered:** Fall, Spring

This course provides a foundation in the management of arts organizations, creative enterprises, and other endeavors. Students will examine the administrative aspects of arts organizations to understand how these organizations are structured and operate. Students will gain experience with professional communication practices including intra-organizational communication and communication with external partners and clients. Students will also explore how communication practices simultaneously shape and are shaped by organizations.

ALS 195. Internship in Arts and Letters.**1 - 3 Units**

Prerequisite(s): Faculty approval required; Upper division status; Overall Sacramento GPA 2.3

Term Typically Offered: Fall, Spring

Directed work experience in the internship program. Instructional staff and the cooperating agency provide supervision.

Credit/No Credit

ALS 196. Arts & Letters Professional Seminar Series.**1 Unit****Term Typically Offered:** Spring only

The Arts & Letters Professional Seminar Series (ALPSS) teaches students how to make the college-to-career transition. ALPSS is a 6-week series of seminars and workshops that focus on career exploration, job research skills, networking, and transferring skills such as communication, collaboration/teamwork, and creative/critical thinking to the job market. ALPSS introduces students to guest speakers who share their professional wisdom. Geared towards students majoring in the arts or humanities-related disciplines, ALPSS guides students through the process of beginning a fulfilling career.

ALS 199. Special Problems.**1 - 3 Units****Term Typically Offered:** Fall, Spring

Individual projects or directed study.

Note: Petition and faculty approval required; may be repeated for credit.

Credit/No Credit